



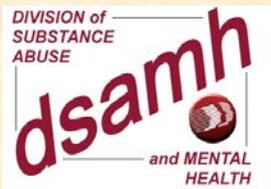
Delaware Prevention Newsletter

Winter 2013

Issue 7

The Delaware Prevention Newsletter is a collaboration between:

The Division of Substance Abuse & Mental Health



and
The Division of Prevention and Behavioral Health Services



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DSAMH Welcomes Two New SPF-SIG Team Members

The Strategic Prevention Framework -State Incentive Grant under the Division of Substance Abuse & Mental Health is pleased to welcome two new team members: Program Monitor Ann Elizabeth (Nancy) McGhee and Project Manager Chevonne Boyd.

Nancy (AKA Ann Elizabeth) McGee comes to SPF-SIG with more than 25 years in Human Services with a work history that includes such adventures as living in a tepee while working a wagon train/ wilderness program for juvenile offenders, managing a group home for a Diagnostic and Evaluation program in the Philadelphia foster care system, 15 years with The Division of Family Services in DE, and 10 years working with teens and adults with co-occurring disorders , to name a few. While her work history heavily favors treatment, her heart and lifestyle has always been with

prevention. She is very excited to be part of the SPF-SIG team.

Chevonne will serve as the new SPF -SIG Program Manager with the Division of Substance Abuse and Mental Health. Joining us from the Greater Dover Boys & Girls Clubs, where she served as the Kent County Community Prevention Coordinator for Delaware Prevention Coalition, Chevonne brings her experience in prevention and passion to empower and impact youth in a positive way.

Chevonne will work closely with SPF-SIG contractors to ensure service providers maintain the support and resources needed to successfully implement community based services and increase sustainability.

Welcome Aboard!

Delaware's DPAC & DAC Committees Now One Blended Body

The state's Delaware Prevention Advisory Committee (DPAC), whose efforts are driven by the Substance Abuse Prevention & Treatment-Block Grant (SAPT-BG), and the Delaware Advisory Committee (DAC), driven by the Strategic Prevention Framework-State Incentive Grant (SPF-SIG) have now become one body in an effort to

promote sustainability of Delaware's substance abuse prevention initiatives after the conclusion of the SPF-SIG grant. The state' first ever DPAC/ DAC Committees Meeting took place on Wednesday, December 19th, 2012, where state and community professional attended to show their support for the union of both committees.

A Ticket to Prevention Event is a Great Success

The Delaware Prevention Coalition (DePC) is an organization designed to prevent substance abuse among youth. DePC's target population is youth under the age of 17. Our mission is to inform youth on the risk factors of substance abuse and create alternative activities to decrease underage drinking. A Ticket to Prevention was designed to engage adolescents with fun activities while simultaneously educating them on issues surrounding substance abuse.

Over 250 people attended the carnival themed event, with the majority of attendees being youth under the age of fifteen. Several organizations volunteered their services by becoming vendors at the event. Organizations such as Boys and Girls Club, National Guard, KCAP, United Health Care, and BVT ministries volunteered their services to be a part of an amazing event. The activities at the event outlined substance abuse education while equipping children with rebuttals on how to say no to drugs. Games like spin the bottle, darts, and my body board were designed to test a person's knowledge on how substance abuse can affect your life. Other games like bowling and the scooter ride showed children how difficult it is to concentrate while wearing drunken goggles.

There were over 22 stations, children could participate in the games and accumulate tickets at each station in order to win prizes. To add more excitement to the event Brandywine Counseling and boys and girls club donated several items to be raffled off. From what I saw, the youth who attended had a great time! They enjoyed collecting tickets and the fact that it was free made the event accessible to more community members. Some lucky children won an iPod touch, over \$25 dollars in gift cards, and a Hello Kitty back pack. By the end of the night all the children at the event left with ample amounts of prizes and smiles ready for



Fetal Alcohol Spectrum Disorder Statewide Efforts

Delaware's "*text4baby*" initiative now includes text messages related to alcohol!

Starter pack: 'Give baby a good start! Don't drink alcohol, smoke or use drugs. Help with smoking: 800-784-8669. Drugs & alcohol: 800-662-4357. Info: text4b.org/076'

Week 8 (pregnancy): 'Don't drink any alcohol while pregnant. Alcohol can cause baby to have behavior & learning problems, speech delays & lower IQ. Info: text4b.org/076'

Week 27: 'Pregnant women shouldn't drink any alcohol. Alcohol can cause baby to have behavior/learning problems and speech delay. Info: 866-786-7327.'

Week 42 (new baby): 'If you or someone you know has a problem with alcohol or drugs, talk to your doctor. Or call 800-662-4357 for information & resources in your area.'

The *text4baby* website gives information about message content, including breastfeeding. The link is <https://www.text4baby.org/index.php/about/message-content>

For more information on text4baby, contact Ms. Karen Zalewski at Karenz@udel.edu or 302-831-6839.

Delaware Prevention Coalition to Graduate from CADCA's National Coalition Academy

The Delaware Prevention Coalition (DePC), a statewide collaborative group designed to build and strengthen the capacity of community partners to create, safe, healthy drug-free communities, will be among the 2013 graduates of Community Anti-Drug Coalitions of America (CADCA's) National Coalition Academy at this year's Annual Leadership Forum in National Harbor, MD. Funded by the

DSCYF Division of Prevention and Behavioral Health Services through the Substance Abuse Prevention and Treatment Block Grant, they implement a comprehensive statewide prevention effort to promote wellness and reduce alcohol, tobacco, and other drug abuse in the State of Delaware. DePC members include: West End Neighborhood House; Brandywine Counseling and

Community Services; the Greater Dover Boys and Girls Club; Edgemoor Community Center, First State Community Action Agency; the Latin American Community Center; the Delaware National Guard Counter Drug Task Force; and Red Clay School District. DePC chairperson, Bruce Wright, co-chair, Scott Borino and Statewide Prevention Coordinators Tanya Matthews and Javar Simpson will represent DePC at the

Upcoming Webinars!

South by Southwest Injury Control Network:

Varied Approaches to Injury Prevention, Policy Research & Evaluation

Wednesday, February 27th, 2013

This upcoming webinar will explore different approaches to studying and evaluating injury prevention policy. Basic principles and concrete examples will be presented, and there will be an opportunity for discussion with the presenters.

Speakers include:

Carol Runyan, MPH, PhD, Professor at the Colorado School of Public Health (Epidemiology and Community and Behavioral Health) and at the Colorado School of Medicine (Pediatrics)

Gregory Tung, MPH, PhD, Assistant Professor, Colorado School of Public Health, Health Systems, Management, and Policy Department

To register: <http://edc.adobeconnect.com/>

Interagency Coordinating Committee on the Prevention of Underage Drinking (ICCPUD):

Preventing Underage Drinking: Introduction & Series Overview

Thursday, March 7th, 2013

The National Institute on Alcohol Abuse & Alcoholism is set to host its second webinar in the 2013 ICCPUD series, providing an in-depth look at the nature and extent of underage drinking. Details of the second webinar are forthcoming.

If you missed the inaugural webinar of this series, please follow the link below to view:

https://www.stopalcoholabuse.gov/webinars/2013_Jan/January2013_archive.htm

Take the **STOP Underage Drinking Quiz** and Test you level of knowledge!

<https://www.stopalcoholabuse.gov/quiz/UseOurWidget.aspx>

Sussex County's Action Prevention and Anti-Drug Youth Coalition Makes Great Strides Towards Promoting Substance Abuse Prevention

The Sussex County Action Prevention & Anti-Drug Youth Coalition (SCADYC) has made its mission utilizing an evidence-based, substance abuse prevention system county-wide.

The coalition sees the value and importance of involving youth as a means of reaching its young population and spreading their positive messages of refraining from substance use. Social media networks, posters, and music are just some of the outlets they have used to spread awareness.

Coalition members are thinking outside the box by creating musical tracks, administering puppeteer training, drama coaching, and teaching film-making classes. They are using social functions, such as puppet and talent shows, sporting tournaments, plays, and film productions by youth in the community. The coalition also participated in the CAD-

CA Prevention Video Contest and submitted an original YouTube video, its theme being *I Chose Prevention*. All of their projects reflect the theme of living a positive drug-free life.

Upcoming events that SCADYC is planning to include a red carpet talent show at Sussex Central High School, a basketball tournament at Seaford High School, a faith-based workshop at the Mount Enon Milford on April 6th and a Spring Summit at the Milford Senior High School on May 18. To find out more information about these events, please contact Dupree Johnson at 302-877-0444 or



Contact Information

Go to <http://dhss.delaware.gov/dhss/dsamh/prevention.html> to see The Division of Substance Abuse and Mental Health's Prevention Website to access news on upcoming events, past events and prevention resources.

Need prevention resources?
Go to The Division of Prevention and Behavioral Health Services Resource Center website
<http://www.deprc.com/>

For more information on the Substance Abuse and Treatment Block Grant (SAPT BG), please contact: **Prevention Specialist/NPN Representative,**
Isabel.Rivera-Green@state.de.us



(302) 255-4722.

For more information on the Strategic Prevention Framework– State Incentive Grant (SPF-SIG), please contact:
SPF-SIG Project Director,
Cecelia.Willis@state.de.us
(302) 255-9433

We encourage feedback on The Delaware Substance Abuse Prevention Newsletter. Please email DSAMH's Prevention Team with questions and feedback:

Save The Dates!

**Delaware Prevention Advisory Committee/
Delaware Advisory Committee Meeting
Wednesday, March 13th, 2013**

**Fetal Alcohol Spectrum Disorder Task Force Meeting
Wednesday, March 20th, 2013**

**Substance Abuse & Prevention Skills Training
April 9-12, 2013**

**DSAMH Summer Institute
July 29th-August 2nd, 2013**

SPF-SIG Awards 8 Scholarships for Community Members to Participate in 23rd CADCA National Leadership Forum

The Division of Substance Abuse & Mental Health congratulates the eight community members throughout the state who received the opportunity to participate in the 23rd Community Anti-Drug Coalitions of America National Leadership Forum. These scholarships were funded by the Strategic Prevention Framework-State Incentive Grant.

Scholarship Recipients

Deon Booker
YMCA Walnut Street Delaware

Edgard Martinez
Latin American Community Center

Jawanna Saunders
Each One Teach One

Kenneth El Shabbaz
YMCA Walnut Street Delaware

Little Star Fuentes
Kent & Sussex Counseling Services

Marian Coker
Lenape Indian Tribe of Delaware

Nadine Sabater
Edgemoor Community Center

Vincent Giampeitro
Fetal Alcohol Spectrum Disorder Task Force