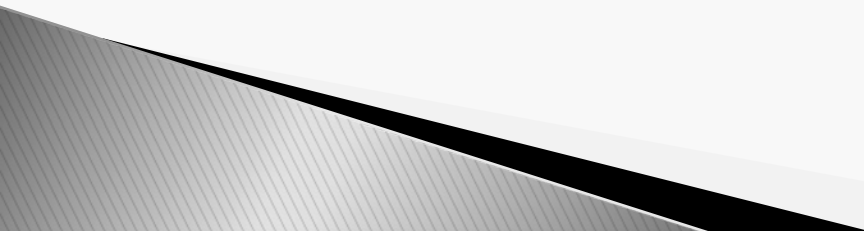


# The Prescription Drug Action Committee (PDAC)

## Overview and Recommendations

April 22, 2013

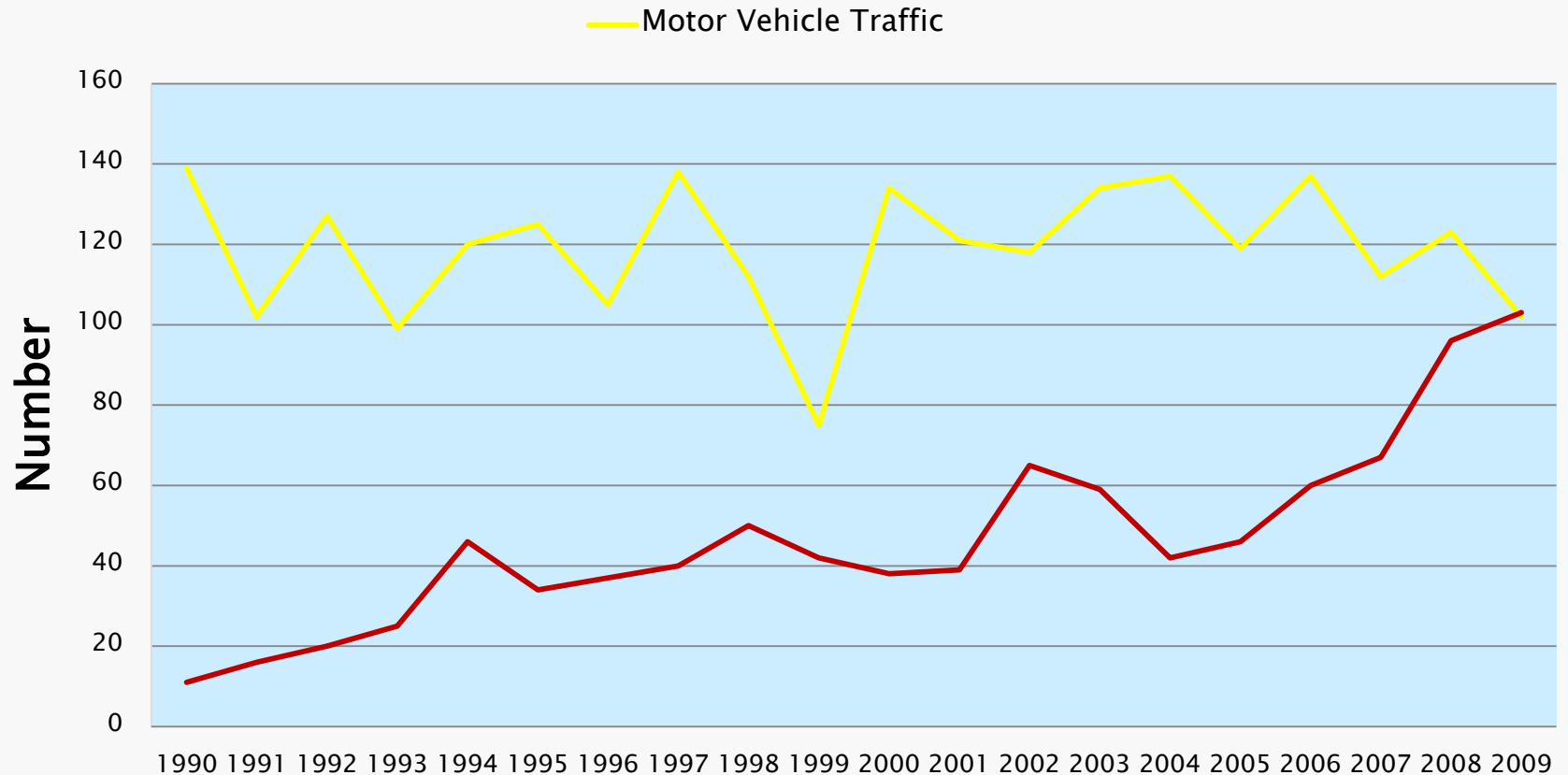


# Define the Problem

## Poisonings Now Kill More Delawareans Than Car Crashes

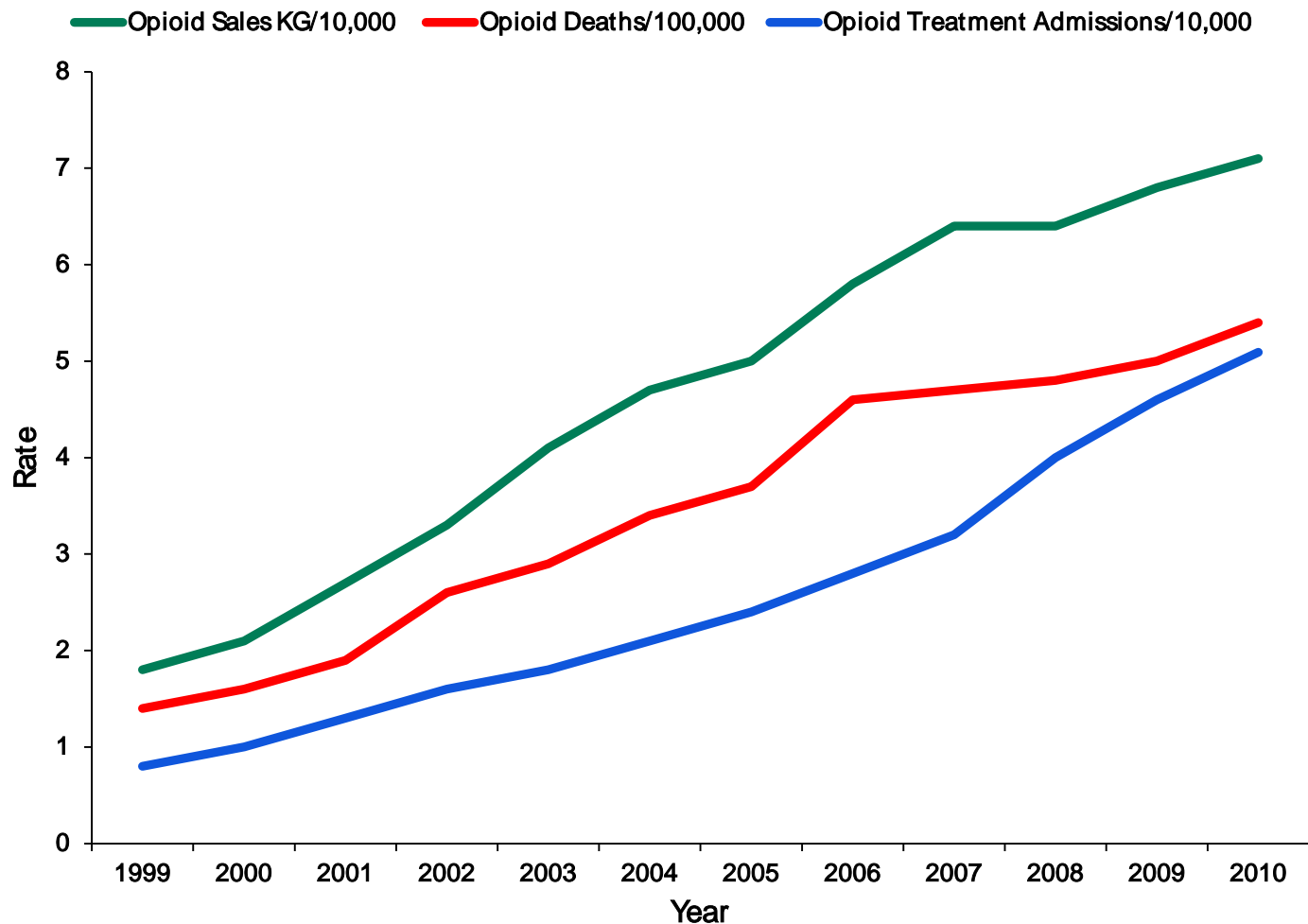
Motor vehicle traffic and accidental poisoning by & exposure to drugs

Delaware, 1990–2009



Source: State of Delaware, Division of Public Health, Delaware Health Statistics Center, 2012

# Rates of Opioid Overdose Deaths, Sales, and Treatment Admissions, United States, 1999–2010



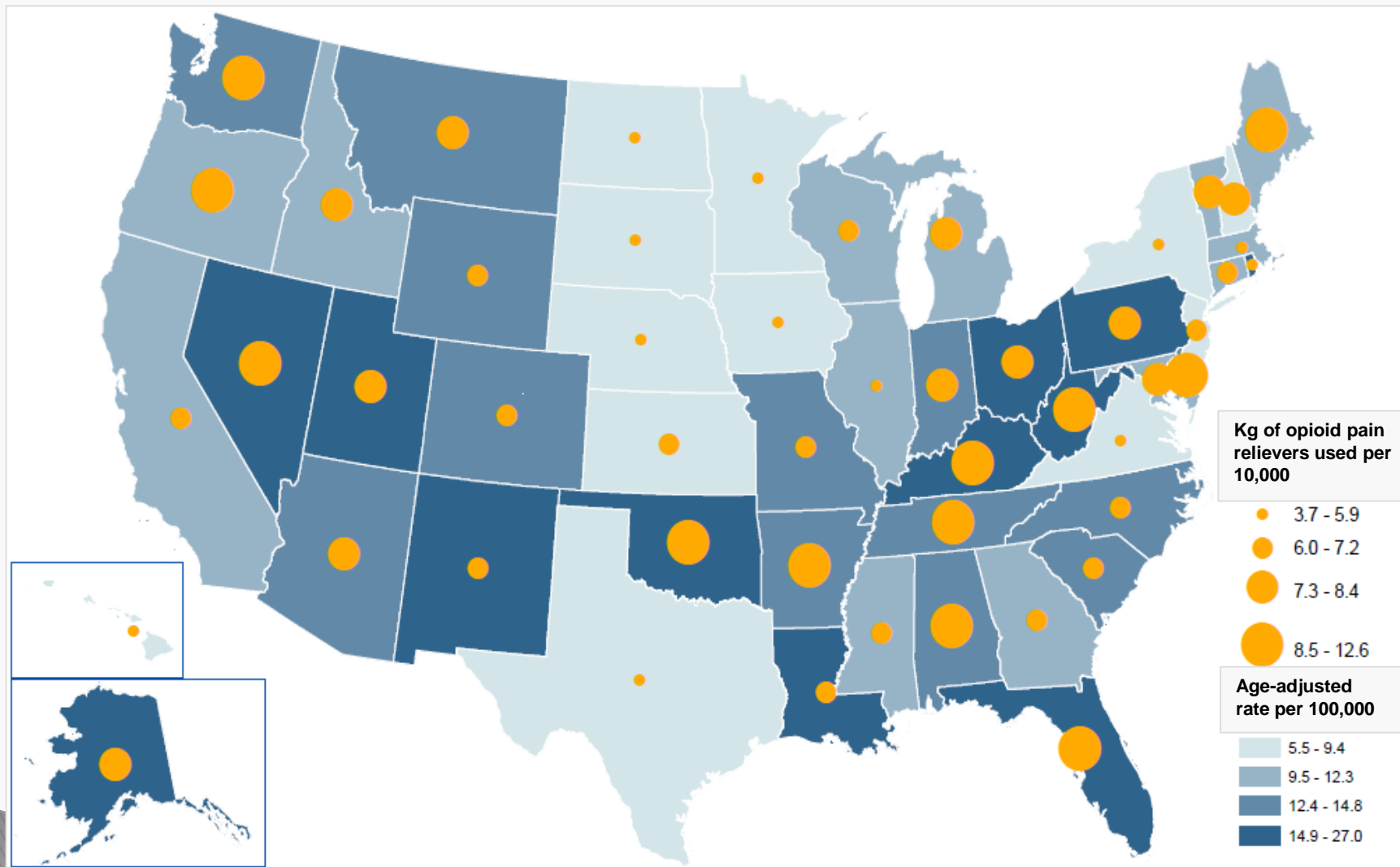
CDC. *MMWR* 2011. [http://www.cdc.gov/mmwr/preview/mmwrhtml/mm60e1101a1.htm?s\\_cid=mm60e1101a1\\_w](http://www.cdc.gov/mmwr/preview/mmwrhtml/mm60e1101a1.htm?s_cid=mm60e1101a1_w). U.S. Department of Health and Human Services. 2009 mortality and 2010 treatment admissions.

Prescription Drug Action  
Committee

# Prescription Drug Abuse and Misuse in Delaware

- ▶ Delaware: 9<sup>th</sup> highest drug overdose death rate (2009)
  - DE average deaths per 100,000 population: 10.5
  - National average deaths per 100,000: 12.0
  - Drug overdose death rate increased 142% (1999–2009)
- ▶ More Delaware residents 12 and older report using non-medical use of opioid pain relievers
  - DE average: 5.6%
  - National average: 4.8%
- ▶ Substance abuse treatment admission rates for opioids increased over 2,750% (1999–2010)
- ▶ Delaware 5<sup>th</sup> highest for opioid sales (2010)
  - DE average: 10.2 KG per 100,000 population
  - National average: 7.1 KG per 100,000 population

# Drug Overdose Death Rate, 2008, and Opioid Pain Reliever Sales Rate, 2010



# Trends: Treating Pain increased the usage of Prescription Drugs



Under treatment of pain



Pain scale  
Pain as a vital sign

Increasing **availability** of opioid analgesics



Increase in **abuse** of prescription opioids

# A Coordinated and Comprehensive Approach to Action – The Prescription Drug Action Committee, PDAC

## □ History and Accomplishment

- Established in February 2012 by Governor Markell.
- Focused on coordinating public, private and community efforts under the leadership of the Division of Public Health and the Medical Society of Delaware.
- The PDAC has a broad and diverse membership.
- To date, PDAC has conducted over 15 full committee public meetings and over 45 sub committee meetings.

# Policy Recommendations

- Require all prescribers with a controlled substance registration and pharmacists to complete 2 hours of continuing education training. Two hours of prescriber training will focus on safe and effective prescribing methods. For Pharmacists, training will focus on recognizing patient abuse seeking behaviors.
- Require controlled substance prescribers to take a one hour, one time only CME on Delaware specific prescription drug abuse and pain management topics to include: the Prescription Monitoring Program (PMP), Delaware Regulation 31 and other state specific programs and policies.
- Standardize continuing education of law enforcement regarding controlled substance related abuse and impairment.
- Require hospice agencies to implement a uniform procedure to dispose of controlled substances after a patient passes away.



# Policy Recommendations

- Require practitioners with controlled substance licenses to register for access to the Prescription Monitoring Program (PMP).
- Enable provider authorized support staff to delegate access to the PMP via their own log-in identification and password.
- Require substance abuse treatment centers to use the PMP to evaluate patient risk of abuse.
- Require pharmacists to obtain a Prescription Monitoring Program (PMP) patient profile when there is a suspicion of abuse seeking behaviors.
- Eliminate the 72 hour exemption for reporting dispensing of controlled substances to the PMP.

# Program Recommendations

- Launch a statewide public education and outreach campaign based upon the successful school nurse partnership.
- Ensure that chronic pain patients have safe and consistent access to care and support provider education by increasing access to pain management and substance abuse experts.
- Integrate multiple data sources to develop a robust surveillance system.
- Implement Electronic Prescribing for Controlled Substances.
- Implement long term drug take-back solution; federal guidance expected late 2013.
- Implement a pilot program for BLS to use Narcan.

# PDAC

<http://dhss.delaware.gov/dhss/dph/pdachome.html>