POLICY TITLE:	POLICY #: DSAMH001	
DSAMH Group Home Admissions Policy		
PREPARED BY:	DATE ISSUED: 3/1/2019	
DSAMH Policy Committee		
RELATED POLICIES:	REFERENCE:	
DSAMH Appeal Process	Title 16 Health and Social Services Delaware	
DSAMH Group Home Discharge Policy	Administrative Code	
DATES REVIEWED:	DATES REVISED:	
2/15/2019	2/23/2022	
APPROVED BY:	NOTES:	
	DSAMH Internal Policy	
DATE APPROVED:	⊠DSAMH Operated Program	
Joanna Champone	DSAMH State Providers	
1871C05196824CA	🖸 Delaware Psychiatric Center	
	□ Targeted Use Policy (Defined in scope)	
3/14/2022   8:27 AM PDT		

### POLICY AND PROCEDURE

### I. Purpose:

The purpose of this policy is (1) to ensure that group homes provide a supportive and rehabilitative environment in a timely manner, (2) and to ensure group home admissions are in compliance with <u>TITLE16 HEALTH AND SOCIAL SERVICES DELAWARE ADMINISTRATIVE</u> <u>CODE</u> (6.0-6.8) and <u>Patient Bill of Rights,</u> and (3) are in accordance with contractual requirements.

### II. Policy Statement:

It is the policy of DSAMH to approve and authorize admission of group home residents, in accordance with federal and state laws and regulations governing administration of care to residents in long-term care facilities. DSAMH is committed to ensuring clients are referred to, and placed in, group homes in a timely manner. In addition, DSAMH promotes the safety of clients, other residents, and staff at the group home. The procedures and responsibilities below will define expected referral timelines, medical necessity, eligibility process, and placement expectations.

### III. Definitions:

"Acute Care" means the treatment of an acute medical condition in a general or specialty hospital.

"Day" means calendar day unless business day is specified.

**"Discharge"** means movement of a resident to a facility or location outside of the group home, designating the resident's bed as unoccupied and making that bed available to assign to another person. Discharge does not mean the movement of a resident to a bed within the same group home or to the short-term transfer of a resident to another facility.

"DSAMH" means the Division of Substance Abuse and Mental Health.

*"Community Appeals Committee"* means the multidisciplinary committee led by the DSAMH Medical Director that reviews appeals for admissions, discharges, and level of care decisions.

"EEU" means the DSAMH Enrollment and Eligibility Unit.

**"Emergency"** means a situation in which the behavior of a resident is causing or threatens to imminently cause physical injury or death to the resident, other residents, staff, or others OR when a resident's medical illness, accident or injury has the potential to cause significant morbidity or mortality for the resident or other residents or staff.

"Group Home" means a residential facility licensed as a Group Home for Persons with Mental Illness by the Division of Healthcare Quality (DHCQ) together with the legal entity to which the license was issued.

**"PROMISE Program"** means Promoting Optimal Mental Health for Individuals Through Supports and Empowerment (PROMISE) Home and Community-Based Services (HCBS) waiver program under DSAMH. PROMISE assesses clients for level of care needs and monitors services to ensure the client receives appropriate care from contracted providers.

"PAC" means PROMISE Assessment Center.

"**Resident**" means a person who lives in and receives supportive services from a group home, or has done so but is pending discharge. As the context may require, the term resident may also refer to the individual's legal representative.

"Resident's Treatment Team" means a group consisting of a psychiatrist, residence manager, the resident, and other persons with expertise or background relevant to the resident's needs and supports.

"SPMI Targeting Criteria" means Serious and Persistent Mental Illness Diagnosis and Functional Criteria, as defined in PROMISE HCBS waiver and in agency contract.

"SUD" means substance use disorder.

### IV Scope:

Group homes are operated under contract with DSAMH to provide round-the-clock care to adults with severe and persistent mental health issues, co-occurring medical concerns, or risk of harm to self or others. DSAMH group homes are a level of care within the PROMISE program.

### V. Procedures/Responsibilities:

A. Admission Requirements: To be placed in a group home, an individual must meet general eligibility criteria for PROMISE, as well as additional criteria indicating the need for group home level of care. The recommendation for this level of care is made by the PROMISE Care Manager and verified by the EEU before a referral is made.

#### B. PROMISE Assessment.

- 1. Through information received from the individual, their natural supports, and any past or current providers, the Care Manager determines that:
  - a. The individual needs support with basic daily living skills throughout the day, every day.
  - b. The individual is medically compromised and needs interventions that can only be provided by medical personnel or has conditions that require a safe, closely monitored environment.
  - c. The individual has not been able to safely live in the community at lower levels of

care and without 24/7 supervision.

- d. The need for group home level of care is documented in the recovery plan.
- e. The individual consents for group home placement (or there are accepted legal alternatives in place, that may include mental health commitment order, legal guardian, or treating psychiatrist documentation detailing the individual's inability to sign consents).
- f. Any dangerous behaviors that have interfered with the individual's ability to live in the community without supervision are clearly noted, based on documented history of socially unacceptable behaviors or harm to self or others. This may include behaviors that could lead to serious legal charges against the individual, such as sexually inappropriate or aggressive behaviors, or property destruction.
- g. Individuals shall not be eligible for group home admission if their residency, even with reasonable accommodation, would either constitute a direct threat to the health or safety of self or others, or result in substantial physical damage to the property of others. Such determination shall be made on an individualized basis by a multi-disciplinary team of the group home, which shall include a psychiatrist. This exception requires the approval of the Community Appeals Committee.
- C. EEU Eligibility Verification: Once the assessment and recovery plan are received, EEU staff will review the information, verify medical necessity for group home level of care, and ensure that all federal assurances for the PROMISE waiver have been met.
- D. EEU Referral to Group Home: EEU staff will take into consideration any specialized needs before referring to the network of group home providers. Whenever possible, the EEU will seek to meet client choice. They will take into consideration the capacity of the service provider's locations and will ensure group homes receive complete referral information to be able to conduct an efficient and thorough intake and admission for the client.
- E. Group Home Admission: Group Home staff must follow their admission criteria and ensure compliance with all federal, state, and contractual obligations. This includes verifying medical necessity for level of care, identifying any safety concerns and developing an individualized plan to address these, and promoting a successful transition into the group home.
  - 1. DSAMH has determined client eligibility for group home level of care prior to referral. The Group Home provider must accept the beneficiary once assigned. If the Group Home provider identifies issues that would preclude the beneficiaryfrom being served in the assigned group home, they should discuss their concerns with the PAC/EEU staff. If no resolution is successful, the provider mayappeal the admission decision.
  - 2. Appeals: Formal written appeal must be provided to the PAC/EEU. See DSAMH003 Appeals Policy.
- F. If a client is being referred from another provider, the provider will supply the following items below to the group home:
  - 1. Current psychiatric evaluation, nursing assessment, biopsychosocial assessment, comprehensive physical [including eye and dental exams, within past twelve (12) months], crisis plan, assessment of current risk.
  - 2. PPD [completed within past twelve (12) months], Group home medical screening may assess for active symptoms of communicable diseases or recent exposure, and ask for a new test.
  - 3. List of current meds and lab work [two (2) weeks of medications, if admitted], list of current medical providers, list of past hospitalizations, list of upcoming appointments within the next twelve (12) months.
  - 4. State ID, Birth certificate, Insurance cards, Social Security card, Family/emergency contact.
  - 5. Proof of income if applicable, representative payee if assigned
  - 6. Legal status (probation, OTOO, guardian, etc.).

- G. Timelines: The following timeline requirements are intended to streamline client access to group homes and reduce any unnecessary delay in either exiting an acute care facility or remaining in a level of care insufficient for current needs.
  - Pre-Vacancy Planning: The group home notifies the EEU of the pending vacancy and the EEU reviews existing eligible clients for a prospective referral. As necessary, the EEU and GH may consult on prospective cases prior to a formal referral and discuss an expected discharge date. Once the group home has an exact discharge date, a formal referral will be provided by the EEU if eligible candidates are available. The client intake process commences, engagement is started, and group home visits are scheduled, with input from client and current treatment provider prior to the vacancy date.
  - 2. Planned Group Home Bed Vacancy timeline: The client visits the program within three (3) days of bed availability (or sooner, if possible). The first overnight visit is completed within seven (7) days. If more time is needed for the client to acclimate to the group home and accept services, the Group Home may request an additional visit of three (3) days to be completed with EEU approval. Admission is required within twenty-one (21) days after referral. If the client is unavailable for admission or refuses or delays admission, the referral may be rescinded by DSAMH, and the EEU will send the Group Home an alternative candidate within ten (10) days.
  - 3. Unsuccessful Referrals: Clients who refuse group home placement, are unavailable for group home placement, or deemed "not discharge ready" by an acute care treatment provider, or other institution, may have their referrals rescinded by the EEU. DSAMH reserves the discretion, in collaboration with group home provider, to extend this referral time period for unusual circumstances that justify the delay or extension of the engagement period.
  - 4. Unplanned Vacancy: When an unplanned vacancy occurs due to unforeseen circumstances, and the group home's discharge has been submitted and approved by PAC/EEU, DSAMH will work cooperatively with the GH to expedite placing a new resident. All outreach, engagement, passes, and admission must be completed within twenty-one (21) days after referral, or the referral may be rescinded. Expected timelines are stated in chart below in Appendix A.
  - 5. In all cases, no new referral can be granted admission to a group home bed until DSAMH has approved the discharge request, in accordance with the DSAMH Group Home Discharge Policy. This may include receipt of all necessary documentation, notice of intent to discharge, a discharge summary, and other documentation, dependent on discharge type and specific circumstance.
- VI. **Policy Lifespan:** This policy will be reviewed annually

Activity	Countdown to Available Bed	Group Home Bed Availability	ACTION	Turn- around Time in Days
Pre-Vacancy: Administrative Processing, Outreach and Engagement	30 Days Out	GH Pending vacancy	GH to Notify EEU as soon as vacancy is reasonably certain within 30 days	
	21-7 Days Out	EEU reviews prospective clients	EEU will identify prospective client(s) for potential placement and discuss candidate demographics and needs with provider. (GH Admissions Policy 1.C)	N/A
	14-7 Days Out	GH identifies set discharge date for existing client and notifies EEU	EEU formally refers identified client to GH and admission process commences; it is preferable referral is provided at least seven days prior to expected vacancy and within 3 days of notification of notification of expected vacancy date	3 Days
	7-1 DaysOut	Group Home Outreach	GH plans to have bed available within 3 days of actual vacancy. Group Home completes all required preparatory intake admission steps, per agency requirements, prior to first client visit to group home. First visit date is planned within 3 days of unit being vacated	7 Days

# Appendix A:

## Appendix B:

Activity	Vacancy Days	Planned Group Home Bed Availability	ACTION	Expected time Limit in Days:
Ideal Timeline & Admission	By Day 3	Client visit	Client visits Group Home to become acclimated	1-21 Days
	By Day 7	Client overnight visit	Client has an overnight visit	
	As needed	Client has a second overnight visit of 3-days	If needed, the client will have an additional visit of 3-days	
	By Day 21	Admission	Client admitted by day 21	
Unsuccessful referral	Day 10	Referral rescindment	If client does not accept admission by 10 <sup>th</sup> day, DSAMH mayrescind referral and send new eligible referral to provider	10 Days

## Appendix C:

Activity	Vacancy Days	Unplanned Group Home Bed Availability	ACTION	Expected time Limit in Days:
Administrative Outreach and Engagement	By Day 3	Group home notifies PAC/EEU	Group home will submit all required discharge documentationfor former resident that has left group home in an unplanned manner, in accordance with DSAMH Group Home Discharge Policy	3 Days
	By Day 7	New referral	DSAMH will process discharge and send new referral within 4days of submission of discharge paperwork by GH	7 Days
Ideal Timeline & Admission	By Day 10	Client visit	Client has a visit to group home to become acclimated	
	By Day 14	Client overnight visit	Client has an overnight visit	
	As needed	Client has a second overnight visit of 3-days	If needed, the client will have an additional visit of 3-days	1-21 Days
	By Day 21	Admission	Client admitted by day 21	
Unsuccessful referral	By Day 21	Referral rescinded	If client does not accept admission by 21st day, DSAMH mayrescind referral and send new eligible referral to provider	21 Days