Template for Variance Request from Delaware Food Code Requirements for Permit Holders seeking HACCP approval for Acidification of Rice

Date____________________

Office of Food Protection Manager
Division of Public Health
Jesse Cooper Building
417 Federal St.
Dover, DE  19901-0637

Dear Office of Food Protection Manager,

I am submitting this letter to request a variance from 3-501.16 of the State of Delaware Food Code, the requirement that requires time/temperature control for safety (TCS) food be maintained below 41 degrees F. As per 3-502.11 the variance requirement is required because a food additive, such as vinegar is being used as a method of food preservation, rather than as a method of flavor enhancement, or to render a food so that it is not a TCS food.

Name of Food Establishment (FE):______________________________________________

Person in Charge (PIC):_______________________________________________________

FE Business ID (Permit) Number:______________________________________________

Address of FE:________________________________________________________________

Phone Number of FE:__________________________________________________________

As Permit Holder, I am requesting a variance from the requirement to cold hold rice, which has instead been acidified to a pH level at or below 4.1. [The requester must include a Hazard Analysis Critical Control Point (HACCP) Plan.]

I understand that this request may take 30 business days to review.
Thank you for the consideration.

Name of Permit Holder:_______________________________________________________

Mailing Address:____________________________________________________________

Email Address:_______________________________________________________________

Home / Cell Phone Number:__________________________________________________

Revised 7.1.16
Contents of a Hazard Analysis Critical Control Point (HACCP) Plan

A HACCP plan is required when food additives or components, such as vinegar, are used to render a food non time/temperature control for safety food (food not requiring refrigeration to prevent microbial growth) such as sushi rice, according to the Delaware Food Code, Section 3-502.11. The HACCP plan shall indicate all of the following pursuant to Food Code Section 8-201.14:

The following must be included in the sushi rice HACCP Plan:

- A categorization of the types of (TCS) foods that are specified in the menu such as rice and fish and identification of the pathogens of concern.
- A flow diagram of the specific food identifying the Critical Control Points (CCPs) providing the following information:
  - Ingredients, materials, and equipment used in the preparation of that food.
  - Formulations or recipes that address the food safety concerns involved with that type of food and the methods to control for those concerns.
- A recipe or formulation for the sushi rice HACCP Plan which must include all of the following:
  - Type of rice, (for example “short grain”).
  - The concentration of the vinegar, (for example: 4 percent).
- Methods of cooking rice include the time and temperature. Methods of preparing vinegar mixture (for example: vinegar, salt, and sugar). Method of cooling cooked rice, indicate time and temperature. Method of mixing rice and vinegar solution.
- Create HACCP Plan. Identify CCPs. Identify your Critical Limits (CL).
- Methods of measuring and the frequency of monitoring your CCP (for example: measuring the pH daily by using a pH meter accurate to +/- 0.2 or pH test strips accurate to +/- 0.5).
- Describe the corrective action (for example: if the pH is not less than 4.1, more vinegar will be added to the sushi rice and the rice will be retested, after second test if pH is not less than 4.1, the rice is to be discarded).
- Policy and procedures regarding storage of sushi rice should indicate holding time and temperature (for example: eight hours at 70 degrees F to 80 degrees F). Describe policy regarding remaining sushi rice following the holding time (for example: discard leftover sushi rice after eight hours).
- Describe policy regarding record keeping. For example: all records for the sushi rice HACCP plan and the related documents are to be kept on-site for at least two years.
- Sanitation Standard Operating Procedures (SSOPs) including methods for food employee and supervisory training.
- Example of consumer advisory and letter of guarantee from seafood/fish supplier for parasite destruction.
## Template for Variance Request from Delaware Food Code Requirements for Permit Holders seeking HACCP approval for Acidification of Rice

**SAMPLE #1 Nigiri/Maki Roll (Raw Fish) and Sushi Rice HACCP**

<table>
<thead>
<tr>
<th>HACCP Critical Control Points</th>
<th>Monitoring</th>
<th>Corrective Action</th>
<th>Verification</th>
<th>Records</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>What</strong></td>
<td><strong>How</strong></td>
<td><strong>When</strong></td>
<td><strong>Who</strong></td>
<td><strong>When</strong></td>
</tr>
<tr>
<td>Fish frozen for parasite destruction (except tuna species that are exempt)</td>
<td>Biological – parasites in fish served raw or undercooked</td>
<td>Frozen to -4 degrees F for seven days</td>
<td>Letter from Supplier</td>
<td>Annually or before new supplier starts delivery</td>
</tr>
<tr>
<td>Rice acidification</td>
<td>Biological – sport forming <em>Bacillus cereus</em></td>
<td>Rice pH ≤4.1</td>
<td>Rice pH</td>
<td>pH meter/pH test strips</td>
</tr>
</tbody>
</table>
SAMPLE #2 Employee Hazard Analysis Critical Control Point (HACCP) TRAINING

Procedures
1. All employees will be trained to use the approved HACCP Plan.
2. Training covers critical control point identification, monitoring of critical control points, and corrective actions.
3. Log sheets will be used to monitor product critical control points during the preparation process.
4. The log sheets will be available at all times during operation for monitoring by management.
5. All employees will be trained in basic food safety including:
   a. personal hygiene and proper hand washing.
   b. Division of Public Health Food Employee Health Interview and Agreement for restriction and exclusion for foodborne illness exposure, symptoms, and/or diagnosis.
   c. cleaning and sanitizing methods.
   d. thermometer calibration.
   e. use of pH test strips/use and calibration of a pH meter.
6. Employees will be retrained yearly or as needed for required corrective action.

<table>
<thead>
<tr>
<th>Training Log: ___________________ (Employee Name)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Training Type</td>
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<tr>
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</table>
SAMPLE #3 Sushi Rice Flow Chart

This analysis identifies the Critical Control Points (CCPs) in the preparation of two (2) foods (sushi rice and fish) that are time/temperature controlled for safety (TCS).

CCPs are shaded.
SAMPLE #4 Example Ingredients and Recipe/Methods

**Ingredients:**
- Extra fancy (short grain) rice: 7 lbs.
- Water: 8 lbs.
- Distilled white vinegar (reduced to 4 percent acidity): 15 oz.
- Sugar: 12 oz.
- Salt: 5 oz.

**Equipment:**
- Rice cooker
- Thermometer
- pH meter
- Log sheets
- Clock

**Preparation:**
1. Assemble all ingredients and equipment.
2. Verify rice cooker clean and in good repair because dirty or damaged equipment can harbor bacteria and lead to foodborne illness.
3. Add 7 lbs. rice to pot, and wash rice by agitate with clean gloved hands three times, partially fill pot each time and visually inspect rice for physical contaminates and remove any debris that may be present and drain water.
4. Add 8 lbs. from a potable water source taking into account the water added during the washing process. So the total weight of rice and water is 15 lbs.

**Preparation:**
5. Put the rice into rice cooker until rice is thoroughly cooked, approximately 30 minutes. The rice will boil at 212 degrees F. Be sure not to lift lid during cooking process. When the rice is cooked, the “keep warm” light will be on. The rice now is pasteurized and all vegetative pathogens are reduced to a safe level. Spores for Bacillus cereus survive.
6. While the rice is cooking, combine the distilled white vinegar (reduced to 4 percent acidity), sugar, and salt into a small stainless steel pot and heat the mixture until the sugar has dissolved (about 160 degrees F), stirring constantly, remove from heat, and set aside.
7. Use spatula to empty rice cooker and put it into a large stainless steel container or baking sheet, need to be sure the rice container is clean and in good repair. Layer of rice in container cannot be greater than two inches in depth. Spread the rice evenly over the bottom with a stainless steel spoon. Placing rice in a larger container speeds the cooling process and makes it easier to mix the vinegar mixture into the rice.
8. Run a spatula through the rice (about 80 degrees F) using right and left slicing motions to separate the grains. At the same time, slowly add about 32 oz. vinegar mixture (about 80 degrees F). Make sure all rice is evenly coated with vinegar mixture so that all rice reaches the appropriate pH (less or equal to 4.1) 32 oz. of vinegar mixture is added to acidify the rice and add flavor. More vinegar mixture may be added if target pH (less or equal to 4.1) is not reached. Let cool to room temperature (about 30 minutes).
9. Check the pH of the rice mixture by using a calibrated pH meter. The pH must be 4.1 or less to prevent the growth of Bacillus Cereus. If it is above the required range, add more vinegar mixture to it and repeat steps 7 and 8 and record the reading in the corrective action of the sushi rice pH log. The rice does not need to be refrigerated, because it is at a safe pH and is no longer a time/temperature control for safety (TC) food. Keep covered to prevent drying. Sushi rice quality can last up to eight hours. After eight hours the sushi rice must be discarded.

**Critical Control Point:** A pH of 4.1 or below is used to control bacteria and must be strictly followed. So it is a must to verify pH is 4.1 or below using a calibrated pH meter for each batch and record pH on production log and the restaurant manager will review the record weekly.
Method for verifying pH:
1. After the rice is finished cooking, acidify immediately. Then, the finished rice is allowed to equilibrate for at least 30 minutes before pH is tested.
2. Gather a little rice from five different places in the rice container – (four corners and the middle). The amount is approximately ¼ cup or the size of a golf ball or a small red potato.
3. Place this ¼ cup of rice from the batch being tested into a clean cup.
4. Add ¼ cup of distilled water to the solo cup containing rice. The water should be at room temperature (approximately 77 degrees F.). The cup will contain ½ water and ½ rice.
5. Manually mix the rice and distilled water in the cup with a spoon for about 10 seconds. Allow the mixture to stand for an additional 10 seconds.
6. Gently tilt the cup so that there is a separation of water from the rice.
7. Stick the pH meter tip into the liquid trying to avoid touching the rice to determine the pH level. Record the pH meter reading in column pH. The target pH is 4.1 or below.
8. If the rice is above 4.1, re-acidify until it is 4.1 or less.
9. Records are reviewed, signed, and dated for each batch of rice.

Note: A pH meter is required (or pH test strips that are in the acidic range). The pH meter must be calibrated at least once per week and documented. This is accomplished by dipping the meter in a buffer solution. The buffer solution should be chemically set to a specific pH level to get an accurate reading. Follow manufacturer’s specifications for calibration.

Preparation of Nigiri or Maki Roll:

Ingredients:
- Sushi rice
- Fish
- Other ingredients
- Seaweed wrap (Nori)
- Water

Equipment:
- Plastic food service film
- Bamboo mat
- Small bowl

All the sushi chefs wear gloves each time they prepare the food. Bamboo and plastic mats are lined with plastic food service film and re-wrapped every four hours of continuous use and between contact with different sushi products. All mats are cleaned and sanitized daily. All cutting surfaces are cleaned to avoid cross contamination.

All approved fish is maintained in the freezer. When fish is needed, it is removed from the freezer, and placed in the walk-in cooler (temperature ≤41 degrees F) to defrost. When they have been totally defrosted, the package is opened and the fish is placed into the sushi case (temperature ≤41 degrees F), covering the fish with plastic to protect from possible contamination.

Critical Control Point: Fish are frozen at -4 degrees F or lower for seven days in accordance with parasite destruction regulations.

When the nigiri or maki roll order is placed, the fish that has been ordered will be taken out of sushi case, cut up, and used with the sushi rice which has been previously prepared. All the leftover fish in the sushi case are discarded within two days. All sushi rice will be thrown away if not finished within eight hours. All the knives, chopping board, bamboo, and container will be washed, rinsed, and sanitized to keep them clean between every order.
SAMPLE #5 Example Logs
Sushi Rice Log
Frequency – EVERY BATCH
Manager checks once per week.
Maintain these records for two years.

<table>
<thead>
<tr>
<th>Date</th>
<th>Time</th>
<th>Batch #</th>
<th>pH</th>
<th>Comments/ Corrective Actions</th>
<th>Initials</th>
</tr>
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</table>
pH Meter Calibration Log
Frequency – EVERY WEEK

<table>
<thead>
<tr>
<th>Date</th>
<th>pH 2</th>
<th>pH 7</th>
<th>pH 10</th>
<th>Initials</th>
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<tbody>
<tr>
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</table>
**Frozen Fish Log**
For in house parasite destruction, must maintain temperature of -4 degrees F for at least seven days.

<table>
<thead>
<tr>
<th>Type of Fish</th>
<th>Day</th>
<th>Date</th>
<th>Temperature (degrees F)</th>
<th>Initials</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
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</table>
SAMPLE #6 Example Manufacturer Specifications

Manufacturer’s specifications for rice cooker

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**SR-2363Z**
20-Cup Commercial Electric Rice Cooker

### Specifications

<table>
<thead>
<tr>
<th>Specifications</th>
<th>SR-2363Z</th>
</tr>
</thead>
<tbody>
<tr>
<td>Power Supply</td>
<td>120V AC, 60 Hz</td>
</tr>
<tr>
<td>Power Consumption</td>
<td>Cooking: 1400W, Keep Warm: 95W</td>
</tr>
<tr>
<td>Capacity</td>
<td>20 cups</td>
</tr>
<tr>
<td>Unit</td>
<td>14.2 x 16.2 x 14.8</td>
</tr>
<tr>
<td>Net Weight</td>
<td>21 lbs.</td>
</tr>
<tr>
<td>Exterior Color</td>
<td>White/Sliver</td>
</tr>
<tr>
<td>Master Pack Qty</td>
<td>1 carton</td>
</tr>
<tr>
<td>Dimensions</td>
<td>15.6 x 16.9 x 15.9</td>
</tr>
<tr>
<td>Shipping Weight</td>
<td>21 lbs.</td>
</tr>
<tr>
<td>Shipping Length</td>
<td>24.0 cm</td>
</tr>
</tbody>
</table>

### Automatic Cooking Feature
This feature makes the rice cooker easy to use. It automatically cooks the rice and switches to the keep warm feature when cooking is done.

### Superior Holding
Not only does it have a heater on the bottom but the sides too, to keep rice moist throughout the pan.

### Heavy Duty Non-stick Coated Pan
Non-stick, removable coated pan makes for easy cleanup and helps prevent cooked rice from sticking.

### Locking Lid with Silicone Rubber Seal
Maintains proper pressure and moisture to eliminate soggy and mushy rice for better tasting rice.

### Magnetic Rice Scoop Holder
For added convenience, the rice scoop holder can be attached to the body of the rice cooker.

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**PANASONIC**

**ideas for life**

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Template for Variance Request from Delaware Food Code Requirements for Permit Holders seeking HACCP approval for Acidification of Rice

Manufacturer's specifications for digital thermometer

### Product Specifications

**FlashCheck. Industrial Digital Probe Thermometer**

<table>
<thead>
<tr>
<th>Specification</th>
<th>Details</th>
</tr>
</thead>
<tbody>
<tr>
<td>Measurement Range</td>
<td>-40°F to 212°F (-40°C to 155°C)</td>
</tr>
<tr>
<td>Accuracy</td>
<td>±1°F (±6°C to ±64°F), ±3°C (±10°C to ±50°C) or ±1%, whichever is greater</td>
</tr>
<tr>
<td>Response Time</td>
<td>Less than 6 seconds 22°F to 77°F (0°C to 25°C)</td>
</tr>
<tr>
<td>Resolution</td>
<td>0.1°F or 0.1°C</td>
</tr>
<tr>
<td>Display Size/Update</td>
<td>4.5” x 0.5” (114mm x 12.7mm) / E容易ly 2 Seconds</td>
</tr>
<tr>
<td>IP Rating</td>
<td>IP66</td>
</tr>
<tr>
<td>Probe Length and Tip Diameter</td>
<td>Stainless steel probe, length 3.9 ± 0.004 in (99.3 ± 0.1 mm), reduced probe tip 0.1 in (2.5 mm) dia.</td>
</tr>
<tr>
<td>Body</td>
<td>ABS plastic</td>
</tr>
<tr>
<td>Factory Calibration</td>
<td>NIST traceable calibration certified</td>
</tr>
<tr>
<td>Compliance Certificate</td>
<td>Manufacturers certificate of compliance available from DeltaTrak, NIST Traceable, CE</td>
</tr>
<tr>
<td>Battery</td>
<td>1.5V lithium</td>
</tr>
</tbody>
</table>

- Single-piece ABS polymer and 0-Ring molded construction for superior strength and durability.
- Dual microprocessor and FlashCheck™ effectively seal against water, dirt, grease, and other substances.
- Folding pocket clip
- Indication of °F or °C
- Flashing in display "HOLD" mode.
- Probe protection cap

#### Model 11061

This unique, next-generation, Digital Pocket Probe Thermometer is engineered to set the industry standard for accuracy, durability and readability. It is designed and constructed under exacting standards to meet and exceed specifications required for commercial and professional users.

- New "Auto-Calibration" feature
- Reduced tip probe provides less than six (6) second response time
- Probe cover with a magnet designed to attach thermometer to a vent
- Sealed unibody construction and RoHS compliant
- IP66 waterproof and grease resistant
- Velcro strap included to secure thermometer to refrigerant pipes
- High visibility yellow casing

Electronic manufacturers product under an ISO 9000 registered quality management system

- Patent Nos: 5,260,476
- 5,801,988

[DeltaTrak Logo]
Manufacturer's specifications for pH meter

**Applications**

Drinking water, hydroponics, classroom, environmental studies, field work, basic lab use, and anywhere where you frequently have to replace lost or broken pH meters.

**Performance Specifications**

- Hold function allows you to lock a measured value
- Auto-off feature prolongs battery life
- Clear cover serves as a solution holder
- Built-in belt clip allows you to keep meter accessible when not in use

| Range: | 0.0 to 14.0 pH |
| Resolution: | 0.1 pH |
| Accuracy: | ±0.1 pH |
| Temperature compensation: | automatic |
| Calibration: | up to three point |

**Buffer recognition:**

4.0, 7.0, or 10.0

**Operating temperature:**

32 to 122°F (0 to 50°C)

**Display:**

Three digit vertical LCD

**Power:**

Four 1.5 V button cell batteries (included)

**Battery life:**

>300 hours

**Dimensions:**

6¾"L x 1¾"W x 1¾"H

**Catalog number**

ML-1036-16: Waterproof ColeParmer® pH 1 Pocket Meter

**Description**

Replacement batteries, 1.5 V pack of 6

**What’s included:**

Four 1.5 V button cell batteries
Template for Variance Request from Delaware Food Code Requirements for
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Manufacturer’s specifications for pH test strips for 0.0-6.0 pH

Hydrion (9200) Spectral 0.0-6.0 Plastic pH Strip
SKU# F60-W1D36-000050-VPS

Your Price $15.95
Quantity
Unit Of Measure Each

Volume Discounts

<table>
<thead>
<tr>
<th>Qty</th>
<th>Price</th>
<th>Unit</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>$15.95</td>
<td>Carton/6</td>
</tr>
<tr>
<td>1</td>
<td>$15.95</td>
<td>Each</td>
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</tbody>
</table>

Conveniently packed in flip-top vials, these premium quality, wide-range plastic strips offer clear, bright single color matches at every 0.5 interval from pH 0.0-6.0.

The color chart has pH matches at [0.0][0.5][1.0][1.5][2.0][2.5][3.0][3.5][4.0][4.5][5.0][5.5][6.0]

Each vial contains 100 strips. Minimum order of 3 vials. Also sold in cartons of 6 vials.
SAMPLE #7 Consumer advisory as per Delaware Food Code Section 3-603.11

*Note the disclosure and the reminder

SAMPLE #8 Parasite destruction letter requirement for raw/undercooked fish

If the restaurant purchases its fish from a supplier, a letter must be provided which states that the fish* provided by the supplier is frozen for parasite destruction according to the Food Code requirements in Section 3-402.11. Below is the information which must be provided in the parasite destruction letter from the supplier:

1. Name and address of the food establishment;
2. Name and address of the supplier;
3. All species of fish that are frozen for parasite destruction and provided to the food establishment;
4. Exact temperature to which the fish specified (in 3) above are frozen;
5. The length of time for which the fish specified (in 3) above are frozen at the temperature specified (in 4) above;
6. Contact name and phone number for person in charge of parasite destruction operations at the supplier; and
7. Signature of the contact person listed (in 6) above.

*There are some species of fish which are exempted from the parasite destruction requirement. Contact an Office of Food Protection representative for more details.
SAMPLE List of components of application for a variance for (sushi) rice

1) Hazard Analysis Critical Control Point Plan (See Sample #1)
2) Training plan (See Sample #2)
3) Flow chart for food preparation (See Sample #3)
4) Ingredients and recipes (See Sample #4)
5) Example logs (See Sample #5)
6) Manufacturer’s specifications for equipment; including methods for calibration if necessary (rice cooker, thermometer, pH meter, pH test strips - See Sample #6 attachments )
7) Example consumer advisory that is in compliance with 3-603.11 of the Delaware Food Code (See Sample #7) and note need to advise on allergens if required
8) Letter of guarantee for fish supplier or temperature log for freezing in house. (See Sample #8)
Template for Variance Request from Delaware Food Code Requirements for Permit Holders seeking HACCP approval for Acidification of Rice

This is a template to be used in the preparation of a HACCP plan for sushi rice in a permitted food establishment in Delaware. The samples are snapshots of approved HACCP plans and still require submission of details pertaining exactly to the applicant’s operation. The equipment used in this sample is not endorsed by the Division of Public Health, and is only used as an example for this template.