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Mental Health Association in Delaware
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State of Delaware
*The Department of Services for
Children, Youth and Their Families*
Division of Child Mental Health Services



SUICIDE PREVENTION CONFERENCE



The Mental Health Association in Delaware,
the Department of Health and Social Services'
Division of Substance Abuse and Mental Health
and the Department of Services for Children, Youth
and Their Families Division of Child Mental Health
are collaborating to host Delaware's second
Suicide Prevention Conference.

April 24, 2007
**University of Delaware's
Clayton Hall**

The Second Statewide Suicide Prevention Conference

The Golden Link: Creating Pathways for Survival through a Lifetime

University of Delaware's Clayton Hall
April 24, 2007
8:00 a.m. to 3:30 p.m.

- 8:00 Registration and Continental Breakfast**
- 9:00 Welcome and Opening Remarks**
Renata Henry, Director, Division of Substance Abuse and Mental Health; Jim Lafferty, Executive Director, Mental Health Association in Delaware; and Susan Cycyk, Director, Division of Children, Youth, and their Families
- 9:20 Keynote Speaker**
Dr. Gregory Brown, Research Associate at the University of Pennsylvania and Co-Principal Investigator of the NIMH-funded Center for the Treatment and Prevention of Suicide at University of Pennsylvania
- 10:20 Break**
- 10:35 Interview of Survivors of Suicide Support Group Members**
Facilitated by Dr. Traci Bolander featuring Reverend Dr. Karen Moore and Cyndi Jumper who will discuss their experiences as mothers who lost their children to suicide
- 11:45 Suicide Prevention Proclamation Ceremony/Luncheon**
- 1:00 Breakout Suicide Prevention Workshops**
 - a. Child/Adolescent focus** facilitated by Dr. Kate McGraw
 - b. Middle-aged men focus** facilitated by Dr. Sean Joe
 - c. Elderly focus** facilitated by Dr. Phil Rodgers
- 1:45 Break**
- 2:00 Question-Persuade-Refer (QPR) Gatekeeper Training**
Facilitated by JoAnn Brooks of the Delaware National Guard
- 3:15 Wrap-up, Evaluation and Closing Remarks**
Jim Lafferty

Keynote Speaker

Gregory K. Brown, Ph.D.

(Vanderbilt University, 1987) is a Research Associate Professor of Clinical Psychology in Psychiatry at the University of Pennsylvania. He currently serves as the Co-Principal Investigator of the National Institute of Mental Health-funded Center for the Treatment and Prevention of Suicide at the University of Pennsylvania. His research has focused on developing, evaluating, and disseminating targeted, psychotherapy interventions for individuals who are indicated as being at high risk for suicide. Currently, he is investigating the effectiveness of cognitive therapy for adult patients who recently attempted suicide, for adult drug dependent patients with suicidal ideation, and for suicidal older men. These clinical trials focus on training therapists and case managers in community mental health and addiction treatment. In addition to his treatment research, Dr. Brown has conducted studies to develop and evaluate assessment measures of risk factors for suicide attempts and completed suicide. He currently serves on several national scientific boards related to suicide prevention. He is the winner of the 2007 Edwin Shneidman Award for outstanding contributions in suicide research from the American Association of Suicidology.

Workshop Facilitators

Kate McGraw, Ph.D.

is a bilingual psychologist who received her Ph.D. at the University of Texas Southwestern Medical School in Dallas.

Currently, Dr. McGraw is a Clinical Psychologist at Dover Air Force Base (DAFB) where she is responsible for developing and providing healthcare services in the primary care and pediatric settings for active duty, dependent, and retiree populations. She is also involved in the development and implementation of comprehensive pre and post-deployment prevention and treatment services for the base population. Dr. McGraw recently served as Director, Integrated Behavioral Health Services for Connections CSP/Westside Health, and as the Program Director of St. Jones Center for Behavioral Health. At St Jones she directed the clinical services for adult and adolescent partial/intensive outpatient, psychiatric, and inpatient programs.

Dr. McGraw spent 16 years in the USAF, and her last assignment was as Flight Commander of Behavioral Health Services for over

19,000 people at Dover AFB. There Dr. McGraw managed daily operations and served as a chief leader in the Critical Incident Stress Management Program at Dover AFB in support of the nation's only Department of Defense Port Mortuary during 9/11. She has also served duty as an aerospace psychologist in the USAF.

Notably, Dr. McGraw is also a member of Delaware's Suicide Prevention Taskforce. She will provide warning signs, crisis resources, and prevention strategies in the conference workshop focusing on children and adolescents.

Sean Joe, MSW, Ph.D.

holds a joint position as Assistant Professor in the School of Social Work and the Department of Psychiatry at the School of Medicine. He is also a Faculty Associate with the Program for Research on Black Americans, Institute for Social Research at the University of Michigan. Dr. Joe is a nationally recognized authority on black suicidal behavior. Dr. Joe has worked for many years studying various aspects of black suicide and non-fatal suicidal behavior. His research demonstrated that increasingly most suicide occurs in younger male age groups and highlighted the importance of firearms as a feature of suicide risk among black teens. His seminal review paper on suicide among African-Americans remains one of the most cited, thorough and thoughtful reviews of the topic. Dr. Joe is currently directing his NIMH-funded pilot study, which is a controlled examination of risk among African American adolescents reporting to an Emergency Department for a suicide attempt. He is the co-chair of the Emerging Scholars Interdisciplinary Network (ESIN) Research Study Group on African American Suicide, a national interdisciplinary group of researchers committed to advancing research in this much needed area. This study group collaborated with NIMH in 2004 on a research workshop on the role of culture in suicide prevention. He has published in the areas of suicide, violence, and firearm-related violence and his work on African American suicide has been used in setting the United States National Suicide Prevention Strategy. He has a significant interest in theoretical and methodological issues regarding family-based and community level intervention research, and positive youth development. His latest research on the national prevalences estimates and correlates of Black American suicidal behavior was published in the November 1, 2006 issue of the Journal of the American Medical Association. Dr. Joe serves on the board of the Suicide Prevention Action Network (SPAN USA), the scientific advisory board of the National Organization of People of Color Against Suicide, and editorial board of Advancing Suicide Prevention, a policy magazine.



Philip Rodgers, Ph.D.

is the Evaluation Specialist for the American Foundation for Suicide Prevention's Evidence-Based Practices Project (EBPP) in suicide prevention. The purpose of EBPP is to identify evidence-based suicide prevention programs and, in conjunction with the Suicide Prevention Resource Center, to create an online registry of effective programs. The registry provides state officials, school and government administrators, clinicians, and others with the information they need to make informed decisions about the adaptation of prevention programs in their states and communities. EBPP also provides technical assistance to those evaluating suicide prevention programs and those who wish to apply for review by the National Registry of Evidence-Based Programs and Practices. Dr. Rodgers earned a B.S. in Experimental Psychology from California State University Los Angeles, a Ph.D. in Research and Evaluation Methodology from Utah State University. He has worked in the field of research and evaluation for over fifteen years. Dr. Rodgers will provide up-to-date information about evidence-based practices as well as current suicide rates among the elderly in the conference workshop focusing on the elderly population.



Registration Form

Name _____

Address _____

Phone _____

Title _____

Organization _____

Please indicate first, second, and third choices for workshops by putting a 1, 2 or 3 next to the workshop you would like to attend.

_____ I would like to attend the workshop focusing on adolescents

_____ I would like to attend the workshop focusing on middle-aged men

_____ I would like to attend the workshop focusing on the elderly

Register by Friday, April 20 via email: rfishgold@mhainde.org, fax: 302-654-6838, phone: 302-654-6833 or mail us at: Mental Health Association in Delaware, 100 w. 10th St., Suite 600, Wilmington, DE 19801.