



Delaware Prevention Newsletter

DSAMH Holds Quarterly DPAC/DAC Meeting

Spring 2013

On Wednesday, June 12th, 2013, state and community partners came together at the Buena Vista State conference center for their quarterly Delaware Prevention Advisory Committee/Delaware Advisory Committee Meeting. DSAMH Division Director Dr. Kevin Ann Huckshorn addressed the group, remarking that she hears constantly of all the great work our community providers are doing. She also indicated she has been very impressed with what she has seen and heard in the meetings.

Each of the Strategic Prevention Framework- State Incentive Grant (SPF-SIG) contractors provided updates on various efforts and initiatives going on throughout the state. Display tables showcased many of the prevention incentives used at numerous prevention events.

SPG-SIG Project Manager Chevonne Boyd presented the new Prevention Digital Scrapbook, featuring photos of many events coordinated throughout Delaware. In addition SAMHSA/CSAP Prevention Fellow Uzoamaka Aneke presented her Fellowship Program Cohort's Month-to-Month Prevention Handbook, a resource created to help state and community entities bring awareness and celebrate substance abuse prevention and related causes throughout the year.

Division of Prevention & Behavioral Health Services Director Susan Cycyk provided updates on recent division efforts, and presentations were also given by Noel Duckworth for Delaware Coalition for Domestic Violence and the Judy McCormick for Delaware Council on Gambling Problems.

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The Latin American Community Center Hosts Fifth Art Addiction Event



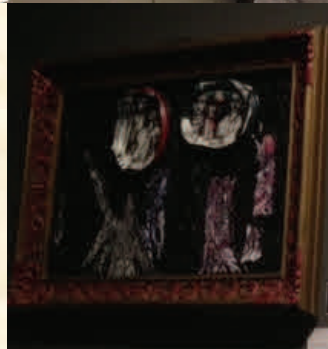
The Latin American Community Center (LACC) hosted its fifth annual Art Addiction event at the Delaware Center for the Contemporary Arts on Thursday, June 20th, 2013. Artists were encouraged to submit

pieces reflecting their thoughts on what can come from making positive or negative choices concerning substance abuse. Artworks of all genres, including acrylics, pencil, watercolor, photography and graphic art were showcased, each of which was accompanied by a brief narrative written by the artist describing the



work and how it interpreted the struggle of substance abuse and the necessity for prevention.

Sponsors of the event included the Division of Substance Abuse and Mental Health and the Office of Highway Safety amongst others. Included on this page are just a few of the pieces of art that were entered in the competition. Enjoy!



Brandywine Counseling & Community Services Presents *Spring Jam for Prevention and Prevention PSA Camp*

Brandywine Counseling and Community Services' (BCCS) Prevention Programs held its "Spring Jam for Prevention," health fair at Banning Park in Wilmington, DE from 3-7p.m. on May 13. This event featured community programs, such as the National Guard Counter Drug Taskforce, Delaware Prevention Coalition, Latin American Community Center, Kick Butts Generation, You—Front and Center Program at BCCS, BCCS's Fetal Alcohol Spectrum Disorders Program, and BCCS's SPF-SIG program. Interactive and fun activities including a Moon Bounce, DJ, basketball hoops as well as cotton candy and popcorn.

Through BCCS's SPF-SIG project, the Statewide Coalition of Coalitions held a hugely successful Prevention Public Service Announcement (PSA) camp at Delaware's Cape Henlopen State Park. Seventeen youth ages 13 and 17 participated in the camp, held May 17-19. Seven BCCS staff assisted during the weekend, providing prevention information. Youth learned how to write scripts, direct, edit and produce videos, guided by Media Matters at Jewish Family Services, all while learning about substance abuse and prevention. Four teams of youth then crafted their own PSAs, creating their own messages about alcohol abuse prevention. Four 30-second PSAs were created as well as an introduction video building on the SAMSHA Prevention week project theme, "I Choose." These videos will be incorporated into the Statewide Coalition of Coalition's Media Campaign in the coming year.

Upcoming Events & Online Resources

Free Online Suicide Prevention Course Provided by the Suicide Prevention Resource Center

The Suicide Prevention Resource Center (SPRC) has made available an online course called Counseling on the Access to Lethal Means (CALM) which is geared toward mental health providers and clinicians in need of tools to counsel individuals at risk of suicidal tendencies.

The SPRC has collaborated with the Harvard Injury Control Resource Center, the Injury Center at Dartmouth College, and the original creators of the CALM program to provide this online workshop.

The self-paced online course can be completed with two hours and participants who complete the course are eligible to receive two clock hours of continuing education credits from the National Board of Certified Counselors, and two contact hours of social work continuing education from the National Association of Social Workers.

To learn more about the course and/or register to take the online workshop, please visit the weblink listed below:

<http://training.sprc.org/course/description.php#course3>

The Office of National Drug Control Policy Launches "Made by Me" Commercial Challenge

The Office of National Control Policy's is launching a new nationwide initiative challenging teens to submit videos for their next "Above the Influence" Commercial. The challenge titled "Made by Me" encourages teenagers to create a 60-second video and submit their entries through the challenge Facebook Page, and also through www.ATIMadeByMe.com.

Submission guidelines are as follows:

- Must be 13-18 years of age
- Must have a valid Facebook® and/or Twitter® account
- Entries must take the form of a TV commercial pitch and must describe a hypothetical commercial
- Must be an original idea
- Video submission cannot exceed 60 seconds

Teenagers have until **Wednesday, July 10th, 2013** to film and send in their entries. Submissions will be posted on the contest page from **July 13th– August 9th, 2013** for teens and adults across the country to vote on.

More information about the contest can be found through the link provided:

<http://partners.atipartnerships.com/partner-resources/made-by-me-national-psa-challenge/>

Delaware Prevention Attends CADCA!

In February 2013, representatives from state agencies, community coalitions and non-profits came together to attend the Community Anti-Drug Coalition of America's Annual Conference! Attendees included: Dupree Johnson, Daphne Warner, Kristen Isaac, Kenneth El Shabazz, Javar Simpson, Brice Wright, Sharon Lilley, Angela Showell, Alyson Lang, Juwanna Saunders, Mellissa Elliott, Nadine Sabater, Linda Velott, Brandi Neihoff, Edgard Martinez, Paul McKnight, Amanda Pollock,



Uzoamaka Aneke, Tanya Matthews, Laura Rapp, Yvonne Bunch, Deon Booker, and Chiara Fox. Thank you for representing our state of Delaware!

Contact Information

<http://dhss.delaware.gov/dhss/dsamh/prevention.html> is the Division of Substance Abuse and Mental Health's Prevention Website: Access news on upcoming events, past events and prevention resources.

Need prevention resources? The Division of Prevention and Behavioral Health Services Resource Center website is here:

<http://www.deprc.com/>

For more information on the Strategic Prevention Framework—State Incentive Grant (SPF-SIG), please contact:

**SPF-SIG Project Director,
Cecilia.Willis@state.de.us
(302) 255-9433**

The Delaware Substance Abuse Prevention Newsletter is a joint effort of DSAMH and DPBHS. Please email DSAMH's Prevention Team with questions and feedback:
**Uzoamaka (Amaka) Aneke at
Uzoamaka.Aneke@state.de.us**

Save The Dates!

DSAMH Summer Institute
July 29th-August 2nd, 2013

Delaware Prevention Advisory Council
Meets Wednesday, September 11th, 2013

Fetal Alcohol Spectrum Disorder Task Force
Meets Wednesday, September 18th, 2013

The Division of Substance Abuse & Mental Health would like to give a big "CONGRATULATIONS" to these prevention professionals who have successfully passed the Certified Prevention Specialist Exam!

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YMCA Delaware Walnut Street

Caress Roach
University of Delaware Student Wellness & Health Promotion

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