## **OFFICE OF TECHNICAL ASSISTANCE**

Preparing the Adult Mental Health Workforce to Succeed in a Transformed System of Care

## Workforce Development Module IV Applying the Concept of Recovery: Guidelines for Recovery Oriented Systems of Care

## **Objectives**

At the conclusion of this module, participants will be able to:

- 1. Describe current treatment practice
- 2. Identify practices in need of change
- 3. Identify available resources to begin to change your own skills

## Outline

- ✓ Recovery from what?
- ✓ Brief Exercise
- ✓ Supporting recovery
- ✓ Family, friends, peers
- ✓ Choices
- ✓ Current system of MH care
- ✓ Changing practice
- ✓ How does this new information change how we practice
- ✓ Reframing thinking and interventions
- ✓ Practice activities