Workforce Development
Module III
An Introduction to Recovery, Hope, and Resiliency

Objectives

At the conclusion of this module, participants will be able to:

1. Describe the concept of Recovery
2. Define the concept of Resiliency
3. Identify some of the key components of Recovery
4. Understand the importance of supporting *Hope* in Recovery

Outline

- Recovery
- Resiliency
- Definitions of Recovery
- The Arts in Recovery
- Resiliency
- Fed Recovery Consensus Statement
- Recovery and Hope
- Practice/Exercise