

# Disability Impacts ALL of US



Each of us may experience a disability in our lifetime.

CDC's National Center on Birth Defects and Developmental Disabilities supports efforts to include adults with disabilities in disease prevention, health promotion, and emergency response activities, while working to remove barriers to health care and improve access to routine preventive services.

## A Snapshot of Disability in Delaware

This fact sheet provides an overview of disability in **Delaware (DE)** compared to national estimates. You can use this information to learn more about the percentages and characteristics of adults with disabilities in Delaware.



## Disability Costs in HEALTHCARE EXPENDITURES



\$1.2 billion per year\* in Delaware

### Adults with Disabilities are more likely to

Despite progress, adults with disabilities in **Delaware** and across the country continue to experience significant differences in health characteristics and behaviors compared to adults without disabilities.

#### be inactive



#### have high blood pressure



#### smoke

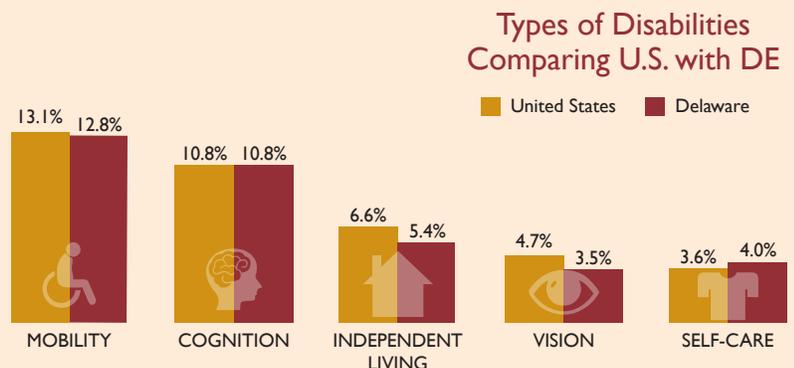


#### be obese



### Percentage of adults with select functional disability types:\*\*

- MOBILITY:** Serious difficulty walking or climbing stairs.
- COGNITION:** Serious difficulty concentrating, remembering, or making decisions.
- INDEPENDENT LIVING:** Difficulty doing errands alone, such as visiting a doctor's office or shopping.
- VISION:** Blind or serious difficulty seeing, even when wearing glasses.
- SELF-CARE:** Difficulty dressing or bathing.



\* Disability-associated healthcare expenditures are presented in 2006 dollars as reported in Anderson et al, 2010. This value represents approximately 24% of total healthcare expenditures for the state of Delaware.  
 \*\* In 2013 and 2014, the Behavioral Risk Factor Surveillance System (BRFSS) did not ask participants about deafness or serious difficulty hearing; however, BRFSS began collecting this information in 2016.

