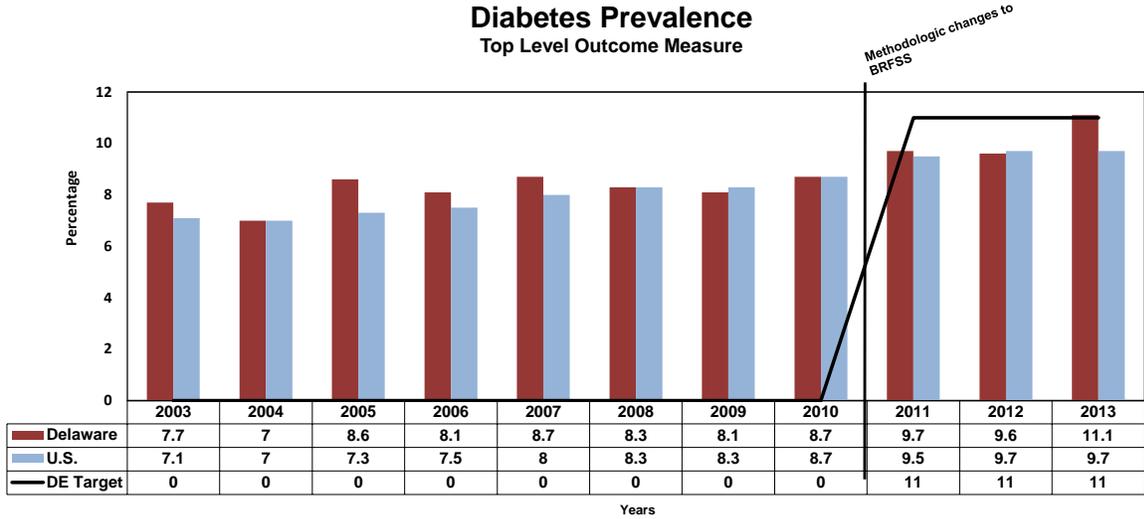




Diabetes Prevalence
Top Level Outcome Measure



Intepretation

Diabetes prevalence in adults increased in Delaware and the U.S. between 2003 and 2010. Most recently, from 2011 to 2013, the prevalence of diabetes in Delaware increased, while the U.S. prevalence of adult diabetes remained relatively stable. The prevalence of diabetes in adults in Delaware decreased slightly from 9.7 percent in 2011 to 9.6 percent in 2012. The percentage then increased notably from 9.6 percent in 2012 to 11.1 percent in 2013.

Addressing the health issue

Preventing and reducing complications from diabetes and heart disease is the focus of the Diabetes and Heart Disease Prevention and Control Program (DHDPCP). The DHDPCP provides information about diabetes and heart disease, develops approaches for reducing the impact of the diseases, promotes healthy lifestyles, and coordinates efforts of public and private health organizations. Community clinical linkages, health system interventions, environmental approaches, and epidemiology and surveillance are supported by the DHDPCP.

¹ Diabetes= Adults responding yes to the question: "Has a doctor, nurse or other health professional ever told you that you have diabetes?"; Behavioral Risk Factor Survey.
² Source: Behavioral Risk Factor Surveillance System (BRFSS) Prevalence and Trends Data Tools.
³ Estimates for 2011-2013 reflect BRFSS methodological changes implemented in 2011. These estimates should not be compared to estimates preceding 2011.
⁴ The Delaware target was established in DPH's Strategic Plan to be met by 2020 to reflect pojections made by the Centers for Disease Control and Prevention (CDC)'s Division of Diabetes Translation.