



# Preparing the Adult Mental Health Workforce to Succeed in a Transformed System of Care

## Mental Health Stakeholders: Family, Friends, & Community Partners

*Module XVII*

*NASMHPD/OTA Curriculum*

*Module Created by Ferguson*

*January 2009*

**NASMHPD**

# Sampling of Our Neighbors, Our Friends, Our Families, Our Communities

*People with mental problems are our neighbors. They are members of our congregations, members of our families; they are everywhere in this country*



Former First Lady, Rosalynn Carter

# Objectives



- 1. Understand the role of a sampling of mental health stakeholder organizations and community partners
- 2. Identify three stakeholder organizations and outline how each may benefit different consumers with different concerns/needs
- 3. Demonstrate how to guide a consumer in accessing information and support from stakeholder organizations

# Sampling of Our Neighbors, Our Friends, Our Families, Our Communities

Stakeholder organizations are groups of people who affect or can be affected by an organization's actions. They may be formal, informal, or a combination of both.





# Sampling of Our Neighbors, Our Friends, Our Families, Our Communities

- Informal systems are largely oriented to personal satisfaction and emotional support
- Informal systems may develop into formal systems and yet still maintain some of the informal qualities
- Formal organizations are created to achieve specific objectives... usually with rules, procedures, a board of directors etc. We are going to review some of the more well-known national (formal) behavioral health organizations.



# Depression and Bipolar Support Alliance National Technical Assistance Center

- DBSA was founded in 1985



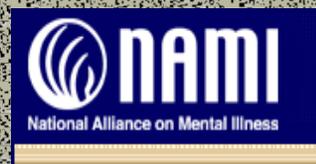
- The mission of the Depression and Bipolar Support Alliance (DBSA) is to provide hope, help, and support to improve the lives of people living with depression or bipolar disorder
- DBSA pursues and accomplishes this mission through peer-based, recovery-oriented, empowering services and resources *when* people want them, *where* they want them, and *how* they want them

# Depression and Bipolar Support Alliance



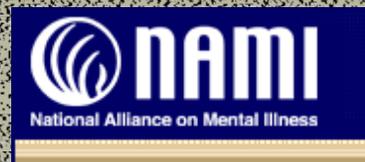
- DBSA is the leading patient-directed national organization focusing on the most prevalent mental illnesses
- The organization fosters an environment of understanding about the impact and management of these life-threatening illnesses by providing up-to-date, scientifically-based tools
- **Contact** : Depression and Bipolar Support Alliance 730 N. Franklin Street, Suite 501 Chicago, Illinois, 60654-7225, USA. Toll free: (800) 826-3632, Fax: (312) 642-7243

# National Alliance on Mental Illness



- Founded in 1979, NAMI has affiliates in every state and in more than 1,100 local communities across the country
- NAMI will advocate at all levels to ensure that **all persons affected by mental illness** receive the services that they need and deserve, in a timely fashion
- NAMI members and friends work to fulfill the mission by providing support, education, and advocacy

# National Alliance on Mental Illness



- **NAMI Educational Programs** have graduated and supported more than 200,000 individuals to date
- **Support Groups** are provided through many of NAMI's state and local affiliates, and offer invaluable connections with peers
- **Contact** : NAMI, Colonial Place Three  
2107 Wilson Blvd., Suite 300, Arlington, VA  
22201-3042 Main: (703) 524-7600  
Fax: (703) 524-9094

# Mental Health America (formerly... National Mental Health Association)

- MHA is the country's leading nonprofit dedicated to helping **ALL people** live mentally healthier lives
- With their more than 320 affiliates nationwide, they represent a growing movement of Americans who promote mental wellness for the health and well-being of the nation – everyday and in times of crisis



# Mental Health America



- Our message is simple: Good mental health is fundamental to the health and well-being of every person and of the nation as a whole
- We want all people to understand how to protect and improve their mental health etc.
- **Contact: Mental Health America**  
2000 N. Beauregard Street, 6th Floor Alexandria,  
VA 22311. **Phone** (703) 684-7722, **Fax** (703)  
684-5968, **Toll free** (800) 969-6642, **TTY Line**  
800/433-5959

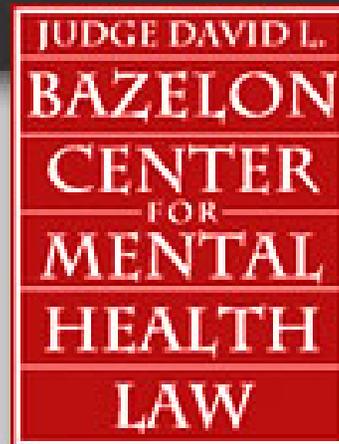


# The Bazelon Center for Mental Health Law

- The mission of the Judge David L. Bazelon Center for Mental Health Law is to protect and advance the rights of adults and children who have mental disabilities
- The Center envisions an America where people who have mental illnesses or developmental disabilities exercise their own life choices and have access to the resources that enable them to participate fully in their communities

# The Bazelon Center for Mental Health Law

- **Address:**  
The Bazelon Center for Mental Health Law  
1101 15th Street, NW  
Suite 1212  
Washington, DC 20005
- **Telephone:**  
Voice: 202-467-5730  
TDD: 202-467-4232
- **Fax:** 202-223-0409
- **www.Bazelon.org**





# National Association of State Mental Health Program Directors

- Founded in 1959 and based in Alexandria, VA, the National Association of State Mental Health Program Directors (NASMHPD) represents the \$31 billion public mental health service delivery system serving 6.3 million people annually in all 50 states, 4 territories, and the District of Columbia



## National Association of State Mental Health Program Directors

- NASMHPD plays a vital role in the delivery, financing, and evaluation of mental health services within a rapidly evolving healthcare environment
- The principal programs operated, funded, and/or regulated by NASMHPD members serve people who have serious mental illnesses, developmental disabilities, and/or substance use disorders

**Contact: NASMHPD at 703-739-9333**

**66 Canal Center Plaza, Alexandria, VA 22314**

**[www.nasmhpd.org](http://www.nasmhpd.org)**



# U.S. Psychiatric Rehabilitation Association (USPRA).



- USPRA is the only organization founded on a shared commitment to improve and promote the practice and outcomes of psychiatric rehabilitation
- Brings together agencies, practitioners, families & persons living with psychiatric disabilities, leaders in psychiatric rehabilitation education, and research from major universities across the United States and the world, as well as state and federal government entities dedicated to improving outcomes in a cost-effective, evidenced-based and highly successful model



# U.S. Psychiatric Rehabilitation Association (USPRA).

- With nearly 30 state chapters, USPRA and its chapters offer both local and national training and networking opportunities
- State chapters provide increased opportunities for member participation
- **Contact:** US Psychiatric Rehabilitation Association, 601 Global Way Suite 106 Linthicum, MD 21090, 410.789.7054 ph 410.789.7675 fax, [info@uspra.org](mailto:info@uspra.org)



**USPRA** US Psychiatric  
Rehabilitation Association



# NAC/SMHA

- The National Association of Consumer/Survivor Mental Health Administrators (NAC/SMHA) represents state mental health department senior managers who self-identify as current or former recipients of mental health services
- The Association provides a forum for members to develop strategies for balancing the often disparate demands and expectations of the two constituencies they serve: consumers/survivors and mental health bureaucracies
- **Contact:** E-mail: [Corajba@omh.state.ny.us](mailto:Corajba@omh.state.ny.us)



# National Council for Community Behavioral Healthcare - NCCBH

- The National Council for Community Behavioral Healthcare is the oldest and largest national community behavioral healthcare advocacy organization in the country
- It was formed in 1970 and represents the interests of community behavioral healthcare organizations nationwide



# National Council for Community Behavioral Healthcare - NCCBH

- The National Council conducts federal advocacy activities, representing the industry on Capitol Hill and before Federal agencies, and offers a national consulting service program, publications, and annual training conference
- **Contact:** 1701 K Street NW, Suite 400  
Washington, DC 20006, 202-684-7457 (Voice),  
202-684-7472 (FAX)



# The National Association of Peer Specialists, Inc.

The National Association of Peer Specialists, Inc. is a private, non-profit organization dedicated to the hiring and training of consumers in mental health systems across the U.S. NAPS presents an annual conference for Peer Specialists and their supporters that is held in a different state each year. It also produces a newsletter with news and updates concerning Peer Specialists.

Contact Steve Harrington at [steveh@naops.org](mailto:steveh@naops.org)

NAPS

755 Alta Dale SE

Ada, MI 49301

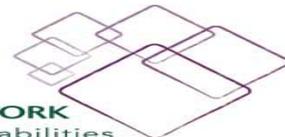


# National Association of State Alcohol and Drug Abuse Directors, Inc

- The National Association of State Alcohol and Drug Abuse Directors, Inc. (NASADAD) is a private, not-for-profit educational, scientific, and informational organization
- The Association was originally incorporated in 1971 to serve State Drug Agency Directors, and then in 1978 the membership was expanded to include State Alcoholism Agency Directors
- NASADAD's basic purpose is to foster and support the development of effective alcohol and other drug abuse prevention and treatment programs throughout every State
- Contact: [dcoffice@nasadad.org](mailto:dcoffice@nasadad.org); 202.293.0090

# National Disability Rights Network

- **The National Disability Rights Network (NDRN)** is the nonprofit membership organization for the federally mandated Protection and Advocacy (P&A) Systems and Client Assistance Programs (CAP) for individuals with disabilities
- Collectively, the P&A/CAP network is the largest provider of legally based advocacy services to people with disabilities in the United States



# National Disability Rights Network



- Through training and technical assistance, legal support, and legislative advocacy, the **National Disability Rights Network** works to create a society in which people with disabilities are afforded equality of opportunity and are able to fully participate by exercising choice and self-determination
- **Contact: National Disability Rights Network**  
900 Second Street, NE, Suite 211, Washington, DC 20002, Phone: 202-408-9514; Fax: 202-408-9520  
TTY: 202-408-9521. General inquiries:  
[info@ndrn.org](mailto:info@ndrn.org)



# The Carter Center

- The Carter Center is committed to advancing human rights and alleviating unnecessary human suffering. They seek to create a world in which every man, woman, and child has the opportunity to enjoy good health and live in peace



# The Carter Center

- **Mailing Address:**  
The Carter Center  
One Copenhill  
453 Freedom Parkway  
Atlanta, GA 30307
- **Phone:**  
(404) 420-5100 or (800) 550-3560
- **E-mail:**  
[carterweb@emory.edu](mailto:carterweb@emory.edu)
- [www.cartercenter.org](http://www.cartercenter.org)



# The National Association of Peer Specialists (NAPS)

- The National Association of Peer Specialists, Inc. (NAPS), is a private, non-profit organization dedicated to peer support in mental health systems. Founded in November 2004 by a group of Peer Specialists, the organization has quickly grown with members from every state



# The National Association of Peer Specialists (NAPS)

- The National Association of Peer Specialists (NAPS) is an organization dedicated to promoting peer specialists throughout the United States. They are a group of dedicated peer specialists seeking ways to improve the effectiveness of the mental health system through the hiring of other peer specialists

Contact: NAPS

755 Alta Dale SE

Ada, MI 49301

(616) 676-9230

[email: steveh@naops.org](mailto:steveh@naops.org)

[webmaster: moody615@yahoo.com](mailto:moody615@yahoo.com)



# National Association of Psychiatric Health Systems

- **NAPHS has been a leader in advocating high-quality mental health and substance abuse care delivery for more than 75 years.**

Created in 1933, the National Association of Psychiatric Health Systems today represents delivery systems working to coordinate a full spectrum of treatment services, including inpatient, residential, partial hospitalization, and outpatient programs, as well as prevention and management services.

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*About NAPHS*



# National Association of Psychiatric Health Systems

- NAPHS advocates for behavioral health, and represents provider systems that are committed to the delivery of responsive, accountable, and clinically effective treatment and prevention programs
- Contact: NAPHS  
701 13th Street, NW, Suite 950  
Washington, DC 20005-3903  
Phone: 202/393-6700  
Fax: 202/783-6041  
E-mail: [naphs@naphs.org](mailto:naphs@naphs.org)

# National Empowerment Center



- The **National Empowerment Center (NEC)** is a national and international consumer/survivor/ex-patient-run advocacy and peer-support organization that promotes an empowerment-based recovery model. The mission of NEC is to carry a message of recovery, empowerment, hope, and healing to people whose lives have been interrupted by mental health issues.
- NEC helps consumer/survivors find their individual and collective voices to help them influence policies and practices that affect their lives.

# National Empowerment Center



- NEC staff provide training to all stakeholders on recovery and empowerment, speak at conferences, publish in professional journals and popular press, and are involved on national boards, committees and policy consultations at the White House, Congress, HUD, the Social Security Administration, HCFA, Joint Commission on Hospital Accreditation and The President's Commission on Disability
- **Contact:** National Empowerment Center  
599 Canal Street, Lawrence, MA 01840  
**Phone/Fax:** Fax: 978-681-6426  
Toll-free: 800-power2u (800-769-3728)  
[www.power2u.org](http://www.power2u.org)



## National Coalition of Mental Health Consumer Survivor Organizations

- The National Coalition of Mental Health Consumer Survivor Organizations (NCMHCSO) was built on the foundation laid by the courageous work of those who started the mental health consumer/survivor movement in the early 1970's
- **Contact:** Lauren Spiro, 877-246-9058 (Toll Free), or send email to [info@ncmhcsso.org](mailto:info@ncmhcsso.org)



## National Coalition Policy Priorities for 2008...SAMPLING

- Adequate funding and organizing of peer run networks and services in every state through Block grant and other federal funding to go directly to consumer-run statewide organizations/coalitions to ensure sustainability
- Peer-run alternatives to hospitalization, such as crisis respite, warm-lines, and in-home supports
- Universal psychosocial coverage - parity with choice covering a variety of alternatives in the community and in rural areas, delivered by peers

# National Mental Health Consumers' Self-Help Clearinghouse

- The National Mental Health Consumers' Self-Help Clearinghouse, the nation's first national consumer technical assistance center, has played a major role in the development of the mental health consumer movement. The consumer movement strives for dignity, respect, and opportunity for those with mental illnesses. Consumers--those who receive or have received mental health services--continue to reject the label of "those who cannot help themselves"



National Mental Health  
Consumers' Self-Help Clearinghouse

[www.mhselfhelp.org](http://www.mhselfhelp.org)



- ...promotes and helps to develop consumer-run self-help groups across the country. Technical assistance and materials are available on such topics as organizing groups, fundraising, leadership development, incorporating, public relations, advocacy, and networking
- Contact: 1211 Chestnut Street, Suite 1207  
Philadelphia, PA 19107  
Phone: 800-553-4539  
E-mail: [info@mhselfhelp.org](mailto:info@mhselfhelp.org)



# Sampling of Our Neighbors, Our Friends, Our Families, Our Communities

- Stakeholder Organizations are great places to learn from and to get great information
- As staff, you will benefit from knowing about these important resources
- and the ability to know how to refer to them, for the benefit of both the people you serve and your organizations

