



# Delaware Prevention Newsletter

Summer 2013

## DSAMH Welcomes A New Prevention Specialist!

Evelyn R. Figueroa, M. Ed, our new DSAMH Substance Abuse Prevention Specialist, is a native of Buffalo, New York. She formerly served as the Executive Director for the Governor’s Council on Hispanic Affairs in 2001. Ms. Figueroa has a wide array of experience working with people with disabilities, senior citizens, homeless women and children. Most recently, she worked as a Career Counselor at the Wilmington Job Corps Center, assisting individuals ages 16-24 with their career and academic goals.

Evelyn’s passion is working with diverse populations and infrastructures to strengthen children, families, and communities through prevention education and early intervention efforts.

Join us in welcoming Evelyn!



Evelyn R. Figueroa, M.Ed.

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### DSAMH Says Farewell to CSAP Fellow



Uzoamaka Aneke

Friday, September 27th, 2013 will be Uzoamaka “Amaka” Aneke’s last day as a member of the Prevention Team with the Division of Substance Abuse & Mental Health. She will be moving on to join the National Association of State Alcohol & Drug Abuse Directors (NASADAD) as a Substance Abuse Research Associate in Washington, D.C.

Over the last two years, Amaka has been involved in a wide range of state and community prevention efforts such as the Fetal Alcohol Spectrum Disorder Task Force, the Delaware Prevention Advisory Committee, and SPF-SIG. Among her most notable contributions to prevention is her fellowship cohort-produced Substance Abuse Prevention & Mental Health Promotion Resource Guide.

We wish Amaka much success in her future endeavors!

## Latin American Community Center Hosts Annual Open House

On September 6, the Latin American Community Center hosted its annual Open House event celebrating the beginning of Hispanic Heritage month (September 15 – October 15). The Open House also offers stakeholders and governmental leaders an opportunity to meet the employees who make the agency a success. Many who arrive at the Open House are only aware of a handful of programs existing at the LACC but quickly learn that the LACC has over fifty service programs that reached more than 13,000 Delawareans last year alone.

The heart-warming reception was nothing short of authentic: visitors to the Open House were immediately greeted by the sight and enchanting aroma of endless ethnic edibles stretching up, down and around the center's full-sized gymnasium made with love by each agency employee.

The LACC was transformed into "Puerto Rico: the Isle of Enchantment," this year's Open House theme,

honoring the Commonwealth of Puerto Rico which became a U.S. territory in 1898. The *mezcla* (mix) of Puerto Rico's culture and cuisine which consists of Taíno Indian, African, Asian and European heritage was celebrated, complete with the call of the Coquí (unofficial national animal) who stood watch over the piraguas (snow-cones) stand.

Executive Director of the LACC Maria Matos gave a moving speech on the influence of Puerto Rico on America, and the influence of the Latin American Community Center in Delaware since 1969 when a group of Puerto Rican activists decided it was time to get the appropriate services and resources to their own community. Governor Jack Markell gave a speech which allowed him to showcase his Spanish proficiency and reminded those attending of the great work the LACC does for its own community and entire state. We look forward to seeing you at next year's Open House!

## Upcoming Webinars!

The Drug Free Action Alliance (DFAA) will be launching a series of free webinars to provide community members with information about implementing evidence-based programming offered through the DFAA. Each webinar will feature a different program. The first three webinars with Links for the registration are below. All take place from 1-2 p.m. EST

*Know!*

October 8th, 2013

To Register: <https://www1.gotomeeting.com/register/161981425>

*Parents Who Host, Lose the Most:  
Don't be a Party to Teenage Drinking*

November 12th, 2013

To Register: <https://www1.gotomeeting.com/register/218903561>

*BUZKILL: Serve under 21 and the Party is Over!*

December 10th, 2013

To register: <https://www1.gotomeeting.com/register/607665576>

For additional information, please visit  
[DrugFreeActionAlliance.com](http://DrugFreeActionAlliance.com) to learn more..

## DSAMH Congratulates First Delaware Substance Abuse Prevention Skills Trainers!

At the 41st DSAMH Summer Institute, 11 prevention professionals were invited to participate in the state's first Substance Abuse Prevention Skills Training of Trainers (SAPST ToT), provided with assistance from the Center for the Application of Prevention Technologies. Five ToT participants have been selected as the state's first cadre of trainers.

Rochellda Adderley, YMCA Walnut Street

Kenneth El Shabazz, YMCA Walnut Street

Dupree Johnson, Kent Sussex Community Services\*

Nikki Mowbray, YMCA Walnut Street

Angela Showell, Delaware National Guard

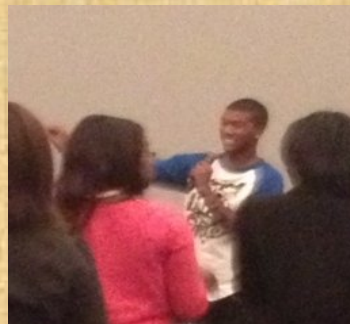
*Congratulations to All!*

\*Effective 9/6/2013, Central Delaware Committee on Alcohol and Drug Abuse trading as Kent Sussex Counseling Services officially changed its name to Kent Sussex Community Services.

## Brandywine Counseling Hosts Night of Prevention

Brandywine Counseling and Community Services hosted its Night of Prevention Event on Thursday, September 19, 2013. The occasion was very well attended, with representation from the Division of Substance Abuse and Mental Health, Jewish Family Services (JFS), as well as youth and teenagers. Lynn Fahey, CEO of BCCS, opened the event and teenagers discussed their positive experiences at the Public Service Announcement (PSA) Camp where they created the thought-provoking PSAs that were screened at the event.

Youth city-wide were asked to create posters depicting why they choose prevention, and all were displayed before the event for onlookers to view and vote on. The event featured a performance by Rodrick "El Rod" Buckworth, a prevention video on overcoming drug overdose, and a panel discussion that featured Director for Youth Development at JFS, Mr. Scott Michaels, advocate Dave Humes, Registered Nurse and Community Wellness advocate Judy Cain, Outreach Worker John Dooling, and Statewide Prevention Coordinator Javar Simpson.



## Contact Information

<http://dhss.delaware.gov/dhss/dsamh/prevention.html>  
is the Division of Substance Abuse and  
Mental Health's Prevention website. Access  
news and adult prevention resources.

Need Under-18 prevention resources?

<http://kids.delaware.gov/pbhs/pbhs.shtml>  
is the Division of Prevention and  
Behavioral Health Services website.

For more information on the Strategic  
Prevention Framework– State Incentive  
Grant (SPF-SIG), please contact:

SPF-SIG Project Director,  
Cecilia.Willis@state.de.us  
(302) 255-9433



The Delaware Prevention Newsletter is a  
joint effort of DSAMH and DPBHS. Please  
email DSAMH's Prevention Team with  
questions and feedback:

Evelyn Figueroa  
[Evelyn.Figueroa@state.de.us](mailto:Evelyn.Figueroa@state.de.us)

The Division of Substance Abuse and Mental Health  
would like to give a big "CONGRATULATIONS" to  
these prevention professionals who have successfully  
passed the Certified Prevention Specialist Exam!

**Uzoamaka Aneke**

*Division of Substance Abuse & Mental Health*

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**Miranda Tsyganov**

*Kent Sussex Community Services\**

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changed its name to Kent Sussex Community Services.

## Save the Dates!

Fetal Alcohol Spectrum Disorder Task Force  
9-11 a.m., Wednesday, December 11th, 2013  
Springer Building, Classroom 3,  
Herman Holloway Campus  
1901 N. DuPont Hwy., New Castle, DE 19720

Delaware Prevention Advisory Council  
9 a.m.—noon, Tuesday, December 17, 2013  
Buena Vista Conference Center

2014 DPAC Dates have been confirmed. Mark  
your Calendars!

Tuesday, March 11, 2014  
Wednesday, June 11, 2014  
Wednesday, September 10, 2014  
Wednesday, December 10, 2014

Time: 9 a.m. - 12 p.m.

Location:  
Buena Vista Conference Center  
661 S DuPont Hwy., New Castle, DE 19720

Hope to see you there!