1) The standard definition of trauma and traumatic events includes the direct threat of death or severe bodily harm but does not include neglect or emotional injury.
   - True
   - False

2) Our job is to control and manage clients’ behaviors – to subdue or eliminate their symptoms enough so that they are no longer a danger to themselves or others. That is all we have time for.
   - True
   - False

3) If you ask questions about trauma you will open a “Pandora’s box” and the client may get worse. You shouldn’t ask those questions if you don’t have any services to offer a person who has suffered abuse, neglect and/or violence.
   - True
   - False

4) Cutting and self mutilation are attempts to get attention or to manipulate others.
   - True
   - False

5) Being kind and treating clients humanely, with compassion and respect, meets a trauma informed standard of care.
   - True
   - False
6) Only highly trained clinicians can understand and address trauma in the lives of clients. The higher the academic degree the more qualified the professional is to help a client with a history of trauma.

- True
- False

7) The provider is supposed to know what is best for the client.

- True
- False

8) Including trauma survivors in planning trauma informed services is optional in creating a trauma informed care environment.

- True
- False

9) There is a very high prevalence rate of trauma histories among persons served in the public mental health system.

- True
- False

10) A first step in implementing a trauma informed system is to train staff and implement a universal trauma assessment.

- True
- False