Feeling stressed, off center, out of balance?

Want to be more **focused** and **organized** while reaching new levels of **excellence**?

Are you working with a client who wants to succeed, but can't find the combination of skills that works for them?

Looking for a family fun activity in the evening, sure to involve your family from ages **5** to 99?



Brain Gym® is coming to the 37th Summer Institute on Substance Abuse and Mental Health!!

"Beyond Talk Therapy: Brain Gym ® - A Key to Resiliency" Monday, July 28th, 1:30pm to 4:30pm, Tuesday & Wednesday, July 29th & 30th, 9:00am to 4:30pm

"Bringing out the Best in Challenging Clients" Thursday, July 31, 9:00am to 4:30pm & Friday, August 1, 9:00am to 3:00pm

"FUNdamentals of Brain Gym ®" Thursday, July 31st, 7:00pm to 9:00pm

@ the 37th Summer Institute on Substance Abuse and Mental Health Clayton Hall, University of Delaware, Newark, DE Registration is Required.

For More information, go to http://dhss.delaware.gov/si08