

2021

## **Behavioral Risk Factor Surveillance System**

## Questionnaire

Delaware

English & Spanish (state-added only)

December 8, 2020

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ng Statement
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# OMB Header and Introductory Text

Read if necessary	Read	Interviewer instructions
Read if necessary Public reporting burden of this collection of information is estimated to average 27 minutes per response, including the time for reviewing instructions, searching existing data sources, gathering and maintaining the data needed, and completing and reviewing the collection of information. An agency may not conduct or sponsor, and a person is not required to respond to a collection of information unless it displays a currently valid OMB control number. Send comments regarding this burden estimate or any other aspect of this collection of information, including suggestions for reducing this burden to CDC/ATSDR Reports	Read	Interviewer instructions (not read) Form Approved OMB No. 0920-1061 Exp. Date 3/31/2021 Interviewers do not need to read any part of the burden estimate nor provide the OMB number unless asked by the respondent for specific information. If a respondent asks for the length of time of the interview provide the most accurate information based on the version of the questionnaire that will be administered to that respondent. If the interviewer is not sure, provide the average time as indicated in the burden
Clearance Officer; 1600 Clifton Road NE, MS D-74, Atlanta, Georgia 30333; ATTN: PRA (0920- 1061).		statement. If data collectors have questions concerning the BRFSS OMB process, please contact Carol Pierannunzi at
	HELLO, I am calling for the Delaware division of public health. My name is (name). We are gathering information about the health of US residents. This project is conducted by the health department with assistance from the Centers for Disease Control and Prevention. Your telephone number has been chosen randomly, and I would like to ask some questions about health and health practices.	<u>ivk7@cdc.gov</u> .

#### Landline Introduction

Question Number	Question text	Variable names	Responses (DO NOT READ UNLESS OTHERWIS E NOTED)	SKIP INFO/ CATI Note	Interviewer Note (s)	Column(s )
LL01.	Is this [PHONE NUMBER]?	CTELENM1	1 Yes 2 No	Go to LLO2 TERMINATE	Thank you very much, but I seem to have dialed the wrong number. It's possible that your number may be called at a later time.	63
LL02.	Is this a private residence?	PVTRESD1	1 Yes	Go to LL04	Read if necessary: By private residence we mean someplace like a house or apartment. Do not read: Private residence includes any home where the respondent spends at least 30 days including vacation homes, RVs or other locations in which the respondent lives for portions of the year.	64
			2 No	Go to LLO3	If no, business phone only: thank you very much but we are only interviewing persons on residential phones lines at this time.	

			3 No, this is a business		NOTE: Business numbers which are also used for personal communication are eligible. Read: Thank you very much but we are only interviewing persons on residential phones at this time. TERMINATE	
LL03.	Do you live in college housing?	COLGHOUS	1 Yes	Go to LLO4	Read if necessary: By college housing we mean dormitory, graduate student or visiting faculty housing, or other housing arrangement provided by a college or university.	65
			2 No	TERMINATE	Read: Thank you very much, but we are only interviewing persons who live in private residences or college housing at this time.	
LLO4.	Do you currently live inDelaware ?	STATERE1	1 Yes 2 No	Go to LL05 TERMINATE	Thank you very much but we are only interviewing persons who live in Delaware at this time.	66
LL05.	Is this a cell phone?	CELPHONE	1 Yes, it is a cell phone	TERMINATE	Read: Thank you very much but we are only interviewing by landline	67

					telephones in private residences or college housing	
			2 Not a cell phone	Go to LLO6	at this time. Read if necessary: By cell phone we mean a telephone that is mobile and usable outside your neighborhood. Do not read: Telephone service over the internet counts as landline service (includes Vonage, Magic Jack and other home-based phone services).	
LLO6.	Are you 18 years of age or older?	LADULT1	1 Yes	IF COLLEGE HOUSING = "YES," CONTINUE; OTHERWISE GO TO ADULT RANDOM SELECTION]		68
			2 No	IF COLLEGE HOUSING = "YES," Terminate; OTHERWISE GO TO ADULT RANDOM SELECTION]	Read: Thank you very much but we are only interviewing persons aged 18 or older at this time.	
LL07.	Are you male or female?	COLGSEX	1 Male 2 Female	ONLY for respondents who are LL and COLGHOUS= 1.		69

			7 Don't know/Not sure 9 Refused	TERMINATE	Thank you for your time, your number may be selected for another survey in the future.	
LL08.	I need to randomly select one adult who lives in your household to be interviewed. Excluding adults living away from home, such as students away at	NUMADULT	1	Go to LL09	Read: Are you that adult? If yes: Then you are the person I need to speak with. If no: May I speak with the adult in the household?	70-71
	college, how many members of your household, including yourself, are 18 years of age or older?		2-6 or more	Go to LL10.		
LL09.	Are you male or female?	LANDSEX	1 Male 2 Female 7 Don't know/Not sure 9 Refused	GO to Transition Section 1. TERMINATE	Thank you for your time, your number may be selected for another survey in the future.	72
LL10.	How many of these adults are men?	NUMMEN	Number 77 Don't know/ Not sure 99 Refused			73-74
LL11.	So the number of women in the household is [X]. Is that correct?	NUMWOME N			Do not read: Confirm the number of adult women or clarify the total number of adults in the household. Read: The persons in your household that I need to speak with is [Oldest/Youngest / Middle//Male /Female] Adult.	75-76

LL12	The person in your household that I need to speak with is [Oldest/Youngest/ Middle//Male /Female]. Are you the [Oldest/Youngest/ Middle//Male /Female] in this household?	RESPSLCT	1 Male 2 Female	If person indicates that they are not the selected respondent, ask for correct respondent and re-ask LL12. (See CATI programming )		77
			7 Don't know/Not sure 9 Refused	TERMINATE	Thank you for your time, your number may be selected for another survey in the future.	
Transitio n to Section 1.			I will not ask for your last name, address, or other personal information that can identify you. You do not have to answer any question you do not want to, and you can end the interview at any time. Any information you give me will not be connected to any personal information . If you have any		Do not read: Introductory text may be reread when selected respondent is reached. Do not read: The sentence "Any information you give me will not be connected to any personal information" may be replaced by "Any personal information that you provide will not be used to identify you." If the state coordinator approves the change.	

questions	
questions	
questions about the	
survey,	
survey, please call	
877-551-	
6138.	

### Cell Phone Introduction

Question Number	Question text	Variable names	Responses (DO NOT READ UNLESS OTHERWISE NOTED)	SKIP INFO/ CATI Note	Interviewer Note (s)	Column(s)
CD01	Is this a safe time to	CAFETINAE	1 \/aa	Go to CP02		78
СР01.	talk with you?	SAFETIME	1 Yes 2 No	([set appointment if possible]) TERMINATE]	Thank you very much. We will call you back at a more convenient time.	78
CP02.	Is this [PHONE	CTELNUM1	1 Yes	Go to CP03		79
	NUMBER]?		2 No	TERMINATE		
СР03.	Is this a cell phone?	CELLFON5	1 Yes	Go to CADULT1		80
			2 No	TERMINATE	If "no": thank you very much, but we are only interviewing persons on cell telephones at this time	
CP04.	Are you 18 years of age or older?	CADULT1	1 Yes			81
			2 No	TERMINATE	Read: Thank you very much but we are only interviewing persons aged 18 or older at this time.	
СР05.	Are you male or female?	CELLSEX	1 Male 2 Female			82
			7 Don't Know/ Not sure 9 Refused	TERMINATE	Thank you for your time, your number may be selected for another survey in the future.	

CP06.       Do you live in a private residence?       PVTRESD3       1 Yes       Go to CP08       Read if necessary: private residence v mean someplace	83 By
private residence v mean someplace	
residence v mean someplace	
mean someplace	
someplace	ve
like a hous	
or apartme	
Do not rea	d:
Private	
residence	
includes ar	
home whe	e
the	
responden	t
spends at	
least 30 da	ys
including	
vacation	
homes, RV	5
or other	
locations in	
which the	
responden	t
lives for	
portions of	
the year.	
2 No Go to CP07	
CP07.Do you live inCCLGHOUS1 YesGo to CP08Read if	84
college housing? necessary:	
By college	
housing we	
mean	
dormitory,	
graduate	
student or	
visiting	
faculty	
housing, or	
other	
housing	
arrangeme	nt
provided b	
a college o	
university.	
2 No TERMINATE Read: Than	k
you very	
much, but	
we are only	1
interviewir	

		CCTATE4			persons who live in private residences or college housing at this time.	05
CP08.	Do you currently live in Delaware ?	CSTATE1	1 Yes	Go to CP10 Go to CP09		85
CP09.	inOelaware? In what state do you currently live?	RSPSTAT1	2 No 1 Alabama 2 Alaska 4 Arizona 5 Arkansas 6 California 8 Colorado 9 Connecticut 10 Delaware 11 District of Columbia 12 Florida 13 Georgia 15 Hawaii 16 Idaho 17 Illinois 18 Indiana 19 Iowa 20 Kansas 21 Kentucky 22 Louisiana 23 Maine 24 Maryland 25 Massachusetts 26 Michigan 27 Minnesota 28 Mississippi 29 Missouri 30 Montana 31 Nebraska 32 Nevada 33 New Hampshire 34 New Jersey 35 New Mexico 36 New York 37 North Carolina 38 North Dakota	Go to CP09		86-87

			40 Oklahoma 41 Oregon 42 Pennsylvania 44 Rhode Island 45 South Carolina 46 South Dakota 47 Tennessee 48 Texas 49 Utah 50 Vermont 51 Virginia 53 Washington			
			54 West Virginia 55 Wisconsin 56 Wyoming 66 Guam 72 Puerto Rico 78 Virgin Islands 77 Live outside US and participating territories 99 Refused	TERMINATE	Read: Thank you very much, but we are only interviewing persons who live in the US.	
CP10.	Do you also have a landline telephone in your home that is used to make and receive calls?	LANDLINE	1 Yes 2 No 7 Don't know/ Not sure 9 Refused		Read if necessary: By landline telephone, we mean a regular telephone in your home that is used for making or receiving calls. Please include landline phones used for both business and personal use.	88

CP11.	How many members	HHADULT	Number	If CP07 = yes	89-90
CPII.	How many members	HHADOLI	77 Don't	then number	89-90
	of your household,			of adults is	
	including yourself,		know/ Not		
	are 18 years of age		sure	automatically	
	or older?		99 Refused	set to 1	
Transition			I will not ask		
to section			for your last		
1.			name,		
			address, or		
			other personal		
			information		
			that can		
			identify you.		
			You do not		
			have to		
			answer any		
			question you		
			do not want		
			to, and you		
			can end the		
			interview at		
			any time. Any		
			information		
			you give me		
			will not be		
			connected to		
			any personal		
			information. If		
			you have any		
			questions		
			about the		
			survey, please		
			call 877-551-		
			6138.		

#### Core Section 1: Health Status

Question Number	Question text	Variable names	Responses (DO NOT READ UNLESS OTHERWISE NOTED)	SKIP INFO/ CATI Note	Interviewer Note (s)	Column(s)
CHS.01	Would you say that in general your health is—	GENHLTH	Read: 1 Excellent 2 Very Good 3 Good 4 Fair 5 Poor Do not read: 7 Don't know/Not sure 9 Refused			101

## Core Section 2: Healthy Days

Question Number	Question text	Variable names	Responses (DO NOT READ UNLESS OTHERWISE NOTED)	SKIP INFO/ CATI Note	Interviewer Note (s)	Column(s)
CHD.01	Now thinking about your physical health, which includes physical illness and injury, for how many days during the past 30 days was your physical health not good?	PHYSHLTH	Number of days (01- 30) 88 None 77 Don't know/not sure 99 Refused		88 may be coded if respondent says "never" or "none" It is not necessary to ask respondents to provide a number if they indicate that this never occurs.	102-103
CHD.02	Now thinking about your mental health, which includes stress, depression, and problems with emotions, for how many days during the past 30 days was your mental health not good?	MENTHLTH	Number of days (01- 30) 88 None 77 Don't know/not sure 99 Refused		88 may be coded if respondent says "never" or "none" It is not necessary to ask respondents to provide a number if they indicate that this never occurs.	104-105
				Skip CHD.03 if CHD.01, PHYSHLTH, is 88 and CHD.02, MENTHLTH, is 88		
CHD.03	During the past 30 days, for about how many days did poor physical	POORHLTH	Number of days (01- 30) 88 None		88 may be coded if respondent says "never" or "none" It is not necessary to ask	106-107

or mental	77 Don't	respondents to
health keep	know/not	provide a number
you from doing	sure	if they indicate
your usual	99 Refused	that this never
activities, such		occurs.
as self-care,		
work, or		
recreation?		

## Core Section 3: Health Care Access

Question Number	Question text	Variable names	Responses (DO NOT READ UNLESS OTHERWISE NOTED)	SKIP INFO/ CATI Note	Interviewer Note (s)	Column(s)
CHCA.01	What is the current primary source of your health insurance?	PRIMINSR	Read if necessary:01 A plan purchased through an employer or union (including plans purchased through another person's employer)02 A private nongovernmental plan that you or another family member buys on your own 03 Medicare 04 Medigap 05 Medicaid 06 Children's Health Insurance Program (CHIP) 07 Military related health care: TRICARE (CHAMPUS) / VA health care / CHAMP- VA 08 Indian Health Service 09 State sponsored health plan 10 Other government program 88 No coverage of any type		If respondent has multiple sources of insurance, ask for the one used most often. If respondents give the name of a health plan rather than the type of coverage ask whether this is insurance purchased independently, through their employer, or whether it is through Medicaid or CHIP.	108-109

CHCA.02	Do you have one person or a group of doctors that you think of as your personal health care provider?	PERSDOC3	77 Don't Know/Not Sure 99 Refused 1 Yes, only one 2 More than one 3 No 7 Don't know / Not sure 9 Refused	If no, read: Is there more than one, or is there no person who you think of as your personal doctor or health care provider?	110
CHCA.03	Was there a time in the past 12 months when you needed to see a doctor but could not because you could not afford it?	MEDCOST1	1 Yes 2 No 7 Don't know / Not sure 9 Refused		111
CHCA.04	About how long has it been since you last visited a doctor for a routine checkup?	CHECKUP1	Read if necessary: 1 Within the past year (anytime less than 12 months ago) 2 Within the past 2 years (1 year but less than 2 years ago) 3 Within the past 5 years (2 years but less than 5 years ago) 4 5 or more years ago Do not read: 7 Don't know / Not sure 8 Never 9 Refused	Read if necessary: A routine checkup is a general physical exam, not an exam for a specific injury, illness, or condition.	112

#### Core Section 4: Exercise

Question Number	Question text	Variable names	Responses (DO NOT READ UNLESS OTHERWISE NOTED)	SKIP INFO/ CATI Note	Interviewer Note (s)	Column(s)
CEX.01	During the past month, other than your regular job, did you participate in any physical activities or exercises such as running, calisthenics, golf, gardening, or walking for exercise?	EXERANY2	1 Yes 2 No 7 Don't know / Not sure 9 Refused		Do not read: If respondent does not have a regular job or is retired, they may count any physical activity or exercise they do	113

## Core Section 5: Hypertension Awareness

Question Number	Question text	Variable names	Responses (DO NOT READ UNLESS OTHERWISE NOTED)	SKIP INFO/ CATI Note	Interviewer Note (s)	Column(s)
C05.01	Have you ever been told by a doctor, nurse, or other health professional that you have high blood pressure?	BPHIGH6	1 Yes 2 Yes, but female told only during pregnancy 3 No 4 Told borderline high or pre- hypertensive or elevated blood pressure 7 Don't know / Not sure 9 Refused	Go to next section	If "Yes" and respondent is female, ask: "Was this only when you were pregnant?" By other health professional we mean nurse practitioner, a physician assistant, or some other licensed health professional.	114
C05.02	Are you currently taking prescription medicine for your high blood pressure?	BPMEDS	1 Yes 2 No 7 Don't know / Not sure 9 Refused			115

Question Number	Question text	Variable names	Responses (DO NOT READ UNLESS OTHERWISE NOTED)	SKIP INFO/ CATI Note	Interviewer Note (s)	Column(s)
C06.01	Cholesterol is a fatty substance found in the blood. About how long has it been since you last had your cholesterol checked?	CHOLCHK3	1 Never 2 Within the past year (anytime less than one year ago) 3 Within the past 2 years (1 year but less than 2 years ago) 4 Within the past 3 years (2 years but less than 3 years ago) 5 Within the past 4 years (3 years but less than 4 years ago) 5 Within the past 5 years (4 years but less than 5 years ago) 6 Within the past 5 years (4 years but less than 5 years ago) 8 5 or more years ago 8 5 or more years ago	Go to next section.		116

## Core Section 6: Cholesterol Awareness

C06.02	Have you ever been told by a doctor, nurse or other health professional that your cholesterol is high?	TOLDHI3	1 Yes 2 No 7 Don't know / Not sure 9 Refused	By other health professional we mean nurse practitioner, a physician assistant, or some other licensed health professional.	117
C06.03	Are you currently taking medicine prescribed by your doctor or other health professional for your cholesterol?	CHOLMED2	1 Yes 2 No 7 Don't know / Not sure 9 Refused	If respondent questions why they might take drugs without having high cholesterol read: 'High' cholesterol is just one group recommended statin therapy for cholesterol management in the 2013 and 2018 Cholesterol Guidelines.	118

## Core Section 7: Chronic Health Conditions

Question Number	Question text	Variable names	Responses (DO NOT READ UNLESS OTHERWISE NOTED)	SKIP INFO/ CATI Note	Interviewer Note (s)	Column(s)
Prologue	Has a doctor, nurse, or other health professional ever told you that you had any of the following? For each, tell me Yes, No, Or You're Not Sure.					
CCHC.01	Ever told you that you had a heart attack also called a myocardial infarction?	CVDINFR4	1 Yes 2 No 7 Don't know / Not sure 9 Refused			119
CCHC.02	(Ever told) (you had) angina or coronary heart disease?	CVDCRHD4	1 Yes 2 No 7 Don't know / Not sure 9 Refused			120
CCHC.03	(Ever told) (you had) a stroke?	CVDSTRK3	1 Yes 2 No 7 Don't know / Not sure 9 Refused			121
CCHC.04	(Ever told) (you had) asthma?	ASTHMA3	1 Yes 2 No 7 Don't know / Not sure 9 Refused	Go to CCHC.06		122
CCHC.05	Do you still have asthma?	ASTHNOW	1 Yes 2 No 7 Don't know / Not sure 9 Refused			123

CCHC.06	(Ever told) (you had) skin cancer?	CHCSCNCR	1 Yes 2 No 7 Don't know		124
			/ Not sure 9 Refused		
CCHC.07	(Ever told) (you had) any other types of cancer?	CHCOCNCR	1 Yes 2 No 7 Don't know / Not sure 9 Refused		125
CCHC.08	(Ever told) (you had) C.O.P.D. (chronic obstructive pulmonary disease), emphysema or chronic bronchitis?	CHCCOPD3	1 Yes 2 No 7 Don't know / Not sure 9 Refused		126
CCHC.09	(Ever told) (you had) a depressive disorder (including depression, major depression, dysthymia, or minor depression)?	ADDEPEV3	1 Yes 2 No 7 Don't know / Not sure 9 Refused		127
CCHC.10	Not including kidney stones, bladder infection or incontinence, were you ever told you had kidney disease?	CHCKDNY2	1 Yes 2 No 7 Don't know / Not sure 9 Refused	Read if necessary: Incontinence is not being able to control urine flow.	128
CCHC.11	(Ever told) (you had) diabetes?	DIABETE4	1 Yes	If yes and respondent is female, ask: was this only when you were pregnant? If respondent says pre-diabetes or borderline diabetes, use response code 4.	129

2 Yes, but	Go to Pre-	
female told	Diabetes	
only during	Optional	
pregnancy	Module (if	
3 No	used).	
 4 No, pre-	Otherwise,	
diabetes or	go to next	
borderline	section.	
diabetes		
7 Don't know		
/ Not sure		
9 Refused		

## Module 1: Prediabetes

Question Number	Question text	Variable names	Responses (DO NOT READ UNLESS OTHERWISE NOTED)	SKIP INFO/ CATI Note	Interviewer Note (s)	Column(s)
M01.01	Have you had a test for high blood sugar or diabetes within the past three years?	PDIABTST	1 Yes 2 No 7 Don't know/ not sure 9 Refused	Skip if Section CCHC.12, DIABETE4, is coded 1		258
M01.02	Have you ever been told by a doctor or other health professional that you have pre-diabetes or borderline diabetes?	PREDIAB1	1 Yes 2 Yes, during pregnancy 3 No 7 Don't know / Not sure 9 Refused	Skip if Section CCHC.12, DIABETE4, is coded 1; If CCHC.12, DIABETE4, is coded 4 automatically code M01.02, PREDIAB1, equal to 1 (yes);	If Yes and respondent is female, ask: Was this only when you were pregnant?	259

## Core Section 6: Chronic Health Conditions (continued)

Question Question	Question text	Variable	Responses	SKIP INFO/	Interviewer Note (s)	Column(s)
Number		names	(DO NOT READ	CATI Note		
			UNLESS			

			OTHERWISE NOTED)		
CCHC.12	How old were you when you were told you have diabetes?	DIABAGE3	Code age in years [97 = 97 and older] 98 Don't know / Not sure 99 Refused	Go to Diabetes Module if used, otherwise go to next section.	130-131

## Module 2: Diabetes

Question Number	Question text	Variable names	Responses (DO NOT READ UNLESS OTHERWISE NOTED)	SKIP INFO/ CATI Note	Interviewer Note (s)	Column(s)
				To be asked following Core CCHC.12; if response to CCHC.11 is Yes (code = 1)		
M02.01	Are you now taking insulin?	INSULIN	1 Yes 2 No 7 Don't know/ not sure 9 Refused			260
M02.02	About how often do you check your blood for glucose or sugar?	BLDSUGAR	1 Times per day 2 Times per week 3 Times per month 4 Times per year 888 Never		Read if necessary: Include times when checked by a family member or friend, but do not include times when checked by a health professional. Do not read: If the respondent uses a continuous glucose monitoring system	261-263

			777 Don't know / Not sure 999 Refused		(a sensor inserted under the skin to check glucose levels continuously), fill in '98 times per day.'	
M02.03	Including times when checked by a family member or friend, about how often do you check your feet for any sores or irritations?	FEETCHK3	1 Timesper day2 Timesper week3 Timesper month4 Timesper year555 No feet888 Never777 Don'tknow / Notsure999 Refused			264-266
M02.04	About how many times in the past 12 months have you seen a doctor, nurse, or other health professional for your diabetes?	DOCTDIAB	Number of times [76 = 76 or more] 88 None 77 Don't know / Not sure 99 Refused			267-268
M02.05	About how many times in the past 12 months has a doctor, nurse, or other health professional checked you for A-one-C?	СНКНЕМОЗ	Number of times [76 = 76 or more] 88 None 98 Never heard of A- one-C test 77 Don't know / Not sure 99 Refused		Read if necessary: A test for A-one-C measures the average level of blood sugar over the past three months.	269-270
M02.06	About how many times in the past 12 months has a health professional checked your	FEETCHK	Number of times [76 = 76 or more] 88 None 77 Don't know / Not sure	If M02.03 = 555 (No feet), go to M02.07		271-272

	feet for any sores or irritations?		99 Refused		
M02.07	When was the last time you had an eye exam in which the pupils were dilated, making you temporarily sensitive to bright light?	EYEEXAM1	Read if necessary: 1 Within the past month (anytime less than 1 month ago) 2 Within the past year (1 month but less than 12 months ago) 3 Within the past 2 years (1 year but less than 2 years ago) 4 2 or more years ago Do not read: 7 Don't know / Not sure 8 Never 9 Refused		273
M02.08	Has a doctor ever told you that diabetes has affected your eyes or that you had retinopathy?	DIABEYE	1 Yes 2 No 7 Don't know/ not sure 9 Refused		274
M02.09	Have you ever taken a course or class in how to manage your diabetes yourself?	DIABEDU	1 Yes 2 No 7 Don't know/ not sure 9 Refused		275

#### Core Section 8: Arthritis

Question Number	Question text	Variable names	Responses (DO NOT READ UNLESS OTHERWISE NOTED)	SKIP INFO/ CATI Note	Interviewer Note (s)	Column(s)
C08.01	Has a doctor, nurse or other	HAVARTH5	1 Yes			132
	health professional ever told you that you had some form of arthritis, rheumatoid arthritis, gout, lupus, or fibromyalgia?		2 No 7 Don't know / Not sure 9 Refused	Go to next section		
C08.02	Has a doctor or other health professional ever suggested physical activity or exercise to help your arthritis or joint symptoms?	ARTHEXER	1 Yes 2 No 7 Don't know / Not sure 9 Refused		If the respondent is unclear about whether this means increase or decrease in physical activity, this means increase.	133
C08.03	Have you ever taken an educational course or class to teach you how to manage problems related to your arthritis or joint symptoms?	ARTHEDU	1 Yes 2 No 7 Don't know / Not sure 9 Refused			134
C08.04	Are you now limited in any way in any of your usual activities because of	LMTJOIN3	1 Yes 2 No 7 Don't know / Not sure 9 Refused		If a respondent question arises about medication, then the interviewer should reply: "Please answer the	135

C08.05	arthritis or joint symptoms? In the next question, we are referring to work for pay. Do arthritis or joint symptoms now affect whether you work, the type of work you do or the amount of work you do?	ARTHDIS2	1 Yes 2 No 7 Don't know / Not sure 9 Refused	question based on your current experience, regardless of whether you are taking any medication or treatment" If respondent gives an answer to each issue (whether works, type of work, or amount of work), then if any issue is "yes" mark the overall response as "yes." If a question arises about medications or treatment, then the interviewer should say: "Please answer the question based on your current experience, regardless of whether you are taking any medication or treatment."	136
C08.06	Please think about the past 30 days, keeping in mind all of your joint pain or aching and whether or not you have taken medication. During the past 30 days, how bad was your joint pain on average on a scale of 0 to 10 where 0 is no pain and 10 is pain or aching as bad as it can be?	JOINPAI2	Enter number [00- 10] 77 Don't know/ Not sure 99 Refused		137-138

## Core Section 9: Demographics

Question Number	Question text	Variable names	Responses (DO NOT READ UNLESS OTHERWISE NOTED)	SKIP INFO/ CATI Note	Interviewer Note (s)	Column( s)
CDEM.01	What is your age?	AGE	Age 7 Don't know 9 Refused			139-140
CDEM.02	Are you Hispanic, Latino/a, or Spanish origin?	HISPANC3	If yes, read: Are you 1 Mexican, Mexican American, Chicano/a 2 Puerto Rican 3 Cuban 4 Another Hispanic, Latino/a, or Spanish origin Do not read: 5 No 7 Don't know / Not sure 9 Refused		One or more categories may be selected.	141-144
CDEM.03	Which one or more of the following would you say is your race?	MRACE1	Please read: 10 White 20 Black or African American 30 American Indian or Alaska Native 40 Asian 41 Asian Indian 42 Chinese 43 Filipino 44 Japanese 45 Korean 46 Vietnamese 47 Other Asian 50 Pacific Islander 51 Native Hawaiian 52 Guamanian or Chamorro 53 Samoan 54 Other Pacific Islander Do not read: 60 Other 88 No additional choices 77 Don't know / Not sure 99 Refused		If 40 (Asian) or 50 (Pacific Islander) is selected read and code subcategori es underneath major heading. One or more categories may be selected.	145-172

				If more than		
				one response to		
				CDEM.03; continue.		
				Otherwise, go		
				to CDEM.05		
CDEM.04	Which one of these	ORACE3	Please read: 10 White 20 Black or African		If 40 (Asian) or 50 (Pacific	173-174
	groups would		American 30 American Indian or		Islander) is selected	
	you say		Alaska Native		read and	
	best		40 Asian		code	
	represent		41 Asian Indian		subcategori	
	s your		42 Chinese		es	
	race?		43 Filipino		underneath	
			44 Japanese		major	
			45 Korean		heading.	
			46 Vietnamese 47 Other Asian		If	
			50 Pacific Islander		respondent	
			51 Native		has selected	
			Hawaiian		multiple	
			52 Guamanian or		races in	
			Chamorro		previous	
			53 Samoan		and refuses	
			54 Other Pacific		to select a	
			Islander Do not read:		single race, code	
			60 Other		refused	
			77 Don't know / Not sure			
			99 Refused			
CDEM.05	Are you	MARITAL	Please read:			175
			1 Married			
			2 Divorced 3 Widowed			
			4 Separated			
			5 Never married			
			Or			
			6 A member of an			
			unmarried couple			
			Do not read:			
CDEM.06	What is	EDUCA	9 Refused Read if necessary:			176
CELINIOU	the		1 Never attended school			1,0
	highest		or only attended			
	grade or		kindergarten			
	year of		2 Grades 1 through 8			
	school		(Elementary)			
	you					

	complete d?		3 Grades 9 through 11 (Some high school) 4 Grade 12 or GED (High school graduate) 5 College 1 year to 3 years (Some college or technical school) 6 College 4 years or more (College graduate) Do not read: 9 Refused		
CDEM.07	Do you own or rent your home?	RENTHOM 1	1 Own 2 Rent 3 Other arrangement 7 Don't know / Not sure 9 Refused	Other arrangemen t may include group home, staying with friends or family without paying rent. Home is defined as the place where you live most of the place where you live most of the time/the majority of the year. Read if necessary: We ask this question in order to compare health indicators among people with different housing situations.	177
CDEM.08	In what county do you currently live?	CTYCODE2	ANSI County Code 777 Don't know / Not Sure 888 County from another state 999 Refused		178-180

CDEM.09	What is the ZIP Code where you currently live?	ZIPCODE1	77777 Do not know 99999 Refused			181-185
				If cell interview go to CDEM12		
CDEM.10	Not including cell phones or numbers used for computer s, fax machines or security systems, do you have more than one telephon e number in your househol d?	NUMHHOL 3	1 Yes 2 No 7 Don't know / Not sure 9 Refused	Go to CDEM.12		186
CDEM.11	How many of these telephon e numbers are residenti al numbers ?	NUMPHON 3	Enter number (1-5) 6 Six or more 7 Don't know / Not sure 8 None 9 Refused			187
CDEM.12	How many cell phones do you have for personal use?	CPDEMO1 B	Enter number (1-5) 6 Six or more 7 Don't know / Not sure 8 None 9 Refused	Last question needed for partial complete.	Read if necessary: Include cell phones used for both business and	188

					personal	
					use.	
CDEM.13 CDEM.14	Have you ever served on active duty in the United States Armed Forces, either in the regular military or in a National Guard or military reserve unit? Are you	VETERAN3	1 Yes 2 No 7 Don't know / Not sure 9 Refused Read:		Read if necessary: Active duty does not include training for the Reserves or National Guard, but DOES include activation, for example, for the Persian Gulf War.	189
	currently ?		<ol> <li>Employed for wages</li> <li>Self-employed</li> <li>Out of work for 1 year</li> <li>or more</li> <li>Out of work for less</li> <li>than 1 year</li> <li>A Homemaker</li> <li>A Student</li> <li>Retired</li> <li>Or</li> <li>Unable to work</li> <li>Do not read:</li> <li>9 Refused</li> </ol>		one, say "select the category which best describes you".	
CDEM.15	How many children less than 18 years of age live in your househol d?	CHILDREN	Number of children 88 None 99 Refused			191-192
CDEM.16	ls your annual househol d income	INCOME3	Read if necessary: 01 Less than \$10,000?	SEE CATI information of order of coding;	If respondent refuses at ANY income	193-194

	from all		02 Loca than \$15,0002	Start with	loval cada	
			02 Less than \$15,000? (\$10,000 to less than	Start with	level, code '99'	
	sources—		••••••	category 05 and		
			\$15,000)	move up or	(Refused)	
			03 Less than \$20,000?	down		
			(\$15,000 to less than \$20,000)	categories.		
			-			
			04 Less than \$25,000			
			05 Less than \$35,000 lf			
			(\$25,000 to less than \$35,000)			
			06 Less than \$50,000 If			
			(\$35,000 to less than			
			\$50,000)			
			07 Less than \$75,000?			
			(\$50,000 to less than			
			\$75,000)			
			08 Less than \$100,000?			
			(\$75,000 to less than			
			\$100,000)			
			09 Less than \$150,000?			
			(\$100,000 to less than			
			\$150,000)?			
			10 Less than \$200,000?			
			(\$150,000 to less than			
			\$200,000)			
			11 \$200,000 or more			
			11,5200,000 01 11012			
			Do not read:			
			77 Don't know / Not sure			
			99 Refused			
				Skip if Male		
				(MSAB.01,		
				BIRTHSEX, is		
				coded 1). If		
				MSAB.01=missi		
				ng and (CP05=1		
				or LL12=1; or		
				LL09 = 1 or LL07		
				=1).		
				or Age >49		
CDEM.17	To your	PREGNANT	1 Yes			195
	knowledg		2 No			
	e, are you		7 Don't know / Not sure			
	now		9 Refused			
	pregnant					
	?					
CDEM.18	About	WEIGHT2	Weight		If	196-199
	how		(pounds/kilograms)		respondent	
	much do		7777 Don't know / Not		answers in	
	you		sure		metrics, put	
						20

	weigh without shoes?		9999 Refused	9 in first column. Round fractions up	
CDEM.19	About how tall are you without shoes?	HEIGHT3	/ Height (ft / inches/meters/centimete rs) 77/ 77 Don't know / Not sure 99/ 99 Refused	If respondent answers in metrics, put 9 in first column. Round fractions down	200-203

#### Core Section 10: Disability

Question Number	Question text	Variable names	Responses (DO NOT READ UNLESS OTHERWISE NOTED)	SKIP INFO/ CATI Note	Interviewer Note (s)	Column(s)
CDIS.01	Some people who are deaf or have serious difficulty hearing use assistive devices to communicate by phone. Are you deaf or do you have serious difficulty hearing?	DEAF	1 Yes 2 No 7 Don't know / Not sure 9 Refused			204
CDIS.02	Are you blind or do you have serious difficulty seeing, even when wearing glasses?	BLIND	1 Yes 2 No 7 Don't know / Not sure 9 Refused			205
CDIS.03	Because of a physical, mental, or emotional condition, do you have serious difficulty concentrating, remembering, or making decisions?	DECIDE	1 Yes 2 No 7 Don't know / Not sure 9 Refused			206

CDIS.04	Do you have serious difficulty walking or climbing stairs?	DIFFWALK	1 Yes 2 No 7 Don't know / Not sure 9 Refused		207
CDIS.05	Do you have difficulty dressing or bathing?	DIFFDRES	1 Yes 2 No 7 Don't know / Not sure 9 Refused		208
CDIS.06	Because of a physical, mental, or emotional condition, do you have difficulty doing errands alone such as visiting a doctor's office or shopping?	DIFFALON	1 Yes 2 No 7 Don't know / Not sure 9 Refused		209

#### Core Section 11: Tobacco Use

Question Number	Question text	Variable names	Responses (DO NOT READ UNLESS OTHERWISE NOTED)	SKIP INFO/ CATI Note	Interviewer Note (s)	Column(s)
CTOB.01	Have you smoked at least 100 cigarettes in your entire life?	SMOKE100	1 Yes		Do not include: electronic cigarettes (e- cigarettes, njoy, bluetip, JUUL), herbal cigarettes, cigars, cigarillos, little cigars, pipes, bidis, kreteks, water pipes (hookahs) or marijuana. 5 packs = 100 cigarettes.	210
			2 No 7 Don't know/Not Sure 9 Refused	Go to CTOB.03		
CTOB.02	Do you now smoke cigarettes every day, some days, or not at all?	SMOKDAY2	1 Every day 2 Some days 3 Not at all 7 Don't know / Not sure 9 Refused			211
CTOB.03	Do you currently use chewing tobacco, snuff, or snus every day, some days, or not at all?	USENOW3	1 Every day 2 Some days 3 Not at all 7 Don't know / Not sure 9 Refused		Read if necessary: Snus (Swedish for snuff) is a moist smokeless tobacco, usually sold in small pouches that are placed under the lip against the gum.	212
CTOB.04	Do you now use e- cigarettes or other electronic vaping products every	ECIGNOW	1 Every day 2 Some days 3 Not at all 4 Never smoked e- cigs		Electronic cigarettes (e- cigarettes) and other electronic vaping products include electronic hookahs (e-	213

day, some	7 Don't know	hookahs), vape
days or not at	/ Not sure	pens, e-cigars, and
all?	9 Refused	others. These
		products are
		battery-powered
		and usually contain
		nicotine and flavors
		such as fruit, mint,
		or candy. Brands
		you may have
		heard of are JUUL,
		NJOY, or blu.
		Interviewer note:
		These questions
		concern electronic
		vaping products for
		nicotine use. The
		use of electronic
		vaping products for
		marijuana use is not
		included in these
		questions.
		Snus (rhymes with
		'goose')

## Core Section 12: Alcohol Consumption

Question Number	Question text	Variable names	Responses (DO NOT READ UNLESS OTHERWISE NOTED)	SKIP INFO/ CATI Note	Interviewer Note (s)	Column(s)
CALC.01	During the past 30 days, how many days per week or per month did you have at least one drink of any alcoholic beverage such as beer, wine, a malt beverage or liquor?	ALCDAY5	1 Days per week 2 Days in past 30 days 888 No drinks in past 30 days 777 Don't know / Not sure 999 Refused	Go to next section	Read if necessary: A 40-ounce beer would count as 3 drinks, or a cocktail drink with 2 shots would count as 2 drinks.	214-216
CALC.02	One drink is equivalent to a 12-ounce beer, a 5-ounce glass	AVEDRNK3	Number of drinks 88 None		Read if necessary: A 40-ounce beer would count as 3 drinks, or a cocktail	217-218

	of wine, or a drink with one shot of liquor. During the past 30 days, on the days when you drank, about how many drinks did you drink on the average?		77 Don't know / Not sure 99 Refused		drink with 2 shots would count as 2 drinks.	
CALC.03	Considering all types of alcoholic beverages, how many times during the past 30 days did you have X [CATI X = 5 for men, X = 4 for women] or more drinks on an occasion?	DRNK3GE5	Number of times 77 Don't know / Not sure 99 Refused	CATI X = 5 for men, X = 4 for women (states may use sex at birth to determine sex if module is adopted)		219-220
CALC.04	During the past 30 days, what is the largest number of drinks you had on any occasion?	MAXDRNKS	Number of drinks 77 Don't know / Not sure 99 Refused			221-222

#### Core Section 13: Immunization

Question Number	Question text	Variable names	Responses (DO NOT READ UNLESS OTHERWISE NOTED)	SKIP INFO/ CATI Note	Interviewer Note (s)	Column(s)
CIMM.01	During the past 12 months, have you had either a flu vaccine that was sprayed in your nose or a flu shot injected into your arm?	FLUSHOT7	1 Yes 2 No 7 Don't know / Not sure 9 Refused	Go to CIMM.04	Read if necessary: A new flu shot came out in 2011 that injects vaccine into the skin with a very small needle. It is called Fluzone Intradermal vaccine. This is also considered a flu shot.	223

CIMM.02	During what	FLSHTMY3	1		224-229
	During what	FLSH I IVI Y 3	Month / Year		224-229
	month and year				
	did you receive		77 / 7777 Don't		
	your most		know / Not		
	recent flu		sure		
	vaccine that was		09 / 9999		
	sprayed in your		Refused		
	nose or flu shot				
	injected into				
	your arm?				
C11.03	At what kind of	IMFVPLAC	Read if	Read if necessary:	230-231
	place did you		necessary:	How would you	
	get your last flu		01 A doctor's	describe the place	
	shot or vaccine?		office or health	where you went to	
			maintenance	get your most	
			organization	recent flu vaccine?	
			(HMO)	If the respondent	
			02 A health	indicates that it	
			department	was a drive	
			03 Another	through	
			type of clinic or	immunization site,	
			health center	ask the location of	
			(a community	the site. If the	
			health center)	respondent	
			04 A senior,	remembers only	
			recreation, or	that it was drive	
			community	through and	
			center	cannot identify the	
			05 A store	location, code "12"	
			(supermarket,	, ,	
			drug store)		
			06 A hospital		
			(inpatient)		
			07 An		
			emergency		
			room		
			08 Workplace		
			09 Some other		
			kind of place		
			11 A school		
			Do not read:		
			12 A drive		
			though		
			location at		
			some other		
			place than		
			listed above		
			10 Received		
			vaccination in		
			Canada/Mexico		

			77 Don't know		
			/ Not sure		
			99 Refused		
CIMM.04	Have you ever	PNEUVAC4	1 Yes	Read if necessary:	232
	had a		2 No	There are two	
	pneumonia shot		7 Don't know /	types of	
	also known as a		Not sure	pneumonia shots:	
	pneumococcal		9 Refused	polysaccharide,	
	vaccine?			also known as	
				Pneumovax, and	
				conjugate, also	
				known as Prevnar.	

#### Core Section 14: H.I.V./AIDS

Question Number	Question text	Variable names	Responses (DO NOT READ UNLESS OTHERWISE NOTED)	SKIP INFO/ CATI Note	Interviewer Note (s)	Column(s)
CHIV.01	Including fluid testing from your mouth, but not including tests you may have had for blood donation, have you ever been tested for H.I.V?	HIVTST7	1 Yes 2 No 7 Don't know/ not sure 9 Refused	Go to Next section	Please remember that your answers are strictly confidential and that you don't have to answer every question if you do not want to. Although we will ask you about testing, we will not ask you about the results of any test you may have had.	233
CHIV.02	Not including blood donations, in what month and year was your last H.I.V. test?	HIVTSTD3	/ Code month and year 77/ 7777 Don't know / Not sure 99/ 9999 Refused	If response is before January 1985, code "777777".	INTERVIEWER NOTE: If the respondent remembers the year but cannot remember the month, code the first two digits 77 and the last four digits for the year.	234-239

#### Core Section 15: Fruits and Vegetables

Question	Question text	Variable	Responses	SKIP INFO/	Interviewer Note (s)	Column(s)
Number		names	(DO NOT READ UNLESS OTHERWISE NOTED)	CATI Note		
CFV.01	Now think about the foods you ate or drank during the past month, that is, the past 30 days, including meals and snacks. Not including juices, how often did you eat fruit? You can tell me times per day, times per week or times per month.	FRUIT2	1_ Day 2_ Week 3_ Month 300 Less than once a month 555 Never 777 Don't Know 999 Refused		If a respondent indicates that they consume a food item every day then enter the number of times per day. If the respondent indicates that they eat a food less than daily, then enter times per week or time per month. Do not enter time per day unless the respondent reports that he/she consumed that food item each day during the past month. Enter quantity in times per day, week, or month. If respondent gives a number without a time frame, ask "was that per day, week, or month?" Read if respondent asks what to include or says 'i don't know': include fresh, frozen or canned fruit. Do not include dried fruits.	240-242

CFV.02	Not including fruit-flavored drinks or fruit juices with added sugar, how often did you drink 100% fruit juice such as apple or orange juice?	FRUITJU2	1_ Day 2_ Week 3_ Month 300 Less than once a month 555 Never 777 Don't Know 999 Refused	Read if respondent asks about examples of fruit- flavored drinks: "do not include fruit- flavored drinks with added sugar like cranberry cocktail, Hi-C, lemonade, Kool-Aid, Gatorade, Tampico, and sunny delight. Include only 100% pure juices or 100% juice blends." Enter quantity in times per day, week, or month. If respondent gives a number without a time frame, ask "Was that per day, week, or month?"	243-245
CFV.03	How often did you eat a green leafy or lettuce salad, with or without other vegetables?	FVGREEN1	1_ Day 2_ Week 3_ Month 300 Less than once a month 555 Never 777 Don't Know 999 Refused	Enter quantity in times per day, week, or month. If respondent gives a number without a time frame, ask "Was that per day, week, or month?" Read if respondent asks about spinach: "Include spinach salads."	246-248
CFV.04	How often did you eat any kind of fried potatoes, including French fries, home fries, or hash browns?	FRENCHF1	1 Day 2 Week 3 Month 300 Less than once a month 555 Never 777 Don't Know	Enter quantity in times per day, week, or month. If respondent gives a number without a time frame, ask "Was that per day, week, or month?"	249-251

			999 Refused	Read if respondent asks about potato chips: "Do not include potato chips."	
CFV.05	How often did you eat any other kind of potatoes, or sweet potatoes, such as baked, boiled, mashed potatoes, or potato salad?	POTATOE1	1_ Day 2_ Week 3_ Month 300 Less than once a month 555 Never 777 Don't Know 999 Refused	Enter quantity in times per day, week, or month. If respondent gives a number without a time frame, ask "Was that per day, week, or month?" Read if respondent asks about what types of potatoes to include: "Include all types of potatoes except fried. Include potatoes au gratin, scalloped potatoes."	252-254
CFV.06	Not including lettuce salads and potatoes, how often did you eat other vegetables?	VEGETAB2	1 Day 2 Week 3 Month 300 Less than once a month 555 Never 777 Don't Know 999 Refused	Enter quantity in times per day, week, or month. If respondent gives a number without a time frame, ask "Was that per day, week, or month?" Read if respondent asks about what to include: "Include tomatoes, green beans, carrots, corn, cabbage, bean sprouts, collard greens, and broccoli. Include raw, cooked, canned, or frozen vegetables. Do not include rice."	255-257

## Closing Statement/ Transition to Modules

Read if necessary	Read	CATI instructions (not read)
That was my last question. Everyone's answers will be combined to help us provide		Read if no optional modules follow, otherwise continue to optional modules.
information about the health practices of people in Delaware. Thank you very much		
for your time and cooperation.		

## Optional Modules

#### Module 5: HPV – Vaccination

Question Number	Question text	Variable names	Responses (DO NOT READ UNLESS OTHERWISE NOTED)	SKIP INFO/ CATI Note	Interviewer Note (s)	Columns
M05.01	Have you ever had an H.P.V. vaccination?	HPVADVC4	1 Yes 2 No 3 Doctor refused when asked 7 Don't know / Not sure 9 Refused	To be asked of respondents between the ages of 18 and 49 years; otherwise, go to next module Go to next module	Human Papillomavirus (Human Pap·uh·loh·muh virus); Gardasil (Gar·duh· seel); Cervarix (Sir·var· icks) Read if necessary: A vaccine to prevent the human papillomavirus or H.P.V. infection is available and is called the cervical cancer or genital warts vaccine, H.P.V. shot, [Fill: if female GARDASIL or CERVARIX; if male: GARDASIL]. If respondent comments that this question was already asked, clarify that the earlier questions was about HPV testing, and this question is about vaccination.	285
M05.02	How many HPV shots did you receive?	HPVADSHT	Number of shots (1- 2) 3 All shots 77 Don't know / Not sure 99 Refused			286-287

Question Number	Question text	Variable names	Responses (DO NOT READ UNLESS OTHERWISE NOTED)	SKIP INFO/ CATI Note	Interviewer Note (s)	Column(s)
				If CCHC.06 or CCHC.07 = 1 (Yes) or CPCS.06 = 4 continue, else go to next module.		
MTOC.01	You've told us that you have had cancer. I would like to ask you a few more questions about your cancer. How many different types of cancer have you had?	CNCRDIFF	1 Only one 2 Two 3 Three or more 7 Don't know / Not sure 9 Refused	Go to next module		342
MTOC.02	At what age were you told that you had cancer?	CNCRAGE	Age in Years (97 = 97 and older) 98 Don't know/Not sure 99 Refused		If MTOC.01= 2 (Two) or 3 (Three or more), ask: At what age were you first diagnosed with cancer? Read if necessary: This question refers to the first time they were told about their first cancer.	343-344

## Module 13: Cancer Survivorship: Type of Cancer

				If CCHC.06 = 1 (Yes) and MTOC.01 = 1 (Only one): ask Was it Melanoma or other skin cancer? then code MTOC.03 as a response of 21 if Melanoma or 22 if other skin cancer		
MTOC.03	What type of cancer was it?	CNCRTYP1	Read if respondent needs prompting for cancer type: 01 Breast cancer Female reproductive (Gynecologic) 02 Cervical cancer (cancer of the cervix) 03 Endometrial cancer (cancer of the uterus) 04 Ovarian cancer (cancer of the ovary) Head/Neck 05 Head and neck cancer 06 Oral cancer 07 Pharyngeal (throat) cancer 08 Thyroid 09 Larynx Gastrointestinal 10 Colon (intestine) cancer 11 Esophageal (esophagus) 12 Liver cancer 13 Pancreatic (pancreas) cancer		If MTOC.01 = 2 (Two) or 3 (Three or more), ask: With your most recent diagnoses of cancer, what type of cancer was it?	345-346

15 Stomach
Leukemia/Lymphoma
(lymph nodes and
bone marrow)
16 Hodgkin's
Lymphoma (Hodgkin's
disease)
17 Leukemia (blood)
cancer
18 Non-Hodgkin's
Lymphoma
Male reproductive
19 Prostate cancer
20 Testicular cancer
Skin
21 Melanoma
22 Other skin cancer
Thoracic
23 Heart
24 Lung
Urinary cancer
25 Bladder cancer
26 Renal (kidney)
cancer
Others
27 Bone
28 Brain
29 Neuroblastoma
30 Other
Do not read:
77 Don't know / Not
sure
99 Refused

## Module 14: Cancer Survivorship: Course of Treatment

Question Number	Question text	Variable names	Responses (DO NOT READ UNLESS OTHERWISE NOTED)	SKIP INFO/ CATI Note	Interviewer Note (s)	Column(s)
				If CCHC.06 or CCHC.07 = 1 (Yes) continue,		

MCOT.01	Are you	CSRVTRT3	Read if	else go to next module. Go to next	Read if necessary:	347
	currently receiving treatment for		necessary: 1 Yes 2 No, I've	Continue	By treatment, we mean surgery, radiation therapy,	347
	cancer?		completed treatment	Go to next	chemotherapy, or chemotherapy pills.	
			3 No, I've refused treatment 4 No, I haven't started treatment 5 Treatment was not necessary 7 Don't know / Not sure 9 Refused	module		
MCOT.02	What type of doctor provides the majority of your health care? Is it a	CSRVDOC1	Read: 01 Cancer Surgeon 02 Family Practitioner 03 General Surgeon 04 Gynecologic Oncologist 05 General Practitioner, Internist 06 Plastic Surgeon, Reconstructive Surgeon 07 Medical Oncologist 08 Radiation Oncologist 08 Radiation Oncologist 10 Other Do not read: 77 Don't know / Not sure 99 Refused		If the respondent requests clarification of this question, say: We want to know which type of doctor you see most often for illness or regular health care (Examples: annual exams and/or physicals, treatment of colds, etc.). Read if necessary: An oncologist is a medical doctor who manages a person's care and treatment after a cancer diagnosis.	348-349

MCOT.03	Did any doctor, nurse, or other health professional ever give you a written summary of all the cancer treatments that you received?	CSRVSUM	1 Yes 2 No 7 Don't know/ not sure 9 Refused		Read if necessary: By 'other healthcare professional', we mean a nurse practitioner, a physician's assistant, social worker, or some other licensed professional.	350
MCOT.04	Have you ever received instructions from a doctor, nurse, or other health professional about where you should return or who you should see for routine cancer check- ups after completing your treatment for cancer?	CSRVRTRN	1 Yes 2 No 7 Don't know/ not sure 9 Refused	Go to MCOT.06		351
MCOT.05	Were these instructions written down or printed on paper for you?	CSRVINST	1 Yes 2 No 7 Don't know/ not sure 9 Refused			352
MCOT.06	With your most recent diagnosis of cancer, did you have health insurance that paid for all or part of your cancer treatment?	CSRVINSR	1 Yes 2 No 7 Don't know/ not sure 9 Refused		Read if necessary: Health insurance also includes Medicare, Medicaid, or other types of state health programs.	353

MCOT.07	Were you ever denied health insurance or life insurance coverage because of your cancer?	CSRVDEIN	1 Yes 2 No 7 Don't know/ not sure 9 Refused		354
MCOT.08	Did you participate in a clinical trial as part of your cancer treatment?	CSRVCLIN	1 Yes 2 No 7 Don't know/ not sure 9 Refused		355

## Module 15: Cancer Survivorship: Pain Management

Question Number	Question text	Variable names	Responses (DO NOT READ UNLESS OTHERWISE NOTED)	SKIP INFO/ CATI Note	Interviewer Note (s)	Column(s)
				If CCHC.06 or CCHC.07 = 1 (Yes) continue, else go to next module.		
MCPM.01	Do you currently have physical pain caused by your cancer or cancer treatment?	CSRVPAIN	1 Yes 2 No 7 Don't know/ not sure 9 Refused	Go to next module		356
MCPM.02	Would you say your pain is currently under control?	CSRVCTL2	Read: 1 With medication (or treatment) 2 Without medication (or treatment) 3 Not under control, with			357

medication (or
treatment)
4 Not under
control,
without
medication (or
treatment)
Do not read:
7 Don't know /
Not sure
9 Refused

## Module 16: Home/ Self-measured Blood Pressure

Question Number	Question text	Variable names	Responses (DO NOT READ UNLESS OTHERWISE NOTED)	SKIP INFO/ CATI Note	Interviewer Note (s)	Column(s)
M16.01	Has your doctor, nurse or other health professional recommended you check your blood pressure outside of the office or at home?	НОМВРСНК	1 Yes 2 No 7 Don't know / Not sure 9 Refused		By other healthcare professional we mean nurse practitioner, a physician assistant, or some other licensed health professional.	358
M16.02	Do you regularly check your blood pressure outside of your healthcare professional's office or at home?	HOMRGCHK	1 Yes 2 No 7 Don't know / Not sure 9 Refused	Go to next module		359
M16.03	Do you take it mostly at home or on a machine at a pharmacy, grocery or similar location?	WHEREBP	1 At home 2 On a machine at a pharmacy, grocery or similar location 3 Do not check it			360

			7 Don't know / Not sure 9 Refused		
M16.04	How do you share your blood pressure numbers that you collected with your health professional? Is it mostly by telephone, other methods such as emails, internet portal or fax, or in person?	SHAREBP	Do not read: 1 Telephone 2 Other methods such as email, internet portal, or fax, or 3 In person Do not read: 4 Do not share information 7 Don't know / Not sure 9 Refused		361

## Module 19: Caregiver

Question Number	Question text	Variable names	Responses (DO NOT READ UNLESS OTHERWISE NOTED)	SKIP INFO/ CATI Note	Interviewer Note (s)	Column(s)
M19.01	During the past 30 days, did you provide regular care or assistance to a friend or family member who has a health problem or disability?	CAREGIV1	1 Yes 2 No 7 Don't know/Not sure 8 Caregiving recipient died in past 30 days 9 Refused	Go to M19.09 Go to next module Go to M19.09	If caregiving recipient has died in the past 30 days, code 8 and say: I'm so sorry to hear of your loss	370
M19.02	What is his or her relationship to you?	CRGVREL3	01 Mother 02 Father 03 Mother-in-law 04 Father-in-law 05 Child 06 Husband 07 Wife 08 Live-in partner 09 Brother or brother-in-law 10 Sister or sister- in-law 11 Grandmother 12 Grandfather 13 Grandchild 14 Other relative 15 Non-relative/ Family friend 77 Don't know/Not sure 99 Refused		If more than one person, say: Please refer to the person to whom you are giving the most care.	371-372
M19.03	For how long have you provided care for that person?	CRGVLNG1	Read if necessary: 1 Less than 30 days 2 1 month to less than 6 months			373

			3 6 months to less			
			than 2 years			
			4 2 years to less			
			, than 5 years			
			, 5 More than 5			
			years			
			, Do not read:			
			7 Don't Know/			
			Not Sure			
			9 Refused			
M19.04	In an average	CRGVHRS1	Read if necessary:			374
	week, how		1 Up to 8 hours			
	many hours		per week			
	do you		2 9 to 19 hours			
	provide care		per week			
	or assistance?		3 20 to 39 hours			
			per week			
			4 40 hours or			
			more			
			Do not read:			
			7 Don't know/Not			
			sure			
			9 Refused			
M19.05	What is the	CRGVPRB3	01 Arthritis/	lf M19.05 = 5		375-376
	main health		rheumatism	(Alzheimer's		
	problem, long-		02 Asthma	disease,		
	term illness, or		03 Cancer	dementia or		
	disability that		04 Chronic	other		
	the person		respiratory conditions such as	cognitive		
	you care for has?			impairment		
	lldS?		emphysema or COPD	disorder), go to M19.07.		
			05 Alzheimer's			
				Otherwise, continue		
			disease, dementia or other cognitive	continue		
			-			
			impairment disorder			
			06 Developmental			
			disabilities such as			
			autism, Down's			
			Syndrome, and			
			spina bifida			
			07 Diabetes			
			08 Heart disease,			
			hypertension,			
			stroke			
			09 Human			
			Immunodeficiency			
			Virus Infection			
			(H.I.V.)			
1	1	1	· ·······	1	1	I I

			10 Mental		
			illnesses, such as		
			anxiety,		
			depression, or		
			schizophrenia		
			11 Other organ		
			failure or diseases		
			such as kidney or		
			liver problems		
			12 Substance		
			abuse or addiction		
			disorders		
			13 Injuries,		
			including broken		
			bones		
			14 Old age/		
			infirmity/frailty		
			15 Other		
			77 Don't		
			know/Not sure		
			99 Refused	 	
M19.06	Does the	CRGVALZD	1 Yes		377
	person you		2 No		
	care for also		7 Don't know/ Not		
	have		sure		
	Alzheimer's		9 Refused		
	disease,				
	dementia or				
	other				
	cognitive				
	impairment disorder?				
M19.07	In the past 30	CRGVPER1	1 Yes		378
	days, did you		2 No		
	provide care		7 Don't know/ not		
	for this person		sure		
	by managing		9 Refused		
	personal care				
	such as giving				
	medications,				
	feeding,				
	dressing, or				
	bathing?			 	
M19.08	In the past 30	CRGVHOU1	1 Yes		379
	days, did you		2 No		
	provide care		7 Don't know/ not		
	for this person		sure		
	by managing		9 Refused		
	household				
	tasks such as				

	cleaning, managing money, or preparing meals?				
				If M19.01 = 1	
				or 8, go to next module	
M19.09	In the next 2 years, do you expect to provide care or assistance to a friend or family member who has a health problem or disability?	CRGVEXPT	1 Yes 2 No 7 Don't know/ not sure 9 Refused		380

#### Module 21: Marijuana Use

Question Number	Question text	Variable names	Responses (DO NOT READ UNLESS OTHERWISE NOTED)	SKIP INFO/ CATI Note	Interviewer Note (s)	Column(s)
M21.01	During the past 30 days, on how many days did you use marijuana or cannabis?	MARIJAN1	01-30 Number of days 88 None 77 Don't know/not sure 99 Refused	Go to next module	If asked, participants should be advised NOT to include hemp-based CBD products.	394-395
M21.02	During the past 30 days, which one of the following ways did you use marijuana the most often? Did you usually	USEMRJN2	Read: 1 Smoke it (for example, in a joint, bong, pipe, or blunt). 2 Eat it (for example, in brownies, cakes, cookies, or candy) 3 Drink it (for example, in tea, cola, or alcohol) 4 Vaporize it (for example, in an e- cigarette-like vaporizer or another vaporizing device) 5 Dab it (for example, using a dabbing rig, knife, or dab pen), or		Select one. If respondent provides more than one say: Which way did you use it most often? Read parentheticals only if asked for more detail.	396

			6 Use it some other way. Do not read: 7 Don't know/not sure 9 Refused		
M21.03	When you used marijuana or cannabis during the past 30 days, was it usually:	RSNMRJN1	Read: 1 For medical reasons 2 For non- medical reasons or 3 For both medical and non-medical reasons. Do not read: 7 Don't know/Not sure 9 Refused		397

#### Module 22: Tobacco Cessation

Question Number	Question text	Variable names	Responses (DO NOT READ UNLESS OTHERWISE NOTED)	SKIP INFO/ CATI Note	Interviewer Note (s)	Column(s)
				Ask if SMOKE100 = 1 and SMOKDAY2=3.		
M22.01	How long has it been since you last smoked a cigarette, even one or two puffs?	LASTSMK2	Read if necessary: 01 Within the past month (less than 1 month ago) 02 Within the past 3 months (1 month but less than 3 months ago) 03 Within the past 6 months (3 months but less than 6 months ago) 04 Within the past year (6 months but less than 1 year ago) 05 Within the past 5 years (1 year but less than 1 year ago) 05 Within the past 5 years (1 year but less than 5 years ago) 06 Within the past 10 years (5 years but less than 10 years ago) 07 10 years or more 08 Never smoked regularly 77 Don't know / Not sure 99 Refused	Go to next module		398-399

				Ask if SMOKDAY2 = 1 or 2.	
M22.02	During the past 12 months, have you stopped smoking for one day or longer because you were trying to quit smoking?	STOPSMK2	1 Yes 2 No 7 Don't know / Not sure 9 Refused		400

# Delaware State-Added 1: The Preconception Health/Family Planning (2020, DE STATE-ADDED 3)

Questio n Number	Question text	Variabl e names	Responses (DO NOT READ UNLESS OTHERWISE NOTED)	SKIP INFO/ CATI NOTE	Interviewer Note (s)	Column(s )
INTRO SCREEN	The next set of questions asks you about your thoughts and experiences with family planning. Please remember that all of your answers will be kept confidential. Las siguientes preguntas son sobre sus pensamientos y experiencias con la planificación familiar. Por favor, recuerde que			[CATI NOTE: IF RESPONDENT IS FEMALE AND GREATER THAN 49 YEARS OF AGE, IS PREGNANT (PREGNANT=1 ), Had a hysterectomy (HADHYST2=1) OR NOT A STATE RESIDENT (STATERE1=2) OR IF RESPONDENT IS MALE GO TO THE NEXT MODULE.]		

	todas sus respuestas serán confidenciales					
DE1.1	Did you or your partner do anything the last time you had sex to keep you from getting pregnant? La última vez que TUVIERON RELACIONES SEXUALES, ¿usted o su esposo/parej a hicieron algo para evitar un embarazo?	DE1.1	1 Yes 2 No 3 No partner/not sexually active 4 Same sex partner 5 Has had a hysterectomy 7 Don't know/Not sure 9 Refused	If DE1.1 = 2, 7, or 9, go to DE1.3. IF DE1.1 = 3, 4, or 5, go to DE1.4.		901
DE1.2	What did you or your partner do the last time to keep you from getting pregnant? La última vez que TUVIERON RELACIONES SEXUALES, ¿qué hicieron usted o su pareja para evitar un embarazo?	DE1.2	Read only if necessary: 01 Female sterilization (ex. Tubal ligation, Essure, Adiana) 02 Male sterilization (vasectomy) 03 Contraceptive implant (ex. Implanon) 04 Levonorgestrel (LEE-voe-nor-JES- trel) (LNG) or hormonal IUD (ex. Mirena) 05 Copper-bearing IUD (ex. ParaGard) 06 IUD, type unknown	If DE1.2 = 1 to 18, go to DE1.4. If DE1.2 = 77 or 99, go to next question DE1.3	INTERVIEWER NOTE: IF RESPONDENT REPORTS USING MORE THAN ONE METHOD, PLEASE CODE THE METHOD THAT OCCURS FIRST ON THE LIST. INTERVIEWER NOTE: IF RESPONDENT REPORTS USING "CONDOMS," PROBE TO DETERMINE IF "FEMALE CONDOMS" OR	902-903

07 Shots (ex. Depo-	MALE
Provera)	CONDOMS."
08 Birth control pills,	
any kind	INTERVIEWER
09 Contraceptive	NOTE: IF
patch (ex. Ortho	RESPONDENT
Evra)	REPORTS USING
10 Contraceptive	AN "IUD" PROBE
ring (ex. NuvaRing)	TO DETERMINE IF
11 Male condoms	"LEVONORGESTR
12 Diaphragm,	EL IUD" OR
cervical cap, sponge	"COPPER-
13 Female condoms	BEARING IUD."
14 Not having sex at	
certain times	INTERVIEWER
(rhythm or natural	NOTE: IF
family planning)	RESPONDENT
15 Withdrawal (or	REPORTS "OTHER
pulling out)	METHOD," ASK
16 Foam, jelly, film,	RESPONDENT TO
or cream	"PLEASE BE
17 Emergency	SPECIFIC" AND
contraception	ENSURE THAT
· ·	
(morning after pill)	THEIR RESPONSE
18 Other method	DOES NOT FIT
Do not read:	INTO ANOTHER
77 Don't know/Not	CATEGORY. IF
sure	RESPONSE DOES
99 Refused	FIT INTO
	ANOTHER
01 Esterilización	CATEGORY,
femenina (p. ej.,	PLEASE MARK
ligadura de trompas,	APPROPRIATELY.
Essure, Adiana)	
02 Esterilización	
masculina	
(vasectomía)	
03 Implante	
anticonceptivo (p.	
ej., Implanon)	
04 DIU de	
Levonorgestrel (LEE-	
voe-nor-JES-trel)	
(LNG) u DIU	
hormonal (p. ej.,	
Mirena)	
05 DIU de alambre	
de cobre (p. ej.,	
ParaGard)	
i alaGaluj	

			06 DIU, de tipo		
			desconocido		
			07 Inyecciones (p.		
			ej., Depo-Provera)		
			08 Pastillas		
			anticonceptivas de		
			cualquier tipo		
			09 Parche		
			anticonceptivo (p.		
			ej., Ortho Evra)		
			10 Anillo		
			anticonceptivo (p.		
			ej., NuvaRing)		
			11 Condones para		
			hombres		
			12 Diafragma,		
			capuchón cervical, esponja		
			13 Condones para		
			mujeres		
			14 No tiene		
			relaciones sexuales		
			en ciertos días		
			(método de ritmo o		
			método		
			anticonceptivo		
			natural)		
			15 Retiro antes de la		
			eyaculación (eyacula		
			afuera)		
			16 Espuma, gel,		
			película o crema		
			anticonceptiva		
			17 Anticonceptivos		
			de emergencia		
			(pastilla de la		
			"mañana siguiente")		
	-		18 Otro método		
DE1.3	Some reasons	DE1.3	Read only if		904-905
	for not doing		necessary:	NOTE: IF	
	anything to		01 You didn't think	RESPONDENT REPORTS "OTHER	
	keep you from		you were going to	REPORTS "OTHER REASON," ASK	
	getting pregnant the		have sex/no regular partner	REASON, ASK RESPONDENT TO	
	last time you		02 You just didn't	"PLEASE SPECIFY"	
	had sex might		think about it	AND ENSURE	
	include		03 Don't care if you	THAT THEIR	
	wanting a		get pregnant	RESPONSE DOES	
	pregnancy,		04 You want a	NOT FIT INTO	
	not being able		pregnancy	ANOTHER	
	not being able		pregnancy	ANOTHER	

to pay for	05 You or your	CATEGORY. IF
birth control,	partner don't want	RESPONSE DOES
or not	to use birth control	FIT INTO
thinking that	06 You or your	ANOTHER
you can get	partner don't like	CATEGORY,
pregnant.	birth control/side	PLEASE MARK
	effects	APPROPRIATELY.
What was	07 You couldn't pay	
your main	for birth control	
reason for not	08 You had a	
doing	problem getting	
anything the	birth control when	
LAST TIME	you needed it	
YOU HAD SEX	09 Religious reasons	
to keep you	10 Lapse in use of a	
from getting	method	
pregnant?	11 Don't think you or	
	your partner can get	
Algunoas de	pregnant (infertile or	
las razones	too old)	
que pudo	12 You had tubes	
haber tenido	tied (sterilization)	
para no evitar	13 You had a	
un embarazo	hysterectomy	
la última vez	14 Your partner had	
que tuv	a vasectomy	
relaciones	(sterilization)	
sexuales	15 You are currently	
pueden ser:	breast-feeding	
desear un	16 You just had a	
embarazo, no	baby/postpartum	
tener dinero	17 You are pregnant	
para comprar	now	
un método	18 Same sex partner	
anticonceptiv	19 Other reasons	
o o no pensar		
que puede	77 Don't know/Not	
quedar	sure	
embarazada.	99 Refused	
LA úLTIMA	01 No pensaba que	
VEZ QUE	iba a tener una	
TUVO	relación sexual/no	
RELACIONES		
	tiene una pareja fija 02 Simplemente no	
SEXUALES,	-	
¿cuál fue la razón	lo pensó	
	03 No le importaba si	
principal por	quedaba	
la que usted	embarazada	
no hizo nada		

para evitar un	04 Quería quedar
embarazo?	embarazada
	05 Usted o su pareja
	no quieren usar
	métodos
	anticonceptivos
	06 A usted o a su
	pareja no les gustan
	los métodos
	anticonceptivos o
	sus efectos
	secundarios
	07 No tenía dinero
	para comprar un
	método
	anticonceptivo
	08 Tuvo un
	problemas para
	conseguir un método
	anticonceptivo
	cuando lo necesitaba
	09 Razones religiosas
	10 Interrumpió
	brevemente el uso
	de un método
	anticonceptivo
	11 No cree que usted
	o su pareja puedan
	tener hijos (infértil o
	edad avanzada)
	12 Tenía las trompas
	ligadas
	(esterilización)
	13 Le hicieron una
	histerectomía
	14 A su pareja le
	hicieron una
	vasectomía
	(esterilización)
	15 Está
	amamantando
	actualmente
	16 Acababa de tener
	un bebé/posparto
	17 Está embarazada
	ahora
	18 Su pareja es del
	mismo sexo
	19 Otra razón

DE1.4	How do you	DE1.4	Please read:		906-907
DLIIA	feel about		01 You don't want to		500 507
	having a child		have one		
	now or		02 You do want to		
	sometime in		have one, less than		
	the future?		12 months from now		
	Would you		03 You do want to		
	-		have one, between		
	say		12 months & less		
	¿Cómo se				
			than 2 years from		
	siente acerca		now		
	de tener un		04 You do want to		
	hijo ahora o		have one, between 2		
	en algún		years to less than 5		
	momento en		years from now		
	el futuro?		05 You do want to		
	Diría que		have one, five or		
			more years from		
			now		
			06 You do want to		
			have one, but you		
			are not sure when		
			07 Unable to have		
			children/hysterecto		
			my		
			Do Not Read		
			77 Don't Know/Not		
			Sure		
			99 Refused		
			01 No quieres tener		
			uno		
			02 Desea tener uno,		
			en menos de 12		
			meses a partir de		
			ahora		
			03 Desea tener uno,		
			entre 12 meses y		
			menos de 2 años a		
			partir de ahora		
			04 Desea tener uno,		
			entre 2 años y		
			menos de 5 años a		
			partir de ahora		
			05 Desea tener uno,		
			cinco o más años a		
			partir de ahora		
			06 Desea tener uno,		
			pero no está seguro		
			de cuándo		

07 No puede tener hijos / histerectomía		

## Delaware State-Added 2: Food Insecurity (NEW)

Question Number	Question text	Variable names	Responses (DO NOT READ UNLESS OTHERWISE NOTED)	SKIP INFO/ CATI NOTE	Interviewer Note (s)	Column(s)
DE2.1	Within the past 12 months, how often did you worry whether your food would run out before you got money to buy more?	DE2.1	Please read 1 Often 2 Sometimes 3 Never 7 Don't know/Not sure 9 Refused	If DE 2.1 = 1 or 2, go to next question. If not, go to DE2.3.		908
DE2.2	Was it because of COVID?	DE2.2	1 Yes 2 No 7 Don't know/ Not sure 9 Refused			909
DE2.3	Within the past 12 months, how often did the food you buy not last and you didn't have money to get more?	DE2.3	Please read 1 Often 2 Sometimes 3 Never 7 Don't know/Not sure 9 Refused	If DE 2.3 = 1 or 2, go to next question. If not, go to next section.	•	910
DE2.4	Was it because of COVID?	DE2.4	1 Yes 2 No 7 Don't know/ Not sure 9 Refused			911

## Delaware State-Added 3: COVID-19 (NEW)

Question Number	Question text	Variable names	Responses (DO NOT READ UNLESS OTHERWISE NOTED)	SKIP INFO/ CATI NOTE	Interviewer Note (s)	Column(s)
DE3.1a	Which of the following actions, if any, are you currently taking to protect yourself from the coronavirus? Washing your hands more frequently in general?	DE3.1a	1 Yes 2 No 7 Don't know/ Not sure 9 Refused			912
DE3.1b	<ul> <li>(Which of the following actions, if any, are you currently taking to protect yourself from the coronavirus?)</li> <li>Use more disinfectants, such as hand sanitizers and cloth wipes?</li> </ul>	DE3.1b	1 Yes 2 No 7 Don't know/ Not sure 9 Refused			913
DE3.1c	(Which of the following actions, if any, are you currently taking to protect yourself from the coronavirus?) Avoid shaking hands with others?	DE3.1c	1 Yes 2 No 7 Don't know/ Not sure 9 Refused		•	914
DE3.1d	(Which of the following actions, if any, are you currently taking to protect yourself from the coronavirus?) Wear a face mask?	DE3.1d	1 Yes 2 No 7 Don't know/ Not sure 9 Refused			915
DE3.1e	(Which of the following actions, if any, are you currently taking to protect yourself from the coronavirus?) Avoid touching your face?	1 Yes 2 No 7 Don't know/ Not sure 9 Refused	DE3.1e			916

DE3.1f	(Which of the following actions, if any, are you currently taking to protect yourself from the coronavirus?) Avoid crowds and public events?	1 Yes 2 No 7 Don't know/ Not sure 9 Refused	DE3.1f		917
DE3.1g	(Which of the following actions, if any, are you currently taking to protect yourself from the coronavirus?) Avoid friends and neighbors?	1 Yes 2 No 7 Don't know/ Not sure 9 Refused	DE3.1g		918
DE3.1h	(Which of the following actions, if any, are you currently taking to protect yourself from the coronavirus?) Staying six feet from others?	1 Yes 2 No 7 Don't know/ Not sure 9 Refused	DE3.1h		919
DE3.1i	(Which of the following actions, if any, are you currently taking to protect yourself from the coronavirus?) Avoiding bars and restaurants?	1 Yes 2 No 7 Don't know/ Not sure 9 Refused	DE3.1i		920
DE3.1j	(Which of the following actions, if any, are you currently taking to protect yourself from the coronavirus?) Avoid most retail stores?	1 Yes 2 No 7 Don't know/ Not sure 9 Refused	DE3.1j		921
DE3.1k	<ul> <li>(Which of the following actions, if any, are you currently taking to protect yourself from the coronavirus?)</li> <li>Avoid most public transportation?</li> </ul>	1 Yes 2 No 7 Don't know/ Not sure 9 Refused	DE3.1k		922

DE3.2a	Social distancing, also called "physical distancing", means keeping space between yourself and other people outside of your home. To practice social or physical distancing you must stay at least 6 feet (2 meters) from other people, do not gather in groups, stay out of crowded places and avoid mass gatherings. Are you following the guidelines of social distancing at home?	1 Yes 2 No 3 Somewhat 7 Don't know/ Not sure 9 Refused	DE3.2a		923
DE3.2b	(Are you following the guidelines of social distancing) At work?	1 Yes 2 No 3 Somewhat 5 N/A 7 Don't know/ Not sure 9 Refused	DE3.2b		924
DE3.2c	(Are you following the guidelines of social distancing) In the community?	1 Yes 2 No 3 Somewhat 7 Don't know/ Not sure 9 Refused	DE3.2c		925

Delaware State-Added 4: Adult Well Being Assessment (2020, DE STATE-ADDED 1)

Question Number	Question text	Variable names	Responses (DO NOT READ UNLESS OTHERWISE NOTED)	SKIP INFO/ CATI Note	Interviewer Note (s)	Column(s)
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			10-10		 
DE4.1	For the <u>first three questions</u>	DE4.1	(0-10)	ASK IF	926-927
	please imagine a ladder			STATERE1=1	
	with steps numbered from		Do not read:		
	zero at the bottom to ten at		77 Don't		
	the top. The top of the		know / Not		
	ladder represents the <u>best</u>		sure		
	possible life for you and		99 Refused		
	the bottom of the ladder				
	represents the <u>worst</u>				
	possible life for you.				
	Para las primeras tres				
	preguntas, imagínese una				
	escalera con pasos				
	numerados desde cero en				
	la parte inferior hasta diez				
	en la parte superior. La				
	parte superior de la				
	escalera representa la				
	mejor vida posible para				
	usted y la parte inferior de				
	la escalera representa la				
	peor vida posible para				
	usted.				
	Indicate where on the				
	ladder you feel you				
	personally stand right now.				
	Indique en qué lugar de				
	la escalera se encuentra				
	personalmente en este				
	momento.				
DE4.2	On which step of the ladder	DE4.2	(0-10)		928-929
	do you think you will stand		Do not read		
	about five years from now?		Do not read: 77 Don't		
			know / Not		
	¿En qué paso numérico cree que estará dentro de		sure		
	cinco años?		99 Refused		
DE4.3	Now imagine the top of the	DE4.3	(0-10)		930-931
DL4.5	ladder represents the best	014.5	(0-10)		320-321
	possible <i>financial situation</i>		Do not read:		
	for you, and the bottom of		77 Don't		
	the ladder represents the		know / Not		
	worst possible financial		sure		
	situation for you. Please		99 Refused		
	indicate where on the		JJ Keruseu		
	ladder you stand right now.				
	adder you stand right now.				

Ahora imagínese que la parte superior de la escalera representa <u>la</u> <u>mejor situación financiera</u> <u>para usted</u> , y la parte inferior de la escalera representa <u>la peor situación</u> <u>financiera para usted</u> . Por favor indique en qué lugar de la escalera se encuentra en este momento.			
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#### **Closing Statement**

#### Read

That was my last question. Everyone's answers will be combined to help us provide information about the health practices of people in Delaware. Thank you very much for your time and cooperation.