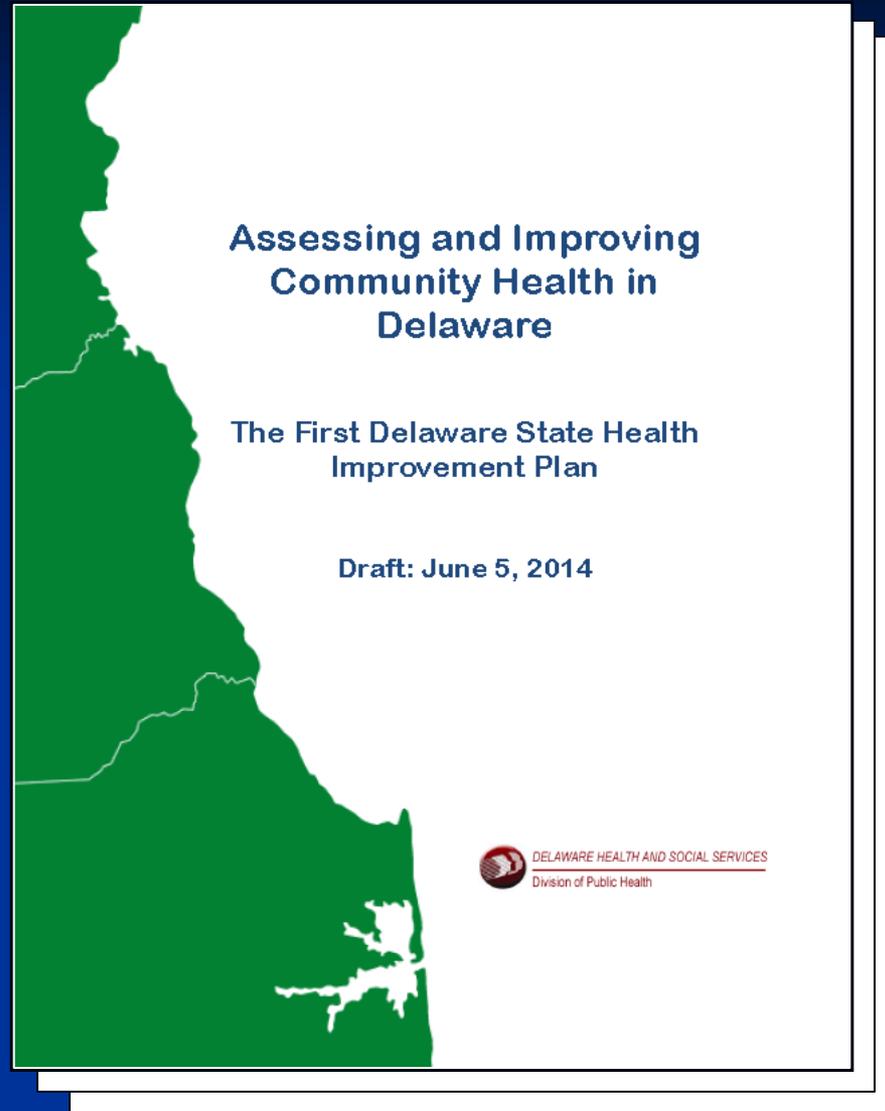


# Delaware's First Ever State Health Improvement Plan

June 5, 2014

Paul Silverman



# What is it?

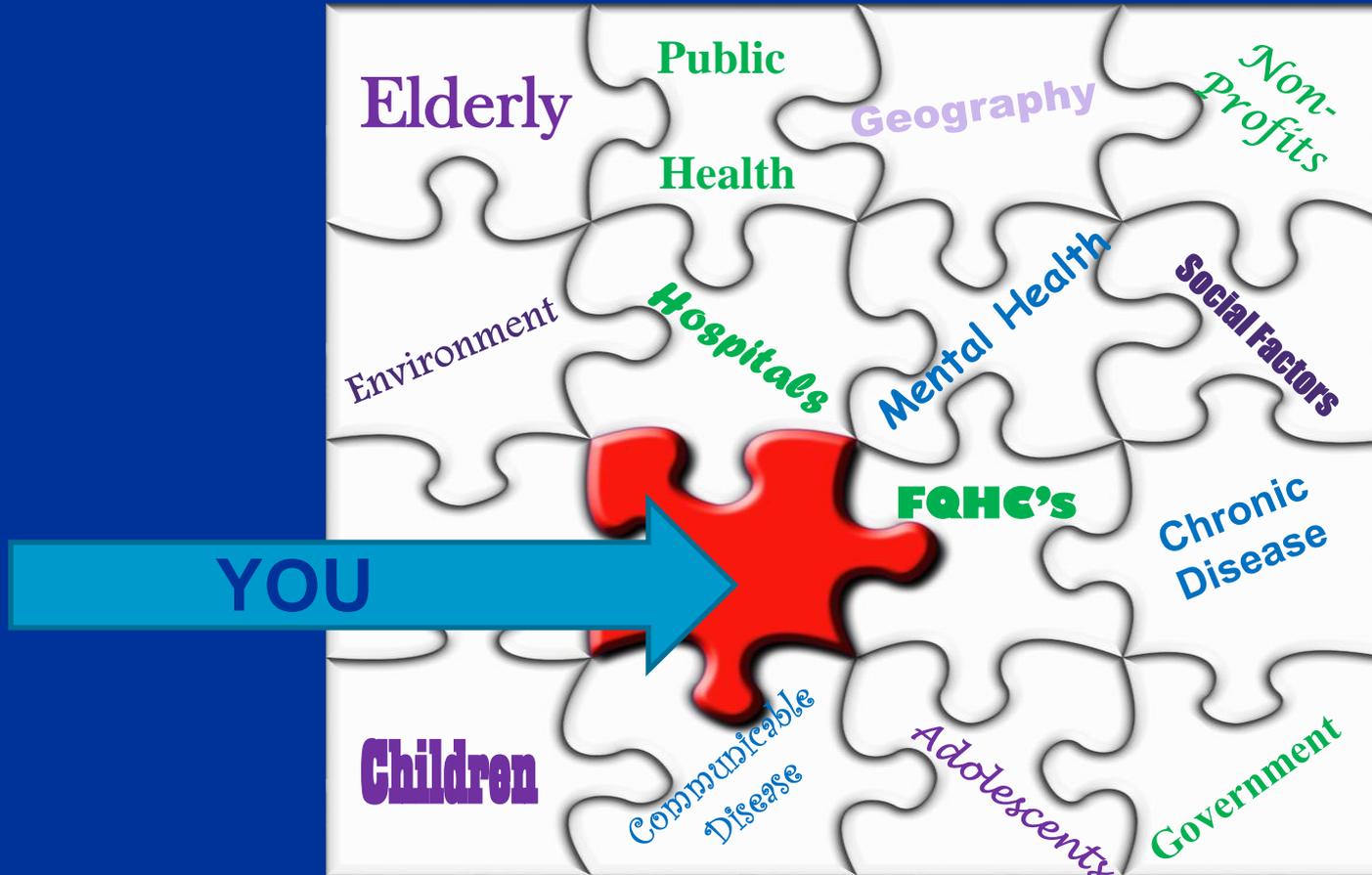
## It is...

- An ongoing effort
- A collaboration
- Based on an assessment
- A plan with built in accountability

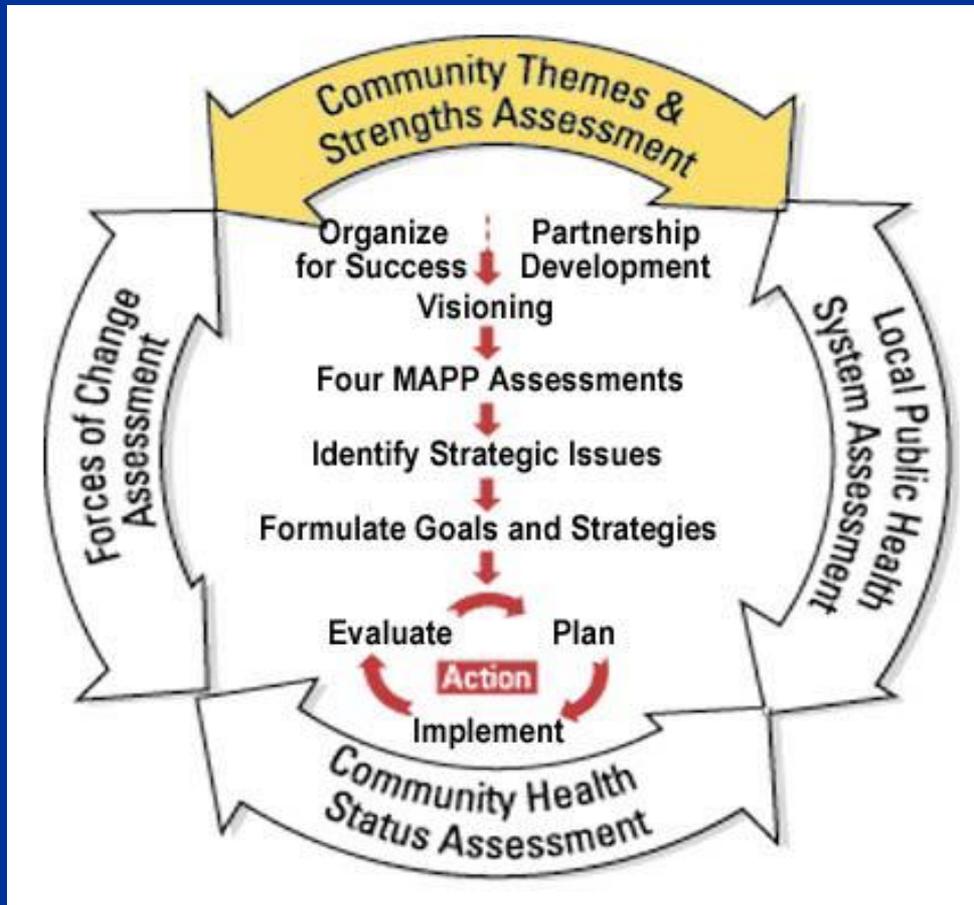
## It is not...

- A one time effort
- A government plan
- Based on our best guess
- A plan that will sit on your book case

# Why do we need it?



# How was it developed?



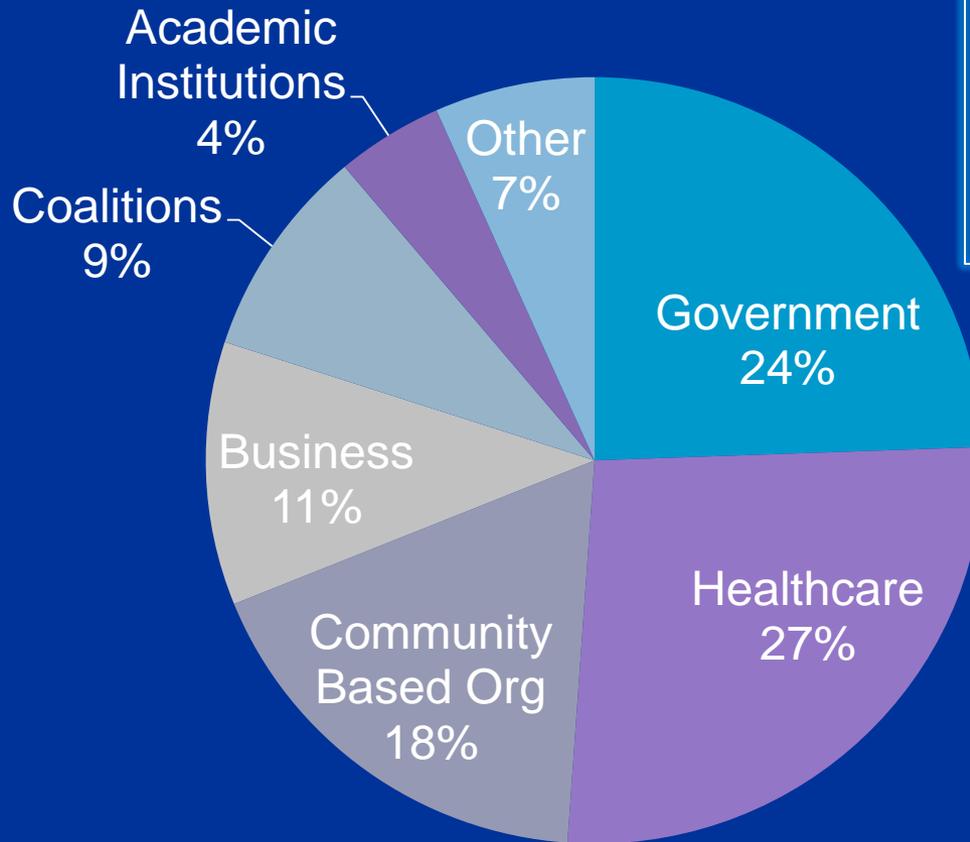
**Mobilizing Action  
Through Planning  
and Partnerships  
(MAPP)**

# Who developed it?

- Gerald Gallucci
- Mary Kate Mouser
- Karyl Rattay
- Jill Rogers
- Lisa Schieffert
- Paul Silverman
- Michelle Taylor

**Steering  
Committee**

# Who developed it?



**45**  
**Organizations**

# What does it say?

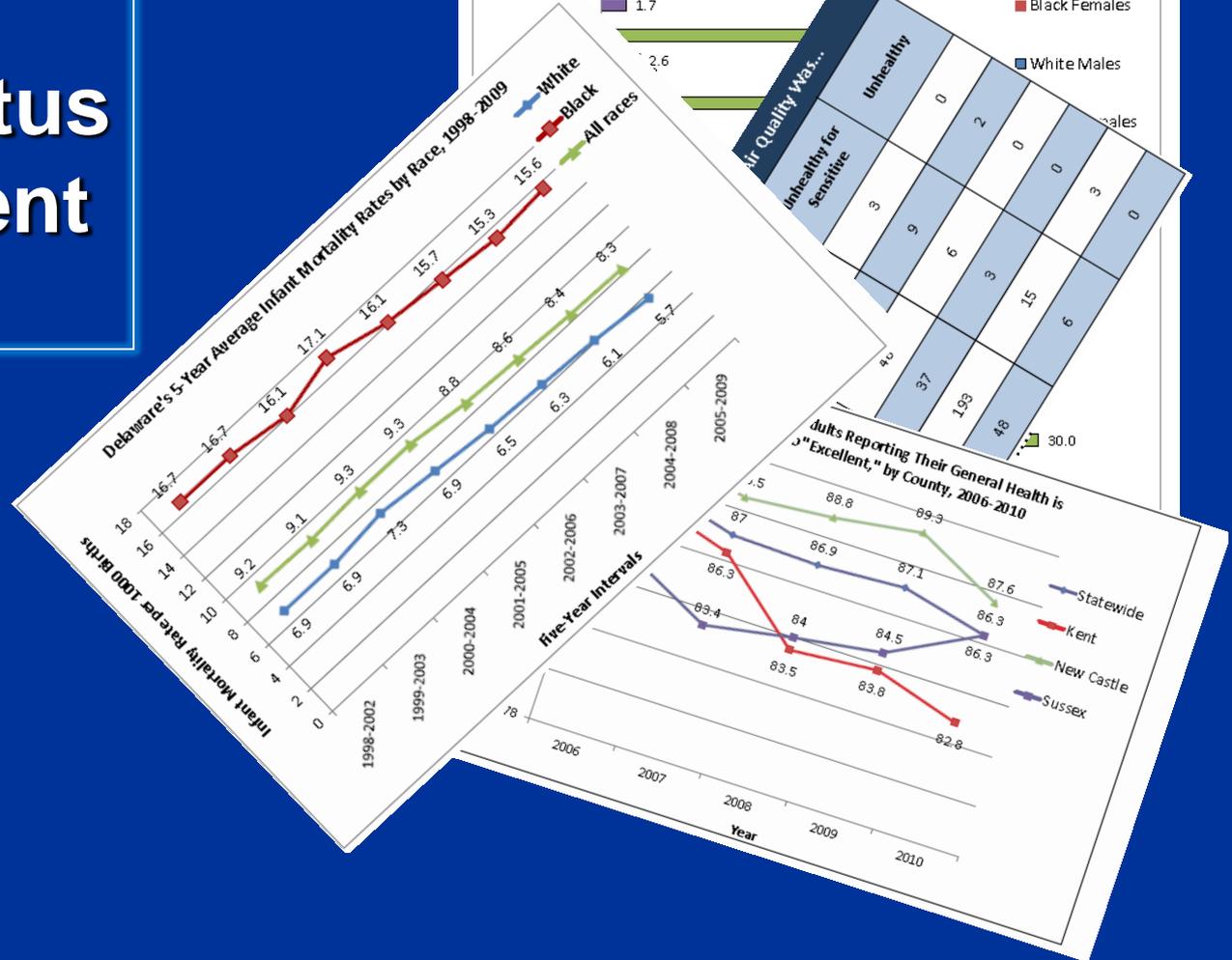
## A Vision for a Healthier Delaware

Delaware will be a state that:	
1	Emphasizes a comprehensive, holistic definition of health for individuals, families, and communities.
2	Puts in place policies which allow Delawareans to have the easiest choices be the healthiest choices.
3	Values the well-being of the individual with shared goals of prevention, patient-centered care, and a healthy and safe environment.
4	Informs and educates individuals so they have the knowledge and information to make informed decisions about their health and health behaviors.
5	Promotes healthy behavior change through providers, education, and supportive policies and systems.
6	Achieves optimal health by ensuring that everyone receives primary and specialty care in medical homes that are integrated within the community.
7	Eliminates barriers to achieving optimal health such as accessibility, transportation, disparities, and lack of insurance coverage.
8	Maximizes resources by increased collaboration between providers and with community resources to reduce duplicity of services and contain costs.
9	Removes stigma and fears associated with accessing physical and behavioral health services.
10	Provides equitable, integrated access to care throughout the lifespan.
11	Ensures people have full access to comprehensive, high-quality, culturally-competent health care services.
12	Links all healthcare providers through utilization of an integrated health information technology, to optimize health care services.



# What does it say?

## Health Status Assessment



# What does it say?

Forces	Opportunities Created
<b>Social Forces</b>	
<b>Socio-Economic Disparity</b>	Form partnerships to offer more opportunities to underserved and under resourced communities.
	Improve systems to equitably distribute resources and services.
<b>Aging Population</b>	Improve collaboration of services.
	Coordinate Medicare and social services.
	Improve palliative and end of life care.
<b>Education and Health Workforce Training</b>	Partner with nearby out-of-state professional health schools.
	Strengthen in-state undergraduate health workforce training.
	Improve health education services to lay population.
<b>Safe Communities and Mental Health Services</b>	Increase community safety coalitions.
	Improve access/availability of mental health services.

## Forces of Change Assessment

# What does it say?

**Priority Goal 1:**  
**To assure an infrastructure necessary to increase the adoption of healthy eating and active living**

## Workgroup: Healthy Lifestyles

**Goal: To assure an infrastructure necessary to increase the adoption of healthy eating and active living.**

### **Strategy 1: Maximize and Develop Resources.**

Objective 1.1: Leverage public and private resources.

### **Strategy 2: Build Support for change.**

Objective 2.1: Advocate with decision makers.

### **Strategy 3: Optimize alignment and coordination of efforts.**

Objective 3.1: Facilitate the coordination of plans and actions.

# What does it say?

## Priority Goal 2:

**To improve access to mental health and substance abuse services and supports, including prevention, early intervention and treatment for all Delawareans**

### **Workgroup: Access to Mental Health**

**Goal: To improve access to mental health and substance abuse services and supports, including prevention, early intervention, and treatment for all Delawareans.**

#### **Strategy 1: Integrate care throughout the lifetime.**

Objective 1.1: Develop continuity of care across the life span.

#### **Strategy 2: Enhance the mental health workforce.**

Objective 2.1: Increase access to qualified mental health providers.

Objective 2.2: Enhance the skills of current mental health providers.

#### **Strategy 3: Improved early detection, screening and early intervention, prevention.**

Objective 3.1: Implement well-researched screening instruments and integrated systemic processes across multiple sectors that assist in the detection, management and prevention of emotional or behavioral problems across the life span.

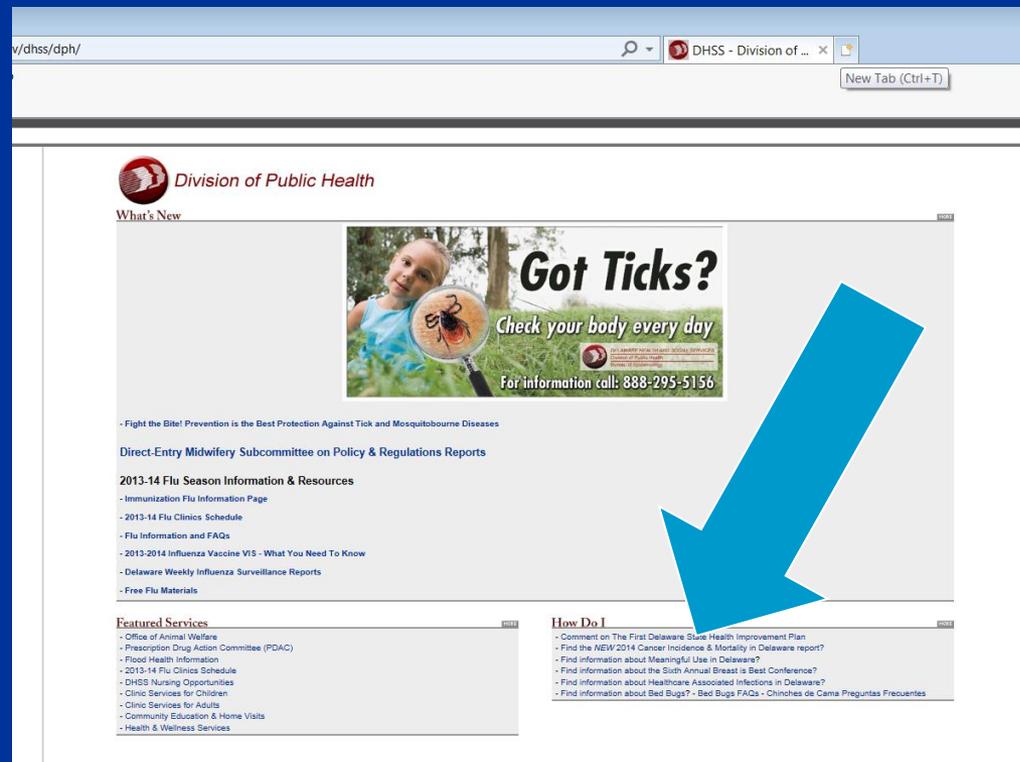
Objective 3.2: Train first-level interventionists, community members (children, youth, and older adults), and providers to recognize, assist, and link individuals to mental health services and resources.

#### **Strategy 4: Increase Awareness of Mental Health Issues.**

Objective 4.1: Create a public awareness campaign.

# Where is it?

- <http://dhss.delaware.gov/dhss/dph/>
- Please go there and provide comments by June 31, 2014.



The screenshot shows a web browser window with the address bar containing [y/dhss/dph/](http://dhss/dph/). The browser tabs include "DHSS - Division of ..." and "New Tab (Ctrl+T)". The website header features the "Division of Public Health" logo and the text "What's New". A prominent banner titled "Got Ticks?" includes the text "Check your body every day" and "For information call: 888-295-5156". Below the banner, there are several sections of text and links:

- Fight the Bite! Prevention is the Best Protection Against Tick and Mosquito-borne Diseases
- Direct-Entry Midwifery Subcommittee on Policy & Regulations Reports
- 2013-14 Flu Season Information & Resources
  - Immunization Flu Information Page
  - 2013-14 Flu Clinics Schedule
  - Flu Information and FAQs
  - 2013-2014 Influenza Vaccine V15 - What You Need To Know
  - Delaware Weekly Influenza Surveillance Reports
  - Free Flu Materials
- Featured Services
  - Office of Animal Welfare
  - Prescription Drug Action Committee (PDAC)
  - Flood Health Information
  - 2013-14 Flu Clinics Schedule
  - DHSS Nursing Opportunities
  - Clinic Services for Children
  - Clinic Services for Adults
  - Community Education & Home Visits
  - Health & Wellness Services
- How Do I
  - Comment on The First Delaware State Health Improvement Plan
  - Find the NEW 2014 Cancer Incidence & Mortality in Delaware report?
  - Find information about Meaningful Use in Delaware?
  - Find information about the Sixth Annual Great is Best Conference?
  - Find information about Healthcare Associated Infections in Delaware?
  - Find information about Bed Bugs? - Bed Bugs FAQs - Chinchas de Cama Preguntas Frecuentes

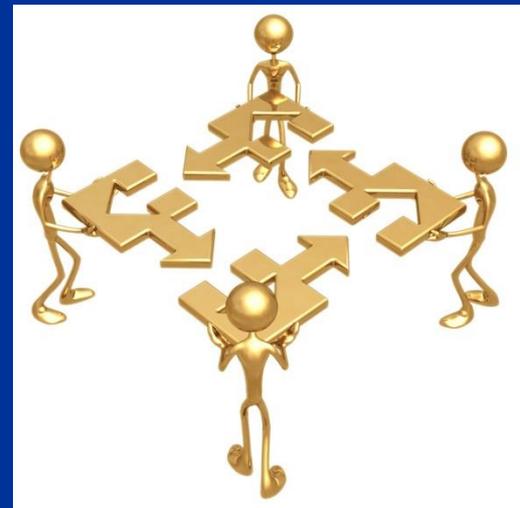
A large blue arrow points from the right side of the page towards the "Got Ticks?" banner.

# What happens next?

- Mental Health Access Goal
- Healthy Lifestyle Goal
  - Strategy 1 - Maximize and develop resources: Delaware Community Foundation
  - Strategy 2 - Build Support for Change: Governor's Council on Health Promotion and Disease Prevention
  - Strategy 3 - Optimize Alignment and Coordination of Efforts: Delaware HEAL Coalition

# Coalition

- Delaware Public Health Institute
- Accountability (work plan) for existing goals
- Learning community for health assessments
- Next Action Cycle
- SIGN UP!





**THANK YOU**