Returning Traveler Information

SYMPTOMS

FEVER

COUGH

SHORTNESS OF BREATH

GUIDANCE FOR RETURNING TRAVELERS

If you have returned from a country identified by the CDC as a Geographic Area with Sustained Transmission (Travel Alert 2 or 3) in the last 14 days and:

- have fever, cough and/or shortness of breath, contact the Division of Public Health at 1-866-408-1899 to discuss next steps. Those who need to call 9-1-1 for a medical emergency should advise dispatchers of your recent travel and symptoms.
- do not have fever, cough and/or shortness of breath, contact the Division of Public Health call center at 1-866-408-1899 for instructions on self-monitoring for symptoms.

For a list of countries included in the travel alerts, visit cdc.gov/coronavirus/2019-ncov/travelers/index.html. Asymptomatic returning travelers are asked to stay at home (no work, school, attending public gatherings) during this 14-day period. If a returning traveler develops symptoms during the 14-day period, and there is no medical emergency, they should contact DPH instead of calling 9-1-1 or visiting a walk-in or urgent care facility.

PREVENTION

- Wash hands with water and soap or sanitizer for at least 20 seconds
- Avoid contact with sick people
- Don’t touch eyes, nose, or mouth with unwashed hands

IF YOU ARE SICK

- Stay at home
- Avoid contact with others
- Cover nose and mouth if sneezing or coughing
- Keep objects and surfaces clean
- Wear a surgical mask

People should not be excluded from activities based on their race or country of origin. This guidance is based only on a person’s travel history.

For more information, visit de.gov/coronavirus

Call 1-866-408-1899 to speak to an operator at the DPH call center during normal business hours.

Email dphcall@delaware.gov