Dover Behavioral Health System
725 Horsepond Rd.
Dover, DE
Initial Presentation to the
Delaware Health Resources Board
November 16, 2017
History

- Facility opened in 1996 as “St. Jones Center for Behavioral Health”
- Acquired in 2007 from Bayhealth by Universal Health Services – Name Changed to Dover Behavioral Health System
- Why UHS was chosen?
  - Expertise in Behavioral Health, Long Term Success, Commitment to Quality and Service Excellence
  - Long term commitment to community
Mission

Statement:

- To be the behavioral health provider of choice delivering the highest quality and easily accessible care for residents of Delaware

Principles:

- Caring, Collaborative, & Consistent Behavioral Healthcare
Services

- At this time, the only downstate inpatient behavioral health facility
- Providing inpatient, day hospital, and intensive outpatient program
- Treating adolescents and adults
- Behavioral health, dual diagnosis, and detox services provided
Community Partner

- Focused on the needs of our community
  - Offer Level of care behavioral health assessments 24/7
  - Contract provider for emergency department assessments in 3 of 4 downstate hospitals
  - Added PHP/IOP services in Sussex County in 2012
  - Offer transportation in Kent and Sussex Counties for day hospital program and IOP services
  - Facility advisory council meets quarterly with CEO, made up of key stakeholders in both counties
  - Integrated Behavioral Health with PCP practices in Sussex county to increase access
  - Application is endorsed by community partners and downstate hospital systems
Growth

- DE CPR Statute
- 2007 Inpatient 52 beds
- 2012 Inpatient 24 bed expansion to 73 beds
  - 98% Occupancy
- 2016 Inpatient 8 bed expansion to 88 beds
  - 98% Occupancy
- 2017 Inpatient 16 bed expansion
  - 99% Occupancy YTD
Consequences of Capacity

- Hospital on diversion on a regular basis
- Our community hospitals emergency rooms are unable to access acute, behavioral healthcare services timely
  - Emergency Departments face waiting lists for beds
- Individuals in crisis are often displaced from seeking treatment in their county
- Current conditions causing access issues
Request

- Approval of application for increasing bed capacity of existing facility
  - 16 inpatient beds
  - Available Now
  - Provide immediate relief to the Behavioral Health/Substance use delivery system to accommodate the needs
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Questions?