

*Preparing the Adult Mental Health Workforce to Succeed  
in a Transformed System of Care*

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*Module 1: Setting the Stage*  
*Post-test*

- 1) The U.S. health system, including mental health, does not always provide person-centered, outcome oriented care.
  - True
  - False
  
- 2) People with serious mental conditions can recover, given accessible, effective, recovery oriented treatments and supports.
  - True
  - False
  
- 3) The older, traditional mental health system value's were primarily: (check all that apply)
  - A. Person-centered
  - B. Paternalistic and pessimistic
  - C. Unknown
  
- 4) The New Freedom Commission said the following in their report. (check all that apply)
  - A. Mental health is essential to overall health
  - B. Mental health must be consumer and family driven
  - C. Mental health should not be expected to have measureable outcomes
  
- 5) The “changed” or transformed mental health system of care will require new values and new practices.
  - True
  - False

- 6) The transformed mental health system will require: (check all that apply)
- A. A Prevention focus
  - B. Involvement by the consumer and family
  - C. The use of data
  - D. No change in provider attitudes
- 7) Only doctors and psychologist that work in mental health settings only have important roles in helping people recover, the rest of the staff are just there to support them.
- True
- False
- 8) Mental health staff will need to identify their own discriminatory beliefs and attitudes to be able to help people recover.
- True
- False
- 9) This training is all you will need to work in the changing mental health workforce.
- True
- False