



# DELAWARE HEALTH AND SOCIAL SERVICES GUIDE TO SERVICES AND RESOURCES FOR DELAWAREANS WITH VISUAL IMPAIRMENTS

#### **DIVISION FOR THE VISUALLY IMPAIRED**

Telephone: New Castle County • (302) 255-9800 Kent/Sussex Counties • (302) 424-7240 www.dhss.delaware.gov/dhss/dvi/background.html

# 

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#### **Dear Consumer:**

Welcome to the Guide to Services and Resources for Delawareans with Visual Impairments. Compiled by Delaware Health and Social Services' Division for the Visually Impaired, this guide is a reference for anyone who needs information about resources for our blind and visually impaired residents.

The Division for the Visually Impaired assists blind and visually impaired Delawareans to achieve their own level of independence and self-sufficiency. The areas we specialize in are: Independent Living, Vocational Rehabilitation, Education, Orientation & Mobility, Assistive Technology, Business Enterprise and Delaware Industries for the Blind.

Approximately 7,000 Delaware residents are either blind or visually impaired. Of this number, well over half are 55 years of age or older. Age Related Macular Degeneration, Diabetic Retinopathy, Cataracts, and Glaucoma are four of the leading causes of blindness that are associated with aging.

Legal Blindness is defined as having 20/200 vision or less in the better eye with correction. With correction means with glasses and even with glasses, one's vision is still 20/200 in the better eye.

Severely Visually Impaired is defined as having 20/70 vision in <u>the</u> <u>better eye with correction</u>.

Totally Blind is defined as no light perception in either eye.

Another commonly used term is Low Vision. This means that there is a reduced visual acuity or there is a field restriction that even with the best optical correction provided by regular lenses, the result is still a functional visual impairment.

The services that are available through the Division for the Visually Impaired and the resources in this guide, shows that an individual can lead an independent and productive life, despite a visual impairment. The Division for the Visually Impaired serves all three counties: New Castle, Kent and Sussex.

Sincerely,

Robert L. Doyle III

Robert L. Doyle III Director

### **Our History**

The Delaware Division for the Visually Impaired traces its origin to 1906 with a group of Wilmington residents who met at the New Century Club of Wilmington to discuss the plight of the blind in Delaware. Before then, there was no organized program for the blind that existed in the State of Delaware. Blind children were occasionally educated in Pennsylvania or Maryland; the adults that were blind or visually impaired were left to their own devices. The group founded the Delaware Committee for the Blind. The principal founder in this group was C. Reginald Van Trump, a Wilmington businessman who had lost his sight and succeeded in interesting Bishop Leighton Coleman, an influential Episcopal clergyman, in the project.

In 1909, the Delaware State Legislature created a \$1500 appropriation and passed a bill that established the Delaware Commission for the Blind. The City of Wilmington, through the Wilmington Institute Free Library, made a second appropriation for the purchase of books of raised type.

The first meeting of the Commission was held on April 16, 1909, in the Wilmington library. At this meeting, the bill, which established the Commission, was presented and formally approved. Two "Divisions" were established for the supervision of care and training of the blind, one in the portion of Delaware south of Middletown and one for Wilmington and northern New Castle County. The legislature increased the state appropriation to \$3,000 in 1911, significantly expanding the program. One year later, along with some privately raised funds, the building at 305-07 West 8<sup>th</sup> Street in Wilmington was purchased.

During this time, the Delaware Commission for the Blind was concerned with the problem of providing gainful employment for those without sight. Thus, the "Sales Exchange" was established in one

room at 307 Delaware Avenue and articles made by blind persons were sold.

In 1916, the Commission reported significant sales from the repair of rugs and carpet and the caning of baskets and chairs. In 1919 the demand for space prompted the Delaware Legislature, to appropriate \$10,000 to construct a two-story addition to the original building. The Red Diamond was registered with the State Department in Dover and became the seal on items manufactured by the Commission's workshop.

In 1924, the pioneer of the Commission for the Blind passed away, and Mrs. Irenee DuPont was elected as the new chairperson of the Commission. World War II coincided with a re-evaluation of the services of the Commission and a general expansion of its programs to include social services, vocational rehabilitation, funded assistance and nursery classes. In 1944, the Commission launched a vocational rehabilitation program, following the enactment of Public Law 113, the Federal Vocational Rehabilitation Act.

In 1950, a nursery school for the pre-school blind children of Delaware was established and operated at Sunnybrook, near Wilmington until 1958. The function of the nursery school was continued through fieldwork with individual families.

In 1952, Beatrice "Bea" Simonds was hired as an itinerant instructor by the Commission. She traveled to client's homes and provided equipment and instruction. Bea Simonds dedicated her life to furthering the independence of Delaware citizens.

In 1956, a first grade Braille class was established on a two-year experimental basis in cooperation with the Wilmington City schools. This was conducted at the Lore School in Wilmington for grades 1 and 2. Other grades were sent to Maryland and Pennsylvania.

In 1970, the first school age itinerant education teacher was hired and by the end of 1971, 50 students that had been attending schools

in other states were now enrolled in their home state of Delaware. Also, in 1970, the Commission for the Blind became part of the Department of Health and Social Services, with its name changed to the Bureau for the Blind.

In 1972, Bea Simonds was appointed to the Governor's Advisory Council on the Blind and shortly thereafter became chairperson. She remained in that position until her death in 2006.

In 1978, the Commission's name changed to the Division for the Visually Impaired and the Division moved from Wilmington to the Biggs Building on the Holloway Campus in New Castle.

In 1994, the Division relocated staff from several sites in the Dover area to the Milford State Service Center Annex.

In 2002, the 305 W. 8<sup>th</sup> Street location was closed due to the unsafe infrastructure. At that time the Education Program and the Independent Living Services Program both moved to the Biggs Building on the Herman Holloway Campus. Also relocated, was the Materials Center which moved to the Cornell Business Park.

#### **Our Mission**

The Delaware Health and Social Services' Division for the Visually Impaired assists eligible Delawareans who are blind or visually impaired in making informed choices to achieve full inclusion in society through employment, independent living and social self-sufficiency.

#### We do this by providing:

A continuum of services from youth transition to services for older persons, including skills training that enables people to remain independent in their home communities;

- Individual and group counseling addressing adjustment to blindness;
- Employment counseling, training, and job placement;
- Resources for employers interested in hiring or retaining visually impaired employees;
- Training in adaptive skills for reading, computer use, traveling, job seeking, and other skills, which increase independence and work readiness:
- Public education regarding the abilities of people who are blind or visually impaired;
- Supported employment programs for people who have multiple disabilities and who are blind;
- ❖ A clearinghouse for Delawareans seeking information and referrals regarding blindness and visual impairment.

#### **Our Programs and Services**

More information for each of the following programs can be obtained by calling (302) 255-9800 in New Castle and (302) 424-7240 in Kent and Sussex Counties.

**Business Enterprise Program (BEP)** - This program provides employment to those individuals who are blind or visually impaired. These individuals are trained as managers of cafeterias and snack bars.

**Delaware Industries for the Blind (DIB)** – This program operates as a multi-faceted business providing products and services to Federal, State and local customers. DIB employs many blind and visually impaired citizens.

**Education Unit**-This program provides special support services to pre-school children and educational services to school-age children and their families within their homes, schools and in specialized resource rooms.

**Independent Living Services Unit –** Provides the consumer with training and adaptive aids in cooking, cleaning, personal care, Braille, banking, home management and low vision services. This unit can also refer individuals to other services as needed.

**Low Vision Services** – This program is a comprehensive program that is designed to maximize vision through the use of specialized low vision aids and other devices.

**Materials Center** – The Materials Center is a very important component to the Education Unit. It provides children and adults with textbooks and other reading materials in Braille, large print and in audio. To contact the Materials Center call (302) 577-2083.

**Orientation & Mobility Services Unit –** This service provides individuals who are blind and visually impaired, with training in how to move about in the home and in the community independently.

**Technology Center –** Provides rehabilitation technology training services to maximize functional limitations in educational, vocational and daily independent living skills of blind and visually impaired people. For example, the technology center provides computer skills training with adaptive computer software including screen enlargement, speech readers and CCTVS.

**Vocational Rehabilitation –** Coordinates educational and vocational skills training, provides career counseling, Rehabilitation Technology, job placement and low vision services to people who have visual impairments that interfere with obtaining and/or maintaining employment.

**Volunteer Services –** Volunteers reproduce printed material into Braille, large print and in other audio formats. Volunteers also act as readers and drivers for individuals who are blind and visually impaired.

#### **Other Important Information:**

**Voting-** In Delaware, a blind person may be assisted by any qualified elector of his/her own choice from within the county where the voting place is located. An absentee ballot is another method of voting. For specific information on the laws in Delaware, contact the Delaware Department of Elections at (302) 739-4277. For specific information on laws in other states, a leaflet entitled, "Election Laws Affecting Blind Persons" is available from the American Foundation for the Blind.

#### White Cane Law

Each year, the Governor or the General Assembly may declare October 15 as White Cane Safety Day, so that the public will be aware of the significance of the white cane and be able to recognize disabled persons on the streets and sidewalks of the State of Delaware.

It is the policy of the State of Delaware to encourage and enable the blind, the visually handicapped, and the otherwise physically disabled, to participate fully in the social and economic life of the State and to engage in remunerative employment.

It is also the policy of Delaware that the blind, the visually handicapped, and the otherwise physically disabled, shall be employed by all employers on the same terms and conditions as are able-bodied persons, unless it is shown that the particular disability prevents the performance of the work involved.

#### **DIRECTORY ASSISTANCE**

Calls to directory assistance are exempt from charges for customers who are certified by their physicians or by a certifying agency to be physically or visually handicapped and unable to use the telephone directory. Contact your local telephone company for further information.

## DRIVER SERVICES – DIVISION OF MOTOR VEHICLES

The Delaware Division of Motor Vehicles issues an identification card to adults who do not have a driver's license.

A person with a visual impairment may also qualify for a disabilities license plate and/or a special disabled parking ID placard. A physician must verify the application. All disabilities must be permanent, with no prognosis for improvement.

#### MAILING PRIVILEGES

In compliance with United States Postal Service regulations effective January, 1968, the blind or physically handicapped may send unsealed correspondence recorded on tape, written in Braille, large print, talking books and talking book machines, and devices for the blind free-of-charge, if the mailing container bears the wording: "Free Matter for the Blind."

For more information, contact your local post office for Publication #347, "Mailing Free Matter for the Blind and Visually Handicapped Persons."

#### SAFEGUARDING YOUR EYESIGHT

Although half of all blindness can be prevented, the number of Americans who suffer from vision loss continues to increase. National studies have shown that about two percent of the general population has a visual impairment severe enough to prevent reading normal newsprint even with corrective lenses. Age- related eye diseases are the leading causes of visual impairment and blindness in the U.S., but you can take steps to safeguard your eyesight:

- Have regular physical exams by your doctor to check for diseases like diabetes. Such diseases can cause eye problems if not treated.
- ❖ Have a complete eye exam every one to two years. The eye care professional should put drops in your eyes to enlarge (dilate) your pupils. This is the only way to detect some eye diseases, such as glaucoma, that have no early signs or symptoms. The eye care professional should check your eyesight, your glasses, and your eye muscles.
- ❖ Find out if you are at high-risk for vision loss. Do you have a family history of diabetes or eye disease? If so, you need to

- have a dilated eye exam every year.
- ❖ See an eye care professional at once if you have any loss or dimness of eyesight, eye pain, fluid coming from the eye, double vision, redness, or swelling of your eye or eyelid.
- ❖ Wear sunglasses and a hat with a wide brim when outside. This will protect your eyes from too much sunlight, which can raise your risk of getting cataracts.

The Division for the Visually Impaired is dedicated to providing quality services to adults who are blind and/or visually impaired. If you need more information on services provided, contact the Division for the Visually Impaired at (302) 255-9800.

#### **Our Customers**

The customers of the Delaware Division for the Visually Impaired are:

- ❖ Blind or visually impaired Delawareans who require rehabilitation services to become employed or to live independently in their communities. (The majority of these individuals lose their sight as adults due to a variety of conditions including diabetes, macular degeneration, injury, glaucoma, and retinitis pigmentosa.);
- Businesses in Delaware which have hired or are considering hiring employees who are blind or visually impaired;
- ❖ Taxpayers of Delaware who benefit from people who are blind or visually impaired being fully integrated into their communities. Taxpayers also benefit from blind individuals entering employment and paying taxes while decreasing their dependence on public assistance, including premature nursing home care.

# Division for the Visually Impaired Office Locations

#### **Administration & Client Services**

Holloway Campus Biggs Building 1901 North DuPont Highway New Castle, Delaware 19720

Phone: (302) 255-9800 Fax: (302) 255-9388

#### **Materials Center**

300 Cornell Business Park, Suites A-3, A-4 Wilmington, Delaware 19801

Phone: (302) 577-2083 Fax: (302) 577-2078

#### **Kent/Sussex Client Services**

Milford State Service Center Annex 13 South West Front Street Milford, Delaware 19963

Phone: (302) 424-7240 Fax: (302) 422-1419

Internet: www.dhss.delaware.gov/dhss/dvi/index.html

E-Mail: <a href="mailto:dhssinfo@state.de.us">dhssinfo@state.de.us</a>

#### AGING EYES AND THEIR CARE

The health of the eyes is influenced by many things: diet and lifestyle to name a few. Other factors that may be considered are aging and family history, neither of which we can control. However, one can help in the prevention and/or minimization of the loss of vision. Here are a few tips to help you:

- ❖ Annual eye examinations- An individual can have a serious vision problem and not know it. Even if you don't notice a change in your vision, you should have an eye exam once a year. Most insurances cover one every two years or one every year, if there is an eye condition. Talk with your doctor about maintaining a normal blood pressure, eating a healthy diet and conducting a good exercise routine.
- ❖ Observance of blood pressure and regular exercise High blood pressure (Cardiovascular Stress), can damage parts of one's visual system. This is one way vision is lost. Only a physician can assist with maintaining a healthy blood pressure count. Know your numbers. Exercise can help greatly.
- ❖ Sun & Sun lenses- The sun's ultraviolet rays are very harmful to the eyes. It is suggested that everyone wear sunglasses year–round. Prolonged exposure to the sun's ultraviolet rays has been linked to cataracts and macular degeneration. Anyone spending time outdoors should wear sunglasses with 100% UV-A and UV-B protection, especially if you are of fair skin and have blue eyes. Equally as important is to do this even in the winter months.
- ❖ Protective eye wear- Wear goggles or protective glasses when working with tools, cutting the grass, trimming the hedges or playing any contact sports. Scratches, abrasions and

- other injuries can cause infections that can result in some vision loss.
- ❖ Smoking- Don't smoke or at least try to quit. Cigarette smoking has been linked to some eye conditions, including cataracts and macular degeneration. Cigarette smoke not only clouds your vision but also causes other health conditions.
- ❖ A Balanced Diet and Vitamin Supplements- Your diet should consist of a variety of low-fat foods, plenty of fruits, grains and vegetables, especially dark leafy greens. Most dark leafy greens are rich with antioxidants. Be aware when taking vitamin supplements, you may be getting too much or too little of some nutrients such as (zinc or beta-carotene) which can be harmful and affect one's health adversely. Always check with your physician before starting a vitamin regimen or other medications.¹

#### AS THE EYES AGE, WHAT CAN WE EXPECT

It's a known fact that vision changes with age. Some changes are normal but others may be caused by age-related eye diseases. Most normal eye changes are not serious. Some adaptations, such as a new eyeglass prescription, tinted lenses and lighting improvement may be what is needed to correct the problem. Here are a few things that are most likely to happen:

❖ Difficulty focusing up close- This happens between the ages of 40 and 50. The technical term for this condition is "Presbyopia". This occurs when the eyes begin to lose flexibility. This can usually be corrected with reading glasses, bifocals, trifocals or progressive (no-line) lenses, or bifocal contact lenses.

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<sup>&</sup>lt;sup>1</sup> Lighthouse International 2007; Living Better at Home

Changing contrast sensitivity- With age the lens of the eye becomes dense and yellow, which affects color perception and contrast sensitivity.

**Example:** The color blue may appear darker and harder to distinguish from black; detecting curbs or steps can also be a problem because it may be difficult to tell where an object ends and its background begins. This can usually be corrected by a prescription for contrast enhancing and tinted lenses.

❖ The Need for more light- We can all agree on the fact that as we get older, we need more light. This is because the pupil gets smaller as we age which reduces the amount and quality of light that the eye receives.

Example: Going from daylight to dark.

Always allow your eyes time to adjust before moving around to avoid any accidents.

- ❖ Seeing spots- With age, the vitreous (the clear gel that fills the back chamber of the eye) slowly turns to liquid. When this happens, supportive fibers and cells are released into the fluid, appearing like specks or strands (floaters) in your field of vision. Although harmless, if they appear suddenly, especially if accompanied by flashes of light, see your eye physician immediately.
- ❖ Refractive Error- This is the eye's inability to focus the image of objects on the retina at any age—resulting in nearsightedness (myopia), farsightedness (hyperopia) or astigmatism (uneven curvature of the cornea). These conditions can be corrected with prescription glasses, contact lenses, reading glasses or surgery. Lasik or Lasek (E-Lasik) is a

surgical procedure that reshapes the cornea, the clear covering of the front of the eye.<sup>2</sup>

# ADAPTIVE EQUIPMENT AND CONSUMER PRODUCTS

Consumer catalogs and other vendors that sell products for visually impaired individuals, including technology products:

#### **American Printing House for the Blind**

1839 Frankfort Avenue

P.O. Box 6085

Louisville, KY 40206-0085

(800) 223-1839

(502) 895-2405

www.aph.org

The APH promotes independence of blind and visually impaired persons by providing special media, tools, and materials needed for education and life.

#### **Delaware Association for the Blind**

800 West Street

Wilmington, DE 19801

(888)777-3925

(302) 655-2111

DAB is a non-profit organization with an inventory of many adaptive aids and appliances for sale.

#### **CAPTEK**

Custom Applied Technology 1043 Lincoln Hwy. Berwyn, PA 19312 (800) 888-7400 or (610)296-2348

<sup>&</sup>lt;sup>2</sup> Lighthouse International 2007; Living Better at Home

**CAPTEK** specializes in product design and custom adaptation of equipment for the disabled, especially the vision impaired. They offer innovative solutions to unique problems.

#### Carolyn's Low Vision Products

3938 South Tamiami Trail

Sarasota, FL 34231

(800) 648-2266

(941) 573-9100

Carolyn's is a mail order catalog featuring over 700 items for hearing and visually impaired people.

#### **Howe Press Perkins**

School for the Blind

175 N. Beacon St.

Watertown, MA 02472

(617) 924-3491

www.perkins.pvt.k12.ma.us

Email: howepress@perkins.pvt.k12.ma.us

Howe manufactures and sells the Perkins Brailler, slate-n-stylus, games and heavy and light grade Braille paper.

#### **Independent Living Aids, Inc.**

200 Robbins Lane Jericho, NY 11803-4404 (800) 537-2118 (516) 752-8080

#### www.independentlivingaids.com

Independent Living Aids, Inc. carries a wide variety of low vision aids, tools and technology, including canes, magnifiers, talking watches, talking clocks, talking cooking gadgets, Zoom Text magnification software and more.

#### **Lernout and Hauspie**

100 Bedford Drive Bedford, MA 01730 (800) 894-5374

#### www.kurzweiledu.com

Lernout and Hauspie produces PC-based reading machines for people who are blind or visually impaired.

#### **LS&S Group**

P.O. Box 673 Northbrook, IL 60065 (800) 468-4789 (708) 498-9777

LS&S Group's mail order catalogue includes a large variety of low vision aids and adaptive devices.

#### **Lighthouse International**

111 E. 59th St., 12th Floor New York, NY 10022-1202 (800) 829-0500

#### www.lighthouse.org

The Lighthouse publishes a consumer products catalog featuring adaptive products.

#### **Maxi Aids and Appliances**

42 Executive Blvd. P.O. Box 3209 Farmingdale, NY 11735 (800) 522-6294

#### www.maxiaids.com

A mail order catalog that includes a large variety of low vision aids and adaptive devices.

# ALTERNATE FORMAT/ TRANSCRIPTION, BRAILLING AND TAPING SERVICES

#### **Delaware Association for the Blind Taping Program**

2915 Newport Gap Pike Wilmington, DE 19808 (302) 994-9478

#### **National Braille Association**

3 Townline Circle Rochester, NY 14623 (800) 244-5797

Transcription services including textbooks, pleasure reading, Bibles and music.

#### Recording for the Blind

Book orders only 20 Roszel Rd. Princeton, NJ 08540 (866) 732-3585 (609) 452-0606 www.rfbd.org

#### **ASSISTIVE TECHNOLOGY**

#### **Technology Vendor List**

List includes vendors in the USA and Canada who sell video magnifiers, software (screen reader/screen enlargement), scan and read systems, and more. Some vendors may offer free trials, rentals, and/or used equipment. Please contact vendors directly for more information, prices, and shipping costs. Some vendors will visit you in your home and show you the equipment.

#### **Bartimaeus Group**

(703)442-5023

www.bartsite.com

#### **Clarity Solutions**

(800) 575-1456

www.clarityusa.com

Email: clarity@clarityusa.com

Local Reps. available

#### **Delaware Assistive Technology Initiative (DATI)**

(800) 870-3284

http://www.dati.org

Email: dati@asel.udel.edu

The Delaware Assistive Technology Initiative (DATI) focuses on improving public awareness, public access to information, funding for assistive technology devices and services, training and technical assistance, and coordination of statewide activities. The project has three barrier-free Assistive Technology Resource Centers (ATRC's) that is open to the public. The assistive technology devices and materials are available for demonstration and short-term loan.

#### **NEW CASTLE COUNTY**

DATI/ University of Delaware c/o DuPont Hospital for Children, 1600 Rockland Road at A+ R Bldg. Rm. 203

P.O. Box 269

Wilmington DE 19899

Voice (302) 651-6792

TDD (302) 651-6794

#### **KENT COUNTY**

DATI/ University of Delaware c/o Easter Seal 100 Enterprise Place, Suite One Dover DE 19904 Voice (302) 739-6885 TDD (302 739-6886

#### SUSSEX COUNTY

DATI/ University of Delaware 20123 Office Circle Georgetown, DE 19947 Voice (302) 856-7946 TDD (302) 856-6714

#### **Dolphin Computer Access LLC, CA**

(866) 797-5921

www.dolphinusa.com

Email: info@dolphinusa.com

Offers assistive technology products, including screen reading and screen enlargement software.

#### **Enhanced Vision Systems**

(800) 440-9476

Email: www.enhancedvision.com

#### Freedom Scientific, Inc.

(800) 444-4443

www.freedomscientific.com

Offers many hardware and software assistive technology products, including screen reader and screen magnification software, talking PDA, Braille displays, scan and read systems.

#### **Freedom Vision**

(800) 961-1334

www.freedomvision.net

E-mail: info@freedomvision.net

#### GW Micro, Inc.

(260) 489-3671

Email: www.gwmicro.com

Offers many assistive technology products, including screen reading software, Braille displays and embossers.

#### **Independent Living Aids, Inc.**

(800)537-2118

E-mail: can-do@independentliving.com

#### Innoventions, Inc.

(800) 854-6554 or (281) 879-6226

www.magnicam.com/

magnicam@magnicam.com

#### **LS&S Group**

(800)468-4789

(800)364-1608

www.magnifyingcenter.com

E-mail: LSSGRP@aol.com

#### MagniSight, Inc.

(800)753-4767

www.magnisight.com

#### **Maxi Aids**

(800)522-6294

#### www.maxiaids.com

E-mail: sales@maxiaids.com

## National Federation for the Blind Technology Center, MD

www.nfb.org

Provides information about assistive technology for visually impaired individuals.

#### **Optelec**

Phone (800) 828-1056

www.optelec.com

Email: info@optalec.com

Also provides Braille writers, Braille displays, access tools for mobile phones, talking PDAs, low vision magnification devices.

#### **OVAC**

(800)325-4488

www.ovac.com

Email: info@ovac.com

#### **Premier Programming Solutions for MI and IL**

(517) 668-8188

www.premier-programming.com

www.readingmadeeasy.com

Email: info@premier-programming.com

Offers talking software products, including scan and read systems.

#### **Sighted Electronics**

(800)666-4883

www.sighted.com

#### **Tagarno**

(800) 441-8439 or (302) 734-9630

E-mail: <a href="mailto:info@tagarno.com">info@tagarno.com</a>

www.tagarno.com

#### VideoEye Corporation

(800) 416-0758

www.videoeye.com

#### **Virtual Vision Technologies**

(610)734-0711

E-mail: www.virtualvisiontech.com

#### Vision Technology

(800) 560-7226

www.visiontechinc.com

Email: vti@vti1.com

#### **Steve Wehrle**

P.O. Box 184

Plymouth, WI 53073

(800) 261-1212

(920) 528-7101

#### **Access Low Vision**

539 N 59th Street

Wauwatosa, WI 53213

(877) 357-9305

(414) 476-0057

#### **Adaptive Information Systems**

1611 Clover Lane

Janesville, WI 53545

(800) 792-4768

(608) 758-0933

www.adaptiveinformation.org

#### **Adaptive Technology Resources**

N 54 W6135 Mill Street P. O. Box 857 Cedarburg, WI 53012 (800) 770-8474

#### **Computers to Help People**

825 E. Johnson Street Madison, WI 53703-1506 (608) 257-5917

Email: <a href="mailto:chpi@execpc.com">chpi@execpc.com</a>

#### **Duxbury Systems**

270 Littleton Rd. Unit 6 Westford, MA 01886-3523 (800) 347-9594 www.duxburysystems.com

#### **Noble Enterprises**

N 2674 Arrow Road Warrens, WI 54666 (888) 963-9633 or (608) 378-4932

#### **Sighted Electronics**

464 Tappan Road Northvale, NJ 07647 (800) 666-4883 (201) 666-2221

www.sighted.com

Email: sighted@idt.net

#### **EDUCATIONAL SERVICES**

#### **Hadley School for the Blind**

700 Elm Street P.O. Box #299 Winnetka, IL 60093-0299 (800) 323-4238 (847) 446-8111

www.hadley-school.org

Vocational training, preparation for high school equivalency exams, technical computer subjects, and self-improvement through Braille or audiocassette correspondence courses. Courses for sighted parents of blind infants and children and professional workers for the blind.

#### Accessible Book Collection, VA

(703) 631-1585

www.accessiblebookcollection.org

Email: customerservice@accessiblebookcollection.org

Provides digital text to persons with disabilities.

#### American Federation for the Blind Bookstore, NY

(800) 232-5463

www.afb.org

Email: afbinfo@afb.net

#### American Printing House for the Blind, KY

(800) 223-1839

www.aph.org

Email: info@aph.org

Provides accessible educational and daily living products. Products and services include tutorial software, talking calculators, note taking devices, a book store, and book reading devices.

# (Bookshare) Benetech Initiative, CA (Contact by Internet only)

#### www.bookshare.org

Bookshare –provides a large on-line library of accessible reading materials for people with print disabilities. Bookshare is free for all U.S. students with qualifying disabilities. Affordable membership is also available with unlimited library privileges. Bookshare membership offers unlimited access to accessible books, textbooks, newspapers, and magazines. Additionally, free access to technology ensures ease to read books with a computer.

#### **BookCraft Publishing Suite**

(888) 647-3404

www.colligo.us

Provides software to convert printed books to digital books.

#### **Christian Record Services, Inc., NE**

(402) 488-0981

www.christianrecord.org

Lending library of Braille books, large print materials, cassette tapes.

#### **Huge Print Press**

(866) 484-3774

www.hugeprint.com

Converts any book to large-print.

#### Jewish Braille Institute of America, NY

(800) 433-1531

www.jewishBraille.org

Provides talking books, Braille and large print books.

#### Jewish Guild for the Blind, NY

Audio library

(800) 284-4422

www.jgb.org

#### **Library Reproduction Service**

14214 S. Figueroa St. Los Angles, CA 90061 (800) 255-5002

www.lrs-largeprint.com

Provides custom-made, enhanced large print copies of educational materials in easy-to-handle formats.

#### New York Times/Large Type Weekly, NY

(212) 556-1234

www.nytimes.com/nystore/publications/index.html

Subscriptions to NY Times in 16 point font.

#### Reader's Digest Large Type Publications, IL

(800) 431-1246

Subscriptions to Reader's Digest in large type.

#### Recordings for the Blind and Dyslexic, NJ

(866) 732-3585 or (800) 221-2792

www.rfbd.org

Email: custserv@rfbd.org

Educational library for those with print disabilities.

#### **Star Continuous Cards**

(800) 458-1413

www.braillepaper.com

Offers Braille paper in a variety of sizes and colors.

#### Touch Graphics, Inc.

(212) 375-6341

Email: info@touchgraphics.com

Offers the National Geographic Talking Tactile Atlas of the World.

#### **ELECTRONIC BOOKS**

#### Baen Free Library, NY (Contact by Internet only)

www.baen.com

Email: librarian@baen.com

#### International Braille Research Center, MD

(410) 659-9314 x 367

www.braille.org

#### National Library for the Blind and Physically Handicapped.

(888) 657-7323

www.loc.gov/nls/catalog

www.choicemagazinelistening.org

Email: nis@loc.gov

Free library program of Braille and audio materials. Offers select articles from popular print magazines on 4 track audio cassettes, available through the Library of Congress.

#### **Project Gutenberg**

www.gutenberg.org

Email: help@pglaf.org

Project Gutenberg is the oldest producer of free electronic books on

the Internet.

#### **GUIDE DOG SCHOOLS**

#### **ARIZONA:**

**Eye Dog Foundation** 

8252 South 15th Avenue

Phoenix, Arizona 85041-7806

(602) 276-0051

Email: trainingdept@evedogfoundation.org

#### **CALIFORNIA:**

#### Eye Dog Foundation for the Blind

211 S. Montclair Street

Bakersfield, California 93309-3165

(805) 831-1333

(800) 393-3641

Email: eyedog@lightspeed.net

#### **Guide Dogs for the Blind, Incorporated**

P.O. Box 151200

San Rafael, California 94915-1200

(800) 295-4050

www.guidedogs.com

Email: information@guidedogs.com

#### **Guide Dogs of the Desert International**

P.O. Box 1692

Palm Springs, California 92263-1692

(760) 329-6257

www.guidedogsofthedesert.org

Email: info@guidedogsofthedesert.org

#### **CONNECTICUT:**

#### **FIDELCO Guide Dog Foundation**

103 Old Iron Ore Road

Bloomfield, Connecticut 06002-0142

(860) 243-5200

www.fidelco.org

#### **FLORIDA:**

#### Southeastern Guide Dogs, Incorporated

4210 77th Street

East Palmetto, Florida 34221-9270

(941) 729-5665

www.guidedogs.org

Email: info@guidegogs.org

#### **HAWAII:**

Eye of the Pacific Guide Dogs & Mobility Services, Inc. 747 Amana Street #407 Honolulu, Hawaii 96814

(808) 941-1088

www.eyeofthepacific.org

Email: info@eyeofthepacific.org

#### **KANSAS:**

Kansas Specialty Dog Service, Incorporated 124 West 7th Street Washington, Kansas 66968-2222 (785) 325-2256

#### **MICHIGAN:**

#### **Leader Dogs for the Blind**

1039 Rochester Road Rochester, Michigan 48307-3115 (888) 777-5332

www.leaderdog.com

Email:linfo@leaderdog.org

#### **NEW JERSEY:**

#### Seeing Eye, Incorporated

P.O. Box 375 Morristown, New Jersey 07963-0375 (973) 539-4425

www.seeingeve.org

Email: semaster@seeingeye.org

#### **NEW YORK:**

# Freedom Guide Dogs for the Blind

1210 Hardscrabble Road Cassville, New York 13318-1304

(315) 822-5132

Email: freedomdog@juno.com

# Guide Dog Foundation for the Blind, Incorporated

371 East Jericho Turnpike Smithtown, New York 11787-2906 (631) 930-9000 or (800) 548-4337 www.guidedog.org

# Guiding Eyes for the Blind, Incorporated

611 Granite Springs Road Yorktown Heights, New York 10598-3411 (800) 942-0149

www.guiding-eyes.org

Email: semaster@seeingeye.org

#### OHIO:

# Pilot Dogs, Incorporated

625 West Town Street Columbus, Ohio 43215-4444 (614) 221-6367

#### **OREGON:**

# Guide Dogs for the Blind, Incorporated

32901 Southeast Kelso Road Boring, Oregon 97009-9058 (503) 668-2100

www.guidedogs.com

Email: information@guidedogs.com

#### **TEXAS:**

# **Guide Dogs of Texas**

11825 West Avenue, Suite 104 San Antonio Texas 78216-2557 (210) 366-4081 or (800) 831-9231 www.guidedogsoftexas.org

# INDEPENDENT LIVING

Empowering people with disabilities to fully participate in all aspects of society is the guiding principle of the Centers for Independent Living. These organizations offer services to people with disabilities as well as families of individuals with disabilities, community service providers, government agencies, businesses and the community at large.

# **Freedom Center for Independent Living**

400 North Broad Street Middletown, DE 19709 (302) 376-4399 or Toll Free 866-our-fcil TTY (302) 449-1487 Fax (302) 376-4395

Email: <u>info@fcilde.org</u>

# **Independent Resources, Inc.**

2 Fox Point Centre 6 Denny Rd., Suite 101 Wilmington, DE 19809 (302) 765-0191 TDD (302) 765-0194 Fax (302) 765-0195 Email: iri-de.org

#### **Kent County Office**

32 West Lockerman Street, Suite 104 Dover, DE 19904 (302) 735-4599 TDD (302) 735-5629 FAX (302) 735-5623

# **Sussex County Office**

31038 Country Gardens Blvd. Suite D-4, Dagsboro, DE 19939 (302) 732-9500 TTY (302) 732-9562 FAX (302) 854-9408

Email: pboyd@indepentresorces.org

# LIBRARIES - DELAWARE

# **Delaware Library Access Services**

43 South DuPont Highway Dover, DE 19901 (800) 282-8676

Provides audio books on cassette tapes and playback equipment. Items mailed postage free to patrons' homes.

#### **DELAWARE:**

# The Digital Library of the First State

www.lib.de.us

DELAWARE provides access to a variety of databases containing magazines, newspapers, encyclopedias, atlases, directories, poetry, short stories, essays, images, pamphlets, books and government documents. It supplies health, business, homework help and general reference information. Delawareans need a public library card barcode number and PIN to access the data bases.

# **Organizations- Advocacy Groups**

# American Council of the Blind, Inc.

1155 15th St. NW, Suite #720 Washington, DC 20005 (800) 424-8666 (202) 467-5081

# www.acb.org

A consumer organization of individuals with visual impairments that educate themselves and the public on the issues of visual impairment. Please contact the Division for the Visually Impaired at (302) 255-9800 for the Delaware Chapter.

# Governor's Advisory Council on the Blind

1901 N. DuPont Highway New Castle, DE 19720 (302) 255-9810

Advises the Governor, the Secretary of Delaware Health and Social Services and the Director of the Division for the Visually Impaired on all matters concerning the blind and visually impaired.

# American Foundation for the Blind, Inc.

11 Penn Plaza, Suite #300 New York, NY 10001 (800) 232-5463 (212) 502-7600

www.afb.org

Email: newyork@afb.org

# **American Macular Degeneration Foundation**

P.O. Box 515 Northampton, MA 01061 (888) 622-8527 (413) 268-7660

# www.macular.org

This non-profit organization conducts research and provides educational information on Macular Degeneration.

#### **Council for Citizens with Low Vision International**

1155 15th St. NW, Suite 1004 Washington, DC 20005 (800) 733-2258

# www.cclvi.org

A non-profit organization developed to advocate for the needs of people with low vision. CCLVI provides information, referrals, resources, scholarships to college students, and other membership benefits.

# The Foundation Fighting Blindness

Executive Plaza 1, Suite #800 11350 McCormick Rd. Hunt Valley, MD 21031 (800) 683-5555 (410) 785-1414 TDD (800) 683-5551

# www.blindness.org

The Foundation Fighting Blindness researches the cause, treatment, and prevention of retinitis pigmentosa, macular degeneration, Usher's Syndrome, and allied retinal degenerations.

# **National Association for Visually Handicapped**

22 W. 21st Street New York, NY 10010 (212) 889-3141

www.navh.org

Email: staff@navh.org

The NAVH provides counseling and guidance, information and referral, loan library by mail of large print books, and a wide range of pamphlets for the layman and professional. Also provided are optical aids and a quarterly newsletter.

#### National Federation of the Blind

1800 Johnson Street Baltimore, MD 21230 (410) 659-9314

For current contact and NFB sites in New Castle, Kent and Sussex counties, call the Division for the Visually Impaired at: (302) 255-9800.

The NFB is a national membership organization whose goal is the complete integration of the blind into society on a basis of equality. They provide advocacy and protection of civil rights, information and referral, literature and materials about blindness, scholarships, aids and appliances, development and evaluation of technology, and support for blind persons and their families. In cooperation with the U.S. Department of Labor, the NFB developed the Job Opportunities for the Blind Program, which finds employment for qualified blind persons and assists employers to find qualified blind employees.

# **National Retinitis Pigmentosa Foundation**

1401 Mt. Royal Ave., 4th Floor Baltimore, MD 21217 (410) 225-9400

Provides support and information. Conducts studies and gathers

research information regarding Retinitis Pigmentosa.

#### **Prevent Blindness America**

500 E. Remington Road Schaumburg, IL 60173 (847) 843-2020

www.preventblindness.org

Email: info@preventblindness.org

The nation's leading volunteer eye health and safety organization, dedicated to fighting blindness and saving sight. Focuses on promoting a continuum of care.

# **National Eye Institute**

National Institute of Health Bldg. 31 Room 6A32 Bethesda, MD 20892 (301) 496-5248

www.nei.nih.gov

Conducts research on eye diseases and disorders of the eye. A variety of informational pamphlets are available.

# Helen Keller National Center for Deaf-Blind Youth and Adults

111 Middle Neck Road Sands Point, NY 11050 (516) 944-8900

www.helenkeller.org

The Center provides support services for youth and adults who are deaf-blind, their families and the professionals who serve them across the country.

#### **Foundation Fighting Blindness**

6700 North Oracle Road, Suite 121 Tucson, AZ 85704-7733 (800) 683-5555 (520) 797-2525

# www.maculardegeneration.org

Non-profit organization supporting research and providing support and information to individuals of all ages, whom are impacted by macular degeneration. Support groups and resources for technological assistance also available.

# **International Society on Metabolic Eye Diseases**

1125 Park Ave. New York, NY 10128 (212) 427-1246

Research conducted and gathered regarding a variety of eye diseases.

# National Association for Parents of the Visually Impaired

P. O. Box 317 Watertown, MA 02471 (800) 562-6265

# www.spedex.com

A non-profit organization of, by and for parents committed to providing support to the parents of children who have visual impairments. NAPVI provides leadership, support, and training to assist parents in helping children reach their potential.

# **Vision Community Services**

Association for the Blind 23A Elm Street Watertown, MA 02472 (617) 926-4232

Provides a free national information and resource guide.

# PUBLICATIONS AND SUBSCRIPTIONS

# American Foundation for the Blind, Inc. & Journal of Visual Impairment and Blindness

11 Penn Plaza, Suite #300

New York, NY 10001

(7:30 a.m. - 3:30 p.m., Mon. - Fri., EST)

(800) 232-5463

(212) 502-7600

www.afb.org

Email: newyorknewyork@afb.org

www.afb.org/jvib.asp

The AFB has several publications available, including the "Directory of Services for the Blind and Visually Impaired in the United States and Canada."

The professional journal, published by AFB, is available in print, cassette, and Braille. The M.C. Migel Memorial Library holds the largest collection of references on blindness in the world and is located at the AFB office. It does not include materials in Braille, large type, or recorded form.

#### **Bible Alliance**

Aurora Ministries P.O. Box 621 Bradenton,FL 34206 (941) 748-3031

The organization provides the Bible on audiocassette tape in any language. Ask your DVI Rehabilitation Instructor for an application.

#### **Braille Forum**

1155 15th St. NW, Suite #1004 Washington, DC 20005 (800) 424-8666 (202) 467-5081

#### www.acb.org

The American Council of the Blind publishes the monthly Braille Forum in Braille, print, cassette, and computer disk.

# Reader's Digest

American Printing House for the Blind 1839 Frankfort Ave. Louisville, KY 40206 (800) 223-1839 (502) 895-2405

#### www.aph.org

Reader's Digest on cassette and other special media, tools, and materials needed for education and life.

# **Choice Magazine Listening**

85 Channel Drive Fort Washington, NY 11050 (516) 883-8280 Toll Free (888)724-6423 www.choicemagazinelistening.org

Email: choicemag@aol.com

This free service offers its subscribers eight hours of the best articles, fiction, and poetry, chosen from over 100 current print periodicals that are read professionally. Playable on the Library of Congress free special speed, 4-track cassette player.

# Dialogue Blind Skills, Inc.

P.O. Box 5181 Salem, OR 97304 (800) 860-4224 (503) 581-4224

www.blindskills.com

Email: blindskl@teleport.com

A free quarterly magazine designed for adults who are blind or experiencing vision loss. Each issue contains ideas and solutions intended to enhance quality of life. Articles cover a wide range of subject matter. Dialogue is available in Braille, cassette, IBM compatible diskette, and large print.

# **Guideposts**

39 Seminary Hill Road Carmel, NY 10512 (800) 431-2344 (914) 225-3681

www.guideposts.org

Email: atyourservice@guideposts.org

This magazine is available in large print, Braille, recorded disc, and recorded cassette.

# Matilda Ziegler Magazine for the Blind

80 Eighth Ave., Rm. #1304 New York, NY 10011 (212) 242-0263

www.zieglermag.org

Email: blind@bellatlantic.net

A general interest monthly publication offering blind persons a variety of information and entertainment available to the sighted. Features articles reprinted from newspapers and magazines, book excerpts, short fiction, poetry, humor and news, and information of particular interest to blind. It is free, published in grade 2 Braille and half-speed cassette; not available in large print.

#### **Braille Monitor**

1800 Johnson St. Baltimore, MD 21230 (800) 558-4676 (410) 659-9314

www.nfb.org

Email: nfb@amdigex.net

Through the National Federation of the Blind, the following publications are available: Braille Monitor, a monthly voice of the NFB available in Braille, print, on record, and cassette; Future Reflections, a quarterly magazine for parents and educators of blind children, is available in print and on cassette.

#### Voice of the Diabetic

811 Cherry Street, Suite 309 Columbia, MO 65201-4892 (573) 875-8911

This quarterly publication is published by the Diabetes Division of the National Federation of the Blind addresses problems and concerns of blind diabetics; available in print and cassette.

# **New Vision**

919 Walnut St. Philadelphia, PA 19107 (215) 629-2990

Subscription service for a variety of magazines and periodicals.

# G. K. Hall/Thorndike Press Large Print Books

P.O. Box #159 Thorndike, ME 04986 (800) 223-6121 (207) 257-5755

#### www.galegroup.com

Contact this publishing company for more information on large print books and large print book clubs.

# **New York Times Large Type Weekly**

New York Times Co. 229 W. 43rd St. New York, NY 10036 (800) 631-2580

# Reader's Digest Large Print Select Edition Books

P.O. Box 241
MountMorris, IL 61054
(800) 877-5293
(815) 734-6963
www.readersdigeststore.com

# Reader's Digest Large Type Magazine

P.O. Box 3010 Harlan, IA 51593 (800) 807-2780 www.readersdigeststore.com

# RECREATION AND TRAVEL

# **Greyhound Bus Lines**

(800) 231-2222

# Wilmington Blind Bowlers League

Contact DVI at (302) 255-9855 Bowling league for 18+.

#### **United States Association of Blind Athletes**

33 N. Institute Street Colorado Springs, Co 80903 (719) 630-0422

# www.usaba.org

A non-profit organization member of the United States Olympic Committee, trains blind athletes for national & international competition. A nationwide youth development program for children ages 6-18.

#### **Delaware Association of Blind Athletes**

Delaware Chapter of Blind Organizations (302) 836-5784

Email: info@Blindsports.org

Provides recreation and competitive sports for individuals who are blind or visually impaired. It is a conduit for the Blind Olympics.

# Wilderness Inquiry

808 14th Ave SE Minneapolis, MN 55414 (800) 723-0719

The organization offers outdoor adventure for people of all ages and abilities. Canoe, dogsled, sea kayak, and raft trips throughout North America, Australia and Europe.

# **Pioneers Organization**

(302) 856-6383

Social and recreational group. Available in Sussex County only.

# **Seekers Organization**

(302) 422-2681

Provides education, fellowship, recreation and community outreach statewide. Meetings are held in Milford, Delaware.

# Delaware Association for the Blind

# **Recreation Programs**

2915 Newport Gap Pike

Landis Lodge

Wilmington, DE 19808

(302) 994-9478 or (302) 655-2111

#### www.dabdel.org

Provides Sunnybrook Day Camp for blind children; swimming pool during the summer months. Houses the audio book program and record material on cassette tapes.

# **Delaware Association for the Blind Social Services Program**

800 West St.
Wilmington, DE 19801
(302) 655-2111
(888) 777-3925
www.dabdel.org

#### **VSA Arts of Delaware**

Delaware State University Arts Center/Gallery 1200 N. DuPont Hwy. Dover, DE 19901 (302) 857-6699

Provides year-round programming including artists, in-residency programs, festivals, grants and scholarships.

# **SCHOLARSHIPS**

The following organizations offer scholarships or grants to blind or visually impaired students.

#### **American Foundation for the Blind**

11 Penn Plaza, Suite #300 New York, NY 10001 (800) 232-5436 (212) 502-7600

www.afb.org

Email: newyork@afb.net

#### American Council of the Blind

1155 15th St. NW, Suite #720 Washington, DC 20005 (800) 424-8666 (202) 467-5081 www.acb.org

#### National Federation of the Blind

1800 Johnson St.
Baltimore, MD 21230
(410) 659-9314
www.nfb.org

# Delaware Industries for the Blind DIB Scholarship Committee

1901 N DuPont Hwy. Biggs Bldg.

New Castle, DE 19720

Phone: (302) 255-9855 Fax: (302) 255-4442

E-mail: derek.alexander@state.de.us

# SUPPORT GROUPS AND COUNSELING SERVICES

Support groups for visually impaired persons provide an opportunity to discuss concerns about vision loss. Some groups have guest speakers, some are more social groups, and others are a combination of resources and social events.

To locate a support group call the Delaware Association for the Blind (888) 777-2111 or (302) 655-2111 (New Castle County)

Other support resources:

# People's Place II, Inc.

Milford Counseling Center 1131 Airport Road Milford, DE 19963 (302) 422-8026

#### People's Place II, Inc.

Dover Counseling Center 165 Commerce Way P. O. Box 638 Dover, DE 19903 (302) 730-4479

People's Place II provides individual, group, family and play therapy. Services are also available for substance abuse, gambling addictions, veterans and parent-child conflict issues. Medication management and psychological evaluations are available.

# **TRANSPORTATION**

# **CHEER Transportation (Sussex County)**

(302) 856-4909

CHEER Transportation provides transportation to and from nutrition sites and the Bridgeville Senior Center. Services also include transportation for weekly shopping, recreational activities and some medical facilities. CHEER Transportation can also arrange for transportation to medical appointments.

#### **DART First State**

DART First State is the statewide transit service of the Delaware Transit Corporation (DTC), a subsidiary of the Delaware Department of Transportation, which provides both fixed route and inter-county bus service, as well as a Para transit bus service, throughout the State of Delaware.

#### **Fixed Route Service**

DART First State provides fixed route services in both New Castle County and the greater Dover area. A seasonal fixed route service is provided in the Rehoboth, Lewes and Dewey Beach area. DART First State also provides a free shuttle, which loops downtown Wilmington.

# **Inter-county Bus Service**

DART First State's inter-county bus service provides transportation to, from, and within all three counties in Delaware. Routes operate between Wilmington, Dover, and Rehoboth Beach and Newark, Dover, and Rehoboth Beach with several stops in between. DART First State offers reduced fares for both fixed route and inter-county service to senior citizens and persons with disabilities. Seniors are required to show a Medicare card when boarding the bus. Persons with disabilities must apply to be certified as being eligible for the reduced fare program. Once certified, a reduced fare identification card will be issued, which must be presented when paying a reduced fare. Cash fares are accepted at the time of boarding; however, a discounted reduced fare card may be purchased in advance. Call the number below for a list of locations.

#### **Paratransit Service**

DART First State also includes a para transit service, which provides door-to-door transportation for eligible disabled individuals and senior citizens. This service operates Statewide Monday through Saturday. Reservations must be made 24 hours in advance. After 1:00 p.m., reservations for the following day will not be accepted unless the traveler is determined to be eligible under the Americans with Disabilities Act (ADA). ADA eligible persons may make reservations up to 4:30 p.m. for service the following day.

# Paratransit Reservations/Information:

(800) 553-DART

Statewide Transit Information (800) 652-DART
If calling within New Castle County (302) 652-DART

# SCAT (Senior Citizen Affordable Taxi) (800) 355-8080.

Sponsored by the State of Delaware's Department of Transportation, SCAT provides half-price taxi service for persons aged 60 and over and qualified disabled persons. The service is offered seven days a week, including holidays. SCAT ticket books contain \$10.00 worth of tickets and may be purchased for \$5.00 at locations throughout the State.

# LogistiCare, Inc. - Provider Transportation Network

Central Business Office 160 Greentree Drive, Suite 102 Dover, DE 19904 Main Number (302) 677-890 Reservations (866) 412-3778

#### **FISH of Northern Delaware**

(302) 658-2954

FISH, a volunteer organization, provides transportation to appointments for ambulatory individuals north of the C&D Canal when all other potential means of transportation have been exhausted and volunteers are available. This is not an emergency service. You must notify FISH one week in advance of the appointment.

# **Generations Home Care (5317 Freedom Fund)**

(New Castle, Kent and Sussex Counties)

Generations Home Care is operating a new transportation program statewide. This program is using new federal funds to provide transportation to disabled Delaware residents of all ages on weekends and holidays when regular public transportation is not available. Medical transport is provided to and from medical treatment for ambulatory persons. Riders must have an ADA card, proof or disability or a referral from a non-profit agency serving the disabled.

Wheelchairs, walkers, canes and ambulatory riders are accepted. The cost is \$5 per trip, exact change only.

Reservations must be made 7 days in advance, call the numbers below Monday to Friday, 9:00 a.m. to 4:30 p.m.

 New Castle County:
 302-658-6731

 Kent County:
 302-734-7005

 Sussex County:
 302-856-7774

# Other transportation providers

These agencies charge a fee to provide transportation:

# **AD Transportation**

(302) 777-4277

#### **Care First**

(302) 832-2100

#### **DEW**

(800) 582-9241

(302) 653-3928

#### **Dunn Transportation**

(302) 652-7971

#### **Easter Seals**

(302) 324-4444

(302) 678-3353

(302) 934-9801

# **Express Medical Transport**

(302) 266-8278

(888) 413-4925

# **Matthew Smith Medical Transportation**

(302)734-5217

#### **MOT Senior Center**

(302) 378-4758

#### Muni

(800) 966-6864

# **Preferred Transport**

(302) 323-0828

# **Prime Care Transportation**

(888) 873-0900

(302) 422-0900

# Raichle's Transport

(302) 378-3356

#### Reliable

(302) 438-0862

# **Right Transport**

(302) 326-9434

# **Superior Medical**

(302) 426-7770

#### **Yellow Cab**

(302) 658-4321

# Disabled Volunteer Transportation Veterans Network

(302)633-5414

This is free transportation to and from the Delaware VA Hospital for appointments. Will transport persons in wheelchairs. Requires a reservation of one month in advance of a scheduled appointment.

#### **SEPTA**

(215) 580-7800

SEPTA commuter trains run from Newark, Churchman's Crossing and Wilmington to Delaware County, Pennsylvania, Philadelphia International Airport and Center City with connections to SEPTA trains and transit routes serving the entire Philadelphia metropolitan region. Convenient, economical connections to New York City via New Jersey Transit are also available. Wilmington Station can be reached from New Castle County, Dover, Smyrna, and many other locations by the statewide transit services known as DART First State. SEPTA offers discounts for senior citizens over age 65.

#### **UNI-CITY - Newark Area**

(302) 831-1187

Uni-City is a transportation service that operates in the University/Newark area. Buses operate along 3 loops. There is no charge for the service. Handicapped-accessible buses are also available.

#### **WHEELS Program**

(302) 395-5660

WHEELS offers transportation to health care appointments for New Castle County residents that are over 60 and who live outside of the city limits of Wilmington. In order to qualify, participants must have no other means of transportation to get to thier doctor, clinic, or other health care facility located within the County. Clients must call at least one week in advance of their appointment.

# **American Red Cross Community Services**

100 W 10<sup>th</sup> Street, Suite 501 Wilmington, DE 19801 Phone: (302) 335-5031

Volunteers provide personal services to patients in area nursing homes and hospitals. Volunteers serve as clerical assistants and pet therapy volunteers. Transportation service volunteers provide free transportation to medical facilities for treatment, therapy and counseling.

# **Neighbor to Neighbor**

Bay Health at Kent General Hospital 640 South State Street Dover, DE 19901 (302) 744-7466

Provides transportation to doctor's appointments in the Dover area.

# Guide to Services and Resources for Delawareans with Visual Impairments

2009-2010 Edition

Published by:

Delaware Health and Social Services
Division for the Visually Impaired

Holloway Campus
Biggs Building
1901 North DuPont Highway
New Castle, Delaware 19720

Telephone: (302) 255-9800

#### STATEMENT OF POLICY

Pursuant to Title VI of the Federal Civil Rights Act of 1964, the Division for the Visually Impaired is prohibited from discrimination because of race, religion, sex, age, national origin, or physical disability against any applicant for services.



# Providing Entrepreneurial Opportunities in: "Food Service Management" for Visually Impaired and Blind Delawareans

# **Providing Cafeteria and Vending Services**

1901 N. DuPont Highway
Biggs Building
New Castle, DE 19720-1199

Phone:(302) 255-9833

Fax:(302) 255-9957

E-Mail: Mike.Williams@state.de.us