

2019

Behavioral Risk Factor Surveillance System Questionnaire

Delaware

English and Spanish (state-added)

December 13, 2018



Behavioral Risk Factor Surveillance System DE 25218 2019 Delaware Questionnaire Table of Contents

Interviewer's Script Sample	.3
Landline Sample Screener	.4
Cell Phone Sample Screener	0
Core Sections	14
Section 1: Health Status 1 Section 2: Healthy Days — Health-Related Quality of Life 1 Section 3: Health Care Access 1 Section 4: Hypertension Awareness 1 Section 5: Cholesterol Awareness 1 Section 6: Chronic Health Conditions 1 Module 1: Pre-Diabetes 2 Section 6: Chronic Health Conditions, Continued 2 Module 2: Diabetes 2 Section 7: Arthritis 2 Section 9: Tobacco Use 3 DE State-Added 1: Tobacco Use 3 Section 10: Alcohol Consumption 3 Section 12: Fruits and Vegetables 4 Section 14: HIV/AIDS 4 Optional Modules 4	15 17 17 18 22 22 25 36 38 9 42 45 46
Module 16: Home/ Self-measured Blood Pressure 4 Module 22: Adverse Childhood Experience 4 Module 23 Family Planning 5 DE State-Added 2: Family Planning 5 Module 29: Sexual Orientation and Gender Identity 5 Activity List for Common Leisure Activities (To be used for Section 11: Physical Activity) 5	49 52 54 54



Interviewer's Script Sample

Form Approved OMB No. 0920-1061 Exp. Date 3/31/2021

Public reporting burden of this collection of information is estimated to average 27 minutes per response, including the time for reviewing instructions, searching existing data sources, gathering and maintaining the data needed, and completing and reviewing the collection of information. An agency may not conduct or sponsor, and a person is not required to respond to a collection of information unless it displays a currently valid OMB control number. Send comments regarding this burden estimate or any other aspect of this collection of information, including suggestions for reducing this burden to CDC/ATSDR Reports Clearance Officer; 1600 Clifton Road NE, MS D-74, Atlanta, Georgia 30333; ATTN: PRA (0920-1061).

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Interviewer's Script

HELLO, I am calling for the <u>Delaware Division of Public Health</u>. My name is <u>(name)</u>. We are gathering information about the health of <u>Delaware</u> residents. This project is conducted by the health department with assistance from the Centers for Disease Control and Prevention. Your telephone number has been chosen randomly, and I would like to ask some questions about health and health practices.

CATI NOTE: Don't Know and Refused answer codes should be present only where specified in this script; do not add codes for Don't Know or Refused.

ABT SRBI MASTER QUESTIONNAIRE NOTE (remove from state questionnaires): For 2019, We will ask the screener questions in the order the CDC has set for each frame.

Landline Sample Screener

CATI: (ASK LANDLINE SAMPLE SCREENER IF FRAME=1); IF FRAME=2; GO TO CELL PHONE SCREENER

CTELENUM1 Is this <u>(phone number)</u>? (LL.1)

1. Yes GO TO PVTRESID

2. No

7. (VOL) Don't Know/Not Sure

9. (VOL) Refused

If "No", "Don't Know", "Refused" SOCTEL Thank you very mu

Thank you very much, but I seem to have dialed the wrong number. It's possible that your number may be called at a later time. **STOP**

PVTRESID. Is this a private residence? **(LL.2)**

READ ONLY IF NECESSARY: "By private residence, we mean someplace like a house or apartment."

INTERVIEWER NOTE: Private residence includes any home where the respondent spends at least 30 days including vacation homes, RVs or other locations in which the respondent lives for portions of the year.

1. Yes GO TO STATERES

2. No GO TO COLGHOUS

3. No, business phone only THANK & END



Thank you very much but we are only interviewing persons on residential phone lines at this time.

College Housing

COLGHOUS Do you live in college housing? **(LL.3)**

READ ONLY IF NECESSARY: "By college housing we mean dormitory, graduate student or visiting faculty housing, or other housing arrangement provided by a college or university."

1. Yes GO TO STATERES 2. No

> lf "No," SOPVTRES

Thank you very much, but we are only interviewing persons who live in a private residence or college housing at this time. **STOP**

State of Residence

> Yes [Go to CELLPH] No [Go to STATE]

IF FRAME=1 (landline) SCREEN-OUT AT 'STATE'. .

STATE Thank you very much, but we are only interviewing persons who live in ______Delaware______at this time. STOP

Cellular Phone

CELLPH Is this a cell phone? (LL.5)

INTERVIEWER NOTE: Telephone service over the internet counts as landline service (includes Vonage, Magic Jack and other home-based phone services).

Read only if necessary: "By cell phone we mean a telephone that is mobile and usable outside of your neighborhood."

1. Yes 2. No

CATI DUMMY QUESTION: AUTOPUNCH RESPONSE TO 'CELLFON'. IF CELLPH=1 (YES), CELLFON=2 (YES). IF CELLPH=2 (NO), CELLFON=1 (NO).



CELLFON

1 No, not a cellular telephone.

2 Yes

CATI: IF FRAME=1 (landline) and CELLFON=1 (not a cell phone), GO TO RESPONDENT SELECTION.

IF FRAME=1 (landline) and CELLFON=2 (yes cell phone), THANK & END. THANK YOU VERY MUCH, BUT WE ARE ONLY INTERVIEWING BY LAND LINE TELEPHONES FOR PRIVATE RESIDENCES OR COLLEGE HOUSING AT THIS TIME. (STOP)

CATI VARIABLE, SET BRF3200=1.

CATI NOTE:

- IF COLGHOUS=1 (College Housing = Yes) continue;
- Otherwise go to Adult Random Selection

LADULT Are you 18 years of age or older? (LL.6)

- 1 Yes 2 No [TERMINATE]
- **SOCOLAD** Thank you very much, but we are only interviewing persons aged 18 or older at this time. **STOP**
- LL7 Are you male or female?

(LL.7)

- 1 Male
- 2 Female
- 7 Don't know/Not sure [TERMINATE]
- 9 Refused [TERMINATE

TERMINATE. Thank you for your time, your number may be selected for another survey in the future.

Adult Random Selection

CATI NOTE:



• IF COLGHOUS=1, Set NUMADULT=1 and Skip to [Core Section Introduction]

IF FRAME=1, ASK: I need to randomly select one adult who lives in your household to be interviewed. Excluding adults living away from home, such as students away at college, how many members of your household, including yourself, are 18 years of age or older?

NUMADULT __ Number of adults (LL.8)

[INTERVIEWER: NUMBER OF ADULTS CANNOT BE ZERO IF RESPONDENT IS 18 OR OLDER: PLEASE RE-ASK QUESTIONS.]

If NUMADULT = 1, ASK: NMADLT1 Are you the adult?

If "yes," Then you are the person I need to speak with.

If "no," May I speak with [fill in (him/her) from previous question]? Go to LL9.

• IF NUMADULT=2 or more, GO TO NUMMEN

CATI VARIABLE, SET BRF2111=1.

CATI NOTE: IF NUMADULT=1, Ask LL09, otherwise skip to NUMMEN

LL9 Are you male or female?

1	Male	
2	Female	
7	Don't know/Not sure	[TERMINATE]
9	Refused	[TERMINATE]

TERMINATE. Thank you for your time, your number may be selected for another survey in the future.

- NUMMEN How many of these adults are men? (LL10)
 - ____ Number of men

NUMWOMEN So, the number of women in the household is [NUMADULT – NUMMEN]. Is that correct? (LL11)

[INTERVIEWER: ENTER NUMBER IF RESPONDENT AGREES IT IS CORRECT]

____ Number of women



CATI VARIABLE, SET BRF2112=1.

IF NUMMEN+NUMWOMEN DOES NOT EQUAL NUMADULT, WE NEED TO RE-ASK THE QUESTIONS. DISPLAY THE FOLLOWING TEXT SCREEN, THEN GO BACK TO NUMMEN:

[INTERVIEWER: THE TOTAL NUMBER OF ADULTS IS NOT EQUAL TO NUMBER OF MEN AND WOMEN. PLEASE RE-ASK QUESTIONS.]

1. Continue GO BACK TO NUMMEN

• IF NUMADULT<7 AND NUMWOMEN<4 AND NUMMEN<4, RANDOMLY SELECT ONE OF THE HOUSEHOLD ADULTS, THEN SAY:

RNAME The person in your household that I need to speak with is the (Oldest/Middle/Youngest) (male/female) adult.

[CATI: this should display as a text screen and then go to INTRO1]

• IF NUMADULT>6 OR NUMMEN>3 OR NUMWOMEN>3, ASK "ALLNA" TO GET THE NAMES OF EACH ADULT IN THE HOUSEHOLD. REFER TO NUMMEN AND NUMWOMEN TO DETERMINE HOW MANY OF EACH SEX TO ASK FOR A NAME (0 TO 10).

(IF NUMMEN=1-10) ASK FOR THE NAME OF THE "OLDEST MALE", THEN THE "SECOND OLDEST MALE, THEN "THIRD OLDEST MALE", ETC.

(IF NUMWOMEN=1-10) ASK FOR THE NAME OF THE "OLDEST FEMALE", THEN THE "SECOND OLDEST FEMALE, THEN "THIRD OLDEST FEMALE", ETC.

ALLNA Could you please name all the (male/female) members of the household from oldest to youngest?

[ENTER NAME OF ____ OLDEST (MALE/FEMALE) ADULT]

AFTER ALL NAMES HAVE BEEN ENTERED, RANDOMLY SELECT ONE OF THE HOUSEHOLD ADULTS, THEN SAY:

- RNAME The person in your household that I need to speak with is (display name of selected adult).
 [CATI: this should display as a text screen and then go to INTRO1]
- **INTRO1** May I speak with (him/her)?
 - 1 Continue



- 2 Callback
- 3 (VOL) Refused
- 4 Not available duration
- 5 Language barrier / not Spanish
- 6 Physical / Mental incapacity / health / deaf
- 7 Screen out location

To the correct respondent:

HELLO, I am calling for the <u>Delaware Division of Public Health</u>. My name is <u>(name)</u>. We are gathering information about the health of <u>Delaware</u> residents. This project is conducted by the health department with assistance from the Centers for Disease Control and Prevention. Your telephone number has been chosen randomly, and I would like to ask some questions about health and health practices.

CATI NOTE: IF (NUMADULT>1 AND INTRO1=1), Ask LL12, otherwise skip to NUMMEN

- LL12 Are you male or female?
 - 1 Male
 - 2 Female
 - 7 Don't know/Not sure [TERMINATE]
 - 9 Refused [TERMINATE]

TERMINATE. Thank you for your time, your number may be selected for another survey in the future.



<u>Cell Phone Sample Screener</u>

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CATI: (ASK CELL PHONE SAMPLE SCREENER IF FRAME=2); IF FRAME=1; GOTO CORE

IF FRAME=2 (CELL PHONE) ASK SAFE

SAFE (CP.1) Is this a safe time to talk with you?

Yes

No

[GO TO CTELNUM1] CALLBACK

[CATI NOTE: IF "NO" : THANK YOU VERY MUCH. WE WILL CALL YOU BACK AT A MORE CONVENIENT TIME. ([SET APPOINTMENT IF POSSIBLE]) STOP]

<u>Phone</u>

CTELNUM1 Is this <u>(phone number)</u>? (CP.2)

1 Yes [GO TO CELLPH]

- 2 No INTERVIEWER NOTE: CONFIRM TELEPHONE NUMBER
- 7 (VOL) Don't Know/Not Sure
- 9 (VOL) Refused



[CATI NOTE: IF "NO", "Don't Know" or "REFUSED": THANK YOU VERY MUCH, BUT I SEEM TO HAVE DIALED THE WRONG NUMBER. IT' S POSSIBLE THAT YOUR NUMBER MAY BE CALLED AT A LATER TIME. STOP]

CATI VARIABLE, SET BRF3200=1.

Cellular Phone

CELLPH Is this a cell phone? (CP.3)

INTERVIEWER NOTE: Telephone service over the internet counts as landline service (includes Vonage, Magic Jack and other home-based phone services).

Read only if necessary: "By cell (or cellular) telephone we mean a telephone that is mobile and usable outside of your neighborhood."

- 1. Yes
- 2. No

CATI DUMMY QUESTION: AUTOPUNCH RESPONSE TO 'CELLFON'. IF CELLPH=1 (YES), CELLFON=2 (YES). IF CELLPH=2 (NO), CELLFON=1 (NO).

[CATI NOTE: IF "NO" : THANK YOU VERY MUCH, BUT WE ARE ONLY INTERVIEWING CELLULAR TELEPHONES. STOP]

CELLFON

1 2 No, not a cellular telephone. Yes

CATI: IF FRAME=2 (cell phone) and CELLFON=1 (not a cell phone), THANK & END. IF FRAME=2 (cell phone) and CELLFON=2 (yes cell phone), ASK CADULT.

Adult

CADULT Are you 18 years of age or older? (CP.4)

INTERVIEWER: PLEASE CONFIRM NEGATIVE RESPONSES TO ENSURE THAT RESPONDENT HAS HEARD AND UNDERSTOOD CORRECTLY. ASK GENDER IF NECESSARY.

> 1 Yes. [GO TO PRIVATE RESIDENCE] 2 [GO TO SOCOLAD] No

SOCOLAD Thank you very much, but we are only interviewing persons aged 18 or older at this time. STOP

2019 Delaware

11



CATI VARIABLE, SET BRF2210=1.

CP5 Are you male or female?

- 1 Male
- 2 Female
- 7 Don't know/Not sure [TERMINATE]
- 9 Refused [TERMINATE]

TERMINATE. Thank you for your time, your number may be selected for another survey in the future.

<u>PVTRESID3</u>. Is this a private residence? (CP.6)

READ ONLY IF NECESSARY: "By private residence, we mean someplace like a house or apartment."

INTERVIEWER NOTE: PRIVATE RESIDENCE INCLUDES ANY HOME WHERE THE RESPONDENT SPENDS AT LEAST 30 DAYS INCLUDING VACATION HOMES, RVS OR OTHER LOCATIONS IN WHICH THE RESPONDENT LIVES FOR PORTIONS OF THE YEAR.

1. YesGO TO STATERES2. NoGO TO COLGHOUS3. No, business phone onlyTHANK & END

Thank you very much but we are only interviewing persons on residential phone lines at this time.

CATI VARIABLE, SET BRF2210=1.

College Housing

COLGHOUS Do you live in college housing? (CP.7)

READ ONLY IF NECESSARY: "By college housing we mean dormitory, graduate student or visiting faculty housing, or other housing arrangement provided by a college or university."

1. Yes GO TO STATERES 2. No

> lf "No," SOPVTRES

Thank you very much, but we are only interviewing persons who live in a private residence or college housing at this time. **STOP**



State of Residence

STATERES Do you currently live in ____Delaware___? (CP.8)

Yes	[Go to LANDLINE]
No	[Go to RSPSTATE]

RSPSTATE In what state do you currently live? (CP.9)

ENTER STATE 99 REFUSED [THANK & END]

LANDLINE Do you also have a landline telephone in your home that is used to make and receive calls?

(CP.10)

READ ONLY IF NECESSARY: "By landline telephone, we mean a "regular" telephone in your home that is used for making or receiving calls. Please include landline phones used for both business and personal use."

Interviewer Note: Telephone service over the internet counts as landline service (includes Vonage, Magic Jack and other home-based phone services.).

- 1 YES
- 2 NO 7 DOI

9

- DON'T KNOW / NOT SURE
- REFUSED

[CATI NOTE: IF COLLEGE HOUSING = "YES", DO NOT ASK NUMBER OF ADULTS QUESTIONS, GO TO CORE.]

NUMADULT. How many members of your household, including yourself, are 18 years of age or older?

(CP.11)

____ Number of adults

[CATI NOTE: IF COLLEGE HOUSING = "YES" THEN NUMBER OF ADULTS IS AUTOMATICALLY SET TO 1.]



Core Sections

[INTERVIEWER NOTE: ITEMS IN PARENTHESES ANYWHERE THROUGHOUT THE QUESTIONNAIRE DO NOT NEED TO BE READ]

CATI: SET SEX=1 IF LL7=1 or LL9=1 or LL12=1 or CP5=1, SET SEX=2 IF IF LL7=2 or LL9=2 or LL12=2 or CP5=2

CATI: START CORE TIMER

I will not ask for your last name, address, or other personal information that can identify you. You do not have to answer any question you do not want to, and you can end the interview at any time. Any information you give me will not be connected to any personal information. If you have any questions about the survey, please call 877-551-6138.

Section 1: Health Status

GENHLTH Would you say that in general your health is—(1.1)

Please read:

- 1 Excellent
- 2 Very good
- 3 Good
- 4 Fair
- Or
- 5 Poor

Do not read:

- 7 Don't know / Not sure
- 9 Refused

Qualified Level 1



Section 2: Healthy Days — Health-Related Quality of Life

PHYSHLTH Now thinking about your physical health, which includes physical illness and injury, for how many days during the past 30 days was your physical health not good?

- (2.1)
- __ Number of days
- 88 None
- 77 Don't know / Not sure
- 99 Refused
- MENTHLTH Now thinking about your mental health, which includes stress, depression, and problems with emotions, for how many days during the past 30 days was your mental health not good?
- (2.2)
- _ Number of days
- 88 None [If PHYSHLTH and MENTHLTH = 88 (None), go to next section]
- 77 Don't know / Not sure
- 99 Refused
- **POORHLTH** During the past 30 days, for about how many days did poor physical or mental health keep you from doing your usual activities, such as self-care, work, or recreation?

(2.3)

- Number of days
- 88 None
- 77 Don't know / Not sure
- 99 Refused

Section 3: Health Care Access

HLTHPLN1 Do you have any kind of health care coverage, including health insurance, prepaid plans such as HMOs, government plans such as Medicare, or Indian Health Service?

(3.1)

- 1 Yes
- 2 No
- 7 Don't know / Not sure
- 9 Refused



PERSDOC2. Do you have one person you think of as your personal doctor or health care provider?

(3.2)

INTERVIEWER NOTE: If No, ask: Is there more than one, or is there no person who you think of as your personal doctor or health care provider?

- 1 Yes, only one
- 2 More than one
- 3 No
- 7 Don't know / Not sure
- 9 Refused

MEDCOST. Was there a time in the past 12 months when you needed to see a doctor but could not because of cost?

(3.3)

- 1 Yes
- 2 No
- 7 Don't know / Not sure
- 9 Refused

CHECKUP1 About how long has it been since you last visited a doctor for a routine checkup? (3.4)

INTERVIEWER NOTE: A routine checkup is a general physical exam, not an exam for a specific injury, illness, or condition.

READ IF NECESSARY:

- 1 Within the past year (anytime less than 12 months ago)
- 2 Within the past 2 years (1 year but less than 2 years ago)
- 3 Within the past 5 years (2 years but less than 5 years ago)
- 4 5 or more years ago

Do not read:

- 7 Don't know / Not sure
- 8 Never
- 9 Refused



Section 4: Hypertension Awareness

BPHIGH3 Have you EVER been told by a doctor, nurse, or other health professional that you have high blood pressure?

Read only if necessary: By "other health professional" we mean a nurse practitioner, a physician's assistant, or some other licensed health professional.

If "Yes" and respondent is female, ask: "Was this only when you were pregnant?"

- 1 Yes 2 Yes, but female told only during pregnancy [GO TO NEXT SECTION] 3 [GO TO NEXT SECTION] No 4 Told borderline high or pre-hypertensive [GO TO NEXT SECTION] 7 Don't know / Not sure [GO TO NEXT SECTION] 9 Refused [GO TO NEXT SECTION] Are you currently taking prescription medicine for your high blood pressure?
 - 1 Yes
 - 2 No

BPMEDS

- 7 Don't know / Not sure
- 9 Refused

Section 5: Cholesterol Awareness

5_1 About how long has it been since you last had your blood cholesterol checked?

Interviewer note: Blood cholesterol is a fatty substance found in the blood.

Read only if necessary:

1

- Never [GO TO NEXT SECTION]
- 2 Within the past year (anytime less than 12 months ago)
- 3 Within the past 2 years (1 year but less than 2 years ago)
- 4 Within the past 3 years (2 years but less than 3 years ago)
- 3 Within the past 4 years (3 years but less than 4 years ago)
- 4 Within the past 5 years (4 years but less than 5 years ago)
- 8 5 or more years ago

Do not read:

- 7 Don't know / Not sure
- 9 Refused [GO TO NEXT SECTION]
- **TOLDHI2** Have you EVER been told by a doctor, nurse or other health professional that your blood cholesterol is high?



Interviewer note: By other health professional we mean nurse practitioner, a physician assistant, or some other licensed health professional.

- Yes 1
- 2 No
- 7 Don't know / Not sure

[GO TO NEXT SECTION] [GO TO NEXT SECTION] [GO TO NEXT SECTION]

- 9 Refused
- 53 Are you currently taking medicine prescribed by your doctor or other health professional for your blood cholesterol?
 - 1 Yes
 - 2 No
 - 7 Don't know / Not sure
 - 9 Refused

Section 6: Chronic Health Conditions

Has a doctor, nurse, or other health professional EVER told you that you had any of the following? For each, tell me "Yes," "No," or you're "Not sure."

CVDINFR4 (Ever told) you that you had a heart attack also called a myocardial infarction? (6.1)

- 1 Yes 2 No 7 Don't know / Not sure
- 9 Refused

CVDCRHD4 (Ever told) you had angina or coronary heart disease?

(6.2)

Yes

1

2

- No
- 7 Don't know / Not sure 9
 - Refused

CVDSTRK3 (Ever told) you had a stroke? (6.3)

- 1 Yes
- 2 No
- 7 Don't know / Not sure
- 9 Refused

ASTHMA3 (Ever told) you had asthma? 2019 Delaware



(6.4)

1	Yes	
2	No	[Go to CHCSCNCR]
7	Don't know / Not sure	[Go to CHCSCNCR]
9	Refused	[Go to CHCSCNCR]

ASTHNOW Do you still have asthma? (6.5)

- 1 Yes
- 2 No
- 7 Don't know / Not sure
- 9 Refused

CHCSCNCR (Ever told) you had skin cancer? (6.6)

- Yes 1
- 2 No
- 7 Don't know / Not sure
- 9 Refused

(Ever told) you had any other types of cancer? CHCOCNCR

(6.7)

- 1 Yes 2 No
- 7
- Don't know / Not sure
- 9 Refused

CHCCOPD (Ever told) you had Chronic Obstructive Pulmonary Disease or COPD, emphysema or chronic bronchitis?

(6.8)

- 1 Yes
- 2 No
- 7 Don't know / Not sure
- 9 Refused



ADDEPEV2 (Ever told) you had a depressive disorder, (including depression, major depression, dysthymia or minor depression)?

(6.9)

- 1 Yes
- 2 No
- Don't know / Not sure 7
- 9 Refused
- CHCKIDNY Not including kidney stones, bladder infection or incontinence, were you ever told you have kidney disease?

(6.10)

INTERVIEWER NOTE: Incontinence is not being able to control urine flow.

- 1 Yes
- 2 No
- 7 Don't know / Not sure
- 9 Refused

DIABETE3 (Ever told) you had diabetes? (6.11)

INTERVIEWER NOTE: If "Yes" and respondent is female, ask: "Was this only when you were pregnant?"

INTERVIEWER NOTE: If respondent says pre-diabetes or borderline diabetes, use response code 4.

- Yes [GO TO DIABAGE2]
- Yes, but female told only during pregnancy
- 3 No 4
 - No, pre-diabetes or borderline diabetes
- 7 Don't know / Not sure 9
 - Refused

CATI note: If DIABETE3 = 1 (Yes), go to next question (DIABAGE2). If any other response to DIABETE3, go to Pre-Diabetes Optional Module. Otherwise, go to next section.

Module 1: Pre-Diabetes

1 2

NOTE: Only asked of those not responding "Yes" (code = 1) to DIABETE3 (Diabetes awareness question) and state residents only (stateres=1).

PDIABTST Have you had a test for high blood sugar or diabetes within the past three years?



(M1.1)

- 1 Yes
- 2 No
- 7 Don't know / Not sure
- 9 Refused

CATI note: If DIABETE3 = 4 (No, pre-diabetes or borderline diabetes); answer PREDIAB1 "Yes" (code = 1).

- **PREDIAB1** Have you ever been told by a doctor or other health professional that you have prediabetes or borderline diabetes?
- (M1.2)

If "Yes" and respondent is female, ask: "Was this only when you were pregnant?"

- 1 Yes
- 2 Yes, during pregnancy
- 3 No
- 7 Don't know / Not sure
- 9 Refused

Section 6: Chronic Health Conditions, Continued

If DIABETE3 = 1 (Yes), CONTINUE (DIABAGE2) and STATERES=1 (state resident), ELSE GO TO NEXT SECTION.

DIABAGE2 How old were you when you were told you have diabetes? (6.12)

- Code age in years [97 = 97 and older]
- 9 8 Don't know / Not sure
- 99 Refused

CATI: IF DIABAGE2>52 AND DIABAGE2<98, CONFIRM; ELSE GO to Diabetes Optional Module. Otherwise, go to next section

CNFDBAG INTERVIEWER: Is **[DISPLAY RESPONSE TO DIABAGE2]** the correct age when respondent was diagnosed with diabetes?

1 Yes, age is correctGO TO next section2 NoGO TO DIABAGE2



Module 2: Diabetes

NOTE: To be asked following Core DIABAGE2; if response is "Yes" (code = 1) and Core DIABETE3 is "Yes" (code = 1).

NOTE: If resident does not live in state (STATERES=2), skip to next module.

INSULIN Are you now taking insulin?

- (M2.1)
- 1 Yes
- 2 No
- 9 Refused
- **BLDSUGAR** About how often do you check your blood for glucose or sugar? Please answer in times per day, week, month, or year.

(M2.2)

INTERVIEWER NOTE: Include times when checked by a family member or friend, but do NOT include times when checked by a health professional.

Interviewer Note: If the respondent uses a continuous glucose monitoring system (a sensor inserted under the skin to check glucose levels continuously), fill in '98' times per day.

1	_	_	Times per day
2	_	_	Times per week
3	_	_	Times per month
4	_	_	Times per year
8	8	8	Never
7	7	7	Don't know / Not sure
9	9	9	Refused

[if (BLDSUGAD > 5 AND < 76) OR (BLDSUGAW > 35 AND < 76) ASK:]

XBLDSGR I would like to confirm you check your blood for glucose or sugar [INSERT # FROM BLDSUGAD/BLDSUGAW] times per [day/week]. Is that correct?

1	Yes	[Go to FEETCHK2]
2	No	[Go to BLDSUGAD/BLDSUGAW]

FEETCHK2 Including times when checked by a family member or friend, about how often do you check your feet for any sores or irritations? Please answer in times per day, week, month, or year.

(M2.3)



- 2 _ _ Times per week
- 3 _ _ Times per month
- 4 _ _ Times per year
- 5 5 5 No feet
- 8 8 8 Never
- 7 7 7 Don't know / Not sure
- 9 9 9 Refused

[If (FTCHK2D > 5 AND < 76) OR (FTCHK2W > 35 AND < 76) ASK:]

XFTCH2 I would like to confirm you check your feet for any sores or irritations [INSERT # FROM FTCHK2D/FTCHK2W] times per [day/week]. Is that correct?

1	Yes	[Go to DOCTDIAB]
2	No	[Go to FTCHK3D/FTCHK3W]

DOCTDIAB About how many times in the past 12 months have you seen a doctor, nurse, or other health professional for your diabetes?

(M2.4)

- Number of times [76 = 76 or more]
- 8 8 None
- 7 7 Don't know / Not sure
- 9 9 Refused

[if (DOCTDIAB > 52 AND < 77) ASK:]

XDTDIAB I would like to confirm you have seen a health professional for your diabetes **[INSERT # FROM DOCTDIAB]** times in the past 12 months. Is that correct?

1	Yes	[Go to CHKHEMO3]
2	No	[Go to DOCTDIAB]

CHKHEMO3 About how many times in the past 12 months has a doctor, nurse, or other health professional checked you for "A-one-C"?

(M2.5)

INTERVIEWER NOTE: A test for "A one C" measures the average level of blood sugar over the past three months.

- _ Number of times **[76 = 76 or more]**
- 8 8 None
- 9 8 Never heard of "A one C" test
- 7 7 Don't know / Not sure
- 9 9 Refused

CATI note: If FEETCHK2 = 555 (No feet), go to EYEEXAM.



FEETCHK About how many times in the past 12 months has a health professional checked your feet for any sores or irritations?

(M2.6)

- _ Number of times **[76 = 76 or more]**
- 8 8 None
- 7 7 Don't know / Not sure
- 9 9 Refused

[if (FEETCHK > 52 AND < 77) ASK:]

XFTCHK I would like to confirm a health professional has checked your feet for sores or irritations [INSERT # FROM FEETCHK] times in the past 12 months. Is that correct?

1	Yes	[Go to EYEEXAM]
2	No	[Go to FEETCHK]

EYEEXAM When was the last time you had an eye exam in which the pupils were dilated, making you temporarily sensitive to bright light?

(M2.7)

Read only if necessary:

- 1 Within the past month (anytime less than 1 month ago)
- 2 Within the past year (1 month but less than 12 months ago)
- 3 Within the past 2 years (1 year but less than 2 years ago)
- 4 2 or more years ago

Do not read:

- 7 Don't know / Not sure
- 8 Never
- 9 Refused
- **DIABEYE** Has a doctor ever told you that diabetes has affected your eyes or that you had retinopathy?

(M2.8)

- 1 Yes
- 2 No
- 7 Don't know / Not sure
- 9 Refused

DIABEDU	Have you ever taken a course or class in how to manage your diabetes yourself?
(M2.9)	



[GO TO NEXT SECTION]

[GO TO NEXT SECTION] [GO TO NEXT SECTION]

- 1 Yes
- 2 No
- 7 Don't know / Not sure
- 9 Refused

Section 7: Arthritis

HAVARTH3 (Ever told) you had some form of arthritis, rheumatoid arthritis, gout, lupus, or fibromyalgia?

(7.1)

- 1 Yes
- 2 No
- 7 Don't know / Not sure
- 9 Refused

INTERVIEWER NOTE: Arthritis diagnoses include:

- rheumatism, polymyalgia rheumatica
- osteoarthritis (not osteoporosis)
- tendonitis, bursitis, bunion, tennis elbow
- carpal tunnel syndrome, tarsal tunnel syndrome
- joint infection, Reiter's syndrome
- ankylosing spondylitis; spondylosis
- rotator cuff syndrome
- connective tissue disease, scleroderma, polymyositis, Raynaud's syndrome
- vasculitis (giant cell arteritis, Henoch-Schonlein purpura, Wegener's granulomatosis, polyarteritis nodosa)

ARTHEXER Has a doctor or other health professional ever suggested physical activity or exercise to help your arthritis or joint symptoms?

(7.2) INTERVIE

WER NOTE: If the respondent is unclear about whether this means increase or decrease in physical activity, this means increase.

- 1 Yes
- 2 No
- 7 Don't know / Not sure
- 9 Refused



- **ARTHEDU** Have you EVER taken an educational course or class to teach you how to manage problems related to your arthritis or joint symptoms?
- (7.3)
- 1 Yes
- 2 No
- 7 Don't know / Not sure
- 9 Refused
- **LMTJOIN2** Are you now limited in any way in any of your usual activities because of arthritis or joint symptoms?

(7.4)

- 1 Yes
- 2 No
- 7 Don't know / Not sure
- 9 Refused

INTERVIEWER INSTRUCTION: If a question arises about medications or treatment, then the interviewer should say: "Please answer the question based on your current experience, regardless of whether you are taking any medication or treatment."

ARTHDIS2 In this next question, we are referring to work for pay. Do arthritis or joint symptoms now affect whether you work, the type of work you do, or the amount of work you do?

(7.5)

- 1 Yes 2 No
- 7 Don't know / Not sure
- 9 Refused

INTERVIEWER INSTRUCTION: If respondent gives an answer to each issue (whether respondent works, type of work, or amount of work), then if any issue is "yes" mark the overall response as "yes."

If a question arises about medications or treatment, then the interviewer should say: "Please answer the question based on your current experience, regardless of whether you are taking any medication or treatment."

- **JOINPAIN** Please think about the past 30 days, keeping in mind all of your joint pain or aching and whether or not you have taken medication. During the past 30 days, how bad was your joint pain on average on a scale of 0 to 10 where 0 is no pain and 10 is pain or aching as bad as it can be.
 - _ _ Enter number [00-10] 7 7 Don't know / Not sure



99 Refused

Section 8: Demographics

AGE What is your age?

(8.1)

- __ Code age in years
- 0 7 Don't know / Not sure
- 09 Refused

{CATI: if (DIABAGE2 = 01-97 and AGE = 18-99) AND (DIABAGE2 > AGE), continue; else go to HISPANC3}

UPDTAGDI I'm sorry, you indicated you were {CATI: fill-in response from AGE} years old, and were first diagnosed with Diabetes at age {CATI: fill-in response from DIABAGE2}. What was your age when you were FIRST diagnosed with diabetes?

Update age	GO TO AGE
Update diabetes age	GO TO DIABAGE2

HISPANC3 Are you Hispanic, Latino/a, or Spanish origin? **(8.2)**

If yes, ask: Are you...

INTERVIEWER NOTE: One or more categories may be selected.

- 1 Mexican, Mexican American, Chicano/a
- 2 Puerto Rican
- 3 Cuban
- 4 Another Hispanic, Latino/a, or Spanish origin

Do not read:

- 5 No
- 8 No additional choices (DP code only)
- 7 Don't know / Not sure
- 9 Refused

MRACEA Which one or more of the following would you say is your race?

(8.3)

Interviewer Note: Select all that apply.

INTERVIEWER NOTE: IF 40 (Asian) or 50 (Pacific Islander) is selected read and code subcategories underneath major heading. **(NOTE FOR TESTERS: THIS IS CORRECT THAT IT IS NOT IN THE PROGRAM)**



Please read:

- 10 White
- 20 Black or African American
- 30 American Indian or Alaska Native
- 40 Asian
- 50 Pacific Islander

Do not read:

- 60 Other
- 88 No additional choices
- 77 Don't know / Not sure
- 99 Refused

IF MRACEA=40 OR 50, ASK MRACEB. ELSE SKIP TO MRACE2 CATI: IF MRACEA=40, SHOW CODES 41-47, 99. IF MRACEA=50, SHOW CODES 51-54, 99.

MRACEB Would you say you are ... [READ LIST, MULTIPLE RECORD]

- 41 Asian Indian
- 42 Chinese
- 43 Filipino
- 44 Japanese
- 45 Korean
- 46 Vietnamese
- 47 Other Asian
- 51 Native Hawaiian
- 52 Guamanian or Chamorro
- 53 Samoan
- 54 Other Pacific Islander
- 99 (VOL) Refused

MRACE2: CATI dummy variable to hold the respondent race.

CATI CODE RESPONSES FROM MRACEA AND MRACEB. IF MRACEA=40 AND MRACEB=99, CODE MRACE2=40. IF MRACEA=0 AND MRACEB=90, CODE MRACE2=50.

- 10 White
- 20 Black or African American
- 30 American Indian or Alaska Native
- 40 Asian
- 50 Pacific Islander
- 60 Other
- 77 (VOL) Don't know/Not sure
- 88 No additional choices (DP code only)
- 99 (VOL) Refused
- 41 Asian Indian



- 42 Chinese
- 43 Filipino
- 44 Japanese
- 45 Korean
- 46 Vietnamese
- 47 Other Asian
- 51 Native Hawaiian
- 52 Guamanian or Chamorro
- 53 Samoan
- 54 Other Pacific Islander

CATI note: If more than one response to MRACE2; continue. Otherwise, go to MARITAL.

SHOW RESPONSES IN MRACE2

ORACE3 Which one of these groups would you say best represents your race? **(8.4)**

READ LIST

- 10 White
- 20 Black or African American
- 30 American Indian or Alaska Native
- 40 Asian
- 41 Asian Indian
- 42 Chinese
- 43 Filipino
- 44 Japanese
- 45 Korean
- 46 Vietnamese
- 47 Other Asian
- 50 Pacific Islander
- 51 Native Hawaiian
- 52 Guamanian or Chamorro
- 53 Samoan
- 54 Other Pacific Islander
- 60 Other
- 77 (VOL) Don't know/Not sure
- 88 No additional choices (DP code only)
- 99 (VOL) Refused

MARITAL	Are you?

(8.6)

,

Please read:

- 1 Married
- 2 Divorced 3 Widowed



4 Se	eparated
------	----------

- 5 Never married, **Or**
- 6 A member of an unmarried couple

Do not read:

9 Refused

EDUCA What is the highest grade or year of school you completed?

(8.7)

Read only if necessary:

- 1 Never attended school or only attended kindergarten
- 2 Grades 1 through 8 (Elementary)
- 3 Grades 9 through 11 (Some high school)
- 4 Grade 12 or GED (High school graduate)
- 5 College 1 year to 3 years (Some college or technical school)
- 6 College 4 years or more (College graduate)

Do not read:

9 Refused

RENTHOM1 Do you own or rent your home? (8.8)

INTERVIEWER NOTE: "Other arrangement" may include group home, staying with friends or family without paying rent.

INTERVIEWER NOTE: Home is defined as the place where you live most of the time/the majority of the year.

INTERVIEWER NOTE: IF RESPONDENT ASKS ABOUT WHY WE ARE ASKING THIS QUESTION: We ask this question in order to compare health indicators among people with different housing situations.

Read only if necessary:

- 1 Own
- 2 Rent
- 3 Other arrangement
- 7 Don't know / Not sure
- 9 Refused

CTYCODE1 In what county do you currently live?

(8.9)



ANSI County Code (formerly FI	PS county code)
-------------------------------	-----------------

- 777 Don't know / Not sure
- 999 Refused

ZIPCODE What is the ZIP Code where you currently live? (8.10)

	ZIP Code [RANGE: 19701-19980]
77777	Don't know / Not sure
88888	Other State Zip Code (SPECIFY)
99999	Refused
	88888

CATI NOTE: IF FRAME 2, SKIP TO CPDEMO1 (QSTVER GE 20)

NUMHHOL2 Not including cell phones or numbers used for computers, fax machines or security systems, do you have more than one telephone number in your household?

(8.11)

1	Yes	
2	No	[Go to CPDEMO1]
7	Don't know / Not sure	[Go to CPDEMO1]
9	Refused	[Go to CPDEMO1]

NUMPHON2 How many of these telephone numbers are residential numbers? (8.12)

Res	idential	teler	hone	num	bers	[6 =	: 6 or	morel
1100	lucintiai	loiop	monic	nunn	0013	ιv –		morej

- 7 Don't know / Not sure 9
 - Refused

How many cell phones do you have for personal use? CPDEMO1 (8.13)

INTERVIEWER NOTE: Include cell phone used for both business and personal use.

- Enter number (1-5)
- 6 Six or more
- 7 Don't know / Not sure
- 8 None
- 9 Refused
- **VETERAN3** Have you ever served on active duty in the United States Armed Forces, either in the regular military or in a National Guard or military reserve unit?

(8.14)



INTERVIEWER NOTE: Active duty does not include training for the Reserves or National Guard, but DOES include activation, for example, for the Persian Gulf War.

- 1 Yes
- 2 No
- 7 Don't know / Not sure
- 9 Refused

EMPLOY1 Are you currently...?

(8.15)

INTERVIEWER NOTE: If more than one, say: "Select the category which best describes you."

Please read:

- 1 Employed for wages
- 2 Self-employed
- 3 Out of work for 1 year or more
- 4 Out of work for less than 1 year
- 5 A Homemaker
- 6 A Student
- 7 Retired, **or**
- 8 Unable to work

Do not read:

Refused

CHILDREN How many children less than 18 years of age live in your household? **(8.16)**

- Number of children
- 8 8 None
- 9 9 Refused

CATI VARIABLE, SET BRF1200=1.

9

Qualified Level 2

INCOME2 Is your annual household income from all sources— (8.17)

If respondent refuses at ANY income level, code '99' (Refused)

04 Less than \$25,000 **If "no," ask 05; if "yes," ask 03** (\$20,000 to less than \$25,000)



- 03 Less than \$20,000 **If "no," code 04; if "yes," ask 02** (\$15,000 to less than \$20,000)
- 02 Less than \$15,000 **If "no," code 03; if "yes," ask 01** (\$10,000 to less than \$15,000)
- 01 Less than \$10,000 If "no," code 02
- 05 Less than \$35,000 **If "no," ask 06** (\$25,000 to less than \$35,000)
- 06 Less than \$50,000 **If "no," ask 07** (\$35,000 to less than \$50,000)
- 07 Less than \$75,000 **If "no," code 08** (\$50,000 to less than \$75,000)

08 Do not read:

77 Don't know / Not sure

\$75,000 or more

99 Refused

WEIGHT2 About how much do you weigh without shoes? (8.18)

INTERVIEWER NOTE: IF RESPONDENT ANSWERS IN METRICS, PUT "9" IN COLUMN 183. (NOTE FOR TESTER: THIS WILL NOT BE IN THE PROGRAM)

ROUND FRACTIONS UP

____ Weight (pounds/kilograms) 7 7 7 7 Don't know / Not sure 9 9 9 9 Refused

HEIGHT3 About how tall are you without shoes? (8.19)

INTERVIEWER NOTE: IF RESPONDENT ANSWERS IN METRICS, PUT "9" IN COLUMN 187. (NOTE FOR TESTER: THIS WILL NOT BE IN THE PROGRAM)

ROUND FRACTIONS DOWN

___/ ___ Height (f t / inches/meters/centimeters) 7 7 / 7 7 Don't know / Not sure 9 9 / 9 9 Refused



If SEX=1, go to S8.22, if female respondent is 50 years old or older, go to text screen prior to S8.21]

PREGNANT To your knowledge, are you now pregnant? (8.20)

- 1 Yes
- 2 No
- 7 Don't know / Not sure
- 9 Refused

Some people who are deaf or have serious difficulty hearing use assistive devices to communicate by phone.

S8.22	Are you deaf or do you have serious difficulty hearing?			
(8.21/DEAF)				
	1 2	Yes		
	2 7	No Don't know / Not Sure		
	9	Refused		
BLIND (8.22)	Are yo	u blind or do you have serious difficulty seeing, even when wearing glasses?		
	1	Yes		

- res No
- 2 7 Don't know / Not Sure
- 9 Refused
- DECIDE Because of a physical, mental, or emotional condition, do you have serious difficulty concentrating, remembering, or making decisions?

(8.23)

- 1 Yes
- 2 No
- 7 Don't know / Not sure
- 9 Refused

DIFFWALK Do you have serious difficulty walking or climbing stairs?

(8.24)

- 1 Yes
- 2 No
- 7 Don't know / Not sure
- 9 Refused



DIFFDRES Do you have difficulty dressing or bathing?

- (8.25)
- 1 Yes
- 2 No
- 7 Don't know / Not sure
- 9 Refused

DIFFALON Because of a physical, mental, or emotional condition, do you have difficulty doing errands alone such as visiting a doctor's office or shopping?

(8.26)

- 1 Yes
- 2 No
- 7 Don't know / Not sure
- 9 Refused

Section 9: Tobacco Use

SMOKE100 Have you smoked at least 100 cigarettes in your entire life?

(9.1)

INTERVIEWER NOTE: "For cigarettes, do not include: electronic cigarettes (ecigarettes, NJOY, Bluetip), herbal cigarettes, cigars, cigarillos, little cigars, pipes, bidis, kreteks, water pipes (hookahs) or marijuana."

INTERVIEWER NOTE: 5 PACKS = 100 CIGARETTES

1	Yes	
2	No	[Go to USENOW3]
7	Don't know / Not sure	[Go to USENOW3]
9	Refused	[Go to USENOW3]

SMOKDAY2 Do you now smoke cigarettes every day, some days, or not at all? **(9.2)**

- 1 Every day
- 2 Some days
- 3 Not at all [Go to LASTSMK2]
 7 Don't know / Not sure [Go to USENOW3]
- 9 Refused [Go to USENOW3]

STOPSMK2 During the past 12 months, have you stopped smoking for one day or longer because you were trying to quit smoking?

(9.3)



1	Yes	[GO TO USENOW3]
2	No	[GO TO USENOW3]
7	Don't know / Not sure	[GO TO USENOW3]
9	Refused	[GO TO USENOW3]

LASTSMK2 How long has it been since you last smoked a cigarette, even one or two puffs? (9.4)

Read only if necessary:

- 01 Within the past month (less than 1 month ago)
- 02 Within the past 3 months (1 month but less than 3 months ago)
- 03 Within the past 6 months (3 months but less than 6 months ago)
- 04 Within the past year (6 months but less than 1 year ago)
- 05 Within the past 5 years (1 year but less than 5 years ago)
- 06 Within the past 10 years (5 years but less than 10 years ago)
- 07 10 years or more
- 08 Never smoked regularly

Do not read:

- 77 Don't know / Not sure
- 99 Refused

USENOW3 Do you currently use chewing tobacco, snuff, or snus every day, some days, or not at all? (9.5)

INTERVIEWER NOTE: Snus (rhymes with 'goose')

INTERVIEWER NOTE: Snus (Swedish for snuff) is a moist smokeless tobacco, usually sold in small pouches that are placed under the lip against the gum.

- 1 Every day
- 2 Some days
- 3 Not at all
- 7 Don't know / Not sure
- 9 Refused

DE State-Added 1: Tobacco Use

CATI NOTE: Ask State-Added 1 if Delaware resident, if not, continue to next section.

DE1_1 Do you currently smoke little cigars, cigarillos, or regular cigars every day, some days, or not at all?

¿En la actualidad fuma cigarritos, cigarrillos, o cigarros regulares todos los días, algunos días o no?

[Interviewer Note: Si el encuestado(a) pregunta sobre "algunos días", se puede describir como "como este pasado mes fume un día."]

INTERVIEWER NOTE: If the respondent asks about "some days," it can also be described as "on at least one day in the past month."



- 1 Every day
- 2 Some days
- 3 Not at all
- 7 Don't know / Not sure
- 9 Refused
- 1 Todos los días
- 2 Algunos días
- 3 No, en absoluto
- **DE1_2** Have you ever used an e-cigarette or other electronic "vaping" product, even just one time, in your entire life?

Read if necessary: Electronic cigarettes (e-cigarettes) include popular brands like blu and JUUL; and other electronic "vaping" products include electronic hookahs (e-hookahs), vape pens, e-cigars, and others. These products are battery-powered and usually contain nicotine and flavors such as fruit, mint, or candy.

INTERVIEWER NOTE: These questions concern electronic vaping products for nicotine use. The use of electronic vaping products for marijuana use is not included in these questions.

1	Yes	
2	No	[go to next module]
7	Don't know / Not sure	[go to next module]
9	Refused	[go to next module]

DE1_3 Do you now use e-cigarettes or other electronic vaping products every day, some days, or not at all?

- 1 Every day
- 2 Some days
- 3 Not at all
- 7 Don't know / Not sure
- 9 Refused

DE1_4 Do you currently smoke any kind of pipe or hookah every day, some days, or not at all?

- 1 Every day
- 2 Some days
- 3 Not at all
- 7 Don't know / Not sure
- 9 Refused



DE1_5 Do you allow any smoking in your home?

¿Usted permite que fumen en su casa?

INTERVIEWER NOTE: Read responses 1-3 if necessary.

- 1 Yes
- 2 No
- 3 Sometimes or in some places / Algunas veces o en algunos lugares
- 7 Don't know / Not sure
- 9 Refused

Section 10: Alcohol Consumption

ALCDAY5 During the past 30 days, how many days per week or per month did you have at least one drink of any alcoholic beverage such as beer, wine, a malt beverage or liquor?

(10.1)

Interviewer note: One drink is equivalent to a 12-ounce beer, a 5-ounce glass of wine, or a drink with one shot of liquor.

- 1 _ _ Days per week
- 2 __ Days in past 30 days
- 8 8 8 No drinks in past 30 days
- 777 Don't know / Not sure
- 999 Refused

[GO TO NEXT SECTION] [GO TO NEXT SECTION] [GO TO NEXT SECTION]

AVEDRNK2 One drink is equivalent to a 12-ounce beer, a 5-ounce glass of wine, or a drink with one shot of liquor. During the past 30 days, on the days when you drank, about how many drinks did you drink on the average?

(10.2)

Read if necessary: A 40 ounce beer would count as 3 drinks, or a cocktail drink with 2 shots would count as 2 drinks.

- Number of drinks
- 77 Don't know / Not sure
- 99 Refused

[if AVEDRNK2 > 9 AND < 77 ASK:]

CHKAVEDRNK2 I would like to confirm that during the past 30 days, on the days you drank, you drank on average [insert # from AVEDRNK2] drinks. Is that correct?

1	Yes	[Go to DRNK3GE5]
2	No	[Go back to AVEDRNK2]



DRNK3GE5 Considering all types of alcoholic beverages, how many times during the past 30 days did you have **X [CATI NOTE: X = 5 FOR MEN, X = 4 FOR WOMEN]** or more drinks on an occasion?

(10.3)

- ___ Number of times
- 88 None
- 7 7 Don't know / Not sure
- 99 Refused

MAXDRNKS During the past 30 days, what is the largest number of drinks you had on any occasion? (10.4)

- _ Number of drinks
- 77 Don't know / Not sure
- 9 9 Refused

CATI: IF DRNK3GE5=88 AND SEX=1, MAXDRNKS CANNOT BE 5-76. IF DRNK3GE5=88 AND SEX=2, MAXDRNKS CANNOT BE 4-76.

[if MAXDRNKS > 9 AND < 77 ASK:]

CHKMXDRNKS	I would like to confirm the	hat during the past 30 days, the largest number of drinks
	you had was //INSERT	# FROM MAXDRNKS// drinks. Is that correct?
1	Yes	[Go to NEXT SECTION]
2	No	[Go back to MAXDRNKS]

Section 11: Exercise (Physical Activity)

EXERANY3 During the past month, other than your regular job, did you participate in any physical activities or exercises such as running, calisthenics, golf, gardening, or walking for exercise?

(11.1)

INTERVIEWER INSTRUCTION: If respondent does not have a "regular job duty" or is retired, they may count the physical activity or exercise they spend the most time doing in a regular month.

1 Yes

2	No	[GO TO EXOFTSTR]
7	Don't know / Not sure	[GO TO EXOFTSTR]
9	Refused	[GO TO EXOFTSTR]

EXERACT3 What type of physical activity or exercise did you spend the most time doing during the past month?



(11.2)

	(Specify)	[See Physical Activity Coding List]
77	Don't know / Not Sure	[GO TO EXOFTSTR]
99	Refused	[GO TO EXOFTSTR]

INTERVIEWER INSTRUCTION: If the respondent's activity is not included in the Physical Activity Coding List, choose the option listed as "Other".

EXEROFT1 How many times per week or per month did you take part in this activity during the past month?

(11.3)

- 1__ Times per week
- 2___ Times per month
- 777 Don't know / Not sure
- 999 Refused

[if (EXROFT1W > 6 AND < 76) OR (EXROFT1M > 37 AND < 76) ASK:] DUM EXROFT1 I would like to confirm you took part in this activity [i

1 I would like to confirm you took part in this activity **[insert # from EXROFT1W/EXROFT1M]** times per [week/month]. Is that correct?

1	Yes	[Go to EXERHMM1]
2	No	[Go to EXROFT1W/EXROFT1M]

EXERHMM1 And when you took part in this activity, for how many minutes or hours did you usually keep at it?

(11.4)

- :___ Hours and minutes
- 777 Don't know / Not sure
- 999 Refused
- **EXERACT4** What other type of physical activity gave you the next most exercise during the past month?

(11.5)

	(Specify)	[See Physical Activity Coding List]
88	No other activity	[GO TO EXOFTSTR]
77	Don't know / Not Sure	[GO TO EXOFTSTR]
99	Refused	[GO TO EXOFTSTR]

INTERVIEWER INSTRUCTION: If the respondent's activity is not included in the Coding Physical Activity List, choose the option listed as "Other".



EXEROFT2 How many times per week or per month did you take part in this activity during the past month?

(11.6)

- 1__ Times per week
- 2__ Times per month
- 777 Don't know / Not sure
- 999 Refused

[if (EXROFT2W > 6 AND < 76) OR (EXROFT2M > 37 AND < 76) ASK:] DUM_EXROFT2 I would like to confirm you took part in this activity [insert # from EXROFT2W/EXROFT2M] times per [week/month]. Is that correct?

1	Yes	[Go to EXERHMM2]
2	No	[Go to EXROFT2W/EXROFT2M]

EXERHMM2 And when you took part in this activity, for how many minutes or hours did you usually keep at it?

(11.7)

- _:_ _ Hours and minutes
- 777 Don't know / Not sure
- 999 Refused
- **EXOFTSTR** During the past month, how many times per week or per month did you do physical activities or exercises to STRENGTHEN your muscles?

(11.8)

Interviewer note: Do NOT count aerobic activities like walking, running, or bicycling. Count activities using your own body weight like yoga, sit-ups or push-ups and those using weight machines, free weights, or elastic bands.

- 1____ Times per week
- 2__ Times per month
- 888 Never
- 777 Don't know / Not sure
- 999 Refused

[if (EXROFTSW > 6 AND < 76) OR (EXROFTSM > 37 AND < 76) ASK:]

DUM_EXROFTSW I would like to confirm you took part in this activity [insert # from EXROFTSW/EXROFTSM] times per [week/month]. Is that correct?

1	Yes	[Go to next section]
2	No	[Go to EXROFTSW/EXROFTSM]



Section 12: Fruits and Vegetables

Now think about the foods you ate or drank during the past month, that is, the past 30 days, including meals and snacks.

INTERVIEWER INSTRUCTIONS: IF A RESPONDENT INDICATES THAT THEY CONSUME A FOOD ITEM EVERY DAY THEN ENTER THE NUMBER OF <u>TIMES</u> PER DAY. IF THE RESPONDENT INDICATES THAT THEY EAT A FOOD LESS THAN DAILY, THEN ENTER TIMES PER WEEK OR TIMES PER MONTH. <u>DO NOT ENTER TIMES PER DAY UNLESS THE RESPONDENT REPORTS</u> THAT HE/SHE CONSUMED THAT FOOD ITEM EACH DAY DURING THE PAST MONTH.

12_1 Not including juices, how often did you eat fruit? You can tell me times per day, times per week or times per month.

INTERVIEWER NOTE: ENTER QUANTITY IN TIMES PER DAY, WEEK, OR MONTH.

IF RESPONDENT GIVES A NUMBER WITHOUT A TIME FRAME, ASK "WAS THAT PER DAY, WEEK, OR MONTH?"

READ IF RESPONDENT ASKS WHAT TO INCLUDE OR SAYS 'I DON'T KNOW': INCLUDE FRESH, FROZEN OR CANNED FRUIT. DO NOT INCLUDE DRIED FRUITS.

- 1__ Day
- 2__ Week
- 3__ Month
- 300 Less than once a month
- 555 Never
- 777 Don't Know
- 999 Refused

[if (12_1D > 5 AND < 76) OR (12_1W > 38 AND <76) ASK:]

DUM_12_1 I would like to confirm you eat **[insert # from 12_1D/12_1W]** servings of fruit per [day/week]. Is that correct?

1	Yes	[Go to 12_2]
2	No	[Go to 12_1D/12_1W]

12_2 Not including fruit-flavored drinks or fruit juices with added sugar, how often did you drink 100% fruit juice such as apple or orange juice?

INTERVIEWER NOTE: ENTER QUANTITY IN TIMES PER DAY, WEEK, OR MONTH.

IF RESPONDENT GIVES A NUMBER WITHOUT A TIME FRAME, ASK "WAS THAT PER DAY, WEEK, OR MONTH?"

READ IF RESPONDENT ASKS ABOUT EXAMPLES OF FRUIT-FLAVORED DRINKS: "DO NOT INCLUDE FRUIT-FLAVORED DRINKS WITH ADDED SUGAR LIKE CRANBERRY COCKTAIL, HI-C, LEMONADE, KOOL-AID, GATORADE, TAMPICO, AND SUNNY DELIGHT. INCLUDE ONLY 100% PURE JUICES OR 100% JUICE BLENDS."



- 1__ Day
- 2__ Week
- 3__ Month
- 300 Less than once a month
- 555 Never
- 777 Don't Know
- 999 Refused

[if (12_2D > 5 AND < 76) OR (12_2W > 38 AND <76) ASK:]

DUM_12_2 I would like to confirm you drink [insert # from 12_2D/12_2W] servings of fruit juice per [day/week]. Is that correct?

1	Yes	[Go to 12_3]
2	No	[Go to 12_2D/12_2W]

12_3 How often did you eat a green leafy or lettuce salad, with or without other vegetables?

INTERVIEWER NOTE: ENTER QUANTITY IN TIMES PER DAY, WEEK, OR MONTH.

IF RESPONDENT GIVES A NUMBER WITHOUT A TIME FRAME, ASK "WAS THAT PER DAY, WEEK, OR MONTH?

READ IF RESPONDENT ASKS ABOUT SPINACH: "INCLUDE SPINACH SALADS."

- 1__ Day
- 2__ Week
- 3__ Month
- 300 Less than once a month
- 555 Never
- 777 Don't Know
- 999 Refused

[if (12_3D > 5 AND < 76) OR (12_3W > 38 AND <76) ASK:]

DUM_12_3 I would like to confirm you eat **[insert # from 12_3D/12_3W]** servings of green leafy or lettuce salad per [day/week]. Is that correct?

1 Yes	[Go to 12_4]
2 No	[Go to 12_3D/12_3W]

12_4 How often did you eat any kind of fried potatoes, including French fries, home fries, or hash browns?

INTERVIEWER NOTE: ENTER QUANTITY IN TIMES PER DAY, WEEK, OR MONTH.

IF RESPONDENT GIVES A NUMBER WITHOUT A TIME FRAME, ASK "WAS THAT PER DAY, WEEK, OR MONTH?

READ IF RESPONDENT ASKS ABOUT POTATO CHIPS: "DO NOT INCLUDE POTATO CHIPS."



- 1__ Day
- 2__ Week
- 3__ Month
- 300 Less than once a month
- 555 Never
- 777 Don't Know
- 999 Refused

[if (12_4D > 5 AND < 76) OR (12_4W > 38 AND <76) ASK:]

DUM_12_4 I would like to confirm you eat **[insert # from 12_4D/12_4W]** servings of fried potatoes per [day/week]. Is that correct?

1	Yes	[Go to 12_5]
2	No	[Go to 12_4D/12_4W]

12_5 How often did you eat any other kind of potatoes, or sweet potatoes, such as baked, boiled, mashed potatoes, or potato salad?

INTERVIEWER NOTE: ENTER QUANTITY IN TIMES PER DAY, WEEK, OR MONTH.

IF RESPONDENT GIVES A NUMBER WITHOUT A TIME FRAME, ASK "WAS THAT PER DAY, WEEK, OR MONTH?"

READ IF RESPONDENT ASKS ABOUT WHAT TYPES OF POTATOES TO INCLUDE: "INCLUDE ALL TYPES OF POTATOES EXCEPT FRIED. INCLUDE POTATOES AU GRATIN, SCALLOPED POTATOES."

1___Day2__Week3__Month300Less than once a month555Never7 7 7Don't Know9 9 9Refused

[if (12_5D > 5 AND < 76) OR (12_5W > 38 AND <76) ASK:]

DUM_12_5 I would like to confirm you eat **[insert # from 12_5D/12_5W]** servings of any other kind of potatoes or sweet potatoes per [day/week]. Is that correct?

 1
 Yes
 [Go to 12_6]
 [Go to 12_4D/12_5W]
 <th[Go to 12_4D/12_5W]</th>
 <th[Go to 12_4D/12_5W]</th>

12.6 Not including lettuce salads and potatoes, how often did you eat other vegetables? 2019 Delaware



INTERVIEWER NOTE: ENTER QUANTITY IN TIMES PER DAY, WEEK, OR MONTH.

IF RESPONDENT GIVES A NUMBER WITHOUT A TIME FRAME, ASK "WAS THAT PER DAY, WEEK, OR MONTH?"

READ IF RESPONDENT ASKS ABOUT WHAT TO INCLUDE: "INCLUDE TOMATOES, GREEN BEANS, CARROTS, CORN, CABBAGE, BEAN SPROUTS, COLLARD GREENS, AND BROCCOLI. INCLUDE RAW, COOKED, CANNED, OR FROZEN VEGETABLES. DO NOT INCLUDE RICE."

- 1__ Day
- 2__ Week
- 3__ Month
- 300 Less than once a month
- 555 Never
- 777 Don't Know
- 999 Refused

[if (12_6D > 5 AND < 76) OR (12_6W > 38 AND <76) ASK:]

DUM_12_6 I would like to confirm you eat **[insert # from 12_6D/12_6W]** servings of other vegetables per [day/week]. Is that correct?

1	Yes	[Go to next section]
2	No	[Go to 12_6D/12_6W]

Section 13: Immunization

FLUSHOT6 During the past 12 months, have you had either flu vaccine that was sprayed into your nose or flu shot injected into your arm?

(13.1)

Read if necessary: A new flu shot came out in 2011 that injects vaccine into the skin with a very small needle. It is called Fluzone Intradermal vaccine. This is also considered a flu shot.

1	Yes	
2	No	[Go to TETANUS]
7	Don't know / Not sure	[Go to TETANUS]
9	Refused	[Go to TETANUS]

FLSHTMY2 During what month and year did you receive your most recent flu vaccine that was sprayed into your nose or flu shot injected into your arm?

(13.2)

/	Month / Year
77/7777	Don't know / Not sure
99/9999	Refused



TETANUS. Have you received a tetanus shot in the past 10 years? (13.3)

IF YES, ASK: Was this Tdap, the tetanus shot that also has pertussis or whooping cough vaccine?

- 1 Yes, received Tdap
- 2 Yes, received tetanus shot, but not Tdap
- 3 Yes, received tetanus shot but not sure what type
- 4 No, did not receive any tetanus shot in the past 10 years
- 7 Don't know/Not sure
- 9 Refused

PNEUVAC3 Have you ever had a pneumonia shot also known as a pneumococcal vaccine? (13.4)

INTERVIEWER NOTE: If respondent is confused read: There are two types of pneumonia shots: Polysaccharide (poly-sack-ah-ride), also known as Pneuomovax, and conjugate, also known as prevnar.

- 1 Yes
- 2 No
- 7 Don't know / Not sure
- 9 Refused

Section 14: HIV/AIDS

The next few questions are about the national health problem of HIV, the virus that causes AIDS. Please remember that your answers are strictly confidential and that you don't have to answer every question if you do not want to. Although we will ask you about testing, we will not ask you about the results of any test you may have had.

HIVTST6 Including fluid testing from your mouth, but not including tests you may have had for blood donation, have you ever been tested for H.I.V?

(14.1)

1	Yes	
2	No	[Go to HIVRISK5]
7	Don't know / Not sure	[Go to HIVRISK5]
9	Refused	[Go to HIVRISK5]



HIVTSTD3 Not including blood donations, in what month and year was your last HIV test? (14.2)

NOTE: If response is before January 1985, code "Don't know." CATI INSTRUCTION: If the respondent remembers the year but cannot remember the month, code the first two digits 77 and the last four digits for the year.

/	Code month and year
77/7777	Don't know / Not sure
99/9999	Refused / Not sure

HIVRISK3 I am going to read you a list. When I am done, please tell me if any of the situations apply to you. You do not need to tell me which one.

(14.3/hivrisk5)

You have injected any drug other than those prescribed for you in the past year

You have been treated for a sexually transmitted disease or STD in the past year.

You have given or received money or drugs in exchange for sex in the past year.

You had anal sex without a condom in the past year.

You had four or more sex partners in the past year.

Do any of these situations apply to you?



CATI: END CORE TIMER

IF STATERES=1 (Delaware resident) CONTINUE, ELSE SKIP TO CLOSING STATEMENT.

Transition to Modules and/or State-Added Questions



Optional Modules

Module 16: Home/ Self-measured Blood Pressure

CATI: START MOD16 TIMER

M16_1 Has your doctor, nurse, or other health professional recommended you check your blood pressure outside of the office or at home?

Interviewer note: By other healthcare professional we mean nurse practitioner, a physician assistant, or some other licensed health professional.

- 1 Yes
- 2 No
- 7 Don't know / Not sure
- 9 Refused
- M16_2 Do you regularly check your blood pressure outside of your healthcare professional's office or at home?
 - 1Yes2No[GO TO NEXT MODULE]7Don't know / Not sure[GO TO NEXT MODULE]9Refused[GO TO NEXT MODULE]
- M16_3 Do you take it mostly at home or on a machine at a pharmacy, grocery or similar location?
 - 1 At home
 - 2 On a machine at a pharmacy, grocery or similar location
 - 3 Do not check it
 - 7 Don't know / Not sure
 - 9 Refused
- M16_4 How do you share your blood pressure numbers that you collected with your health professional? Is it mostly by telephone, other methods such as emails, internet portal or fax, or in person?

Do not read:

- 1 Telephone
- 2 Other methods such as email, internet portal, or fax, or
- 3 In person



- 4 Do not share information
- 7 Don't know / Not sure
- 9 Refused

Module 22: Adverse Childhood Experience

CATI: START MOD22 TIMER

I'd like to ask you some questions about events that happened during your childhood. This information will allow us to better understand problems that may occur early in life, and may help others in the future. This is a sensitive topic and some people may feel uncomfortable with these questions. At the end of this section, I will give you a phone number for an organization that can provide information and referral for these issues. Please keep in mind that you can ask me to skip any question you do not want to answer.

All questions refer to the time period before you were 18 years of age. Now, looking back before you were 18 years of age-

- M22_1 Did you live with anyone who was depressed, mentally ill, or suicidal?
 - Yes 1
 - 2 No
 - 7 Don't know / Not sure
 - 9 Refused
- Did you live with anyone who was a problem drinker or alcoholic? M22_2
 - Yes 1 2
 - No
 - 7 Don't know / Not sure
 - 9 Refused
- Did you live with anyone who used illegal street drugs or who abused prescription M22_3 medications?
 - 1 Yes
 - 2 No
 - 7 Don't know / Not sure
 - 9 Refused
- M22 4 Did you live with anyone who served time or was sentenced to serve time in a prison, jail, or other correctional facility?
 - 1 Yes
 - 2 No
 - 7 Don't know / Not sure
 - 9 Refused



- M22_5 Were your parents separated or divorced?
 - 1 Yes
 - 2 No
 - 8 Parents not married
 - 7 Don't know / Not sure
 - 9 Refused
- M22_6 How often did your parents or adults in your home ever slap, hit, kick, punch, or beat each other up? Was it--

Please read:

- 1 Never
- 2 Once
- 3 More than once

Do not read:

- 7 Don't know / Not sure
- 9 Refused
- M22_7 Not including spanking, (before age 18), how often did a parent or adult in your home ever hit, beat, kick, or physically hurt you in any way? Was it--

Please read:

- 1 Never
- 2 Once
- 3 More than once

Do not read:

- 7 Don't know / Not sure
- 9 Refused
- M22_8 How often did a parent or adult in your home ever swear at you, insult you, or put you down? Was it--

Please read:

- 1 Never
- 2 Once
- 3 More than once

Do not read:



- 7 Don't know / Not sure
- 9 Refused

M22_9 How often did anyone at least 5 years older than you or an adult touch you sexually? Was it....

Please read:

- Never 1
- 2 Once
- 3 More than once

Do not read:

- 7 Don't know / Not sure
- 9 Refused
- M22_10 How often did anyone at least 5 years older than you or an adult try to make you touch them sexually? Was it

Please read:

- 1 Never
- 2 Once
- 3 More than once

Do not read:

- Don't know / Not sure 7 9
 - Refused
- M22 11 How often did anyone at least 5 years older than you or an adult force you to have sex? Was it....

Please read:

- 1 Never
- 2 Once
- 3 More than once

Do not read:

- Don't know / Not sure 7
- 9 Refused

As I mentioned when we started this section, I will give you a phone number for an organization that can provide information and referral for these issues. You can dial 1-800-4-A-CHILD (1-800-422-4453) to reach a referral service to locate an agency in your area.



CATI: START MOD23 TIMER

[CATI NOTE: IF RESPONDENT IS FEMALE AND GREATER THAN 49 YEARS OF AGE, OR IF RESPONDENT IS MALE GO TO THE NEXT MODULE.]

CATI NOTE: IF RESPONDENT HAS HAD A HYSTERECTOMY (HADHYST2=1), THEN GO TO NEXT MODULE.

M23_1 The last time you had sex with a man, did you or your partner do anything to keep you from getting pregnant? 1 Yes 2 No [GO TO M23_4] 3 No partner/not sexually active [GO TO NEXT MODULE] 4 Same sex partner [GO TO NEXT MODULE] 7 Don't know/Not sure [GO TO NEXT MODULE] Refused [GO TO NEXT MODULE] 9

M23_2 The last time you had sex with a man, what did you or your partner do to keep you from getting pregnant?

INTERVIEWER NOTE: IF RESPONDENT REPORTS USING MORE THAN ONE METHOD, PLEASE CODE THE METHOD THAT OCCURS FIRST ON THE LIST.

INTERVIEWER NOTE: IF RESPONDENT REPORTS USING "CONDOMS," PROBE TO DETERMINE IF "FEMALE CONDOMS" OR MALE CONDOMS."

INTERVIEWER NOTE: IF RESPONDENT REPORTS USING AN "IUD" PROBE TO DETERMINE IF "LEVONORGESTREL IUD" OR "COPPER-BEARING IUD."

INTERVIEWER NOTE: IF RESPONDENT REPORTS "OTHER METHOD," ASK RESPONDENT TO "PLEASE BE SPECIFIC" AND ENSURE THAT THEIR RESPONSE DOES NOT FIT INTO ANOTHER CATEGORY. IF RESPONSE DOES FIT INTO ANOTHER CATEGORY, PLEASE MARK APPROPRIATELY.

Read only if necessary:

- 01 Female sterilization (ex. Tubal ligation, Essure, Adiana) [GO TO NEXT MODULE]
- 02 Male sterilization (vasectomy) [GO TO NEXT MODULE]
- 03 Contraceptive implant (ex. Implanon) [GO TO NEXT MODULE]

04 Levonorgestrel (LEE-voe-nor-JES-trel) (LNG) or hormonal IUD (ex. Mirena) [GO TO NEXT MODULE]

- 05 Copper-bearing IUD (ex. ParaGard) [GO TO NEXT MODULE]
- 06 IUD, type unknown [GO TO NEXT MODULE]
- 07 Shots (ex. Depo-Provera) [GO TO NEXT MODULE]



- 08 Birth control pills, any kind [GO TO NEXT MODULE]
- 09 Contraceptive patch (ex. Ortho Evra) [GO TO NEXT MODULE]
- 10 Contraceptive ring (ex. NuvaRing) [GO TO NEXT MODULE]
- 11 Male condoms [GO TO NEXT MODULE]
- 12 Diaphragm, cervical cap, sponge [GO TO NEXT MODULE]
- 13 Female condoms [GO TO NEXT MODULE]
- 14 Not having sex at certain times (rhythm or natural family planning) [GO TO NEXT MODULE]
- 15 Withdrawal (or pulling out) [GO TO NEXT MODULE]
- 16 Foam, jelly, film, or cream [GO TO NEXT MODULE]
- 17 Emergency contraception (morning after pill) [GO TO NEXT MODULE]
- 18 Other method [GO TO NEXT MODULE]

Do not read:

- 77 Don't know/Not sure
- 99 Refused
- M23_4 Some reasons for not doing anything to keep you from getting pregnant the last time you had sex might include wanting a pregnancy, not being able to pay for birth control, or not thinking that you can get pregnant. What was your main reason for not using a method to prevent pregnancy the last time you had sex with a man?

INTERVIEWER NOTE: IF RESPONDENT REPORTS "OTHER REASON," ASK RESPONDENT TO "PLEASE SPECIFY" AND ENSURE THAT THEIR RESPONSE DOES NOT FIT INTO ANOTHER CATEGORY. IF RESPONSE DOES FIT INTO ANOTHER CATEGORY, PLEASE MARK APPROPRIATELY.

Read only if necessary:

- 01 You didn't think you were going to have sex/no regular partner
- 02 You just didn't think about it
- 03 Don't care if you get pregnant
- 04 You want a pregnancy
- 05 You or your partner don't want to use birth control
- 06 You or your partner don't like birth control/side effects
- 07 You couldn't pay for birth control
- 08 You had a problem getting birth control when you needed it
- 09 Religious reasons
- 10 Lapse in use of a method
- 11 Don't think you or your partner can get pregnant (infertile or too old)
- 12 You had tubes tied (sterilization)
- 13 You had a hysterectomy
- 14 Your partner had a vasectomy (sterilization)
- 15 You are currently breast-feeding
- 16 You just had a baby/postpartum
- 17 You are pregnant now
- 18 Same sex partner
- 19 Other reasons
- 77 Don't know/Not sure
- 99 Refused



DE State-Added 2: Family Planning

DE2_1 How do you feel about having a child now or sometime in the future? Would you say...

¿Cómo se siente acerca de tener un hijo ahora o en algún momento en el futuro? Diría que...

Please read:

- 01 You don't want to have one
- 02 You do want to have one, less than 12 months from now
- 03 You do want to have one, between 12 months & less than 2 years from now
- 04 You do want to have one, between 2 years to less than 5 years from now
- 05 You do want to have one, five or more years from now
- 06 You do want to have one, but you are not sure when
- 07 Unable to have children/hysterectomy

Do Not Read

- 77 Don't Know/Not Sure
- 99 Refused
- 01 No quieres tener uno
- 02 Desea tener uno, en menos de 12 meses a partir de ahora
- 03 Desea tener uno, entre 12 meses y menos de 2 años a partir de ahora
- 04 Desea tener uno, entre 2 años y menos de 5 años a partir de ahora
- 05 Desea tener uno, cinco o más años a partir de ahora
- 06 Desea tener uno, pero no está seguro de cuándo
- 07 No puede tener hijos / histerectomía

Module 29: Sexual Orientation and Gender Identity

CATI: START MOD28 TIMER

The next two questions are about sexual orientation and gender identity.

(CATI NOTE: ASK SOMALE IF SEX=1)

SOMALE Which of the following best represents how you think of yourself? **(M28.1a)**

INTERVIEWER NOTE: We ask this question in order to better understand the health and health care needs of people with different sexual orientations.

INTERVIEWER NOTE: Please say the number before the text response. Respondent can answer with either the number or the text/word.

PLEASE READ:

1 1 - Gay



- 2 2 Straight, that is, not gay
- 3 3 Bisexual
- 4 Something else
- 7 Don't know/Not sure
- 9 Refused

(CATI NOTE: ASK SOMALE IF SEX=2)

SOFEMALE Which of the following best represents how you think of yourself? **(M28.1b)**

INTERVIEWER NOTE: We ask this question in order to better understand the health and health care needs of people with different sexual orientations.

INTERVIEWER NOTE: Please say the number before the text response. Respondent can answer with either the number or the text/word.

PI	ease	read:
	0400	i ouu.

Do not rood.	1 2 3	1 - Lesbian or Gay 2 - Straight, that is, not gay 3 - Bisexual
Do not read:	4 7 9	Something else Don't know/Not sure Refused
SOGI2	Do you	consider yourself to be transgender?

If yes, ask "Do you consider yourself to be 1. male-to-female, 2. female-to-male, or 3. gender non-

conforming?

INTERVIEWER NOTE: Please say the number before the "yes" text response. Respondent can answer with either the number or the text/word.

Please read:

(M28.3)

- 1 Yes, Transgender, male-to-female
- 2 Yes, Transgender, female to male
- 3 3 Yes, Transgender, gender nonconforming

4 4 - No

1

2

Do not read:

- 7 Don't know/not sure
- 9 Refused



INTERVIEWER NOTE: If asked about definition of transgender: Some people describe themselves as transgender when they experience a different gender identity from their sex at birth. For example, a person born into a male body, but who feels female or lives as a woman would be transgender. Some transgender people change their physical appearance so that it matches their internal gender identity. Some transgender people take hormones and some have surgery. A transgender person may be of any sexual orientation - straight, gay, lesbian, or bisexual.

INTERVIEWER NOTE: If asked about definition of gender non-conforming: Some people think of themselves as gender non-conforming when they do not identify <u>only</u> as a man or <u>only</u> as a woman.



CLOSING STATEMENT

That was my last question. Everyone's answers will be combined to help us provide information about the health practices of people in **[IF STATERES=1, DISPLAY** "Delaware", **ELSE DISPLAY** "this state"]. Thank you very much for your time and cooperation.

Language Indicator

[INTERVIEWER: DO NOT READ THIS TO RESPONDENT]

Lang1. In what language was this interview completed? (QSTLANG)

- 1 English
- 2 Spanish

Activity List for Common Leisure Activities (To be used for Section 11: Physical Activity)

Code Description (Physical Activity, Questions EXERACT3 and EXERACT4 above)

01 Active Gaming Devices (Wii Fit, Dance, 25 Hunting large game - deer, elk Dance revolution) 26 Hunting small game - quail 02 Aerobics video or class 27 Inline Skating 03 Backpacking 28 Jogging 04 Badminton 29 Lacrosse 05 Basketball 30 Mountain climbing 06 Bicycling machine exercise 31 Mowing lawn 32 Paddleball 07 Bicycling 33 Painting/papering house 08 Boating (Canoeing, rowing, kayaking, sailing for pleasure or camping) 34 Pilates 09 Bowling 35 Racquetball 36 Raking lawn/trimming hedges 10 Boxing 11 Calisthenics 37 Running 12 Canoeing/rowing in competition 38 Rock climbing 13 Carpentry 39 Rope skipping 14 Dancing-ballet, ballroom, Latin, hip hop, 40 Rowing machine exercises Zumba, etc. 41 Rugby 15 Elliptical/EFX machine exercise 42 Scuba diving 16 Fishing from river bank or boat 43 Skateboarding 17 Frisbee 44 Skating – ice or roller 18 Gardening (spading, weeding, digging, filling) 45 Sledding, tobogganing 46 Snorkeling 19 Golf (with motorized cart) 20 Golf (without motorized cart) 47 Snow blowing 48 Snow shoveling by hand 21 Handball 22 Hiking - cross-country 49 Snow skiing 50 Snowshoeing 23 Hockey 24 Horseback riding 51 Soccer 2019 Delaware



- 52 Softball/Baseball 53 Squash 54 Stair climbing/Stair master 55 Stream fishing in waders 56 Surfing 57 Swimming 58 Swimming in laps 59 Table tennis 60 Tai Chi 61 Tennis 62 Touch football 63 Volleyball 64 Walking
- 66 Waterskiing
- 67 Weight lifting

- 68 Wrestling
- 69 Yoga
- 71 Childcare
- 72 Farm/Ranch Work (caring for livestock, stacking hay, etc.)
- 73 Household Activities (vacuuming, dusting, home repair, etc.)
- 74 Karate/Martial Arts
- 75 Upper Body Cycle (wheelchair sports, ergometer
- 76 Yard work (cutting/gathering wood, trimming, etc.)
- 98 Other_
- 99 Refused