Twelve Mini-grants Awarded for Recovery Month Activities

Each year, DSAMH offers organizations engaged in helping people find and pursue recovery from mental health and substance use issues the opportunity to celebrate recovery with some financial help.

This year, twelve groups successfully applied for assistance.

Spotlight on... National Recovery Month

Each year, the month of September marks National Recovery Month. DSAMH offers organizations engaged in helping people find and pursue recovery from mental health and substance use issues the opportunity to celebrate recovery with some financial help. This year, twelve groups from around the state received funding and held celebrations. DSAMH staff attended several Recovery Month events, and presented a proclamation on behalf of Governor Jack Markell Proclaiming the month of September as Recovery Month in Delaware.

Get Help Now HelpIsHereDE.com

“For more than a year, stakeholders from across the mental health system came together to work on...HB 346,” Secretary Landgraf said. “I am grateful to the members of the Study Group for their commitment to the people of Delaware, and for the broad consensus that we reached, which meant that our recommendations were unanimous. This is an important day in Delaware for the civil rights of all individuals with serious and persistent mental illness.”

Governor Markell Signs Bill to Modernize Mental Health Laws in Delaware

In October, Governor Jack Markell, joined by DHSS Secretary Rita Landgraf, and former DSAMH Director Kevin Huckshorn signed House Bill 346 into law. This legislation will modernize Delaware’s civil commitment procedures by decreasing the number of involuntary admissions, and will help ensure better protections for individuals suffering from a mental illness. “This bill represents our commitment to modernize the state’s civil mental health laws, many of which had not been updated since the 1950s,” said Gov. Markell.

NOTE: Have something you would like to see in a future newsletter? Contact Progress Notes Editor, Bryan Gordon at: bryan.gordon@state.de.us

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Help Is Here DE continued from page 1

The website site will be a "one-stop shop" for not only those struggling with addiction, but also their family members, friends, and medical providers. Help Is Here DE is the result of a collaborative effort between Governor Markell’s office and DHSS. An official launch event was held in October, featuring the Governor, Secretary Landgraf, state legislators, DSAMH staff, AtTaC Addiction, and members of the public.

DSAMH Potluck Celebration!

DSAMH staff participated in the potluck celebration at the Springer Building on 10/31. The food was plentiful, and the costumes were creative. Thanks to all who came out, and thanks to the ERC for coordinating such a wonderful event!

National Rural Health Day

On November 19th, DSAMH staff joined Jim Martin of the A.C.E Center in Seaford, Willard Heuser from Recovery Innovations, Paul Lakeman from the Delaware Rural Health Initiative, and others to celebrate National Rural Health Day. Paul Lakeman presented the A.C.E. Center with a proclamation from Governor Markell’s Office marking November 19th as National Rural Health Day in Delaware.

DOSE- Delaware Overdose Survival Education

Got Naloxone? The medicine known for its ability to reverse the effects of an opiate overdose is now available for use by the general public in Delaware. Brandywine Counseling and Community Services (BCCS) now offers training courses to anyone interested in obtaining the overdose reversing medicine known as Naloxone. Delaware is now one of many states who have legalized the use of naloxone for police officers and members of the public. For more information on Naloxone and the DOSE program at BCCS, see the flyer on page 3. For more information on upcoming trainings, please call (302) 656-2348.

Holiday Concert to Take Place for the Recovery Community

On December 19th, vocal group Coro Allegro will host a holiday concert for members of the recovery community. The concert is being organized by Coro Allegro member, and DSAMH Clinical Supervisor Wynne Hewitt. Admission is free, and the concert will be held at First and Central Presbyterian Church on North Market Street in Wilmington. For more information, please call (302) 778-6900.

DSAMH Consumer Issue Resolution Hotline

Clients who are experiencing problems with their service providers are encouraged to call DSAMH for help in resolving them. 855-649-7944

Willard Heuser, from Recovery Innovations, at the National Rural Health Day Event discussing his Targeted Care Management program which puts emphasis on peer driven, person centered planning for individuals suffering from mental illness and substance use disorder.
Are you or is someone you care about using prescription opiates or heroin? Are you aware of the risk of overdose?

Help them get educated and avoid overdose.


DOSE

DOSE is a program designed for anyone who wants to help opiate users (including themselves) avoid and survive an overdose:

- Participants complete a one hour training workshop which will be offered at different locations Statewide.
- Anyone completing the workshop will receive a certificate of completion. This certificate can be used as proof that the person has been trained by a DHSS approved training program.
- To acquire the certificate of completion, you must complete the DOSE course with a DHSS approved provider.
- With the certificate of completion, you can begin a conversation with your doctor about Naloxone and its benefits.

If opiate users don’t die from an overdose, there’s also risk of:

- Suffering from brain damage
- Becoming paralyzed
- Losing arms or legs due to sepsis

Save a life. Next DOSE Workshop is:

Date/ Time:

Location:

“We cannot afford to lose another person to an overdose. This DOSE workshop could make the difference between life and death for someone.”
- Domenica Personti, Director of Prevention, BCCS

“In 2014, we have seen a 2,206% increase in heroin usage, an 860% increase in arrests, and 2,000% increase in the seizure of heroin product in the last two years.”
- New Castle County Police Dept.

The DOSE Program is offered by:
Brandywine Counseling and Community Services
2814 Lancaster Ave., Wilmington, DE 19805 • Phone: 302-656-2348
bccs@brandywinecounseling.org • www.brandywinecounseling.org
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