



The 35th Annual Summer Institute: **Transforming Services to Transform Lives**

University Of Delaware July 24- 28, 2006

Delaware Health and Social Services – Division of Substance Abuse and Mental Health

*The Division of Substance Abuse and Mental Health, in partnership with
The University of Delaware Center for Disability Studies and
The Autism Society of Delaware announces:*

Asperger's Syndrome: Real Solutions for Promoting Change

Thursday July 27 and Friday July 28, 2006

Therapists, parents, and educators will learn:

- Proactive techniques of Cognitive Social Integration Therapy for promoting positive change
- Practical techniques to use when working with individuals with Asperger's
- How the individual with Asperger's perceives, feels, understands, and responds differently than the rest of the world
- Effective strategies for managing anxiety and increasing flexibility

Presenter: **Cathy Grayson, MA**, has taught children within the Autistic spectrum for over 25 years. She provides private consultation for schools, along with staff training and supervision for Autism Spectrum programs. Ms. Grayson co-developed Cognitive Social Integration Therapy (CSIT), and most recently published *Parenting Your Asperger Child: Individualized Solutions for Teaching Your Child Practical Skills* (February 2005).

For more information:
dsamh.training@state.de.us

or call 302-255-9480

For information about registration and other exciting workshops offered at Summer Institute, visit our website at:

www.dhss.delaware.gov/si06