Coronavirus Disease 2019 (COVID-19)

If you have returned from travel to an affected country in the last 14 days and are experiencing symptoms mentioned below, call the Division of Public Health at 1-866-408-1899.

What is it?
- A new respiratory virus first identified in Wuhan, China
- It has the potential to cause severe illness and pneumonia in some people

How is it spread?
- Through the the air by coughing and sneezing
- Close personal contact, such as touching or shaking hands
- Touching an object or surface with the virus on it, then touching your mouth, nose, or eyes

Who is at risk?
- Travelers to and from certain affected countries are at increased risk as are their close contacts
  For a list of affected countries, visit cdc.gov/coronavirus/2019-ncov/travelers/index.html
- Current risk to the general public is low
- See travel guidance from the Centers For Disease Control and Prevention at wwwnc.cdc.gov/travel

What are the symptoms?
Illnesses can be mild, or in some cases be severe enough to require hospitalization. Symptoms of this respiratory illness primarily include:
- Fever
- Cough
- Shortness of breath

How is it prevented and treated?
- Similar to prevention of other respiratory illnesses, including the flu:
  - Wash hands often
  - Avoid touching eyes, nose, or mouth with unwashed hands
  - Avoid contact with sick people
  - Stay home while you are sick; avoid others
  - Cover mouth/nose with a tissue or sleeve when coughing or sneezing
- Most people with mild coronavirus illness will recover on their own by drinking plenty of fluids, resting, and taking pain and fever medications

For more information, visit de.gov/coronavirus
Call 1-866-408-1899.
Medical providers should call 1-888-295-5156.
Email dphcall@delaware.gov