



Delaware Weekly Influenza Report MMWR Week 8 (February 19 - 25, 2017) Delaware Division of Public Health

National Influenza Synopsis 2016-2017:

National data are updated Friday of each week. Please visit <http://www.cdc.gov/flu/weekly/> for the most current information. During MMWR Week 8 (February 19 - 25, 2017) influenza activity remained elevated in the United States. The most frequently identified influenza virus subtype reported by public health laboratories during week 8 was influenza A (H3). The percentage of respiratory specimens testing positive for influenza in clinical laboratories remained elevated. **Widespread influenza activity** was reported by Puerto Rico and 43 states. **Regional influenza activity** was reported by Guam and five states (Colorado, Montana, Tennessee, Utah and Washington). **Local influenza activity** was reported by the District of Columbia and two states (Hawaii and Oregon). **Sporadic influenza activity** was reported by the U.S. Virgin Islands. Both national and state data are provisional and subject to change as additional reports are received.

Delaware Influenza Surveillance 2016-2017:

During MMWR Week 8 there were 562 laboratory-confirmed cases of influenza reported among Delaware residents with a total of 2,298 for the 2016-2017 season. Reports of influenza-like illness (ILI) received from participating providers, facilities and institutions in Delaware show ILI is 0.8% (Delaware's 2016-2017 baseline is 2.2%). Nationally, ILI is 4.8%, above the national baseline of 2.2%.

Level of Influenza Activity in Delaware, MMWR Week 8:

Widespread	Outbreaks of influenza or increases in ILI cases and recent laboratory-confirmed influenza in at least half the regions of the state with recent laboratory evidence of influenza in the state.
Influenza-like illness (ILI) is defined as patients presenting with fever of 100° F or greater, cough and/or sore throat in the absence of a known cause other than influenza.	
<p>No Activity: No laboratory-confirmed cases of influenza and no reported increase in the number of cases of ILI.</p> <p>Sporadic: Small numbers of laboratory-confirmed influenza cases or a single laboratory-confirmed influenza outbreak has been reported, but there is no increase in cases of ILI.</p> <p>Local: Outbreaks of influenza or increases in ILI cases and recent laboratory-confirmed influenza in a single region of the state.</p> <p>Regional: <i>Outbreaks of influenza or increases in ILI and recent laboratory-confirmed influenza in at least two but less than half the regions of the state with recent laboratory evidence of influenza in those regions.</i>³</p> <p>Widespread: Outbreaks of influenza or increases in ILI cases and recent laboratory-confirmed influenza in at least half the regions of the state with recent laboratory evidence of influenza in the state.</p>	

¹ 2016-2017 Region 3 (DE, DC, MD, PA, VA and WV) baseline = 2.2%.

² Laboratory-confirmed case = case confirmed by viral culture or PCR.

³ Region = population under surveillance in a defined geographical subdivision of a state. Regions typically include several counties. Regional doesn't apply to Delaware and other states with ≤ four counties.

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Table 1a. Influenza positive¹ cases reported² statewide and county, by subtype (A) / lineage (B)³ and MMWR Week, Delaware 2016-17

Confirmed Flu Cases by Subtype / Lineage		Wk 40	Wk 41	Wk 42	Wk 43	Wk 44	Wk 45	Wk 46	Wk 47	Wk 48	Wk 49	Wk 50	Wk 51	Wk 52	Wk 01	Wk 02	Wk 03	Wk 04	Wk 05	Wk 06	Wk 07	Wk 08	YTD	YTD Total	YTD County %
STATEWIDE	A / 2009 H1N1	0	0	0	0	1	0	0	0	0	0	0	0	0	1	0	1	0	0	2	1	0	6	2,298	
	A / 2012 H3N2	0	0	0	2	0	2	3	6	17	12	13	13	21	27	42	42	52	69	104	71	91	587		
	A / no subtype	0	0	1	1	0	0	3	2	4	7	15	26	44	45	57	71	84	160	250	286	378	1434		
	B / Yamagata	0	0	0	0	0	0	0	0	1	0	0	0	0	1	3	5	3	6	4	7	10	40		
	B / Victoria	0	0	0	0	0	0	0	0	0	0	0	0	0	2	0	0	1	0	2	1	0	6		
B / no lineage	0	0	0	0	0	0	0	0	0	0	0	1	4	9	3	9	12	14	38	52	83	225			
New Castle County	A / 2009 H1N1	0	0	0	0	0	0	0	0	0	0	0	0	0	1	0	1	0	0	2	1	0	5	1,242	54.1%
	A / 2012 H3N2	0	0	0	2	0	2	2	6	15	11	11	6	14	21	34	37	39	52	87	54	72	465		
	A / no subtype	0	0	0	0	0	1	1	1	1	1	6	6	5	20	23	28	47	93	135	138	149	654		
	B / Yamagata	0	0	0	0	0	0	0	0	1	0	0	0	0	0	1	3	3	4	4	4	4	24		
	B / Victoria	0	0	0	0	0	0	0	0	0	0	0	0	0	2	0	0	1	0	2	0	0	5		
B / no lineage	0	0	0	0	0	0	0	0	0	0	0	1	2	0	0	6	9	8	22	18	23	89			
Kent County	A / 2009 H1N1	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	622	27.1%
	A / 2012 H3N2	0	0	0	0	0	1	0	2	0	1	4	3	0	1	2	4	6	4	4	3	35			
	A / no subtype	0	0	1	1	0	0	1	1	3	6	8	12	23	15	27	23	21	46	79	96	136	499		
	B / Yamagata	0	0	0	0	0	0	0	0	0	0	0	0	0	0	1	0	0	0	0	0	2	3		
	B / Victoria	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0		
B / no lineage	0	0	0	0	0	0	0	0	0	0	0	0	2	8	3	2	1	1	11	18	39	85			
Sussex County	A / 2009 H1N1	0	0	0	0	1	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	1	434	18.9%
	A / 2012 H3N2	0	0	0	0	0	0	0	0	0	1	1	3	4	6	7	3	9	11	13	13	16	87		
	A / no subtype	0	0	0	0	0	1	0	0	0	1	8	16	10	7	20	16	21	36	52	93	281			
	B / Yamagata	0	0	0	0	0	0	0	0	0	0	0	0	0	1	1	2	0	2	0	3	4	13		
	B / Victoria	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	1	0	1		
B / no lineage	0	0	0	0	0	0	0	0	0	0	0	0	0	1	0	1	2	5	5	16	21	51			

Table 1b. Influenza positive¹ cases reported² statewide and county, by age group and MMWR Week, Delaware 2016-17

Confirmed Flu Cases by Age Group		Wk 40	Wk 41	Wk 42	Wk 43	Wk 44	Wk 45	Wk 46	Wk 47	Wk 48	Wk 49	Wk 50	Wk 51	Wk 52	Wk 01	Wk 02	Wk 03	Wk 04	Wk 05	Wk 06	Wk 07	Wk 08	YTD	YTD Total	YTD County %
STATEWIDE	0-4 years	0	0	0	0	1	0	0	0	0	3	5	6	12	15	24	24	26	39	68	65	118	406	2,298	
	5-24 years	0	0	0	0	0	1	2	2	3	6	4	10	13	23	35	42	59	89	203	201	195	888		
	25-49 years	0	0	1	1	0	0	2	0	8	5	8	13	14	13	13	25	18	45	57	61	88	372		
	50-64 years	0	0	0	1	0	0	2	2	2	2	7	5	13	14	12	16	21	27	29	42	63	258		
	65+ years	0	0	0	1	0	1	0	4	9	3	4	6	17	20	21	21	28	49	43	49	98	374		
New Castle County	0-4 years	0	0	0	0	0	0	0	0	0	1	2	1	3	9	12	10	20	27	54	41	66	246	1,242	54.1%
	5-24 years	0	0	0	0	0	1	1	2	2	2	2	6	4	10	19	26	36	62	123	102	85	483		
	25-49 years	0	0	0	0	0	0	1	0	6	4	4	3	8	8	8	16	10	20	36	30	33	187		
	50-64 years	0	0	0	1	0	0	1	1	1	2	5	2	2	5	7	10	14	23	19	17	25	135		
	65+ years	0	0	0	1	0	1	0	4	8	3	4	1	4	12	12	13	19	25	20	25	39	191		
Kent County	0-4 years	0	0	0	0	0	0	0	0	0	2	3	4	9	6	9	8	4	9	7	14	30	105	622	27.1%
	5-24 years	0	0	0	0	0	0	1	0	1	3	1	4	7	8	12	6	12	19	53	63	61	251		
	25-49 years	0	0	1	1	0	0	0	0	2	1	3	5	3	2	3	4	5	11	14	17	33	105		
	50-64 years	0	0	0	0	0	0	1	1	1	0	2	0	4	3	4	4	3	3	4	10	24	64		
	65+ years	0	0	0	0	0	0	0	0	1	0	0	3	5	4	4	5	2	11	16	14	32	97		
Sussex County	0-4 years	0	0	0	0	1	0	0	0	0	0	0	1	0	0	3	6	2	3	7	10	22	55	434	18.9%
	5-24 years	0	0	0	0	0	0	0	0	0	1	1	0	2	5	4	10	11	8	27	36	49	154		
	25-49 years	0	0	0	0	0	0	1	0	0	0	1	5	3	3	2	5	3	14	7	14	22	80		
	50-64 years	0	0	0	0	0	0	0	0	0	0	0	3	7	6	1	2	4	1	6	15	14	59		
	65+ years	0	0	0	0	0	0	0	0	0	0	0	2	8	4	5	3	7	13	7	10	27	86		

¹ Based on patients with positive nucleic acid or viral culture test results reported to the Division of Public Health.

² Reports are by the date the laboratory results are obtained. As a result, prior weeks' counts may be adjusted to reflect additional cases received.

³ The Division of Public Health Laboratory now has the capability to identify lineage for Influenza B. Since some laboratories in the state do not have this capability, those influenza cases will be categorized as Influenza B, no lineage identified.

Figure 1. Confirmed cases¹ of influenza by type and subtype / lineage, by MMWR Week, Delaware 2016-17*

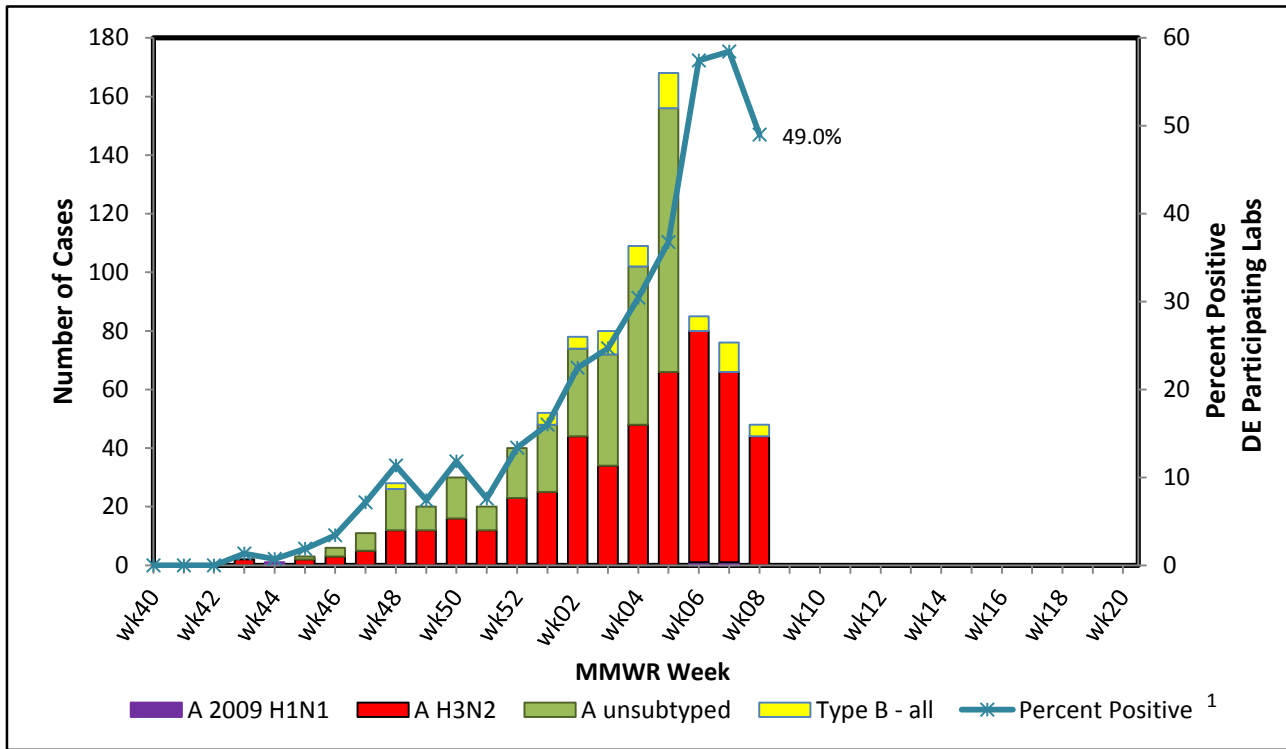


Table 2. Influenza-related hospitalizations statewide and county, by age group and MMWR Week, Delaware 2016-17

Hospitalized Flu Cases by Age Group		Wk 40	Wk 41	Wk 42	Wk 43	Wk 44	Wk 45	Wk 46	Wk 47	Wk 48	Wk 49	Wk 50	Wk 51	Wk 52	Wk 01	Wk 02	Wk 03	Wk 04	Wk 05	Wk 06	Wk 07	Wk 08	YTD	YTD Total	YTD County %	
STATEWIDE	0-4 years	0	0	0	0	0	0	0	0	0	0	1	1	0	2	2	2	1	1	6	6	7	29	412		
	5-24 years	0	0	0	0	0	0	0	0	0	2	0	1	0	1	2	4	3	6	11	12	7	49			
	25-49 years	0	0	0	0	0	0	1	0	2	1	0	0	4	2	2	4	3	6	7	4	6	42			
	50-64 years	0	0	0	0	0	0	0	0	0	0	2	1	6	5	3	4	5	10	7	8	17	68			
	65+ years	0	0	0	1	0	1	0	3	8	1	3	3	12	13	17	11	20	23	27	25	56	224			
New Castle County	0-4 years	0	0	0	0	0	0	0	0	0	0	1	1	0	2	1	1	0	1	6	5	4	22	264	64.1%	
	5-24 years	0	0	0	0	0	0	0	0	0	0	0	1	0	1	2	3	3	5	11	9	6	41			
	25-49 years	0	0	0	0	0	0	0	0	2	1	0	0	3	1	2	3	2	4	5	2	4	29			
	50-64 years	0	0	0	0	0	0	0	0	0	0	1	1	1	4	2	3	4	9	6	3	11	45			
	65+ years	0	0	0	1	0	1	0	3	7	1	3	0	4	6	10	8	16	13	11	13	30	127			
Kent County	0-4 years	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	1	1	1	0	0	1	3	7	96	23.3%
	5-24 years	0	0	0	0	0	0	0	0	0	1	0	0	0	0	0	0	0	1	0	2	1	5			
	25-49 years	0	0	0	0	0	0	0	0	0	0	0	0	1	0	0	1	1	1	2	2	1	9			
	50-64 years	0	0	0	0	0	0	0	0	0	0	1	0	3	1	1	1	1	1	0	2	1	12			
	65+ years	0	0	0	0	0	0	0	0	1	0	0	2	5	4	4	3	1	6	12	9	16	63			
Sussex County	0-4 years	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	52	12.6%
	5-24 years	0	0	0	0	0	0	0	0	0	1	0	0	0	0	0	1	0	0	0	1	0	3			
	25-49 years	0	0	0	0	0	0	1	0	0	0	0	0	0	1	0	0	0	1	0	0	1	4			
	50-64 years	0	0	0	0	0	0	0	0	0	0	0	0	2	0	0	0	0	0	1	3	5	11			
	65+ years	0	0	0	0	0	0	0	0	0	0	0	1	3	3	3	0	3	4	4	3	10	34			

Table 3. Influenza-related deaths by MMWR Week, Delaware 2016-17

Influenza-Related Deaths	Wk 40	Wk 41	Wk 42	Wk 43	Wk 44	Wk 45	Wk 46	Wk 47	Wk 48	Wk 49	Wk 50	Wk 51	Wk 52	Wk 01	Wk 02	Wk 03	Wk 04	Wk 05	Wk 06	Wk 07	Wk 08	YTD
	0	0	0	0	0	0	0	0	0	1	0	0	0	0	1	0	1	0	1	2	0	6

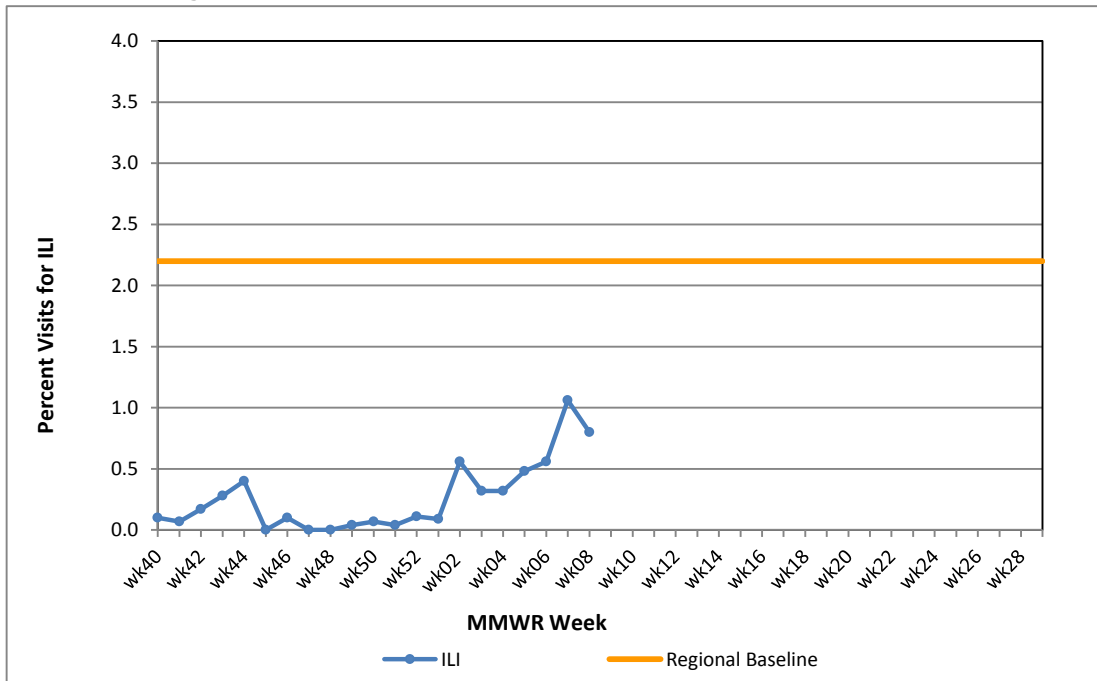
Table 4. Numbers of influenza cases reported by flu season, Delaware 2004-05 through 2016-17

Influenza Season	Total Annual Influenza Cases
2004 – 2005	995
2005 – 2006	541
2006 – 2007	508
2007 – 2008	1,401
2008 – 2009	738
2009 – 2010	2,247
2010 – 2011	1,479
2011 – 2012	267
2012 – 2013	1,781
2013 – 2014	1,842
2014 – 2015	2,390
2015 – 2016	2,251
2016 – 2017 (YTD)	2,298

U.S. Outpatient Influenza-Like Illness Surveillance Network (ILINet) Sentinel Providers

An ILINet (sentinel) provider conducts surveillance for influenza-like illness (ILI) in collaboration with the Division of Public Health and the Centers for Disease Control and Prevention (CDC). Data reported by ILINet providers, in combination with other influenza surveillance data, provide a national and statewide picture of influenza activity in the U.S.

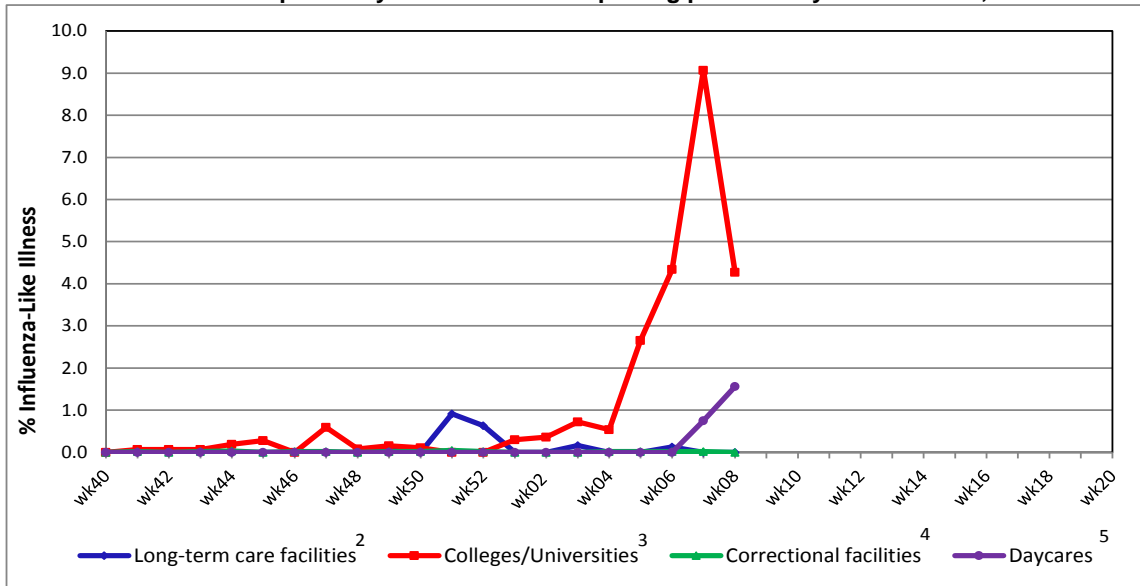
Figure 2. Percentage of visits for influenza-like illness reported by sentinel providers¹ participating in CDC’s Outpatient ILI Surveillance Network (ILINet), Delaware 2016-17



¹ Thirteen of 18 sentinel providers reported.

² Regional baseline is calculated by CDC using non-influenza weeks from the previous three influenza seasons. Delaware is in Region 3 that also includes DC, MD, PA, VA and WV.

Figure 3. Influenza-like illness reported by ILI surveillance reporting partners¹ by MMWR Week, Delaware 2016-17



¹ ILINet reporting partners include long-term care facilities, colleges / universities, correctional facilities and daycare facilities.

² % ILI= percentage of residents with ILI symptoms Eight long-term care facilities reported.

³ % ILI= percentage of student visits for ILI; Three universities reported.

⁴ % ILI= percentage of visits for ILI at the correctional facility; Nine correctional facilities reported.

⁵ % ILI= percentage of children absent with ILI; One daycare provider reported.

Figure 4a. Percentage of emergency department (ED) visits due to ILI/Flu by MMWR Week, Delaware 2016-17

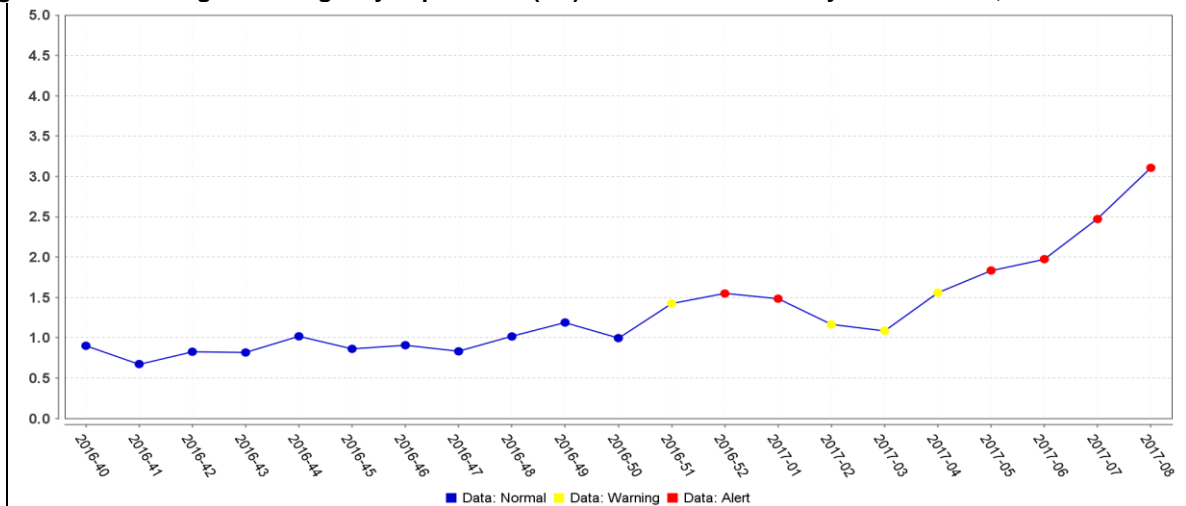
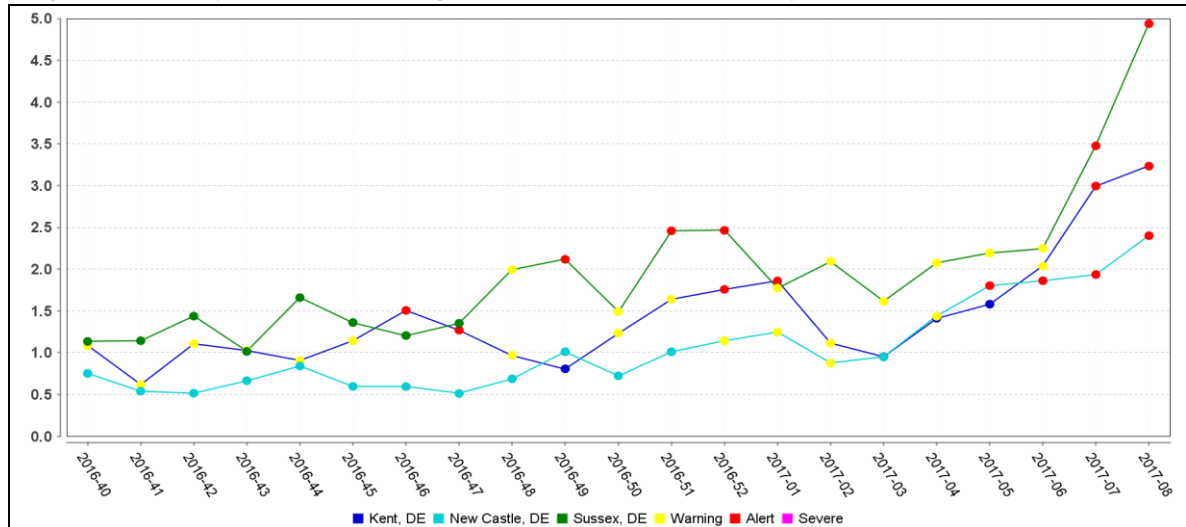


Figure 4b. County-specific percentages of ED visits due to ILI/Flu by MMWR Week, Delaware 2016-17



Summary of International Influenza Activity

Influenza activity in the temperate zone of the northern hemisphere continued to be elevated. Many countries especially in East Asia and Europe appeared to have already peaked and were reporting decreasing trends. Worldwide, influenza A(H3N2) virus was predominant. The majority of influenza viruses characterized so far were similar antigenically to the reference viruses contained in vaccines for use in the 2016-2017 northern hemisphere influenza season.

In North America, influenza activity with A(H3N2) virus predominating increased in the United States and Mexico, whereas in Canada influenza activity continued to decrease.

In the Caribbean countries and Central America, influenza and other respiratory virus activity remained low in general, except in Puerto Rico where influenza activity remained above the seasonal threshold with influenza A(H3N2) predominating.

In tropical South America, influenza and other respiratory virus activity remained low, although RSV activity remained elevated in Colombia.

In Europe, influenza activity remained elevated with influenza A (H3N2) virus being the most prominent subtype. Most of the countries reported stable or decreasing trends compared with previous weeks. Persons aged over 65 years were most frequently associated with severe disease from influenza infection.

In Western Asia, influenza activity was decreasing with influenza A(H3N2) predominant in the region. Low levels of influenza B viruses were also detected. In East Asia, influenza activity appeared to be decreasing with influenza A(H3N2) virus predominant. In Southern Asia, influenza activity sharply increased in India and Sri Lanka, with mainly influenza A(H1N1)pdm09 reported followed by influenza B and A(H3N2). In South East Asia, influenza activity remained low.

In Northern Africa, influenza activity seemed to have peaked; influenza A(H3N2) and influenza B virus detections were reported. In West Africa, influenza B continued to be detected in Ghana.

In the temperate zone of the Southern Hemisphere, influenza activity was at inter-seasonal levels.

Reference: World Health Organization (WHO), 2017. Influenza update number 283 (2/20/17). Retrieved February 24, 2017, from http://www.who.int/influenza/surveillance_monitoring/updates/latest_update_GIP_surveillance/en/. Reports are updated biweekly

NOTE: The data provided do not reflect the total number of individuals who have been infected with the influenza virus in Delaware during the reporting period due to the following factors:

- Many people ill with influenza-like symptoms do not seek medical care.
- Many who do seek medical care are not tested for influenza.
- The Delaware Public Health Laboratory is limited by capacity to processing a maximum of three specimens per day from each reporting entity.

The Delaware Division of Public Health (DPH) is committed to serving you better by providing the most accurate, up-to-date influenza data available.

- For general information on influenza, visit flu.delaware.gov or <http://dhss.delaware.gov/dhss/dph/dpc/immunize-flu.html>.
- For specific information on DPH flu clinics, visit <http://dhss.delaware.gov/dhss/dph/fluclinics.html>.
- For questions on Delaware's Weekly flu report, call the DPH Office of Infectious Disease Epidemiology: 302-744-4990.
- For questions regarding influenza vaccination, please call 302-744-1060.