

NASMHPD OFFICE OF TECHNICAL ASSISTANCE

Preparing the Adult Mental Health Workforce to Succeed in a Transformed System of Care

Workforce Development Module II Understanding Mental Health Conditions

Objectives

At the conclusion of this module, participants will be able to:

1. Describe the main classification of different types of mental illness, signs and symptoms.
2. Understand what we do and do not know about the causes of mental illness.
3. Discuss how typical mental health settings and staff member attitudes may be discriminatory.
4. Develop empathy for individuals with histories of mental illness, who are receiving services in your current treatment settings.

Outline

- ✓ Definitions
- ✓ Primary Mental Health Diagnoses
 - Schizophrenia
 - Bipolar Disorder
 - Major Depression
 - Borderline Personality Disorder
 - PTSD and Trauma
 - Effects of Trauma
- ✓ Stress-Vulnerability Model
- ✓ Well-being and Recovery

Schedule: 1 Hour

Jan 6 th , 2010	10 am – 11 am	Dover Community Mental Health Center
Jan 14 th , 2010	10 am – 11 am	Georgetown Community Mental Health Center
Jan 22 nd , 2010	10 am – 11 am	Wilmington Community Mental Health Center

Delaware Psychiatric Center: This module will be presented to staff on various Treatment units according to their treatment team schedule

