

# PHAT

*Promoting Healthy Activities Together*



**Monday, February 11, 2013**

**4:15 p.m.**

**Stubbs  
Elementary School  
100 North Pine Street  
Wilmington, DE 19801**

**Elbert Palmer  
Elementary School  
1210 Lobdell Street  
Wilmington, DE 19801**

**Learn how to live well. Classes are FREE.  
Must be female and in third to seventh grade to attend.  
Giveaways available to those who join PHAT.**

**Questions? Call (302) 655-6187 ext. 261**

***You matter. Live well.***

*PHAT is a campaign of Henrietta Johnson Medical Center's programs to improve the nutritional and physical activity knowledge, attitudes, skills, and behaviors of females ages 13-17 years old.*

DPH/Jen W. Feb '13