

TCU Treatment Manuals (Page 1 of 3) Sept. 15, 2009		TCU Treatment Stage					Focal Topic Areas													Specific Population				Can use the manual for?				
Click on intervention title for manual information and link to download. Manual availability: D = Download free from IBR Website LP = Printed copies of manual available at cost from: Lighthouse Publications Phone: 309-451-7828 FAX for PO's: 309-451-7761 Texas Institute of Behavioral Research at TCU—Matrix URL: http://www.ibr.tcu.edu/pubs/trtmanual/ManualsMatrix.pdf		Motivation and Induction into Trt	Improving Engagement in Trt	Improving Early Recovery in Trt	Improving Retention and Reentry	Organizational Interventions	Anger management	Communication	Contingency management	HIV/AIDS/STD	Mapping concepts utilized	Motivation	Parenting skills	Recovery/transition skills (aftercare)	Sexual health/Relationships	Social skills/Support Networks	Thinking errors	Treatment planning	12-Step facilitation	Workplace/Organizational issues	CJ-specific mapping guide	Men /Male-specific	Women /Female specific	Youth / Adolescent specific	Individual therapy /Treatment planning	Psychoeducational group therapy	Topic-focused modular applications	Training for counselors /staff
Mapping guides																												
Mapping-Enhanced Counseling: An Introduction	D	X	X	X	X						X																X	
Mapping New Roads to Recovery: Cognitive Enhancements to Counseling	D LP	X	X	X	X						X																X	
Mapping Organizational Change: A Guidebook on Program Needs	D					X					X									X						X	X	X
Mapping the Journey: A Treatment Guidebook	D	X	X	X	X						X	X						X							X		X	X
New Mapping Your Reentry Plan: Heading Home	D				X						X			X		X		X			X				X		X	
Mapping Your Steps: “Twelve Step” Guide Maps (English and Spanish)	D			X	X						X									X						X		
Mapping Your Treatment Plan: A Collaborative Approach	D	X	X	X	X						X	X						X							X		X	X
Preparation for Change: The Tower of Strengths and the Weekly Planner	D LP	X									X	X													X	X		X
TCU Guide Maps: A Resource for Counselors	D LP	X	X	X	X						X														X	X		X
Using Client Assessment to Plan and Monitor Treatment (Using CEST Guide)	D	X	X	X	X						X	X						X							X			X

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	Client interventions																													
	Approaches to HIV/AIDS Prevention in Drug Abuse Treatment	D LP				X				X	X				X											X		X		
	Building Social Networks	D			X				X			X					X					X				X	X	X		
	Common Sense Ideas on HIV Prevention and Sexual Health	D				X				X	X				X							X				X	X	X		
	Contingency Management Strategies and Ideas	D		X						X		X	X													X		X	X	
	Downward Spiral: The Game You Really Don't Want to Play	D LP	X						X				X					X									X		X	
	Getting Motivated to Change	D	X									X	X										X				X	X	X	
	Ideas for Better Communication	D			X				X			X											X				X	X	X	
	Partners in Parenting	D LP				X						X		X														X		
Straight Ahead: Transition Skills for Recovery	D LP				X			X			X			X		X										X				
Time Out! For Me: An Assertiveness/ Sexuality Workshop for Women	D LP			X				X							X									X		X	X			

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Time Out! For Men: A Communications Skill and Sexuality Workshop for Men	D LP			X				X							X							X				X	X		
Understanding and Reducing Angry Feelings	D		X				X				X										X					X	X	X	
Unlock Your Thinking, Open Your Mind	D		X								X						X				X					X	X	X	
Organizational interventions																													
Team Awareness: Small Business (4-hour workshop for Drugs in the Workplace)	D					X														X							X	X	
Team Awareness (8-hour workshop for Drugs in the Workplace)	D					X														X							X		X

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