

**ENCOMPASS HEALTH REHABILITATION HOSPITAL OF MIDDLETOWN** 

Encompass Healt

Certificate of Public Review for 10-Bed Expansion Project



# **Overview of Proposed Expansion Project**

Existing 40-bed inpatient rehabilitation hospital

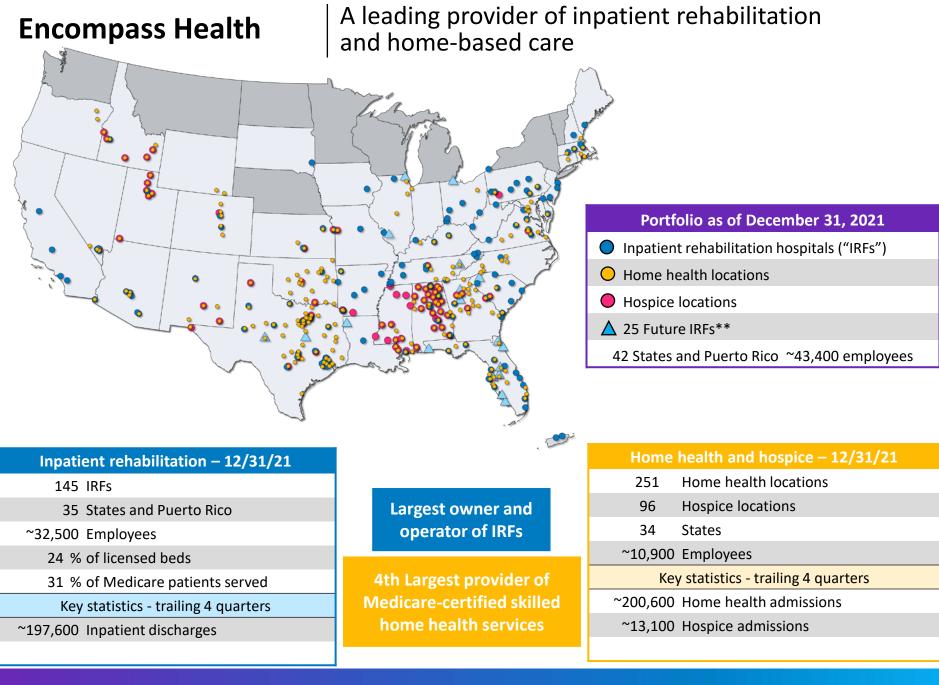
Seeking approval for 10-bed addition

Operating at consistently high occupancy

97.4% average occupancy in CY2021

Significant need for expanding availability of specialized rehabilitative services through this expansion

- Historic high occupancy
- Access to care limited by capacity
- Growing & aging population



**Encompass Health** 



## Wide Range of Conditions Treated at Inpatient Rehabilitation Hospitals

**Examples:** 

Stroke	Traumatic Brain Injury	Spinal Cord Injury	<b>Pulmonary Conditions</b>
Amputations	<b>Complex Orthopedic Injuries</b>	Cardiac Episodes	Neurological Conditions
Oncology	Parkinson's Disease	Other Disabling Impairn	nents

## **Encompass Hospital Team Members**

- Rehabilitation physicians: manage and treat medical conditions and oversee rehabilitation program
- Rehabilitation nurses: implement each patient's medical care program and care for patients' daily medical needs
- **Physical therapists:** evaluate and design treatment programs to address limitations in physical function, mobility, strength, balance, and safety
- Occupational therapists: design and deliver activity-based therapy to promote independence in the areas of self-care, home management, and community reintegration
- **Speech-language therapists:** assess and treat individuals with communication and comprehension disorders, cognitive difficulties and swallowing disorders
- **Respiratory therapists:** ensure proper respiratory function through services such as oxygen supplements and aerosol treatments for patients with both acute and chronic dysfunction of the cardiopulmonary system
- Dietary and nutritional counseling: supervise all meals and ensure patients meet required nutritional needs
- Pharmacists: educate patients on-site regarding medications, including post-discharge care
- Case managers: coordinate with physicians to ensure the patient needs are met and that family and other caregivers are involved in the patient rehabilitation

# Encompass Hospitals Provide an Intensive Level of Therapy Utilizing Innovative Technology and Equipment.



# Encompass Utilizes Specialized Technology and Programs Designed for Inpatient Rehabilitation Care.

### Proprietary Management Reporting System

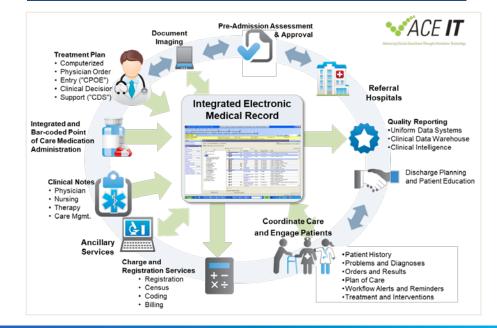
### BEACON

- Proprietary operations management system that provides real-time data
- Benchmarking to promote best practices
- Capabilities include:
  - Clinical collaboration
  - Physician quality reporting
  - Readmission risk
  - Therapy outcomes
  - Quality and patient satisfaction reporting
  - Workforce and labor productivity
  - Sales and marketing analysis
  - Care management
  - Food and drug spend analysis
  - Market-by-market analysis
  - Claims analysis

## Proprietary EMR

#### ACE IT

- ACE IT is a proprietary, rehabilitation-specific electronic medical records system that is fully implemented across our portfolio of hospitals.
- Ability to interface with acute care hospitals and exchanges.



# **Encompass Middletown Provides a Superior Level of Care.**



#### **The Joint Commission Accreditation**

The Joint Commission Disease-Specific Care Certifications Stroke Rehabilitation & Hip Fracture Rehabilitation

## Top 10% of All Rehabilitation Hospitals Nationwide For 4 Years

Recognized by Uniform Data System (UDS) as one of the top rehabilitation hospitals in the United States for Clinical Outcomes

ENCOMPASS MIDDLETOWN - NATIONAL AWARDS FROM ENCOMPASS HEALTH

> Hospital of the Year 2017 2019

President's Circle 2018 2020



Delaware Health Information Network Participant Allows Delaware healthcare organizations to share information

for improved coordination and patient care.

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# **Proposed Expansion of Encompass Middletown**

# **Proposed Expansion of Encompass Middletown**



The expansion space will include a new patient wing with all private patient rooms, a new nurses' station, and other patient care areas.



# Encompass Middletown has a consistent and extended history of high occupancy.

Table 1 Encompass Health Rehabilitation Hospital of Middletown Annual Occupancy								
	2016	2017	2018	2019	2020	2021		
Beds	34	34*	37	37	40**	40		
Discharges	849	946	1,103	1,121	1,183	1,232		
Patient Days	11764	12,154	12,866	13,065	13,784	14,220		
ALOS	14	12.8	11.7	11.7	11.7	11.5		

35.2

95.3%

35.8

96.7%

37.7

94.8%

39.0

97.4%

Source: Encompass Middletown internal data.

32.1

94.4%

Notes:

ADC

Occupancy

\*Thirty-four beds were operational through November, with the 3-bed addition operational in December 2017. Thus, utilization is based on 12,503 available bed days in CY17.

33.3

97.2%

\*\*Three-bed addition became operational in February 2020, thus utilization is based on 14,547 available bed days in CY20 (which is a Leap Year).

# Patients are unable to be admitted to Encompass Middletown due to lack of available beds.

Table 2 Encompass Middletown: Rehab-Appropriate Patients Unable to be Admitted Because No Bed was Available, Jan. 2021 – Feb. 2022					
Month	Patients				
CY2021:					
January	32				
February	35				
March	64				
April	59				
Мау	43				
June	43				
July	23				
August	2				
September	20				
October	48				
November	43				
December	13				
Subtotal, CY21	425				
CY2022:					
January	24				
February	31				
Subtotal, YTD22	55				
Total	480				

Source: Encompass Middletown internal data.

## Physicians in the community recognize the significant need for additional capacity at **Encompass Middletown.**

"When a patient is delayed or unable to be admitted to Encompass Middletown because the facility is full, the patient and family needlessly suffer. As I'm sure you can appreciate, delays in admission (or worse, no admission to intensive inpatient rehab therapy) not only prolong the patient's acute care length of stay unnecessarily, but also delay the initiation of needed intensive inpatient rehabilitative and restorative therapy which ultimately negatively impacts the patient and his/her family. The delay in starting rehabilitation is particularly detrimental to stroke patients because stroke patients realize much better functional and cognitive outcomes when their rehabilitation is initiated as soon as possible after they are stabilized and ready for transfer.

Because there are simply too few available beds at Encompass Middletown, we find ourselves having to transfer patients out of the area to obtain the necessary comprehensive inpatient rehabilitation or seeing our patients settle for less intensive therapy at a skilled nursing facility or home health. Neither of those options are optimal for our patient's recovery."

#### Pulak Ray, M.D. (Board-Certified Neurosurgeon)

particularly adversely impacted when the

For the reasons I've mentioned above, I strongly urge you to approve Encompass Middletown' Certificate of Public Review to add 10 beds to its facility. I am certain it have an immediate positive impact on our patients and their families.

Thank you for your consideration.

Pulak Ray, MD



e Health Care Commission e Health Resources Board M. Holloway Sr. Health and Social Services Campus rth Dupont Highway ministration Building, First Floor tle, Delaware 19720

tificate of Public Review for Encompass Health Rehabilitation Hospital of wn, LLC to Add Ten (10) Beds

Madam:

m writing to express my support and strong recommendation for the approval of ass Middletown's Certificate of Public Review application to add 10 beds to its highly ospital. As a Board-certified Orthopedic Surgeon, I care for many patients every year fit from the intensity of therapy and interdisciplinary medical care provided in a ensive inpatient rehabilitation hospital

"The additional beds needed at Encompass Middletown will provide my patients and others the opportunity to timely begin intensive inpatient rehabilitative and restorative care close to home. Absent the 10-bed addition, too many patients who are in need of, and would benefit from, intensive inpatient rehab care at Encompass Middletown will continue to be unable to receive that care. Because of that, I cannot impress upon you enough the importance of your approval of this Certificate of Public Review for Encompass Middletown."

#### Jeremie M. Axe, M.D. (Board-Certified Orthopedic Surgeon)

aguineant neurological insults such as strokes and traumatic brain injuries, among many other conditions. Encompass Middletown's ability to medically manage the multitude of comorbidities while still providing the intensity of three hours of therapy per day is critically

IRENE C. MAVRAKAKIS, M.D. W. SCOTT NEWCOMB, D.P.M. WILLIAM M. NEWELL, M.D. LEO W. RAISIS, M.D. BRUCE J. RUDIN, M.D. JENNIFER SEIFERT, D.P.M. CRAIG G. SMUCKER, M.D. DAVID T. SOWA, M.D. JOSEPH J. STRAIGHT, M.D. JAMES ZASLAVSKY, D.O.

## The need for inpatient rehabilitation services will continue to grow in the New Castle County area in the coming years.

Table 3 New Castle County Population Projections							
Population	2022	2027	Increase	% Increase			
Total Population	574,320	581,865	7,545	1.3%			
Ages 65 and Over	96,495	110,788	14,293	14.8%			
% Ages 65 and Over	16.8%	19.0%	N/A	N/A			
Source: Delaware Population Consortium Annual Projections, Version 2021.0,							
October 31, 2021.							

Table 4 Total and Ages 65 and Over Population by County, 2022 – 2027										
	Total Population			Population Ages 65 and Over			Ages 65 and Over as % of Pop			
County	2022	2027	Increase	% Increase	2022	2027	Increase	% Increase	2022	2027
New Castle	574,320	581,865	7,545	1.3%	96,495	110,788	14,293	14.8%	16.8%	19.0%
Kent	183,592	183,920	328	0.2%	31,409	34,456	3,047	9.7%	17.1%	18.7%
Sussex	245,742	262,834	17,092	7.0%	67,530	79,123	11,593	17.2%	27.5%	30.1%
Statewide	1,003,654 are Population	1,028,619 Consortium An	24,965 nual Projection	2.5%	195,434 21.0. October	224,367	28,933	14.8%	19.5%	21.8%

# **Questions?**