



**Delaware Health and Social Services**  
**Division of Public Health**  
**Office of Radiation Control**  
**OCCUPATIONAL DOSE RECORD FOR A MONITORING PERIOD**  
**Agency Form Z**

1. NAME (LAST, FIRST, MIDDLE INITIAL)		2. IDENTIFICATION NUMBER		3. ID TYPE	4. SEX <input type="checkbox"/> MALE <input type="checkbox"/> FEMALE		5. DATE OF BIRTH (MM/DD/YYYY)		
6. MONITORING PERIOD (MM/DD/YYYY - MM/DD/YYYY)		7. LICENSEE NAME		8. LICENSE NUMBER (S)		9A.		9B.	
						RECORD		ROUTINE	
						ESTIMATE		PSE	
INTAKES				DOSES (in rem)					
10A. RADIONUCLIDE	10B. CLASS	10C. MODE	10D. INTAKE IN - Ci						
				DEEP DOSE EQUIVALENT (DDE)				11.	
				LENS (EYE) DOSE EQUIVALENT (LDE)				12.	
				SHALLOW DOSE EQUIVALENT, WHOLE BODY (SDE, WB)				13.	
				SHALLOW DOSE EQUIVALENT, MAX EXTREMITY (SDE, ME)				14.	
				COMMITTED EFFECTIVE DOSE EQUIVALENT (CEDE)				15.	
				COMMITTED DOSE EQUIVALENT, MAXIMALLY EXPOSED ORGAN (CDE)				16.	
				<b>TOTAL EFFECTIVE DOSE EQUIVALENT</b> (ADD BLOCKS 11 AND 15) (TEDE)				17.	
				TOTAL ORGAN DOSE EQUIVALENT, MAX ORGAN (ADD BLOCKS 11 AND 16) (TODE)				18.	
				19. COMMENTS					
20. SIGNATURE - LICENSEE							21. DATE PREPARED		

**INSTRUCTIONS AND ADDITIONAL INFORMATION PERTINENT TO THE  
COMPLETION OF AGENCY FORM Z  
(All doses should be stated in rems)**

<p>1. Type or print the full name of the monitored individual in the order of last name (include "Jr," "Sr," "III," etc.), first name, middle initial (if applicable).</p> <p>2. Enter the individual's identification number, including punctuation. This number should be the 9-digit social security number if at all possible. If the individual has no social security number, enter the number from another official identification such as a passport or work permit.</p> <p>3. Enter the code for the type of identification used as shown below:</p> <table border="0"> <tr> <td style="padding-right: 10px;"><u>Code</u></td> <td><u>ID Type</u></td> </tr> <tr> <td>SSN</td> <td>U.S. Social Security Number</td> </tr> <tr> <td>PPN</td> <td>Passport Number</td> </tr> <tr> <td>WPN</td> <td>Work Permit Number</td> </tr> <tr> <td>OTH</td> <td>Other</td> </tr> </table> <p>4. Check the box that denotes the sex of the individual being monitored.</p> <p>5. Enter the date of birth of the individual being monitored in the format MM/DD/YYYY.</p> <p>6. Enter the monitoring period for which this report is filed. The format should be MM/DD/YYYY - MM/DD/YYYY.</p> <p>7. Enter the name of the licensee or facility not licensed by NRC that provided monitoring.</p> <p>8. Enter the radioactive material license number or numbers.</p> <p>9A. Place an "X" in Record, Estimate, or No Record. Choose "Record" if the dose data listed represent a final determination of the dose received to the best of the licensee's knowledge. Choose "Estimate" only if the listed dose data are preliminary and will be superseded by a final determination resulting in a subsequent report. An example of such an instance would be dose data based on self-reading dosimeter results and the licensee intends to assign the record dose on the basis of TLD results that are not yet available.</p> <p>9B. Place an "X" in either Routine or PSE. Choose "Routine" if the data represent the results of monitoring for routine exposures. Choose "PSE" if the listed dose data represents the results of monitoring of planned special exposures received during the monitoring period.</p> <p style="padding-left: 20px;">If more than one PSE was received in a single year, the licensee should sum them and report the total of all PSE's.</p> <p>10A. Enter the symbol for each radionuclide that resulted in an internal exposure recorded for the individual, using the format "Xx-###x," for instance, I-123 or T1-201.</p> <p>10B. Enter the lung clearance class as listed in Appendix B of Part D (D, W, Y, V, or O for other) for all intakes by inhalation.</p> <p>10C. Enter the mode of intake. For inhalation, enter "H." For absorption through the skin, enter "B." For oral ingestion, enter "G." For injection, enter "J."</p>	<u>Code</u>	<u>ID Type</u>	SSN	U.S. Social Security Number	PPN	Passport Number	WPN	Work Permit Number	OTH	Other	<p>10D. Enter the intake of each radionuclide in - Ci.</p> <p>11. Enter the deep dose equivalent (DDE) to the whole body.</p> <p>12. Enter the eye dose equivalent (LDE) recorded for the lens of the eye.</p> <p>13. Enter the shallow dose equivalent recorded for the skin of the whole body (SDE, WB).</p> <p>14. Enter the shallow dose equivalent recorded for the skin of the extremity receiving the maximum dose (SDE, ME).</p> <p>15. Enter the committed effective dose equivalent (CEDE).</p> <p>16. Enter the committed dose equivalent (CDE) recorded for the maximally exposed organ.</p> <p>17. Enter the committed dose equivalent (TEDE). The TEDE is the sum of items 11 and 15.</p> <p>18. Enter the total organ dose equivalent (TODE) for the maximally exposed organ. The TODE is the sum of items 11 and 16.</p> <p>19. In the space provided, enter additional information that might be needed to determine compliance with limits. An example might be to enter the note that the SDE,ME was the result of exposure from a discrete hot particle. Another possibility would be to indicate that an overexposed report has been sent to the Agency in reference to the exposure report.</p> <p>20. Signature of the person designated to represent the licensee.</p> <p>21. Enter the date this form was prepared.</p>
<u>Code</u>	<u>ID Type</u>										
SSN	U.S. Social Security Number										
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