First Garden Fair August 8 to Celebrate Benefits of Community Gardening

The Planting Hope in Delaware initiative is growing plants and tending gardens to enhance the well-being and improve the health of the greater Herman Holloway Campus community in Wilmington/New Castle. The initiative’s goal is to encourage and support the growing of gardens that provide fresh, healthy food, stimulate the senses, offer respite, and create common ground for people of all abilities.

To raise funds to support the Herman Garden Fair... continued on page 2

Core Solutions Kicks Off DSAMH MIS Overhaul

Electronic Health Records are coming to DPC and DSAMH! This is the beginning of a long-overdue modernization of DSAMH’s data systems that was first contemplated over five years ago. Demands placed on the existing MIS data keeping by the USDOJ Settlement Agreement have proven too great for the current capabilities. More data, along with more accessibility to it and the ability to analyze and report on it, have made revamping the system a top priority for DSAMH.

The contractor, Core Solutions, kicked off its efforts with a series of meetings with DSAMH staff that began in May. Sessions will continue throughout the summer as needs are identified, systems are designed and the details of how to move from existing (and non-existing) systems are developed. News about this important effort will continue to be shared!

NEW! DSAMH Employees’ Council

DSAMH Employees’ Council (DEC) is here! What is it? It’s an organization of elected DSAMH employee representatives that meets monthly to discuss issues of importance to staff, including recognition of the work we do and policies and procedures that affect us. It acts as the receiver of comments and suggestions from DEC... continued on page 3

1915(i) - Change is Coming

DSAMH has been hard at work with its consultant, Mercer, on a Medicaid State Plan amendment that would allow the State to recoup Federal dollars for a variety of home and community based services to clients with Serious Persistent Mental Illness (SPMI) that the State currently pays for, leaving more State money available for service expansion. Typically, it takes about nine months for CMS review and approval. Stay tuned for details!
Holloway Community Garden, DHSS and the Delaware Department of Agriculture will be hosting a Garden Fair on August 8. The Fair will promote healthy foods and the consumption of fruits and vegetables, especially to individuals served by Delaware’s Department of Health and Social Services. Fair attendees can sample a variety of dishes that incorporate Garden-grown produce, enjoy a variety of health-inspiring, energizing and relaxing activities, and take home recipes and preparation ideas for healthy meals. There’s still time to get involved and support this new Garden event. Planners are seeking sponsorships to raise funds as part of the “Planting Hope in Delaware” initiative. The sponsorship levels and benefits are:

- **Seed Starter:** $100. Thanks and acknowledgement in the Aug. 8 Garden Fair program.
- **Herbs, Flowers and Butterflies:** $500. Thanks and acknowledgement in the Aug. 8 Garden Fair program, name on Garden marker, free exhibitor’s table.
- **Tomatoes, Peppers and Cucumbers:** $1,000. Thanks and acknowledgement in the Aug. 8 Garden Fair program, name on Garden marker, acknowledgement in press releases, free exhibitor’s table.
- **Garden Guardian:** $2,500. Name and logo in Aug. 8 Garden Fair program, name on Garden marker, acknowledgement in press releases, name in radio public service announcement, name and logo on fair banner, and free exhibitor’s table.

Garden Fair exhibitors are also being sought to display gardening and health-related information for a fee of $15. Exhibitors selling wares are welcome as Seed Starter sponsors. Tables are available indoors or outdoors. The Garden Committee will be selling T-shirts with the Planting Hope in Delaware DPC consumer-created logo (image above) to support the future development of the Herman Holloway Garden. If they don’t sell out, T-shirts may also be available at the weekly Garden Market where Garden produce is sold.

To be a “Planting Hope in Delaware” sponsor or exhibitor, complete and return the sponsorship form available at http://de.gov/plantinghope. Make checks payable to the Delaware Department of Agriculture, with “Garden Project” in the memo line. Mail the form and payment to: Delaware Department of Agriculture – Garden Project, Faith Kuehn, Plant Industries, 2320 S. DuPont Hwy., Dover, DE 19901. You may also pay by credit card; email faith.kuehn@state.de.us for more information on sponsorship and exhibitor opportunities, or call 302-698-4587.

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The campus garden was created to provide a healthy activity for persons with disabilities and a place for DHSS and volunteers to grow fresh, healthy food to enhance and improve the health of the greater community. Surplus food will be donated to local food banks. The Garden Fair, to be held August 8 from 9 a.m. to 2 p.m. on the campus, with activities taking place in tented spaces adjacent to the garden, as well as in the Springer Gym. There will be mini-workshop offerings to promote community gardening, gardening for people with disabilities, healthy foods and the consumption of fruits and vegetables.

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Workshops fill up quickly so be sure to list first, second, and third choices on each registration. Training workshops will be until they are full, so the earlier you register, the greater the opportunity for obtaining your first choice workshops.

There are many additional evening workshop opportunities this year. These are offered to ensure that everyone will have an opportunity to attend the Summer Institute AND still staff DSAMH programs! Also note that each night there are two FREE to everyone workshops – Please encourage service recipients, friends, families, other professionals, etc., to take advantage of these opportunities at no cost to them! And finally, SAMHSA, through the Addiction Transfer Technology Center, is sponsoring a full day on Evidence-Based Practices for the Blending Model. IT IS FREE to EVERYONE and there is space for 300 persons on a first come, first served basis.

The 42nd Summer Institute’s Keynote address this year is being given by Terri Pease, Ph.D. She is an educator, clinician, and consultant with the National Center on Domestic Violence, Trauma and Mental Health. In the 2013 Pazzaglini Keynote Address, Terri Pease, Ph.D. will expand our understanding of trauma-informed practice by examining how communities and their members are influenced by distant historical, cultural, and intergenerational trauma. This broad and integrated view of trauma-informed practice can: influence how we help current generations; re-frame our understanding of the value of considering community and cultural context in behavioral health services; and, integrate sensitivity to cultural and historical trauma into the services we provide. Dr. Pease describes this instruction as “Tracks of Their Tears” — The Lasting Influence of Ancestral Experience.

The Summer Institute is also the venue for the announcement of the winner of the annual Kelly/Pazzaglini Award. Please consider nominating a deserving professional for the esteemed Kelly/Pazzaglini Award! This is a very special and meaningful honor in Delaware. This award recognizes an individual who has demonstrated a significant commitment to the field of behavioral healthcare and whose involvement, service, and contributions to the improvement of the field are noteworthy and exceptional. The nominee’s contribution should be recognized as making an important and ongoing impact in the field, which is above and beyond the expectations of their day-to-day work. This award is intended to recognize someone who considers personal and professional development as critical to the effective provision of services and who has clearly demonstrated this in his or her practice. For more information on this award and a nomination form, visit the Summer Institute website at the address above.

Should you have any questions about the Summer Institute, please contact the DSAMH Summer Institute/Training Office at 302-255-9480 or email dsamh.training@state.de.us

In the midst of post-Joint Commission citation follow-up, DPC held its Employee Appreciation and Recognition barbecue on June 19. The following DPC staff were recognized:

**DPC Employee of the Year:**
Darice Lane (Nursing)

**DPC Employee of the Quarter:**
Kenji Wilson (Recovery Academy)

**DPC Outstanding Achievement Award:**
Roxina Rumley (Administration)

**Teamwork Award:**
Yvonne Owens
Darice Lane
Dr. Ramita Shresta
Magdaline Epie
Joyce Nsiah
Dawn Robinson
Bright Simpson
Sue Gross
Peace Chiedu (Falling Star Program)

**Heroic Act:**
Yvette Fenn
Ken Creasey
Misty Speight
Ken Burton
Lynn Shepherd

Sussex 1 is getting a facelift! As soon as the work is done, S3 clients will move in and S3 will close. DPC continues its transition to becoming an acute care facility rather than an long-term psychiatric institution. Once the remaining CRISP clients find housing, DPC will begin accepting acute admissions—important because having more beds available at DPC will reduce the numbers of clients who are admitted to IMDs, which costs additional money.
DEC continued from page 1

staff and makes recommendations to the DSAMH executive staff. Its primary purpose is to increase the means and opportunities for up and down communications between line staff and managers, enhance opportunities for cross-unit collaboration and foster greater camaraderie, cooperation and recognize staff achievement.

DEC doesn’t take the place of collective bargaining organizations or have a role in benefits or policy making, beyond its communication and advisory capacity. Neither does it resolve individual staff issues, be they conflicts between individual coworkers or issues between supervisors and their staff. DEC does discuss and disseminate important information about what is happening within the agency, collects opinions and suggestions from staff on areas for change and improvement, and provides regular updates to staff. DEC Executive Committee members will meet with DSAMH leadership to collaboratively solve issues and exchange views. DEC also will plan staff activities, including fundraising for annual recognition activities and rewards, and facilitate communication among staff at all levels of the agency.

The DEC meets monthly; anyone can attend. Representatives and alternates will eventually be elected from each functional unit of the agency. The first meeting was held on May 29 to begin the work of self-organization: the creation of a statement of purpose and of operating procedures. The minutes will be posted after approval at the next meeting, to be held 6/24 9-11 a.m. in Springer Classroom 3.

If you are interested in learning more about DEC, please contact Dara Schumaier, 302-255-2717 or email dara.schumaier@state.de.us

All About Us—DSAMH Staff News, Comings and Goings

Former DSAMH Planner Matt Ebling (center) with Joe Hughes, Director of Planning (left) and DSAMH Director Kevin Ann Huckshorn.

DSAMH Planning staff and others celebrated with former Planner Matt Ebling at an overdue farewell party on May 3 recognizing his fifteen years of State service.

Matthew Ebling served as the Substance Abuse Prevention and Treatment (SAPT) Block Grant Planner for the Division of Substance Abuse and Mental Health (DSAMH) for more than eight years. Matt was responsible for completing the annual SAPT Block Grant application every year, as well as the annual report for the Block Grant. Matt also completed the SYNAR Survey Studies each year, which canvassed areas of the state for businesses that sold tobacco, but were not licensed to do so.

DPC said farewell in May to Laquita Johnson, Alethea Miller and Earl Robinson.

DSAMH’s New Castle Crisis Intervention Services unit recently completed a move from the Fernhook facility on Central Avenue to the Springer Building. Springer is home now, too, to Director of Consumer Relations Penny Chelucci whose office is located in what was the old Medical Conference Room. Moves continue as DSAMH moves in the direction of being an oversight agency and out of the business of being a direct service provider. Most DSAMH Administrative staff are now located in Springer, with only about a dozen staff left on the first floor of the Main Administration Building.

DSAMH had 20 peer specialist staff recently complete their training using the curriculum developed by DSAMH. DSAMH is working on a formal credentialing process for peer specialists.

NEW! Consumer Issue Resolution Hotline

Clients who are experiencing problems with their service providers are encouraged to call DSAMH for help in resolving them.

855-649-7944
Prevention! It’s SAMHSA’s top priority! Below is a calendar, excerpted from an exceptional publication, Month-by-Month Prevention and Promotion Call to Action and Planning Guide: A Comprehensive Guide to Help Plan Your Monthly Substance Abuse Prevention and Mental Health Promotion Awareness Events. This booklet was produced by the 2011-13 Cohort of the CSAP Prevention Fellowship Program. DSAMH has been fortunate to have our own Prevention Fellow, Usoa-maka Aneke, who contributed to this important work which is chock-full of ideas. You can access the entire 174-page document online at: http://dhss.delaware.gov/dhss/dsamh/preventresources.html.

### YEARLY AWARENESS CALENDAR AT-A-GLANCE

<table>
<thead>
<tr>
<th>JANUARY</th>
<th>FEBRUARY</th>
<th>MARCH</th>
<th>APRIL</th>
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<tbody>
<tr>
<td><strong>Focus On:</strong></td>
<td><strong>Focus On:</strong></td>
<td><strong>Focus On:</strong></td>
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<td><strong>Fetal Impact Awareness</strong></td>
<td><strong>COA Awareness</strong></td>
<td><strong>Drugs and the Brain Awareness</strong></td>
<td><strong>Alcohol Abuse Awareness</strong></td>
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<tr>
<td>National Birth Defects Month</td>
<td>National Heart Month</td>
<td>Brain Injury Awareness Month</td>
<td>Alcohol Awareness Month</td>
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<tr>
<td>National Drug Facts week (Last Week)</td>
<td>National Wear Red Day (1st Friday)</td>
<td>Inhalant &amp; Poison Awareness Week (3rd Week)</td>
<td>National Alcohol Screening Day (1st Thursday)</td>
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<td>Children of Alcoholics Week (3rd Week)</td>
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<td>Alcohol Free Weekend (1st Weekend)</td>
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<td>World Health Day (1st Saturday)</td>
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<th>MAY</th>
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<th>JULY</th>
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<td><strong>Mental Health Promotion Awareness</strong></td>
<td><strong>Marijuana Use and Abuse Awareness</strong></td>
<td><strong>Rx. Drug Abuse</strong></td>
<td><strong>Your Community Needs</strong></td>
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<tr>
<td>Mental Health Month</td>
<td>International Day Against Drug Abuse (June 26)</td>
<td>World Hepatitis Day</td>
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<tr>
<td>National Children’s Mental Health Awareness Week (2nd Week)</td>
<td>National HIV Testing Day (4th Wednesday)</td>
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<td>International Overdose Awareness Day (August 31)</td>
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<td>ATOD Related Birth Defects Week (2nd Week)</td>
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<td>National Night Out (August 6)</td>
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<td>National Prevention Week (3rd Week)</td>
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<tr>
<td>World No Tobacco Day (May 31)</td>
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**DSAMH Recovery Month MiniGrant Proposals will be due July 26. (info to come)**

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<th>DECEMBER</th>
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<tr>
<td><strong>Recovery Awareness</strong></td>
<td><strong>Prevention Awareness</strong></td>
<td><strong>Tobacco Awareness</strong></td>
<td><strong>Drinking, Drugs &amp; Driving Awareness</strong></td>
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<tr>
<td>National Recovery Month</td>
<td>National Substance Abuse Prevention Month</td>
<td>Lung Cancer Awareness Month</td>
<td>National 3-D Month (Drugged, Drinking &amp; Driving)</td>
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<tr>
<td>FASD Awareness Day (2nd Sunday)</td>
<td>Mental Health Awareness Week (2nd Week)</td>
<td>COPD Awareness Month</td>
<td>World AIDS Awareness Day</td>
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<td>National Suicide Prevention Week (2nd Week)</td>
<td>World Mental Health Day (October 10)</td>
<td>Great American Smoke-out (3rd Thursday)</td>
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<td>World Heart Day (September 30)</td>
<td>College Alcohol Awareness Week (3rd Week)</td>
<td>International Survivors of Suicide Day (November 17)</td>
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<td>National Red Ribbon Week (4th Week)</td>
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Overcoming Obstacles to Oral Health

A training program for caregivers of people with disabilities and frail elders

The Center for Disabilities Studies and the Delaware Division of Public Health will be holding five trainings for caregivers of people with disabilities throughout Delaware this June. Direct support professionals, group home staff, family members of individuals with disabilities and dental hygienists are invited to attend. Caregivers will learn about:

- The causes of oral health problems.
- Daily mouth care.
- Creating conditions for oral health success.
- Maintaining a healthy mouth in people with disabilities.

There is no fee for this training, but pre-registration is required. Register now: http://bit.ly/11zAe8O. Lunch will be served for the daytime sessions, and dinner will be served for the evening sessions.

Thursday, June 20, 4 p.m. to 9 p.m.
Clayton Hall, University of Delaware
100 David Hollowell Drive, Newark, DE 19716

Friday, June 21, 9 a.m. to 2 p.m.
Delaware Technical and Community College, Stanton Campus
400 Stanton-Christiana Road, Newark, DE 19713

Tuesday, June 25, 4 p.m. to 9 p.m.
Delaware Technical and Community College, Terry Campus
100 Campus Drive, Dover, DE 19904

Thursday, June 27, 4 p.m. to 9 p.m.
Delaware Technical and Community College, Owens Campus
18800 Seashore Highway, Georgetown, DE 19947

Friday, June 28, 9 a.m. to 2 p.m.
Milford Library
11 SE Front Street, Milford, DE 19963