



## Fetal Alcohol Spectrum Disorders Task Force Efforts In Delaware

Delaware's Fetal Alcohol Spectrum Disorder (FASD) Task Force continues to make great strides in spreading the message of the dangers of consuming alcohol while pregnant.

The Task Force has been very fortunate in obtaining support from the State's Lieutenant Governor's Office, partnering with Lt. Governor Matthew Denn to produce a 30-second Public Service Announcement (PSA) addressing FASD and the dangers of consuming alcohol while pregnant. The Task Force is very proud of this accomplishment.

The Task Force also hosted its first ever Fetal Alcohol Spectrum Disorder Training, on October 11th, 2012. The event drew a capacity crowd. Presenters included Dan Dubovsky from the Substance Abuse Mental Health Administration (SAMHSA)/FASD Center for Excellence, and Dr. Mary DeJoseph, who is a

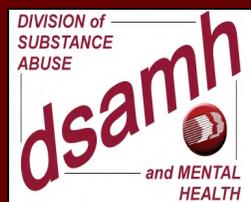
family practitioner and expert panelist for the SAMHSA/FASD Center for Excellence. The training also featured Delaware child neurologist Dr. Charles Bean. As a practicing physician, Dr. Bean discussed his experiences of encountering FASD and provided his observations and recommendations on how to better equip the state to screen for these conditions.

The FASD Task Force are beginning discussions on working toward future plans for a FASD Spring Conference in 2013. On behalf of the Division of Substance Abuse and Mental Health Services and the Division of Prevention and Behavioral Health Services, we would like to thank the FASD Task Force and the planning committee: Mike McHugh, Susan Mateja, JoEllen Kimmey, Linda Connor, Nina Licht, Chiara Fox, Uzoamaka (Amaka) Aneke and Isabel Rivera-Green for a job well done. **The next scheduled FASD Task Force meeting is December 18, 2012 at 9am to 11am.** For more information on how to become involved please call Isabel Rivera-Green at 302-255-4722.

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The Delaware Prevention Newsletter is created through collaboration of:



The Division of  
Substance Abuse  
& Mental Health



The Division of  
Prevention & Behavioral  
Health Services

## Delaware's First Substance Abuse Prevention Skills Training

From Tuesday, June 26<sup>th</sup> through Friday, June 29<sup>th</sup>, 2012, Delaware prevention professionals participated in the state's first Substance Abuse and Prevention Skills Training. The opportunity to provide this event was funded through Delaware's Strategic Prevention Enhancement Grant from SAMHSA, administered by the Division of Substance Abuse and Mental Health (DSAMH).

Attendees gathered for four days to learn about prevention strategies applicable to their work as substance abuse prevention professionals. Skilled trainers, Casey Boyle-Eldridge and Marcus Bouligny, from the Center for the Application of Prevention Technologies carefully detailed and taught all components of the Strategic Prevention Framework Model, and many participants concluded the training with new understanding beneficial to their work in the realm of substance abuse prevention.

During the four training days, speakers came from across the state to make pres-

entations during lunch about events currently being planned in the state. Leslie Brower, DSAMH's Project Director for the Mental Health Transformation Grant spoke on the state's efforts around promoting trauma-informed care; Director John Yeomans from the state's Division of Alcohol & Tobacco Enforcement talked about new moves to continuously enforce alcohol and tobacco laws; and Prevention Specialist/ NPN Representative Isabel Rivera Green, also from DSAMH, enlightened the audience on upcoming events such as the Service to Science Initiative, and the state's upcoming First Fetal Alcohol Spectrum Disorder Awareness Training.

Feedback from participants regarding the training was positive. Many attendees appreciated the opportunity provided by the state to attend the workshop at no cost. The SAPST Training overall set a very promising tone for future training and opportunities to

come, as part of the overarching effort to increase Delaware's workforce of substance abuse prevention professionals. In training participants' own words:

*Although I'm new to prevention and still have a lot to learn I really gained some valuable insight and information in the SAPST training.—Auanita Corley*

*I gained valuable knowledge I can immediately apply in working with our youth in foster care. Also, it was truly a pleasure meeting, learning and sharing with you all during training. It is my hope that our paths meet again in service to our community.—Rodney Vodery*

*A training of this caliber has been long overdue here in Delaware. SAPST breaks down the Strategic Prevention Framework in such a way that a solid foundation is put in place for those new to prevention, but also sharpens and reinforces the knowledge of those with a history in the field.—Scott Borino*

## Delaware's 5th Annual Teen Summit

On Saturday, August 4, 2012 the Delaware Prevention Coalition hosted the 5<sup>th</sup> Annual Hollywood Invades Delaware Teen Summit at the Doubletree Hotel in downtown Wilmington. Supported by a contract with the Division of Prevention and Behavioral Health Services, the Summit was an opportunity for teens and

their families to be exposed to current issues facing today's teens. Teens engaged in interactive, open dialogue workshops facilitated by their peers. Topics discussed in the workshops included underage drinking, prescription drug abuse, dating/relationships, and financial issues. The Summit provided teens a forum in which to voice their

views on these issues in their community and with their peers. Teens learned critical thinking skills and information that encourages positive behavior, and promotes self-respect and self-esteem. Over 500 youth and their families attended this event which featured celebrity keynote speaker Nia Long, a local talent showcase, youth-led workshops and a celebrity panel discussion.

## 41st Annual Delaware Summer Institute

From Monday, July 30<sup>th</sup>, through Friday August 3<sup>rd</sup>, 2012, the state's Division of Substance Abuse and Mental Health held its 41st Annual Summer Institute. This year's theme, "Opening Doors to the Future," showcased keynote speakers Samuel Bagenstos, Professor of Law at the University of Michigan School of Law, and Dr. Larry Davidson, Director of the Program for Recovery & Community Health at Yale School of Medicine, as well as a peer specialist panel that was comprised of

Peer Specialists who work with clients still in psychiatric hospitals, clients who are newly released to community-based care and those who have experienced trauma.

Many educational tracks were offered at the Institute. The Prevention Track underwent significant improvement in its workshop selection and overall presence at the Summer Institute. Learning opportunities such as *Substance Abuse Prevention in Delaware, Logic of Planning & Outcomes Measurement, Grant*

*Writing for Results, and Culturally Competent Practice* were just some of the individual workshops offered at the Summer Institute. Participants generally praised the helpful content, interactive environment, and engaging instructors that conducted the prevention workshops. Many ended the week with renewed interest in their respective fields, as well as new information to apply in their everyday efforts towards promoting substance abuse prevention.

## Delaware HIV Consortium Members join in the “Keep The Promise” HIV/AIDS March in Washington D.C.

On Sunday July 22nd, 2012, members of the Delaware HIV Consortium joined more than 1,000 people who marched through downtown Washington, D.C., to call attention to the ongoing struggle against HIV and AIDS, which was the subject of an international held in the Nation’s capital.

Organizers said the aim of the “Keep the Promise” March was to remind world leaders and policymakers that AIDS remains a threat to global health. Marchers used red umbrellas to create a human red ribbon in advance of the march. Some carried balloons in the shape of globes as they marched, and others carried signs that read “Test & Treat Now” and “Yes We Can Control AIDS.” The Delaware marchers stretched for more than a block, with bands and cheerleaders among the group. By coming out to take a stand and let their voices be heard, they provide inspiration for others to do the same.

Comedian Margaret Cho, civil rights leader Al Sharpton, former United Nations ambassador Andrew Young, and radio co-hosts Tavis Smiley and Cornel West spoke to the crowd before Sunday’s march. Musician Wyclef Jean also performed at the event as well.



# CADCA National Youth Leadership Initiative

Through a contract with the Division of Prevention and Behavioral Health Services and Community Anti-Drug Coalitions of America (CADCA), as well as collaboration with Delaware State University, the Division offered a 5-day National Youth Leadership Initiative training to youth, ages 13-18 (and their adult advisors), involved with community coalitions, civic and community organizations and/or programs with a substance abuse prevention, mental health or a community mobilization focus.

The training was held on the campus of Delaware State University during the week of August 13 – 17. Thirty-six youth (ages 11 -18), accompanied by eleven adult advisors from their respective organizations, immersed themselves in five days of intensive training on the Strategic Prevention Framework (SPF), logic models, strategic planning, developing interventions, advocating

for change, evaluation and sustainability, to develop in them the necessary skills to assume leadership roles in their coalitions and communities.

Attendees represented organizations from across the state including Edgemoor Community Center (NCC), One Village Alliance (NCC), the Greater Dover Boys and Girls Club (Kent County), First State Community Action Agency (Sussex County), and The Kent and Sussex Youth Basketball Program. Many of the youth participants were already assuming leadership roles in organizations such as the Delaware Prevention Coalition and the Division of Family Services Youth Advisory Council. Many more were interested in working with their organizations to build youth coalitions in their own communities.

By the end of the week, participants were able to assess their communities, identify a specific problem/issue in their commu-

nity and develop action plans to implement with the support of their organizations. Identified community problems included prescription drug abuse, marijuana use, community violence, school violence and domestic violence. Over the next year, youth and their organizations will participate in distance learning/technical assistance sessions with CADCA for continued support with the implementation of their community action plans.

At the close of the training, each participant received a certificate for 35 content hours of training and a t-shirt commemorating the experience. As many of the youth expressed interest in becoming trainers themselves, an open invitation was given for any interested youth to apply to the National Youth Leadership Initiative for the train-the-trainer opportunity (applications were disseminated electronically).

## The Latin American Community Celebrates Hispanic Heritage Month

On Friday, September 7th, 2012, Division of Substance Abuse and Mental Health Block Grant Provider, the Latin American Community Center, hosted its annual Open House Proclamation of Hispanic Heritage Month Multicultural Luncheon. The celebration served as a kick-off event for Hispanic Heritage Month, September 15th to October 15th, 2012.

The theme of this year's open house was 'Tradiciones Indigenas' (Indigenous Traditions), which displays how the indigenous culture is spread throughout Latin America by various customs, forms and traditions.



Many community members supported the event, including Governor Jack Markell, who successfully delivered a large portion of his proclamation in Spanish. Also present were Delaware Representative Joseph Miro, New Castle County Executive Paul Clark, Wilmington Mayor James M. Baker, as well as Wilmington City Councilman Samuel Prado. The event also boasted of many cultural dishes, reminiscent of the many beautiful cultures of Latin America.

## Kent County Action Prevention Coalition Launches Coalition Website

The Kent County Action Prevention Coalition (KCAPC) members wanted to create a way to inform the community about the wonderful initiatives, discussions, and accomplishments that were taking place regarding efforts to reduce substance abuse in Kent County. With technology being such an integral part of society and communication, there was immediate approval from the KCAPC members to create a website. Realizing that not everyone

has frequent access to the Internet, a newsletter was also created and distributed around Kent County. The website and newsletter have information about upcoming community events, news about the coalition, coalition meeting minutes, and local substance abuse resources.

The coalition itself was created in June 2011 by Star Fuentes, program manager with Kent/Sussex Counseling Services. The goal of this organization is

to develop and implement environmental strategies to identify issues correlated to the reduction of alcohol and substance abuse among youth ages 12-25 years. The coalition will use its completed community assessment survey as a guide to develop its environmental strategies in its target communities.

All events, announcements, news and resources geared toward both Kent and Sussex Counties can be found on [www.kcapc.weebly.com](http://www.kcapc.weebly.com)

## Save The Dates!

*Fetal Alcohol Spectrum Disorder  
Task Force Meeting  
Tuesday, December 18th, 2012*

*Delaware Prevention Advisory  
Committee Meeting  
Wednesday, December 19th, 2012*



## Contact Information

Go to  
<http://dhss.delaware.gov/dhss/dsamh/prevention.html> to see The Division of Substance Abuse and Mental Health's Prevention Website to access news on upcoming events, past events and prevention resources.

Need prevention resources?  
Go to The Division of Prevention and Behavioral Health Services Resource Center website

<http://www.deprc.com/>  
For more information on the Substance Abuse and Treatment Block Grant (SAPT BG)  
please contact: **Prevention Specialist/NPN Representative,**  
**Isabel.Rivera-Green@state.de.us**  
**(302) 255-4722.**

For more information on the Strategic Prevention Framework– State Incentive Grant (SPF-SIG)

please contact:  
**SPF-SIG Project Director,**  
**Cecelia.Willis@state.de.us**  
**(302) 255-9433**

We encourage feedback on The Delaware Substance Abuse Prevention Newsletter. Please email DSAMH's Prevention Team with questions and feedback: **Amaka Aneke at**  
**Uzoamaka.Aneke@state.de.us**

## Each One Teach One Presents Hip, Ham Hocks & Hair Girl's Night

Community based organization Each One Teach One held its event, Hip, Ham Hocks, & Hair Girls Night on August 3rd, 2012, and was sponsored by the Federal Office of Women's Health and the Delaware Department of Services for Children, Youth & Families.

The mission of this project was to help decrease obesity among women and girls ages 12 and older, by promoting the message of increasing physical activity and improving ones eating habits.

Participants in the event can be seen in the photo taken below with Executive Director of Each One Teach One, Alyson Lang.

