

# OFFICE OF TECHNICAL ASSISTANCE

## Preparing the Adult Mental Health Workforce to Succeed in a Transformed System of Care

### Workforce Development Module VI Cultural and Linguistic Competence

#### *Objectives*

At the conclusion of this module, participants will be able to:

1. Review definitions of cultural and linguistic (use of language) competence
2. Understand the importance of cultural diversity and the use of language in the course of all their interactions with consumers and their families
3. Understand how the lack of cultural and linguistic competence has led to negative outcomes for people
4. Discuss and understand how one's own culture and their own self awareness with respect to others will impact their interactions with consumers and their families

#### *Outline*

- ✓ We are a diverse nation
- ✓ What is cultural and linguistic competence?
- ✓ Definitions
- ✓ What is a culturally competent professional?
- ✓ Why is it important?
- ✓ Cultural competence in one's worldview
- ✓ Key skills in being a culturally and linguistically competent provider
- ✓ Consider and discuss

#### *Schedule: 1 Hour*

- ✓ Jan 27<sup>th</sup>, 2010 11 am – 12 pm     Dover Community Mental Health Center
- ✓ Feb 4<sup>th</sup>, 2010 11 am – 12 pm     Georgetown Community Mental Health Center
- ✓ Feb 12<sup>th</sup>, 2010 11 am – 12 pm     Wilmington Community Mental Health Center
- ✓
- ✓ Delaware Psychiatric Center: This module will be presented to staff on various
- ✓ Treatment units according to their treatment team schedule

