



Calendar of Events

DMRC Meetings and Trainings

Monday October 1, 2018 6:00 p.m. - 8:00 p.m.	Training in New Castle Co.	Stop the Bleed “Train the Trainer” - Stop the Bleed is a program intended to train, equip, and empower bystanders to help in a bleeding emergency before professional help arrives. This training will train volunteers how to teach this program to others. – UD STAR Campus, Room 113, 540 South College Ave., Newark, DE 19713
Tuesday October 9, 2018 6:00 p.m. - 8:00 p.m.	Training in Kent Co.	Stop the Bleed “Train the Trainer” - Stop the Bleed is a program intended to train, equip, and empower bystanders to help in a bleeding emergency before professional help arrives. This training will train volunteers how to teach this program to others. – UD Paradee Center, 69 Transportation Circle, Dover, DE 19901
Thursday October 18, 2018 6:00 p.m. - 8:00 p.m.	Training in Sussex Co.	Stop the Bleed “Train the Trainer” - Stop the Bleed is a program intended to train, equip, and empower bystanders to help in a bleeding emergency before professional help arrives. This training will train volunteers how to teach this program to others. – Sussex County EOC Training Room, 21911 Rudder Lane, Georgetown, DE 19947 (<i>use 21553 Rudder Lane when using GPS or Map Quest</i>)
Wednesday November 14, 2018 6:00 p.m. - 9:00 p.m.	Meeting and Training in New Castle Co.	Mental Health Support Following a Disaster – This training is meant to define the concept of Psychological First Aid, discuss the impact of trauma and develop skills to provide assistance to those impacted by trauma. – UD STAR Campus, Room 113, 540 South College Ave., Newark, DE 19713
Monday November 26, 2018 6:00 p.m. - 9:00 p.m.	Meeting and Training in Kent Co.	Mental Health Support Following a Disaster – This training is meant to define the concept of Psychological First Aid, discuss the impact of trauma and develop skills to provide assistance to those impacted by trauma. – UD Paradee Center, 69 Transportation Circle, Dover, DE 19901
Monday December 3, 2018 6:00 p.m. - 9:00 p.m.	Meeting and Training in Sussex Co.	Mental Health Support Following a Disaster – This training is meant to define the concept of Psychological First Aid, discuss the impact of trauma and develop skills to provide assistance to those impacted by trauma. – Sussex County EOC Training Room, 21911 Rudder Lane, Georgetown, DE 19947 (<i>use 21553 Rudder Lane when using GPS or Map Quest</i>)
Saturday January 26, 2019 8:00 a.m. - 12:00 p.m.	Training in Kent Co.	Shelter 101/201 Training with Dr. Hong - DPH Warehouse, Dover. REQUIRED for ALL who wish to volunteer in a shelter. If you are unsure if you have taken this course already you can check your profile on SERVDE or call the office at

		302-831-6136
Saturday January 26, 2019 1:00 p.m. - 5:00 p.m. (to follow Shelter 101/201)	Training in Kent Co.	Shelter Tech Training – DPH Warehouse, Dover. This is additional training for non-medical volunteers who wish to volunteer in a shelter. Non-medical volunteers should take BOTH Shelter101/201 and Shelter Tech. This course has a prerequisite online training that must be completed before attending. The prerequisite course is posted on http://delawaremrc.org/training.html and can be taken at any time prior to taking Shelter Tech Training. Please print the certificate at the end of the prerequisite video and bring it with you to Shelter Tech Training.

Exercises/ PODs (Point of Dispensing)

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Community Events

Saturday October 6, 2018 9:45 a.m. - 2:30 p.m.	Event in New Castle Co.	“Making the Best of Those Golden Years” Seminar - Canaan Baptist Church, Hall of Faith, 3011 New Castle Avenue, New Castle, DE 19720
Sunday October 7, 2018 11:00 a.m. - 5:00 p.m.	Event in Sussex Co.	Delaware Coast Day - University of Delaware, Virden Center, 1155 College Drive, Lewes, DE 19958
Wednesday October 10, 2018 10:00 a.m. - 2:00 p.m.	Event in New Castle Co.	Delaware National Guard 9th Annual Health and Wellness Expo - Delaware National Guard Joint Force Headquarters, MAJ Joseph R. “Beau” Biden III National Guard/Reserve Center, One Vavala Way, New Castle, DE 19720
Thursday October 11, 2018 5:00 p.m. - 7:00 p.m.	Event in New Castle Co.	Student Nursing Association Open House - Delaware Technical Community College, Stanton Campus, 400 Stanton Christiana Road, Newark, DE 19713
Tuesday October 23, 2018 8:00 a.m. - 5:00 p.m.	Event in New Castle Co.	Dover Downs, Inc. & Dover Motorsports, Inc. Employee Wellness and Benefits Fair - Dover Downs, Rollins Center, 1131 North DuPont Highway, Dover, DE 19901
Tuesday November 13, 2018 8:00 a.m. - 4:00 p.m.	Event in Kent Co.	2018 Annual Diabetes Expo - Dover Downs, Rollins Center, 1131 North DuPont Highway, Dover, DE 19901

Wednesday November 14, 2018 9:00 a.m. - 3:30 p.m.	Event in Kent Co.	2018 Public Health Preparedness Symposium - Delaware Technical Community College, Terry Campus, Education and Training Building, Room 727, 100 Campus Drive, Dover, DE 19904
<u>Self-Management Programs</u>		
October 2, 3, 9 & 10, 2018 8:30 a.m. – 4:30 p.m.	Training in Sussex Co.	Chronic Disease Self-Management Lay Leader Training - Cross-Training - Two-day training only available to those Lay Leaders who have completed the CDSMP Lay Leader Training. – Sussex County Emergency Operations Center Training Room 21911 Rudder Lane, Georgetown, DE 19947 (use 21553 Rudder Lane when using GPS or Map Quest, this will take you to the Georgetown Airport/Arenas which is accross the street) (must attend all four days for training)
Wednesday & Thursday November 17 & 18, 2018 8:30 a.m. – 4:30 p.m.	Training in Kent Co.	Cancer Thriving & Surviving Lay Leader Cross-Training - Two-day training only available to those Lay Leaders who have completed the CDSMP Lay Leader Training. – Thomas Collins Building, Training Room, 540 South DuPont Highway, Dover, DE 19901 (must attend both days for training)
Thursday & Friday, November 1 & 2, 2018 8:30 a.m. – 4:30 p.m.	Training in Kent Co.	Chronic Pain Self-Management Lay Leader Cross-Training - Two-day training only available to those Lay Leaders who have completed the CDSMP Lay Leader Training. – Thomas Collins Building, Training Room, 540 South DuPont Highway, Dover, DE 19901 (must attend both days for training)
	Workshops in New Castle, Kent, and Sussex County	Self-Management Programs are offered throughout the state in: Diabetes, Chronic Disease, Cancer: Thriving and Surviving, and Chronic Pain. These 6-week programs are FREE to those with any of these conditions and their their caregivers. For dates, times, locations: <u>Calendar of Statewide Workshops</u> Call 302-744-1020 or visit: HealthyDelaware.org/diabetes
Please note: dates are subject to change		
Please share this information with friends and family who may benefit from these valuable workshops.		



Advisory Board Meetings

October 10, 2018 January 9, 2019 * April 2019 July 10, 2019

(* April Meeting to coincide with Annual Meet and Greet)

All DMRC Board of Directors meetings are scheduled from 12:00 p.m. to 2:00 p.m. and are open to the public for observance. The last 15-minutes of each meeting is dedicated time for public input. Meeting location - Delaware Hospital for the Chronically Ill: Room 239, 100 Sunnyside Road Smyrna, DE 19977

Contact/Meeting Information

Unit Coordination, Volunteer Opportunities, Training Registration, or [SERVDE](#) Assistance:

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