

# Delaware Weekly Influenza Report Week 41 (October 5 - October 11, 2014) Delaware Division of Public Health

#### National Influenza Synopsis 2014-2015:

National data are updated Friday of each week. Please visit <a href="http://www.cdc.gov/flu/weekly/">http://www.cdc.gov/flu/weekly/</a> for the most current information. During week 41, influenza activity was low in the United States and Delaware. The geographic spread of influenza in Guam was reported as widespread; Puerto Rico and four states reported local activity (Florida, New Hampshire, North Dakota, and Virginia); the District of Columbia and 36 states reported sporadic activity; and the U.S. Virgin Islands and 10 states reported no influenza activity.

Both national and state data are provisional and subject to change as additional reports are received.

### Delaware Influenza Surveillance 2014-2015:

Week 41 is the second week of the 2014-2015 influenza season. There was one confirmed case of influenza reported during week 41. Reports of influenza-like illness (ILI) received from participating providers, facilities, and institutions indicated no to relatively low levels of ILI in the community. Levels of ILI were below the regional baseline of 2.0%.

# Level of Influenza Activity in Delaware, Week 41:

# **Sporadic**

Small numbers of laboratory-confirmed influenza cases or a single laboratory-confirmed influenza outbreak has been reported, but there is no increase in cases of ILI.

Influenza-like illness (ILI) is defined as patients presenting with fever of 100° F or greater, cough and/or sore throat in the absence of a known cause other than influenza.

No Activity: No laboratory-confirmed cases of influenza and no reported increase in the number of cases of ILI.

**Sporadic:** Small numbers of laboratory-confirmed influenza cases or a single laboratory-confirmed influenza outbreak has been reported, but there is no increase in cases of ILI.

**Local:** Outbreaks of influenza or increases in ILI cases and recent laboratory-confirmed influenza in a single region of the state.

Regional: Outbreaks of influenza or increases in ILI and recent laboratory-confirmed influenza in at least two but less than half the regions of the state with recent laboratory evidence of influenza in those regions.<sup>3</sup>

Widespread: Outbreaks of influenza or increases in ILI cases and recent laboratory-confirmed influenza in at least half the regions of the state with recent laboratory evidence of influenza in the state.

<sup>&</sup>lt;sup>3</sup> Region = population under surveillance in a defined geographical subdivision of a state. Regions typically include several counties. Regional doesn't apply to states with < four counties.

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<sup>&</sup>lt;sup>1</sup> 2014-2015 Region 3 (DE, DC, MD, PA, VA, and WV) baseline = 2.0%.

Laboratory-confirmed case = case confirmed by viral culture or PCR.

Table 1a. Influenza positive<sup>1</sup> cases reported<sup>2</sup> statewide and county by subtype (A) or lineage (B)<sup>3</sup>, Delaware 2014-2015

|                      | irmed Flu Cases<br>ubtype / Lineage | Wk<br>40 | Wk<br>41 | YTD | YTD<br>Total | YTD<br>County<br>% |
|----------------------|-------------------------------------|----------|----------|-----|--------------|--------------------|
|                      | A / 2009 H1N1                       | 0        | 0        | 0   |              |                    |
| ш                    | A / 2012 H3N2                       | 0        | 1        | 1   |              |                    |
| STATEWIDE            | A / no subtype                      | 0        | 0        | 0   | 1            |                    |
| É                    | B / Yamagata                        | 0        | 0        | 0   | '            |                    |
| ST/                  | B / Victoria                        | 0        | 0        | 0   |              |                    |
|                      | B / no lineage                      | 0        | 0        | 0   |              |                    |
|                      | A / 2009 H1N1                       | 0        | 0        | 0   |              |                    |
| o o                  | A / 2012 H3N2                       | 0        | 0        | 0   |              | 0                  |
| New Castle<br>County | A / no subtype                      | 0        | 0        | 0   | 0            |                    |
| ew Cast<br>County    | B / Yamagata                        | 0        | 0        | 0   | U            |                    |
| Š                    | B / Victoria                        | 0        | 0        | 0   |              |                    |
|                      | B / no lineage                      | 0        | 0        | 0   |              |                    |
|                      | A / 2009 H1N1                       | 0        | 0        | 0   |              | 0                  |
| _                    | A / 2012 H3N2                       | 0        | 0        | 0   |              |                    |
| Kent                 | A / no subtype                      | 0        | 0        | 0   | 0            |                    |
| ㅈ 양                  | B / Yamagata                        | 0        | 0        | 0   | 0            |                    |
|                      | B / Victoria                        | 0        | 0        | 0   |              |                    |
|                      | B / no lineage                      | 0        | 0        | 0   | 1            |                    |
|                      | A / 2009 H1N1                       | 0        | 0        | 0   |              | 100.0%             |
| <b>.</b> .           | A / 2012 H3N2                       | 0        | 1        | 1   |              |                    |
| Sussex               | A / no subtype                      | 0        | 0        | 0   |              |                    |
| Sus                  | B / Yamagata                        | 0        | 0        | 0   |              |                    |
|                      | B / Victoria                        | 0        | 0        | 0   |              |                    |
|                      | B / no lineage                      | 0        | 0        | 0   |              |                    |

Table 1b. Influenza positive<sup>1</sup> cases reported<sup>2</sup> statewide and county by age group, Delaware 2014-2015

|                      | rmed Flu Cases<br>ge Group | Wk<br>40 | Wk<br>41 | YTD | YTD<br>Total | YTD<br>County<br>% |
|----------------------|----------------------------|----------|----------|-----|--------------|--------------------|
| ш                    | 0-4 years                  | 0        | 1        | 1   |              |                    |
| ΝD                   | 5-24 years                 | 0        | 0        | 0   |              |                    |
| ΤĒ                   | 25-49 years                | 0        | 0        | 0   | 1            |                    |
| STATEWIDE            | 50-64 years                | 0        | 0        | 0   |              |                    |
| 0,                   | 65+ years                  | 0        | 0        | 0   |              |                    |
|                      | 0-4 years                  | 0        | 0        | 0   |              |                    |
| stle<br>y            | 5-24 years                 | 0        | 0        | 0   |              | 0                  |
| w Cast               | 25-49 years                | 0        | 0        | 0   | 0            |                    |
| New Castle<br>County | 50-64 years                | 0        | 0        | 0   | · ·          |                    |
| Z                    | 65+ years                  | 0        | 0        | 0   |              |                    |
|                      | 0-4 years                  | 0        | 0        | 0   |              |                    |
|                      | 5-24 years                 | 0        | 0        | 0   |              | 0                  |
| Kent                 | 25-49 years                | 0        | 0        | 0   | 0            |                    |
| S                    | 50-64 years                | 0        | 0        | 0   | -            |                    |
|                      | 65+ years                  | 0        | 0        | 0   |              |                    |
|                      | 0-4 years                  | 0        | 1        | 1   |              |                    |
| sex                  | 5-24 years                 | 0        | 0        | 0   |              |                    |
| Sussex               | 25-49 years                | 0        | 0        | 0   | 1            | 100.0%             |
| 80                   | 50-64 years                | 0        | 0        | 0   |              |                    |
| 1                    | 65+ years                  | 0        | 0        | 0   |              |                    |

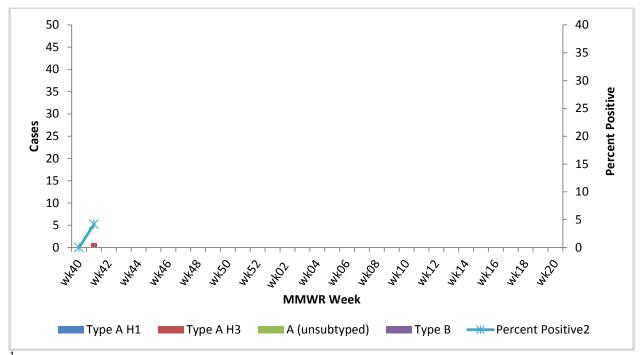
<sup>&</sup>lt;sup>1</sup> Based on patients with positive nucleic acid or viral culture test results reported to the Division of Public Health.

MMWR Week 41 = October 5 - October 11, 2014

Reports are by the date the laboratory results are obtained. As a result, prior weeks' counts may be adjusted to reflect additional cases received.

The Division of Public Health Laboratory now has the capability to identify lineage for Influenza B. Since some laboratories in the state do not have this capability, these influenza cases will be categorized as Influenza B, no lineage identified.

Figure 1. Confirmed cases<sup>1</sup> of influenza by type and subtype/lineage, Delaware 2014-2015



Based on patients with positive nucleic acid or viral culture test results reported to the Delaware Division of Public Health. There is one confirmed case of influenza reported as of MMWR 41.

Table 2. Influenza-related hospitalizations statewide and county, by age group, Delaware 2014-2015

|                      | italized Flu<br>s by Age Group | Wk<br>40 | Wk<br>41 | YTD | YTD<br>Total | YTD<br>County<br>% |
|----------------------|--------------------------------|----------|----------|-----|--------------|--------------------|
| ш                    | 0-4 years                      | 0        | 0        | 0   |              |                    |
| STATEWIDE            | 5-24 years                     | 0        | 0        | 0   |              |                    |
| ŦĒ                   | 25-49 years                    | 0        | 0        | 0   | 0            |                    |
| TA                   | 50-64 years                    | 0        | 0        | 0   | Ü            |                    |
| 0)                   | 65+ years                      | 0        | 0        | 0   |              |                    |
|                      | 0-4 years                      | 0        | 0        | 0   |              |                    |
| stle                 | 5-24 years                     | 0        | 0        | 0   |              |                    |
| New Castle<br>County | 25-49 years                    | 0        | 0        | 0   | 0            | 0                  |
| ှိ<br>လ              | 50-64 years                    | 0        | 0        | 0   |              |                    |
| _                    | 65+ years                      | 0        | 0        | 0   |              |                    |
|                      | 0-4 years                      | 0        | 0        | 0   |              |                    |
|                      | 5-24 years                     | 0        | 0        | 0   |              |                    |
| Kent<br>County       | 25-49 years                    | 0        | 0        | 0   | 0            | 0                  |
| ΥŠ                   | 50-64 years                    | 0        | 0        | 0   | Ü            | Ü                  |
|                      | 65+ years                      | 0        | 0        | 0   |              |                    |
|                      | 0-4 years                      | 0        | 0        | 0   |              |                    |
| sex                  | 5-24 years                     | 0        | 0        | 0   |              |                    |
| Sussex               | 25-49 years                    | 0        | 0        | 0   | 0            | 0                  |
| 8,0                  | 50-64 years                    | 0        | 0        | 0   | O            |                    |
|                      | 65+ years                      | 0        | 0        | 0   |              |                    |

Table 3. Influenza-related deaths, Delaware 2014-2015

| Influenza- Related<br>Deaths |   | Wk<br>41 | YTD<br>Total |
|------------------------------|---|----------|--------------|
|                              | 0 | 0        |              |

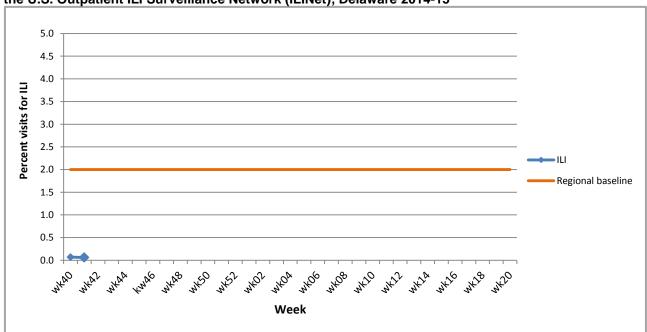
Table 4. Annual number of influenza cases reported by flu season, Delaware 2004-2005 through 2014-2015

| Influenza Season  | Total Annual<br>Influenza Cases |
|-------------------|---------------------------------|
| 2004 – 2005       | 995                             |
| 2005 – 2006       | 541                             |
| 2006 – 2007       | 508                             |
| 2007 – 2008       | 1,401                           |
| 2008 – 2009       | 738                             |
| 2009 – 2010       | 2,247                           |
| 2010 – 2011       | 1,470                           |
| 2011 – 2012       | 262                             |
| 2012 – 2013       | 1,773                           |
| 2013 – 2014       | 1,842                           |
| 2014 – 2015 (YTD) | 1                               |

# U.S. Outpatient Influenza-Like Illness Surveillance Network (ILINet) Sentinel Providers

An ILINet (sentinel) provider conducts surveillance for influenza-like illness (ILI) in collaboration with the Division of Public Health and the Centers for Disease Control and Prevention (CDC). Data reported by ILINet providers, in combination with other influenza surveillance data, provide a national and statewide picture of influenza activity in the U.S.

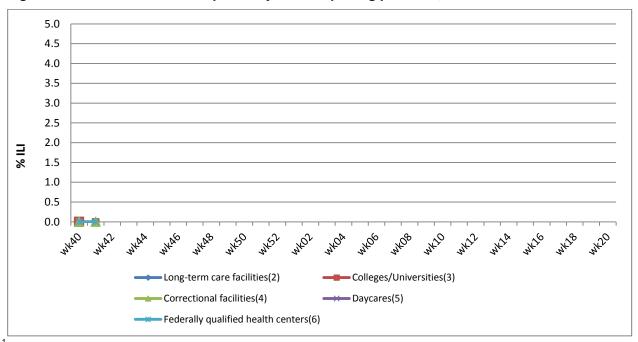
Figure 2. Percentage of visits for influenza-like illness reported by sentinel providers<sup>1</sup> participating in the U.S. Outpatient ILI Surveillance Network (ILINet), Delaware 2014-15



<sup>&</sup>lt;sup>1</sup> Seven of 16 sentinel providers reported.

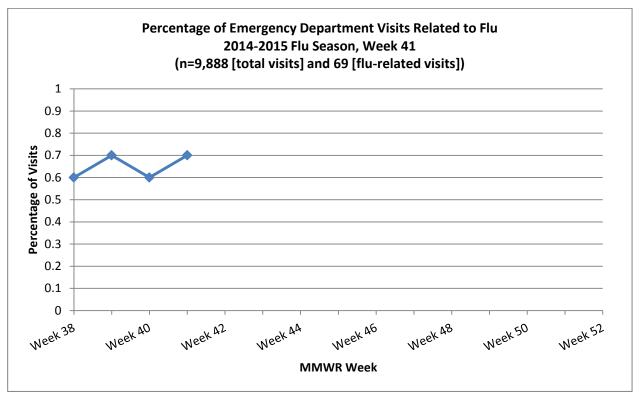
<sup>2</sup> Regional baseline is calculated by CDC using non-influenza weeks from the previous three influenza seasons. Delaware is a member of Region 3 that includes DE, DC, MD, PA, VA, and WV.

Figure 3. Influenza-like illness reported by ILINet reporting partners<sup>1</sup>, Delaware 2014-2015



ILINet reporting partners include long-term care facilities, colleges and universities, correctional facilities, daycare facilities and federally qualified health centers.

Figure 4. Percentage of Delaware emergency department visits related to influenza (flu)



<sup>&</sup>lt;sup>2</sup> % ILI= percentage of residents with ILI symptoms. Two of 19 LTCFs reported for MMWR 41

<sup>&</sup>lt;sup>3</sup> % ILI= percentage of student visits for ILI; Schools reporting include only the University of Delaware.

<sup>4 %</sup> ILI= percentage of visits for ILI at the correctional facility; Zero of 10 facilities reported for MMWR 40

 $<sup>^{5}</sup>$  % ILI= percentage of children absent with ILI; One of 12 daycare providers reported for MMWR 40

<sup>&</sup>lt;sup>6</sup> % ILI= percentage of visits for ILI at FQHCs; FQHCs reporting include LARED (two locations) and Henrietta Johnson Medical Center

The regional baseline is calculated by CDC using non-influenza weeks from the previous three influenza seasons. Delaware is part of Region 3 that also includes DC, MD, PA, VA and WV

#### **Summary of International Influenza Activity**

As of October 6, the southern hemisphere influenza season seems to be coming to an end, with still high activity in Oceania. In the temperate zone of South America, influenza-like illness (ILI) decreased and was still mainly associated with RSV. Influenza A(H3N2) virus was the most detected influenza virus. In Australia and New Caledonia, the influenza season continued with high activity associated with A(H1N1)pdm09 and A(H3N2) viruses. ILI activity increased in several of the Pacific Islands.

In Europe and North America, influenza activity remained at inter-seasonal levels. In tropical countries of the Americas, influenza B co-circulated with respiratory syncytial virus (RSV). In Africa and western Asia, influenza activity was low. In eastern Asia, influenza activity in most countries remained low or decreased following influenza A(H3N2) activity in August and September.

For the full international influenza update published by the World Health Organization, please visit <a href="http://www.who.int/influenza/surveillance\_monitoring/updates/latest\_update\_GIP\_surveillance/en/">http://www.who.int/influenza/surveillance\_monitoring/updates/latest\_update\_GIP\_surveillance/en/</a>. Reports are updated biweekly.

**NOTE:** The data provided do not reflect the total number of individuals who have been infected with the influenza virus in Delaware during the reporting period as a result of the following factors:

- Many people ill with influenza-like symptoms do not seek medical care.
- Many who do seek medical care are not tested for influenza.
- The Delaware Public Health Laboratory is limited by capacity to processing a maximum of three specimens per day from each reporting entity.

The Delaware Division of Public Health (DPH) is committed to serving you better by providing the most accurate influenza data available.

Please visit us at <u>flu.delaware.gov</u> or <u>http://dhss.delaware.gov/dhss/dph/dpc/immunize-flu.html</u> for general information on the flu or specific information on DPH flu clinics.

For questions on Delaware's weekly flu report, call the DPH Office of Infectious Disease Epidemiology at 302-744-4990. NOTE: New phone number for Epi

For questions regarding influenza vaccination information, please call 302-744-1060.