WELCOME
A VISION FOR SUBSTANCE USE DISORDER TREATMENT

DHSS SECRETARY KARA ODOM WALKER, MD, MPH, MSHS
DELAWARE TECHNICAL COMMUNITY COLLEGE
OCTOBER 25, 2017

#HelpIsHereDE
Delaware Department of Health and Social Services

Strategic Priorities
We are in the midst of an opioid crisis.
OVERDOSE DEATHS EXCEEDED TRAFFIC DEATHS IN 2016

Overdose Deaths in Delaware: 308
Traffic Deaths in Delaware: 120

#HelpIsHereDE
BROAD RESPONSE

Providers
- Community providers
- Social workers
- Non-profit organizations

First Responders
- Paramedics
- School nurses

Medical Examiner
- Partners

Law Enforcement
- Criminal justice system

Communities
- Schools
- Places of worship

State Agencies
- Licensure
- Health officials

#HelpIsHereDE
Substance Use Disorder = Chronic Disease
OUR TREATMENT SYSTEMS NEEDS WORK

TIMING
Finding treatment at the moment of readiness

EVIDENCE-BASED THERAPY
Increased access to evidence based treatment options, including medication assisted therapy

LEVEL OF CARE
More options at the right level of care balancing resources, social circumstance, and severity.

RE-ENTRY
Others need access when and if they have to start from the beginning.

#HelpIsHereDE
THE BIOPSYCHOSOCIAL SYSTEMS OF ADDICTION

### Systems
- National and regulation drug policies
- Laws
- Socio-economic context

### Social
- Interpersonal relationships
- Treatment and drug-using settings

### Psychological
- Identity
- Coping
- Counseling and support

### Biological
- Mu opioid receptors
- Neuroadaptations
- Concurrent mental illness

---

#HelpIsHereDE

Coordinated Substance Use Disorder Treatment System

**Engagement Partners**
- DSCYF
- Obstetrics
- Emergency Departments
- Emergency Medical Services
- Department of Correction
- Courts
- Syringe Exchange

**Holistic Health Treatment and Recovery Partners**
- Federally Qualified Health Centers
- Primary Care
- Health Systems
- Community SUD and Mental Health Providers

**Centers for Excellence**
- Comprehensive SUD evaluation
- MAT induction and maintenance (buprenorphine, methadone, and naltrexone)
- Counseling - group and individual
- Strategic outreach using peers at key touch points to engage new or lost-to-care clients.
  - Wrap-around services:
    - Case management
    - Mentors of collaborating OROTs
    - Peer recovery advocate services
    - Links to recovery/transitional housing
    - Psychiatric evaluation/treatment
    - Chronic medical disorders management
    - Occupational therapy
    - Vocational training/placement
    - Family engagement
    - Optional: SNEP

**Access and Engagement Enhancements**
- Treatment navigation system improvements
- Peer services expansion
- SNEP expansion
- Public awareness
- EMS system of care development
- Postpartum plan of safe care implementation
- DOC treatment initiative
- Hero Help and TASC

#HelpIsHereDE
ALL POINTS LEAD TO TREATMENT

PRENATAL CARE OPTIONS

OVERDOSE RESPONSE

RE-ENTRY

CRIMINAL JUSTICE SYSTEM

#HelpIsHereDE
SHARE YOUR IDEAS WITH DHSS

- Email your ideas to DHSS: dph_web@state.de.us

- Post your questions during today’s conference at Facebook Live on DHSS: Facebook.com/DelawareDHSS

- Live tweet with Secretary Walker today: @Delaware_DHSS

- Use: #HelpIsHereDE

- We welcome your ideas for a healthy Delaware.

Thank you!

#HelpIsHereDE