| Adult Behavioral Risk Factor Prevalence, 2018 Statewide and By County |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
|  | State | New Castle County | Kent <br> County | Sussex <br> County |
| Behavioral Risk Factors | $\begin{gathered} \% \\ (95 \% \mathrm{CI}) \end{gathered}$ | $\begin{gathered} \% \\ (95 \% \mathrm{CI}) \end{gathered}$ | $\begin{gathered} \% \\ (95 \% \mathrm{CI}) \end{gathered}$ | $\begin{gathered} \% \\ (95 \% \mathrm{CI}) \end{gathered}$ |
| Current Cigarette Smoker | $\begin{gathered} \hline 16.5 \% \\ (15.1-17.9) \\ \hline \end{gathered}$ | $13.8 \%$ <br> $(14.1-18.4)$ | $\begin{gathered} \hline 17.9 \% \\ (15-20.8) \end{gathered}$ | $\begin{gathered} \hline 16.2 \% \\ (14-18.4) \end{gathered}$ |
| Total Tobacco Use | $\begin{array}{\|c\|\|} \hline 21.4 \% \\ (19.5-23.3) \\ \hline \end{array}$ | $18.5 \%$ <br> $(15.6-21.3)$ <br> $31.5 \%$ | $\begin{gathered} \hline 24.9 \% \\ (21.5-28.3) \\ \hline \end{gathered}$ | $\begin{gathered} 25.3 \% \\ (22.1-28.6) \\ \hline \end{gathered}$ |
| Obese | $\begin{array}{c\|} \hline 33.5 \% \\ (31.7-35.3) \end{array}$ | $31.5 \%$ <br> $(28.6-34.1)$ <br> $35.3 \%$ | $\begin{gathered} 37.9 \% \\ (34.5-41.3) \end{gathered}$ | $\begin{gathered} 35.3 \% \\ (32.4-38.2) \end{gathered}$ |
| Overweight | $\begin{array}{c\|} \hline 34.3 \% \\ (32.4-36.1) \end{array}$ | $35.3 \%$ <br> $(31.1-36.9)$ <br> $28.2 \%$ | $\begin{gathered} 36.1 \% \\ (32.6-39.6) \end{gathered}$ | $\begin{gathered} 33.5 \% \\ (30.8-36.3) \end{gathered}$ |
| Sedentary | $\begin{gathered} 26.8 \% \\ (25.2-28.4) \end{gathered}$ | $\begin{array}{\|c\|} \hline 24.2 \% \\ (21.4-26.1) \end{array}$ | $\begin{gathered} 30.3 \% \\ (27.3-33.3) \end{gathered}$ | $\begin{gathered} 31.3 \% \\ (28.7-33.8) \end{gathered}$ |
| Did not meet PA guidelines | Not Asked |  |  |  |
| Did not consume at least five fruits and/or vegetable per day | Not Asked |  |  |  |
| Binge Drinking | $\begin{array}{c\|\|} \hline 16.4 \% \\ (14.9-17.9) \\ \hline \end{array}$ | $19.8 \%$ <br> $(14.8-19.4)$ | $\begin{array}{\|c} \hline 17.4 \% \\ (14.6-20.2) \\ \hline \end{array}$ | $\begin{gathered} \hline 13.9 \% \\ (11.8-16) \\ \hline \end{gathered}$ |
| Chronic Heavy Drinking | $\begin{gathered} 6.4 \% \\ (5.4-7.4) \\ \hline \end{gathered}$ | $\begin{gathered} \hline 7.8 \% \\ (4.9-7.9) \\ \hline \end{gathered}$ | $\begin{gathered} \hline 6.9 \% \\ (5-8.7) \\ \hline \end{gathered}$ | $\begin{gathered} \hline 6.2 \% \\ (4.8-7.5) \\ \hline \end{gathered}$ |
| Drive Drunk | $\begin{gathered} \hline 3.0 \% \\ (2.1-4) \\ \hline \end{gathered}$ | $\begin{gathered} \hline 2.7 \% \\ (1.5-3.9) \\ \hline \end{gathered}$ | $\begin{gathered} 4.5 \% \\ (2.3-6.7) \\ \hline \end{gathered}$ | $\begin{gathered} \hline 2.9 \% \\ (1.1-4.6) \\ \hline \end{gathered}$ |
| No Seatbelt Use | $\begin{gathered} 2.5 \% \\ (1.9-3.1) \\ \hline \end{gathered}$ | ${ }_{(1.3-3)}{ }^{2.2 \%}$ | $\begin{gathered} 2.9 \% \\ (1.6-4.2) \end{gathered}$ | $\begin{gathered} \hline 2.8 \% \\ (1.9-3.7) \\ \hline \end{gathered}$ |
| Chronic Health Conditions |  |  |  |  |
| Disability | $\begin{gathered} \hline 27.4 \% \\ (25.8-29) \\ \hline \end{gathered}$ | $\begin{array}{\|c\|} \hline 25.5 \% \\ (23.1-27.9) \\ \hline \end{array}$ | $\begin{gathered} \hline 28.9 \% \\ (25.9-31.9) \\ \hline \end{gathered}$ | $\begin{gathered} 30.6 \% \\ (28.1-33.2) \\ \hline \end{gathered}$ |
| Diabetes | $\begin{gathered} \hline 11.9 \% \\ (10.8-13) \\ \hline \end{gathered}$ | $\begin{gathered} 10.8 \% \\ (9.2-12.4) \\ \hline \end{gathered}$ | $\begin{gathered} 14.5 \% \\ (12.5-16.5) \\ \hline \end{gathered}$ | $\begin{gathered} 12.6 \% \\ (10.8-14.4) \\ \hline \end{gathered}$ |
| Prediabetes | Not Asked |  |  |  |
| High Cholesterol | Not Asked |  |  |  |
| Hypertension | Not Asked |  |  |  |
| Angina or Coronary Heart Disease | $\begin{gathered} 4.2 \% \\ (3.7-4.8) \\ \hline \end{gathered}$ | $\begin{gathered} 3.3 \% \\ (2.4-4.1) \\ \hline \end{gathered}$ | $\begin{gathered} 4.2 \% \\ (3.2-5.2) \\ \hline \end{gathered}$ | $\begin{gathered} 6.6 \% \\ (5.4-7.9) \\ \hline \end{gathered}$ |
| Coronary Heart Disease or Myocardial Infarction | $\begin{gathered} 6.5 \% \\ (5.7-7.2) \\ \hline \end{gathered}$ | $\begin{gathered} 5.0 \% \\ (4-6.1) \\ \hline \end{gathered}$ | $\begin{gathered} 6.6 \% \\ (5.3-7.8) \\ \hline \end{gathered}$ | $\begin{gathered} 9.9 \% \\ (8.4-11.4) \\ \hline \end{gathered}$ |
| Stroke | $\begin{gathered} 3.8 \% \\ (3.2-4.4) \\ \hline \end{gathered}$ | $\begin{gathered} 3.7 \% \\ (2.7-4.6) \\ \hline \end{gathered}$ | $\begin{gathered} 3.6 \% \\ (2.7-4.6) \\ \hline \end{gathered}$ | $\begin{gathered} 4.2 \% \\ (3.3-5.2) \\ \hline \end{gathered}$ |
| Skin Cancer | $\begin{gathered} 6.0 \% \\ (5.4-6.7) \\ \hline \end{gathered}$ | $\begin{gathered} \hline 5.0 \% \\ (4.1-6) \\ \hline \end{gathered}$ | $\begin{gathered} 4.5 \% \\ (3.6-5.4) \\ \hline \end{gathered}$ | $\begin{gathered} 9.5 \% \\ (8-10.9) \\ \hline \end{gathered}$ |
| Other Cancer | $\begin{gathered} 7.5 \% \\ (6.7-8.3) \\ \hline \end{gathered}$ | $\begin{gathered} 6.5 \% \\ (5.4-7.7) \\ \hline \end{gathered}$ | $\begin{gathered} 8.1 \% \\ (6.7-9.5) \\ \hline \end{gathered}$ | $\begin{gathered} 9.5 \% \\ (8-11) \\ \hline \end{gathered}$ |
| Asthma | $\begin{gathered} \hline 10.1 \% \\ (8.9-11.3) \\ \hline \end{gathered}$ | $\begin{gathered} \hline 10.3 \% \\ (8.4-12.2) \\ \hline \end{gathered}$ | $\begin{gathered} 10.2 \% \\ (8.2-12.2) \\ \hline \end{gathered}$ | $\begin{gathered} 9.6 \% \\ (7.9-11.2) \\ \hline \end{gathered}$ |
| COPD | $\begin{gathered} \hline 10.1 \% \\ (8.9-11.3) \\ \hline \end{gathered}$ | $\begin{gathered} \hline 5.9 \% \\ (4.7-7.1) \\ \hline \end{gathered}$ | $\begin{gathered} \hline 8.7 \% \\ (6.9-10.4) \\ \hline \end{gathered}$ | $\begin{gathered} \hline 8.5 \% \\ (7-9.9) \end{gathered}$ |
| Arthritis | $\begin{array}{c\|} \hline 26.0 \% \\ (24.6-27.5) \\ \hline \end{array}$ | $\begin{gathered} \hline 22.8 \% \\ (20.7-25) \\ \hline \end{gathered}$ | $\begin{gathered} \hline 28.5 \% \\ (25.7-31.3) \\ \hline \end{gathered}$ | $\begin{gathered} 31.8 \% \\ (29.4-34.3) \\ \hline \end{gathered}$ |


| Limited Work Ability Due to Arthritis | Not Asked |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
| Depressive Disorder | $\begin{array}{c\|} \hline 16.9 \% \\ (15.5-18.3) \\ \hline \end{array}$ | $\begin{array}{\|c\|} \hline 16.8 \% \\ (14.7-18.9) \\ \hline \end{array}$ | $\begin{gathered} \hline 18.4 \% \\ (15.7-21) \\ \hline \end{gathered}$ | $\begin{gathered} \hline 16.2 \% \\ (14-18.3) \\ \hline \end{gathered}$ |
| Vision Impairment | $\begin{gathered} \hline 5.5 \% \\ (4.6-6.3) \\ \hline \end{gathered}$ | $\begin{gathered} 5.1 \% \\ (3.8-6.3) \\ \hline \end{gathered}$ | $\begin{aligned} & \hline 5.5 \% \\ & (4-7) \\ & \hline \end{aligned}$ | $\begin{gathered} \hline 6.3 \% \\ (5-7.6) \\ \hline \end{gathered}$ |
| Preventive Medicine: Immunizations and Screenings |  |  |  |  |
| Age $\geq 65$ Flu Shot in Past Yearł | $\begin{array}{c\|} \hline 58.3 \% \\ (55.3-61.2) \\ \hline \end{array}$ | $\begin{gathered} 59.7 \% \\ (54.8-64.5) \\ \hline \end{gathered}$ | $\begin{gathered} 51.4 \% \\ (46-56.7) \\ \hline \end{gathered}$ | $\begin{gathered} \hline 59.7 \% \\ (55.4-64) \\ \hline \end{gathered}$ |
| Age $\geq 65$ Pneumonia Vaccine $\ddagger$ | $\begin{array}{c\|} \hline 73.0 \% \\ (70.3-75.7) \\ \hline \end{array}$ | $\begin{array}{\|c\|} \hline 72.0 \% \\ (67.5-76.6) \\ \hline \end{array}$ | $\begin{gathered} \hline 67.4 \% \\ (62.2-72.6) \\ \hline \end{gathered}$ | $\begin{gathered} \hline 77.0 \% \\ (73.5-80.6) \\ \hline \end{gathered}$ |
| Adults Who are at High Risk for HIV | $\begin{gathered} 6.6 \% \\ (5.5-7.7) \\ \hline \end{gathered}$ | $\begin{gathered} 6.7 \% \\ (5.1-8.3) \\ \hline \end{gathered}$ | $\begin{gathered} \hline 7.4 \% \\ (5.2-9.6) \\ \hline \end{gathered}$ | $\begin{gathered} 5.7 \% \\ (4.2-7.2) \\ \hline \end{gathered}$ |
| Adults Who Have Been Tested for HIV | $\begin{gathered} \hline 42.1 \% \\ (40.1-44) \\ \hline \end{gathered}$ | 43.0\% | (44.6-51.8) | $\begin{gathered} \hline 35.2 \% \\ (32.3-38) \\ \hline \end{gathered}$ |
| Men 40 + Who Had PSA Test in Past 2 Years | $\begin{array}{c\|} \hline 37.7 \% \\ (34.7-40.8) \\ \hline \end{array}$ | $\begin{gathered} \hline 33.6 \% \\ (29-38.2) \\ \hline \end{gathered}$ | $\begin{gathered} 40.1 \% \\ (34-46.1) \\ \hline \end{gathered}$ | $\begin{gathered} 44.8 \% \\ (39.9-49.6) \\ \hline \end{gathered}$ |
| Age 50+ Who Ever Had Colonoscopy | $\begin{array}{c\|} \hline 70.4 \% \\ (68.1-72.7) \\ \hline \end{array}$ | $\begin{array}{\|c\|} \hline 69.7 \% \\ (66.1-73.2) \\ \hline \end{array}$ | $\begin{gathered} 67.1 \% \\ (62.7-71.5) \\ \hline \end{gathered}$ | $\begin{gathered} 73.7 \% \\ (70.3-77) \\ \hline \end{gathered}$ |
| Women 50+ Who Had Mammogram In Past 2 Years | $\begin{array}{c\|} \hline 78.9 \% \\ (76.5-81.2) \\ \hline \end{array}$ | $\begin{array}{\|c\|} \hline 77.4 \% \\ (73.6-81.1) \\ \hline \end{array}$ | $\begin{gathered} 81.9 \% \\ (78.4-85.4) \\ \hline \end{gathered}$ | $\begin{gathered} 80.0 \% \\ (76.6-83.5) \\ \hline \end{gathered}$ |
| Women Who Had a Pap Test in Past 3 Years | $\begin{array}{c\|} \hline 83.0 \% \\ (80.2-85.9) \\ \hline \end{array}$ | $\begin{array}{\|c\|} \hline 82.7 \% \\ (78.6-86.8) \\ \hline \end{array}$ | $\begin{gathered} 82.8 \% \\ (76.5-89.1) \\ \hline \end{gathered}$ | $\begin{gathered} 84.3 \% \\ (80.1-88.4) \\ \hline \end{gathered}$ |
| Visited Dental Clinic In Past Year | $\begin{gathered} 66.5 \% \\ (64.7-68.3) \\ \hline \end{gathered}$ | $\begin{array}{\|c\|} \hline 69.2 \% \\ (66.5-71.9) \\ \hline \end{array}$ | $\begin{gathered} 62.3 \% \\ (58.9-65.7) \\ \hline \end{gathered}$ | $\begin{gathered} 63.2 \% \\ (60.5-65.9) \\ \hline \end{gathered}$ |
| Health Care Coverage/ Health Status |  |  |  |  |
| No Health Insurance (Age 18-64) | $\begin{gathered} 12.9 \% \\ (11.5-14.4) \end{gathered}$ | $\begin{array}{\|c\|} \hline 89.3 \% \\ (87.3-91.4) \end{array}$ | $\begin{gathered} 85.6 \% \\ (82.6-88.6) \end{gathered}$ | $\begin{gathered} 82.0 \% \\ (79.4-84.7) \end{gathered}$ |
| Health Status: Poor to Fair | $\begin{gathered} 17.2 \% \\ (15.9-18.4) \end{gathered}$ | $\begin{gathered} 14.7 \% \\ (12.9-16.5) \end{gathered}$ | $\begin{gathered} 20.5 \% \\ (18-23.1) \end{gathered}$ | $\begin{gathered} 20.5 \% \\ (18.4-22.7) \end{gathered}$ |

Data Source: Delaware Behavior Risk Factor Survey, 2018

