## How To Access Publicly Funded Addiction Treatment in Delaware



Updated 5/10/23

### Treatment works and recovery is possible. Start your recovery journey today.

If you do not have health insurance or have insurance that doesn't fully meet your healthcare needs, you may be eligible for **free addiction treatment services** through Delaware's Division of Substance Abuse and Mental Health (DSAMH). If you have insurance, please visit <u>www.TreatmentConnection.com</u> to find a provider that is right for you.

# Who can I call or where can I visit to find publicly funded treatment?



**Call the Delaware Hope Line** 1-833-9-HOPEDE



**Call a treatment program directly** (see the list of programs on page 3)



**Ask your physician to make a referral** through the Delaware Treatment and Referral Network (DTRN)/OpenBeds.

**Visit or call your local DSAMH Bridge Clinic.** Bridge Clinic staff will conduct an assessment and ask you some questions to determine what treatment is right for you. Bridge Clinics can offer short-term counseling, peer support, care coordination, and same- or next day buprenorphine treatment, before linking you with a long-term treatment option.

#### Bridge Clinic New Castle County Fernhook Building 14 Central Ave.

New Castle, DE 19720 Hours: 24/7

302-255-1650

#### Bridge Clinic New Castle County Hope Center 365 Airport Rd. New Castle, DE 19720

M-F, 8:30am to 9:30pm S-S, 8:30am to 6:30pm 302-544-6815 Bridge Clinic Kent County James W. Williams State Service Center 805 River Rd., 3<sup>rd</sup> Floor Dover, DE 19901 M E 8:20am to 4:00pm Bridge Clinic Sussex County Thurman Adams State Service Center

546 S. Bedford St. Georgetown, DE 19947

M-F, 8:30am to 4:00pm M-F, 8:30am to 4:00pm

302-857-5060

302-515-3310

Most addiction treatment programs start with a **comprehensive assessment** – administered by an addiction specialist or other clinician – to understand your needs and inform your treatment plan. **To get an assessment, call or visit a Bridge Clinic or call the other programs listed on page 3.**  Call 911 for medical emergencies

**Call or text 988** for mental health or addiction-related crises

### What types of programs are available?

Withdrawal management programs	Withdrawal management, formerly known as "detox," helps you stop using substances in a safe outpatient or inpatient environment.
Residential treatment programs	Residential treatment programs provide counseling, peer support, and structured programming in a residential environment.
Intensive outpatient and other outpatient programs	Outpatient programs provide clinic-based services, including individual and group counseling, peer support, case management, and medications to help you in your recovery.
Sober living programs	Sober living programs provide you with a place to stay and a supportive community while you participate in other outpatient programming.

### Many addiction treatment programs include the following services:

#### **Medications for Opioid Use Disorder**

(MOUD): These highly effective medications – such as methadone, buprenorphine, and naltrexone – help stop your withdrawal symptoms and cravings and are usually prescribed or administered in a clinic setting. The program directory on page 3 indicates which programs provide MOUD with this symbol: .

**Case management services:** Trained professionals help you gain access to medical, social, and educational services, and other resources.

**Peer services:** Peer Recovery Specialists support you in your recovery from addiction, mental health conditions, or both. Peer Recovery Specialists are specially trained individuals who have maintained their own successful recovery and help others through shared understanding, respect, and mutual empowerment.

**Counseling:** Professional counselors help you identify goals and potential solutions to problems you are facing, improve your communication and coping skills, strengthen your self-esteem, and help you make changes in your life that support your mental wellbeing and recovery.



2

### Where can I get publicly funded treatment?

(Updated as of 2/21/23; for most current version, please visit <u>https://www.dhss.delaware.gov/dhss/dsamh/substance\_abuse.html</u>)

It is recommended that you do not visit the addresses listed below before contacting the program. The 🐼 symbol identifies which programs provide medications for opioid use disorder. **Please note: This is not a full list of all treatment providers in Delaware.** The providers in this list have a contract with the state to provide free treatment services to people who do not have health insurance or whose health insurance doesn't fully meet their healthcare needs.

New Castle County Withdrawal Management Programs			
PROGRAM NAME	PHONE	ADDRESS	
Northeast Treatment Center, Inc. – Kirkwood Recovery Center Inpatient Withdrawal Management Program	302-691-0140 800-359-1367	3315 Kirkwood Highway, Wilmington DE 19808	

New Castle County Residential Programs			
PROGRAM NAME	PHONE	ADDRESS	
Aquila of Delaware, Inc. – Leona Mae House Residential Transitional Housing	302-584-5878	2960 Red Lion Rd., Bear DE 19701	
Aquila of Delaware, Inc. – The Gary Robinson House Residential Transitional Housing (Men)	302-834-7806	4185 Kirkwood Saint George Rd., Bear DE 19701	
Coras Wellness and Behavioral Health, LLC – Brandywine Street Women's Residential Rehabilitation Treatment (Women)	302-384-8167	1120 Brandywine St. Wilmington DE 19802	
Gaudenzia, Inc. – New Journey (Women with Children)	302-425-9200 Option #6	3901 Philadelphia Pike, 1st Floor Claymont DE 19703	
Gaudenzia, Inc. – Safe Haven 2 (Women with Children)	302-425-9200 Option #6	3901 Philadelphia Pike, 2nd Floor Claymont DE 19703	

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PROGRAM NAME	PHONE	ADDRESS
A Center for Mental Wellness – Chrysalis in New Castle 📀	302-266-6200	25 S. Old Baltimore Pike, Lafayette Building #1, Suite 201, Newark DE 19702
American Treatment Network, LLC – Newark 😣	877-286-5115	620 Churchmans Rd., Suite 103, Newark DE 19713



Aquila of Delaware, Inc Bear Comprehensive Behavioral Health Outpatient Treatment Program 📀	302-999-1106	2950 Red Lion Rd., Bear DE 19701
Brandywine Counseling and Community Services, Inc. – Lancaster Avenue Treatment Center 🚱	302-656-2348	2713 Lancaster Ave., Wilmington DE 19805
Brandywine Counseling & Community Services, Inc. – Newark Outpatient Program 🚱	302-454-3020	24 Brookhill Drive, Newark DE 19702
Coras Wellness and Behavioral Health, LLC – Outpatient Treatment Program 🚱	302-650-2739	590 Naamans Rd., Claymont DE 19703
Coras Wellness and Behavioral Health, LLC – Outpatient Treatment Program 📀	302-577-9651	3304 Drummond Plaza, Newark DE 19711
Lotus Recovery Centers of Prices Corner, LLC 😣	302-451-9629	1812 Newport Gap Pike, Wilmington DE 19808
Rockford Center – Partial Hospitalization and Intensive Outpatient Program 🚱	302-996-5480	100 Rockford Dr., Newark DE 19713

New Castle County Sober Living Residences			
PROGRAM NAME	PHONE	ADDRESS	
Aquila of Delaware – AV House Level 3 (Men)	302-357-7361	Bear DE; Exact location kept private	
Aquila of Delaware – Harmony House Recovery Residence Level 3 (Men)	302-357-7361	Middletown DE; Exact location kept private	
Aquila of Delaware – Hope House 2 Recovery Residence Level 3 (Men)	302-357-7361	Middletown DE; Exact location kept private	
Aquila of Delaware – Recovery Residence Level 2 (Men)	302-357-7361	Newark DE; Exact location kept private	
Aquila of Delaware – Recovery Residence Level 2 (Men)	302-357-7361	Newark DE; Exact location kept private	
Aquila of Delaware – Recovery Residence Level 2 (Women)	302-357-7361	Newark DE; Exact location kept private	
Aquila of Delaware – Sharon's Place Recovery Residence Level 3 (Men)	302-378-9213	Middletown DE; Exact location kept private	



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Aquila of Delaware – The Healing Place Recovery Residence Level 3 (Women)	302-376-3045	Middletown DE; Exact location kept private
Attack Addiction – Recovery Residence Level 3 (Men)	302-593-7335	Wilmington DE; Exact location kept private
Attack Addiction – Recovery Residence Level 3 (Women)	302-593-7335	Wilmington DE; Exact location kept private
Community Collaboration of Delaware, LLC - Recovery Residence Level 3 (Men)	302-364-3400	New Castle DE; Exact location kept private
Community Collaboration of Delaware, LLC - Recovery Residence Level 3 (Men)	302-364-3400	New Castle DE; Exact location kept private
Community Collaboration of Delaware, LLC - Recovery Residence Level 3 (Men)	302-364-3400	New Castle DE; Exact location kept private
Community Collaboration of Delaware, LLC - Recovery Residence Level 3 (Women)	302-364-3400	New Castle DE; Exact location kept private
Community Collaboration of Delaware, LLC - Recovery Residence Level 3 (Women)	302-364-3400	New Castle DE; Exact location kept private
Coras Wellness and Behavioral Health, LLC – Recovery Residence Level 3 (Men)	833-886-2277	Wilmington DE; Exact location kept private
Impact Life, Inc. (Women)	302-593-7335	New Castle DE; Exact location kept private
Limen House – Recovery Residence Level 2 (Men)	302-571-1216	Wilmington DE; Exact location kept private
Limen House – Recovery Residence Level 3 (Men)	302-652-7969	Wilmington DE; Exact location kept private
Limen House – Recovery Residence Level 2 (Women)	302-655-1153	Wilmington DE; Exact location kept private
Limen House – Recovery Residence Level 3 (Women)	302-655-1153	Wilmington DE; Exact location kept private

### Kent County Residential Programs



PROGRAM NAME	PHONE	ADDRESS
Coras Wellness and Behavioral Health, LLC – Harrington Men's Residential Transitional Housing	302-786-7800 ext. 7308	1 East St., Harrington DE 19952
Psychotherapeutic Services, Inc. – Men's Residential Rehabilitation Program	302-258-5828	1420 McKee Rd., Dover DE 19904
Psychotherapeutic Services, Inc. – Women's Residential Rehabilitation Treatment	302-257-5818	514 W. Lebanon Rd., Dover DE 19901

Kent County Intensive Outpatient and Other Outpatient Programs			
PROGRAM NAME	PHONE	ADDRESS	
A Center for Mental Wellness – Chrysalis in Kent 🔞	302-674-1397	121 W. Loockerman St., Dover DE 19904	
American Treatment Network – Dover Outpatient	877-286-5115	1206 Forrest Ave. Dover DE 19904	
Coras Wellness and Behavioral Health, LLC – Dover Outpatient Treatment Program 🚱	302-672-9360	1114 S. DuPont Highway, Suite 102, Carroll's Plaza, Dover DE 19901	
Coras Wellness and Behavioral Health, LLC – Harrington Outpatient Program 🚷	302-786-7800	5 East St., Harrington DE 19952	
Coras Wellness and Behavioral Health, LLC – Smyrna Outpatient Treatment Program 🚱	302-659-5060 833-886-2277	320 N. High St. Extended, Smyrna DE 19977	
Dover Behavioral Health – Partial Hospitalization and Intensive Outpatient Program 🚱	302-741-0140	725 Horsepond Rd Dover, DE 19901	
NorthNode Group Counseling LLC 🚷	302-257-3135	1609 S. State St., Dover DE 19901	

Kent County Sober Living Programs		
PROGRAM NAME	PHONE	ADDRESS
Coras Wellness and Behavioral Health, LLC – Recovery Residence Level 3 (Men)	833-886-2277	Harrington DE; Exact location kept private
Coras Wellness and Behavioral Health, LLC – Recovery Residence Level 3 (Women with Children)	833-886-2277	Milford DE; Exact location kept private



Coras Wellness and Behavioral Health, LLC Recovery Residence Level 3 (Women with Children)	833-886-2277	Milford DE; Exact location kept private
Coras Wellness and Behavioral Health, LLC – Recovery Residence Level 3 (Women)	833-886-2277	Milford DE; Exact location kept private
Psychotherapeutic Services Inc - Mommy and Me Recovery Residence Level 2 (Women with Children)	302-538-4600	Dover DE; Exact location kept private
Psychotherapeutic Services Inc - Mommy and Me Recovery Residence Level 2 (Women with Children)	302-538-4600	Felton DE; Exact location kept private
Serenity Place – Lydia's Way Recovery Residence Level 2 (Men)	302-730-0800	Dover DE; Exact location kept private
Serenity Place – Recovery Residence Level 3 (Men)	302-730-0800	Dover DE; Exact location kept private
Serenity Place – Shalom House Recovery Residence Level 2 (Men)	302-730-0800	Dover DE; Exact location kept private

Sussex County Intensive Outpatient and Other Outpatient Programs			
PROGRAM NAME	PHONE	ADDRESS	
Brandywine Counseling and Community Services, Inc. 📀	302-217-5158	10 N. Railroad Ave., Georgetown DE 19947	
Brandywine Counseling and Community Services – Milford Treatment Center*	302-504-5930	769 E. Masten Circle, Suite 113/115, Milford DE 19963	
Coras Wellness and Behavioral Health, LLC – Millsboro Outpatient Treatment Program 🚷	302-947-1920	315 Old Landing Rd., Millsboro DE 19966	
Coras Wellness and Behavioral Health, LLC – Seaford Outpatient Treatment Program 🚱	302-536-1952 833-886-2277	105 N. Front St., Suite A, Seaford DE 19973	
Sun Behavioral Health – Partial Hospitalization and Intensive Outpatient Program 😥	302-207-9176	21655 Biden Ave., Georgetown DE 19947	

### Sussex County Sober Living Programs



PROGRAM NAME	PHONE	ADDRESS
Attack Addiction – Recovery Residences Level 3 (Men)	302-593-733 302-465-0019	Milford DE; Exact location kept private
Coras Wellness and Behavioral Health, LLC – Women and Children's Recovery Residence Level 3 (Women with Children)	833-886-2277	Lewes DE; Exact location kept private
Coras Wellness and Behavioral Health, LLC – Women and Children's Recovery Residences Level 3 (Women with Children)	833-886-2277	Seaford DE; Exact location kept private
Hudson Health Recovery Residences - Level 3 (Men)	410-219-9000 Option #3	Georgetown DE; Exact location kept private
Hudson Health Recovery Residences - Level 3 (Women)	410-219-9000 Option #3	Georgetown DE; Exact location kept private
Impact Life, Inc. – Level 3 (Women)	302-593-7335	Seaford DE; Exact location kept private
Impact Life, Inc. – Mac's House Level 3 (Men)	302-781-0406	Seaford DE; Exact location kept private
Impact Life, Inc. – Brandon's House Level 3 (Women with Children)	302-781-0406	Seaford DE; Exact location kept private
Thresholds Recovery Residence – Level 2 (Men)	302-856-1835	Georgetown DE; Exact location kept private

### **Mobile Resource**

Northeast Treatment (NET) Center's Mobile Addictions Recovery Recreational Vehicle (MARRV) provides buprenorphine treatment, Naloxone/Narcan, and linkage to other supportive services, including medical care, to people with substance use disorders. It is located at The Shepherd's Office at 408 N. Bedford St., Georgetown DE 19947 on Mondays and Thursdays from 11am-4pm. Contact 302-256-9203 to for more information, including additional locations.

# Where can I get Naloxone (commonly called "Narcan") and other harm reduction resources?

#### Access Naloxone

Naloxone is a lifesaving medication that can reverse an opioid overdose in just minutes. You can get free Naloxone at the Bridge Clinics, by attending a DSAMH training event, or by requesting it via mail.

For more information, visit <u>https://www.helpisherede.com/overdose-</u> <u>prevention/where-to-get-narcan</u>

### Syringe Services Program

Brandywine Counseling and Community

Services provides outreach and supportive services, including sterile injection equipment to individuals to reduce transmission of infectious disease, Naloxone/Narcan, and connection to treatment services, meeting clients without judgment to help them explore available options for increasing safety and accessing care.

For more information, visit www.brandywinecounseling.com/ssp

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