



# My Little Girl Has Diabetes.

**We'll BOTH Get Our Flu Vaccines.**

If you live with or care for someone at high risk for serious complications from seasonal influenza, you should get a seasonal flu vaccine. Groups at high risk include kids and adults with chronic medical conditions like asthma and diabetes.

This flu season, kids also need to get a vaccine to protect them from 2009 H1N1 influenza (sometimes called "swine flu").



FOR MORE INFORMATION  
**800-CDC-INFO**  
**WWW.FLU.GOV**