

OFFICE OF TECHNICAL ASSISTANCE

Preparing the Adult Mental Health Workforce to Succeed in a Transformed System of Care

Workforce Development

Module XII

Psychiatric Medication: Uses, Side Effects, and Practices

Objectives

At the conclusion of this module, participants will:

1. Have a general understanding of the history and role of medications used to treat mental health disorders
2. Be familiar with basic medication actions and definitions
3. Understand the need for an individualized approach to prescribing
4. Be able to describe basic information about medications used in the treatment of depression, bi-polar disorder, anxiety, and psychotic disorders, as well as the side effects of those medications
5. Understand the primary role of direct care staff

Outline

- ✓ History of psychiatric treatment
- ✓ Noted advantages and disadvantages of psychotropic medication
- ✓ Individualized approach to prescribing
- ✓ Neurobiology and effects
- ✓ Depressive disorder medications and side effects
- ✓ Bi-polar disorder medications and side effects
- ✓ Anxiety disorder medications and side effects
- ✓ Psychotic disorder medications and their side effects
- ✓ The role of direct care staff