

# NASMHPD OFFICE OF TECHNICAL ASSISTANCE

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## Preparing the Adult Mental Health Workforce to Succeed in a Transformed System of Care

### **Workforce Development Module IX Peer Roles in Mental Health Settings**

#### *Objectives*

At the conclusion of this module, participants will be able to:

1. Gain an understanding of the background and history as it pertains to the development of peer specialist roles
2. Understand and identify the many varied roles that peers now hold in both inpatient and community mental health settings
3. Learn about the benefits of peer-led services to staff and individuals served
4. Become further enlightened by hearing first-hand perspectives from providers and Peer Specialists

#### *Outline*

- ✓ Background
- ✓ Definitions
- ✓ Rationales for peer involvement in mental health settings
- ✓ Exercise
- ✓ Typical peer specialist roles and duties in mental health settings
- ✓ Individual benefits
- ✓ Staff benefits
- ✓ Quotes from peer providers in professional roles
- ✓ Perspectives from non-peer mental health professionals
- ✓ Additional resources