METHYL ETHYL KETONE

What is METHYL ETHYL KETONE (MEK)?
Methyl ethyl ketone (MEK) is a colorless liquid with a sharp, sweet odor. Methyl ethyl ketone (also known as 2-but Kanone) is a man-made chemical that is also found in nature.

Where can methyl ethyl ketone be found and how is it used?
MEK is produced in large quantities. Nearly half of it is used in paints and other coatings. It is used for these products because it quickly turns into a vapor. It also dissolves in many substances. Other uses are glues and cleaning agents.

In nature, MEK is made by some trees. It is also found in small amounts in some fruits and vegetables. Manmade MEK is released into the air from car and truck exhausts.

How can people be exposed to methyl ethyl ketone?
People who use MEK at work have a good chance of being exposed to it. MEK is used in shoe factories, printing plants and plastics factories. It is also used in making sporting goods.

You could be exposed to MEK through:

Breathing air when making or using products that contain MEK. Product examples include paints, glues, coatings or cleaning agents. Breathing MEK can also happen near waste sites polluted with MEK. You can be exposed by breathing cigarette smoke or sniffing glue.

Drinking water from polluted wells near factories where MEK is made or used. Well water near waste sites may contain MEK pollution.

Touching products made from MEK. You can touch MEK liquid when it is made or used.

Eye contact by splashing it in the eyes at work. If you touch soil polluted with MEK, then rub your eyes, your eyes could be exposed.

How does methyl ethyl ketone work?
If you breathe MEK, at least half of what you breathe in will enter your body. The other half will leave in the air you breathe out. We do not know how much MEK will stay in your body if you drink it or touch it. The amount of MEK that enters your body depends on how much you were exposed to. It also depends on how long the exposure lasts. Your body gets rid of MEK in urine. MEK also leaves the body in the air you breathe out. MEK does not stay in your body for very long. It will be gone from your system by the next day.

How can methyl ethyl ketone affect my health?
People exposed to MEK have nose, throat, skin and eye irritation. If MEK is inhaled with other harmful chemicals, the damage can be more serious. Animals that breathed or swallowed high levels of MEK had serious health effects, including birth defects, fainting and death. Rats that swallowed MEK had drooping eyelids and difficulty with muscle movements.

There was no damage to the ability to reproduce. Mice who breathed low levels for a short time showed short-term effects on behavior. Animals that drank water with low levels of MEK for a short time had mild kidney damage. There are no long-term studies with animals breathing or drinking MEK.

MEK has not been named as a cancer-causing agent.
How is methyl ethyl ketone poisoning treated?
There is no treatment for methyl ethyl ketone. Treatment depends on the type of exposure.

What should I do if exposed to methyl ethyl ketone?
If you eat or drink methyl ethyl ketone, call a doctor or Poison Control Center right away. You should try to vomit by taking ipecac syrup, a syrup that makes you vomit. It is available at most drug stores. If you do not throw up in 10 to 20 minutes, repeat the water and ipecac. Continue to throw up until all fluid is clear. Drink lots of water. Get medical help right away.

If you touch methyl ethyl ketone, take off your clothes. Wash yourself with soap and water.

If you get methyl ethyl ketone in your eyes, flush with clean water for up to 15 minutes. Get medical help right away.

What factors limit use or exposure to methyl ethyl ketone?
At work, safe work methods limit exposure. Have a source of fresh air and a ventilation system. Breathing protection should be provided. Wear protective clothing and safety glasses. If you live near a waste site that may contain methyl ethyl ketone, avoid contact with soil. Drink bottled water if well water is polluted.

Is there a medical test to show whether I’ve been exposed to methyl ethyl ketone?
Exposure to MEK or its breakdown products can be measured in the blood, breath and urine. These tests are useful only for recent exposure since MEK and its breakdown products leave the body fast.

Technical information for methyl ethyl ketone
CAS Number: 78-93-3
Chemical Formula: C₄H₈O
Carcinogenicity (EPA): MEK has not been evaluated for carcinogenicity.
MCL (Drinking Water): There is no MCL established for MEK.
OSHA Standards: The Permissible Exposure Limit (PEL) for an 8 hour day, 40 hours per week is 200 parts per million of air (590 milligrams per cubic meter of air).
NIOSH Standards: 200 parts per million of air (590 milligrams per cubic meter of air). IDLH 3000 ppm.
ACGIH: 200 ppm Threshold Limit Value (TLV)

References and Sources