

GOVERNOR'S ADVISORY COUNCIL (GAC)  
ON SERVICES FOR AGING AND ADULTS WITH PHYSICAL DISABILITIES  
Julie H.C. Bailey Training Center  
Smyrna, Delaware  
April 2, 2013  
10:00 am – 12:00 pm

PRESENT: Patsy Bennett-Brown (Co-Chair), Bob Brown (Chair), Ernest Cole, Carolyn Fredricks, Mary Ann Miller, LaVaida Owens-White, William Payne, Lee Perkins, Debra Veenema, Jim Young

EXCUSED: Milton Daves, Evelyn Hayes, Bonnie Hitch, Suzanne Howell, Karen Lloyd, Katie Macklin, Linda Smith, Barbara Willis

VACANT SEATS: 1) Aging Public / Non-Profit Sussex; 2) Consumer - Disabled Kent; 3) Consumer - Disabled At-Large; and, 4) Consumer - Disabled At-Large.

DSAAPD (Division of Services for Aging and Adults with Physical Disabilities) Staff Present: Lori Kaczmarczyk; Social Worker Case Manager; Bill Love, Director; Cindi Powell, Administrative Specialist III; Charlene Weinstein, Social Worker Case Manager

GUESTS: Crystal English, Senior Administrator, Division of Medicaid and Medical Assistance (DMMA); Carol Francis; Steve Groff, Director, Division of Medicaid and Medical Assistance (DMMA); Karen McGloughlin, Office of Women's Health, Division of Public Health

#### Agenda

- I. Call to Order
- II. Review of Minutes: March 5, 2013
- III. Overview of Affordable Care Act with an Emphasis on its Impact on Seniors – Steve Groff, DMMA
- IV. Overview of the Care-Delaware Program
- V. Old Business
- VI. New Business
- VII. Roundtable
- VIII. Next Meeting: May 7, 2013
- IX. Adjourn

#### I. Call to Order

The meeting was called to order at 10:05 am by B. Brown, GAC Chair.

#### II. Review of Minutes

The March minutes were accepted as written with the below noted edits:

- J. Young: Noted that a summary of goals for the GAC, along with a status, should be sent to the legislators as a follow-up to the letter that was sent in March 2013.
- E. Cole: Page 3, Roundtable: The funding cut to the Center for Independent Living (CIL) will be a 5.1% cut, not 1.5%.
- P. Bennett-Brown: Page 4, Roundtable: The Advisory Committee on Aging and Adults with Physical Disabilities is planning a conference for 2013, not 2014.

#### III. Overview of Affordable Care Act with an Emphasis on its Impact on Seniors

S. Groff, Director, DMMA, provided an overview of the Affordable Care Act (Health Care Reform) as it relates to senior citizens. Notes of interest include:

- A Health Insurance Exchange will be implemented in the State of Delaware as a central place to shop for health insurance. The exchange will create a central place for purchasing health insurance and will make the process of purchasing insurance easy to understand.
- The Department of Insurance is developing a calculating tool specifically designed to help small employers.
- Employee incentive programs are not part of the official rollout.
- The rollout is still scheduled for January 2014.
- DHSS released a Request for Proposal to procure customer assistance related services to support operations of the State's health insurance exchange as required under the Affordable Care Act. *Marketplace Assisters* will be the main outreach arm for the Exchange and provide ongoing assistance to Exchange customers throughout the state.
- Please refer to the link <http://dhss.delaware.gov/dhcc/> or to the attached DMMA PowerPoint presentation for more information on the Affordable Care Act.
- Please contact Steve Groff at [Steve.Groff@state.de.us](mailto:Steve.Groff@state.de.us) for questions and comments.

#### IV. Overview of the Care-Delaware Program

C. Weinstein and L. Kaczmarczyk provided an overview of the DSAAPD Care-Delaware Program:

CARE Delaware is a program provided by DSAAPD to assist caregivers. Caregivers are family members, friends, or others who help take care of older persons. Caregivers are also older relatives, such as grandparents, who care for children.

CARE Delaware includes a variety of services to support caregivers, including

- Caregiver Skills Training
- Grandparent or Older Relative Caregiver Programs
- Information and Assistance
- Respite Care Service
- Statewide Caregiver Resource Centers

Clients must have two acts of daily living (ADL) deficits that require personal care, which include assistance with bathing, dressing and companionship. It was noted that there are regulations in place by the Division of Public Health for CNA positions.

For informational purposes, below please find the link to the regulations for home health care agencies:

[http://regulations.delaware.gov/AdminCode/title16/Department%20of%20Health%20and%20Social%20Services/Division%20of%20Public%20Health/Health%20Systems%20Protection%20\(HSP\)/4406.shtml](http://regulations.delaware.gov/AdminCode/title16/Department%20of%20Health%20and%20Social%20Services/Division%20of%20Public%20Health/Health%20Systems%20Protection%20(HSP)/4406.shtml)

#### V. Old Business

No *Old Business* was discussed.

## VI. New Business

No *New Business* was discussed.

## IX. Roundtable

**C. Francis:** Thanked the Council for the meeting and the information on the Affordable Care Act; the presentations were very informative.

**L. Perkins:** The State of Delaware continues to do a good job with the Care-Delaware Program.

**E. Cole:** The presentations were very good.

**L. Owens-White:** The presentations were very good. Reminder that April 16<sup>th</sup> is *Advanced Directives Day*, a day to encourage people to fill out this important document. Workshop presentations are available through LaVaida and the Wilmington Action Council.

**K. McGloughlin:** Attended an Aging Well Seminar hosted by Delaware Hospice, Southern Meadows, and received important information about advanced directives, elder fraud, and a Medicare packet from Senior Medicare Patrol. In addition, Delaware Hospice will be hosting a free presentation on prevention and management of cardiac symptoms related to illness. It will be held on April 13<sup>th</sup> from 12:30-2:00 at the Hampton Inn, Coastal Highway, Rehoboth.

**J. Young:** Is impressed by how much information is available on the Affordable Care Act, and raised the question of how can the GAC assist with the process? B. Love assured Mr. Young that any further information from DMMA will be disseminated to the GAC, and any questions raised by the GAC can be forwarded to DMMA for assistance.

**C. Fredricks:** Thanked the Council for the presentations. Noted that the changes in the Affordable Care Act will have an impact the Modern Maturity Center's budget.

**P. Bennett-Brown:** The presentations were very good. Inquired if any formal responses were generated by the GAC letter sent to all legislators; it was noted that one acknowledgement email was received from Rep. Paul Baumbach.

**Mary Ann Miller:** The presentations were very good. Ms. Miller continues to host the Congo Hour program to promote DSAAPD and DHSS services. Sue Getman, Executive Director of the Wilmington Senior Center, will appear on this program the first Sunday of April on local access channel 28 in New Castle County.

**D. Veenema:** The presentations were very good. Also reminded the Council of a free, user-generated accessibility rating site called **icantgetin.com**. Now differently-abled people, their families and friends can post reviews about the accessibility of any public location in the US. Which means that people can easily know, before they go, whether a location will meet their basic accessibility needs.

## X. Next Meeting

The next meeting will be held on **Tuesday, May 7, 2013** at the Julie H.C. Bailey Training Center\* in Smyrna from 10:00 am – 12:00 pm.

XI. Adjournment

B. Brown adjourned the meeting at 12:10 pm.

BL/cmp  
Respectfully submitted 4.8.2013

**\*Health and Wellness Center (Entrance C)**

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