

*Preparing the Adult Mental Health Workforce to Succeed
in a Transformed System of Care*



Module 13: Trauma Informed Care

Post-test

- 1) The standard definition of trauma and traumatic events includes the direct threat of death or severe bodily harm but does not include neglect or emotional injury.
 - True
 - False
- 2) Our job is to control and manage clients' behaviors – to subdue or eliminate their symptoms enough so that they are no longer a danger to themselves or others. That is all we have time for.
 - True
 - False
- 3) If you ask questions about trauma you will open a “Pandora’s box” and the client may get worse. You shouldn’t ask those questions if you don’t have any services to offer a person who has suffered abuse, neglect and/or violence.
 - True
 - False
- 4) Cutting and self mutilation are attempts to get attention or to manipulate others.
 - True
 - False
- 5) Being kind and treating clients humanely, with compassion and respect, meets a trauma informed standard of care.
 - True
 - False

- 6) Only highly trained clinicians can understand and address trauma in the lives of clients. The higher the academic degree the more qualified the professional is to help a client with a history of trauma.
- True
- False
- 7) The provider is supposed to know what is best for the client.
- True
- False
- 8) Including trauma survivors in planning trauma informed services is optional in creating a trauma informed care environment.
- True
- False
- 9) There is a very high prevalence rate of trauma histories among persons served in the public mental health system.
- True
- False
- 10) A first step in implementing a trauma informed system is to train staff and implement a universal trauma assessment.
- True
- False

