

*Preparing the Adult Mental Health Workforce to Succeed
in a Transformed System of Care*



Module 2: Understanding Mental Health Conditions

Post-test

- 1) Schizophrenia affects approximately one in every 100 persons.
 - True
 - False

- 2) Schizophrenia is the result of (choose one):
 - A. Bad parenting or lack of nurturing
 - B. Drug abuse
 - C. Biological vulnerability coupled with environmental stressors

- 3) “Positive” symptoms of schizophrenia indicate that a person is getting better?
 - True
 - False

- 4) Negative symptoms of schizophrenia includes:
 - A. Lack of energy
 - B. Diminished motivation
 - C. Increased expression of emotion

- 5) Hallucinations are most commonly the experience of “hearing voices”?
 - True
 - False

6) Scientists believe bipolar disorder is caused by chemical imbalance in brain chemistry

True

False

7) Hypo Mania is indicative of a person being in a depressed state

True

False

8) Major depression (check all that apply)

A. Usually lasts two weeks or longer

B. May include suicidal thoughts

C. May cause a change in appetite

9) Borderline personality symptoms often include (check all that apply):

A. Fear of abandonment

B. Good impulse control

C. Propensity for dangerous behavior

10) Post-traumatic Stress Disorder is defined as a disorder that follows exposure to a traumatic life event or events?

True

False

