

Module 1: Setting the Stage
Post Test

1. The U.S. health system, including mental health, does not always provide person-centered, outcome oriented care? True
2. People with serious mental conditions can recover, given accessible, effective, recovery oriented treatments and supports? True
3. The older, traditional mental health system value's were primarily:
 - a. Person-centered
 - b. Paternalistic and pessimistic
 - c. Unknown
4. The New Freedom Commission said the following in their report (check all that apply)
 - a. Mental health is essential to overall health
 - b. Mental health must be consumer and family driven
 - c. Mental health should not be expected to have measureable outcomes
5. The “changed” or transformed mental health system of care will require new values and new practices. True
6. The transformed mental health system will require: (check all that apply)
 - a. A Prevention focus
 - b. Involvement by the consumer and family
 - c. The use of data
 - d. No change in provider attitudes
7. Only doctors and psychologist that work in mental health settings only have important roles in helping people recover, the rest of the staff are just there to support them. False
8. Mental health staff will need to identify their own discriminatory beliefs and attitudes to be able to help people recover. True

9. This training is all you will need to work in the changing mental health workforce.
False