Helpful Phone Numbers

For referrals to services, agencies, and programs

Delaware Helpline can provide information about parenting programs, subsidized childcare, and services, such as AFDC and Medicaid, in Delaware. *7:30am to 8pm - Monday - Friday* **(800) 464-4357 or 211**

For support and information about parenting challenges

Child, Inc. provides direct services such as shelters, domestic violence treatment programs, and specialized foster care, prevention programs such as parenting classes and assistance, and community advocacy for children and their families. **(800) 874-2070**

New Castle County - **(302) 762-8989**
8:30am to 8pm - Monday - Wednesday
8:30am to 7pm - Thursday & 8:30am to 5pm - Friday

Domestic Violence Hotline **(302) 762-6110**

Runaway Youth Hotline **(302) 762-6373**

Contact - 24-hour helpline for anyone under stress. Trained listeners can offer support and make referrals to community agencies.

New Castle County **(302) 761-9100**
Kent and Sussex Counties **(800) 262-9800**
TTY **(302) 761-9700**

For information about the services available for children with developmental delays and disabilities

Parent Information Center of Delaware has staff to identify community services, help families solve problems, and offer emotional support. They also have a library of books, videos, and catalogs, and offer informational workshops for families with children having a developmental delay or disability.

New Castle County / Toll Free **(302) 999-7394 / (888) 547-4412**
Sussex County **(302) 856-9880**

Delaware Family Voices Family to Family Health Information Center aims to achieve family-centered care for all children and youth with special health care needs and/or disabilities. Through our national network, we provide families tools to make informed decisions, advocate for improved public and private policies, build partnerships among professionals and families, and serve as a trusted resource on health care.

Toll-Free: **(877) 235-3588**

For information about immunizations **(800) 282-8672**

For Information about breastfeeding

LaLeche League **(800) 525-3243**

Nursing Mothers **(302) 733-0973**

For help in finding a doctor

Medical Society of Delaware **(302) 366-1400**

For legal assistance

Community Legal Aid Society, Inc. provides free legal assistance to disabled, low-income, and elderly citizens in civil areas of law. Voice/TTY available in each office.

New Castle County **(302) 575-0660**
Kent County **(302) 674-8500**
Sussex County **(302) 856-0038**

For information on children's evaluations or services related to a developmental delay or disability

Child Development Watch evaluates and coordinates services to young children, birth to age 3.

New Castle County **(302) 283-7240**
Toll Free **(800) 671-0050**
Kent and Sussex Counties **(302) 424-7300**
Toll Free **(800) 752-9393**

Child Find is a program, available in all school districts which identifies children three and older who are in need of special services. Call the *Child Find Coordinator* or *Special Education Supervisor* in your District. See the other side for the phone number for your school district.

For help in finding and using child care

Children and Families First

New Castle County / Toll Free **(302) 479-1660 / (800) 734-2388**
Kent and Sussex Counties **(800) 660-6602**

Subsidized Child Care

New Castle County: **(302) 255-9670**
Kent County: **(302) 739-4437**
Sussex County: **(302) 856-5569**

For information about the Women, Infant and Children (WIC) Nutrition Program

WIC Nutrition Program provides participants with nutritious foods and nutrition education. Pregnant, post-partum and breastfeeding women, infants and children up to their fifth birthday are eligible if they qualify.

New Castle County / Toll Free **(302) 283-7570 / (800) 222-2189**

Emergency Phone Numbers

Fire_____ Doctor_____ Police_____

Poison Control (800) 222-1222

DELAWARE HEALTH AND SOCIAL SERVICES

Helpful Phone Numbers - Page 2

Child Development Watch

Child Development Watch is the statewide early intervention program for children ages birth to age 3. The program's mission is to enhance the development of infants and toddlers with disabilities or developmental delays and to enhance the capacity of their families to meet the needs of their young children.

Parents with children ages birth to age 3 can call Child Development Watch at:

New Castle Referral line:	**(302) 283-7140**
All other inquiries call:	**(302) 283-7240**
NCC toll free:	**(800) 671-0050**
Kent and Sussex Counties CDW:	**(302) 424-7300**
Statewide toll free CDW Kent/Sussex Counties:	**(800) 752-9393**

Child Find

At the age of three and older, the responsibility for identifying children with developmental delays and providing services to children with special needs is with each of the public school districts. To ask questions about your child's development and how to have your child assessed, contact your local school district. The telephone numbers for the Child Find Services in each school district are listed at right.

Child Find Contact Numbers

School District	Contact number
Appoquinimink	**(302) 376-4128**
Brandywine	**(302) 793-5000**
Cape Henlopen	**(302) 645-6686**
Caesar Rodney	**(302) 697-2173**
Capital	**(302) 672-1935**
Christina	**(302) 454-2047**
Colonial	**(302) 323-2951**
Delmar	**(302) 846-9544**
Indian River	**(302) 436-1000 ext. 1111**
Lake Forest	**(302) 284-3020**
Laurel	**(302) 875-6105**
Milford	**(302) 422-1600**
Red Clay	
Preschool	**(302) 995-8568**
School-Age	**(302) 995-8793**
Seaford	**(302) 629-4587**
Smyrna	**(302) 653-8585**
Woodbridge	**(302) 349-4539**