

Delaware Aging and Disability Resource Center Planning Project 2009-2010

DSAAPD

**Overview of AOA Grant Award
& Plans for a Delaware ADRC**

Delaware Health & Social Services
Division of Services for Aging & Adults
with Physical Disabilities

**Easter Seals
Delaware & Maryland Eastern Shore
Open House
November 20, 2009
8am-5pm**

Delaware ADRC Planning Project Agenda

National ADRC Initiative

Delaware ADRC Grant & Award 2009

**Delaware ADRC Project : Governance & Lead
Partners**

Delaware ADRC Planning Project: 2009 Update

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National ADRC Initiative

Overview

National ADRC Initiative *Overview*

Overarching Goal of ADRCs

Empower individuals to make informed decisions about their long-term service & support options & to streamline access to existing services & support.

AOA & CMS Joint Initiative

National ADRC Initiative *Vision*

To have ***Aging & Disability Resource Centers*** serving every community as *highly visible & trusted places* where people of *all incomes & ages* can get information on the full range of *long term support options & a **single point of entry*** for access to public long term support programs & benefits.

National ADRC Initiative

Purpose

- **Awareness:** *provide information about the array of long-term support services & options*
- **Assistance:** *empower people to make informed choices, based on personal preferences*
- **Access:** *facilitate access to long-term support services & options*

National ADRC Initiative

Critical Elements

- Seamless system from consumers perspective
- High level of public visibility & trust
- Coordinates or integrates aging & disability service systems
- Formal partnerships across aging, disability & Medicaid agencies
- Serves individuals of all income levels

National ADRC Initiative

Core Functions

- 1. Information & Awareness***
- 2. Options Counseling***
- 3. Streamlined Access to Public Programs***
- 4. Person-Centered Hospital Discharge Planning***
- 5. Quality Assurance & Evaluation***

ADRC Core Function #1

Information & Awareness

- An ADRC serves as a ***highly visible & trusted place*** where people of all ages, incomes & disabilities can receive ***information & assistance*** on a full range of long-term support options.
- An ADRC is defined by its ability to promote options among ***underserved, hard-to-reach & private paying populations***.

ADRC Core Function #2: *Options Counseling*

- An ADRC provides ***Options Counseling*** to anyone seeking assistance with long term support services – both ***public & private***.
- ***Options Counseling*** is an interactive decision-support process providing consumers & their families &/or caregivers, with “***one-on-one***” counseling as needed.
- ***Options Counseling*** empowers consumers to identify & understand their needs; assist in making informed decisions about long-term support ***choices*** - based on ***person-centered*** needs, preferences, values & *individual circumstances*.

ADRC Core Function #3: *Streamlined Access to Public Programs*

- An ADRC serves as the ***one-stop access point*** for all publicly-funded long-term care supports, including those funded by Medicaid, Older Americans Act or other state revenue programs.
- An ADRC ***streamlines access*** to the full range of public service options in the State.
- Requires protocols/procedures to ***facilitate integrated access*** (i.e. client intake, needs assessment, care planning, eligibility & service delivery).

ADRC Core Function #4: ***Person-Centered Hospital Discharge Planning***

- An ADRC creates formal linkages to facilitate access to long-term care supports in “critical pathways”, including **hospital discharge planning**.
- Linkages ensure people have information needed to make informed decisions about support options through critical transition points in the health & long-term support system.
- Promotes person-centered, home & community-based services.

ADRC Core Function #5: *Quality Assurance and Evaluation*

- An ADRC has a system in place to ensure the **quality** of all services & to **evaluate** outcomes & costs.
- Establishes performance goals & indicators related to:
 - ADRC **Systems**: *Visibility, Trust, Ease of Access, Responsiveness to Needs*
 - ADRC **Programs**: *Efficiency & Effectiveness*
(i.e. ability to implement methods that enable money to follow the person)

ADRCs – It's the Network

- ADRCs are not about replacing existing organizations & networks.
- They're about building a better, more coordinated network.

ADRC...More a Process than an Entity

- Moving from experts working in isolation to partnerships, co-location, coordination, routine communication, cross-training
- Moving from focus on eligibility & offering a set menu of services to a proactive consumer-oriented approach, intensive outreach to individuals of all ages & income levels, comprehensive options counseling.



National ADRC Initiative

Background & DE Timeline

2003-2008

- ADRC's are established in most states & US territories (47).
- DE partners & state agencies mobilize to establish ADRC in DE

2008 (July – September)

- DSAAPD applies for/does not receive federal funds for an ADRC.

2009 (January – October)

- DSAAPD works with national technical support team to assess readiness & develop plans for a DE-ADRC.
- DSAAPD & partners engage in research & training to prepare for the implementation of a statewide ADRC.
- DSAAPD applies for/receives AOA grant to establish a DE-ADRC.
- DSAAPD initiates plans to establish a Delaware ADRC.



National ADRC Initiative

2009 AOA Grant Opportunity

- Grantor Agency:
- Grant Period:
- Grant Amount:
- Eligibility:
- Matching Requirement:
- Application Due Date:
- Project Start Date:
- Administration on Aging
- 3 Years
- Up to \$750,000 (\$250,000 per year for 3 years)
- State agency
- 5%
- August 10, 2009
- September 30, 2009



National ADRC Initiative

2009 ADRC Grant Requirements

Five Core ADRC Operational Functions per Grant:

- 1. Information & Awareness***
- 2. Options Counseling***
- 3. Streamlined Access to Public Programs***
- 4. Person-Centered Hospital Discharge Planning***
- 5. Quality Assurance & Evaluation***

Letters of Commitment:

- 1. State Medicaid Agency***
- 2. State Health Insurance Counseling Program (SHIP)***
- 3. Centers for Independent Living (CILs)***



Delaware ADRC Grant 2009

DE-ADRC Project Model

Project Management

Budget, Work Plan, Timeline

2009 Delaware ADRC Grant *Summary*

- **Applicant Agency:** DSAAPD
- **Target Populations:**
 - Adults with physical disabilities, age 18+
 - Older adults, age 60+
- **Program Partners:** 8 Lead Partners, including community & state government agencies
- **Grant Timeline:** Submitted on July 27, 2009

2009 Delaware ADRC Grant

Applicant: DSAAPD

- Project Start Date: ● 9/30/2009
- Project End Date: ● 9/29/2012
- Federal Funds: ● \$749,954.
- State Funds: ● \$ 63,329.
- Total Funds: ● \$813,283.
- Submission Date: ● 7/27/09



2009 Delaware ADRC Grant

Award: DSAAPD

- **Awarding Agency**
- **Assistance Type**
- **Type of Award**
- **Project/Budget Period**
- **Total Approved**
- **Federal Award**
- **Non-Federal Share**
- **AOA**
- **Cooperative Agreement**
- **Demonstration**
- **9/30/2009 - 9/29/2010**
- **\$247,967. (1st Year)**
- **\$228,854.**
- **\$ 19,113.**



2009 Delaware ADRC Grant *Award Details*

Project/Budget Period: 36 months. Budget certified for 1st year only; 2nd & 3rd year funding dependent on availability of funds.

FY 2009 Plan: FY 2009 amount of Federal funding (\$228,854.) is less than amount requested; adjustments reflect a maximum FY 2009 funding level. Match requirement lowered to reflect reduced requirement.

Cooperative Agreement: a financial assistance mechanism with substantial AOA programmatic involvement. Award subject to requirements & responsibilities set forth in Coop. Agreement (HHS-2009-AOA-DR-0915).

Reporting Requirements:

- SF-269/Financial Status Report (Long Form) - due annually
- AOA Program Progress Reports (SART) - due semi-annually

2009 Delaware ADRC Grant *Project Model*

- DSAAPD will operate ADRC *statewide*.
- Emphasis will be on *improving access* to long-term support information & services.
- Information & services will be available to target populations, *regardless of income*.
- *Partners* will support core program function

2009 Delaware ADRC Grant *Project Management*

- **DE ADRC Project Management:** DSAAPD
- **DE ADRC Governance:** Governor's Advisory Council on Aging & Adults with Physical Disabilities (GAC)
- **DE ADRC Lead Support:** Lead Partners (8)
- **Community Support:** Delaware stakeholders, consumers & general public

2009 Delaware ADRC Grant

3 Year Work Plan & Timeline

- **Goal:** *Provide a one-stop access point for long-term care services & supports for older persons & adults with physical disabilities in Delaware.*
- **Measurable Outcome(s):** *Provision of Information & Awareness, Options Counseling & Streamlines Access to services through a statewide ADRC.*
- **Major Objectives & Timeline:** *Year 1–3*



Delaware ADRC Project

Governance & Lead Partners

Summary of Support

Initial Activities 2009

Governor's Advisory Council on Services for Aging & Adults with Physical Disabilities (GAC)

Delaware ADRC Governance:

- GAC is designated as primary *advisory body* for the planning & implementation of the Delaware ADRC
- GAC officially meets 1x per month, 7 months per year
 - *DE- ADRC updates added as standing agenda item*
 - *Minutes are posted on State of DE website*
- GAC will provide technical support & assist with special projects to DSAAPD & partners as needed.

DE-ADRC Project

Lead Partners

- 1. Division Medicaid & Medical Assistance (DMMA)***
- 2. Elder Info, Delaware's State Health Insurance Assistance Program (SHIP)***
- 3. Freedom Center for Independent Living, Inc. (CIL)***
- 4. Independent Resources, Inc. (CIL)***
- 5. Delaware Aging Network (DAN)***
- 6. Christiana Care Health Services (CCHS)***
- 7. State Council for Persons with Disabilities (SCPD)***
- 8. Governor's Advisory Council on Services for Aging & Adults with Physical Disabilities (GAC)***

DE-ADRC Project

Lead Partners: Summary of Support

Type of Support:

- **Technical Assistance:**
- **Partners Meetings & Open Forums:**
- **Cross-training:**
- **Outreach:**
- **Searchable database:**
- **Streamlined Access:**

Details:

- Issue experts, resources
- National/State webinars, trainings, teleconferences
- Training plans, programs
- Plans, resources, activities
- Resources, updates
- Refer to &/or accepts referrals from DE-ADRC

Lead Partners

Initial Project Activities

October-December 2009

- Review Grant, Budget, Work Plan, Timeline.
- Confirm DE-ADRC Project Leads/Co-Leads & designees.
- Participate in ongoing DE-ADRC Partner meetings (TBD).
- Sign-up on ADRC-TAE website: www.ADRC-TAE.org.
- Participate in national ADRC webinars, teleconferences & trainings for new grantees (Oct. 28, Nov. 5, Dec. 3, 2009).
- Participate in DE-ADRC Planning Workgroups/Ad Hoc Committees (Training, Outreach, Partnership Forum).



DE-ADRC Planning Project

2009 Project Update

Top Priorities

Call To Action

DE-ADRC Planning Project

October 2009 Update

- Announced AOA grant award; posted info on DSAAPD website.
- Initiated DE-ADRC Project planning & development.
- Established DE-ADRC Project Management.
- Confirmed ADRC Project Officer & ADRC-TAE consultant.
- Participated in national webinars & teleconferences. Confirmed reporting requirements for grantees.
- Met with Gov.'s Advisory Council, Lead Partners, DSAAPD staff.
- Reviewed DE-ADRC work plan, budget, deliverables & timelines.
- Developed detailed work plans per major objectives/tasks
- Established Workgroups & Lead Contact(s). (in progress)
- Initiated DE- ADRC infrastructure development at DSAAPD
 - Call Center & Telephone System Procurement & Installation
 - Computer Assessment & Performance Report
 - ADRC-TAE Webinars & Technical Support

DE-ADRC Planning Project

November 2009 Update

In Progress:

- Establish project management & timeline.
- Confirm detailed work plans, timelines, deliverables & responsibilities.
- Confirm & mobilize Project Leads & workgroups/Ad Hoc Committees; Confirm & post meeting schedules.
- Initiate DE-ADRC Training/Cross-training.
- Participate in ADRC-TAE webinars (Oct. 28; Nov. 5; Dec. 3, 2009).
- Initiate MOUs with State Agencies (DMMA, ELDERinfo).
- Develop RFPs for specified DE-ADRC services.
- Initiate plans for DE-ADRC Planning Project Kick-off.
- Implement next phase of DE-ADRC infrastructure development.

DE ADRC Planning Project *Top Priorities (2009)*

- *Initiate DE-ADRC Planning Project with Project Leads (DSAAPD, GAC, Lead Partners); engage consumers & stakeholders in planning & implementation process.*
- *Plan for **DE-ADRC Orientation & Planning Project** kick-off event – open forum for all consumers & stakeholders (w/national ADRC project consultants).*
- *Promote DE-ADRC Planning Project link & information on DSAAPD website.*
- *Promote & participate in all ADRC-TAE webinar trainings.*

DE-ADRC Planning Project *Information Links*

- ***DE-ADRC Planning Project activities are now posted on DSAAPD website:***
<http://www.dhss.delaware.gov/dsaapd/>
- ***DE-ADRC Planning Project Hotline is now activated at DSAAPD: 302-255-9378***

Division of Services for Aging & Adults with Physical Disabilities

DE-ADRC Contact Information

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