

JOINT FINANCE COMMITTEE HEARING
FISCAL YEAR 2019 BUDGET



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DIVISION OF SUBSTANCE ABUSE AND MENTAL HEALTH
Department of Health and Social Services
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Legislative Hall, Joint Finance Committee Hearing Room

Good Afternoon, Senator McDowell, Representative Smith, members of the Joint Finance Committee and members of the public. I am Elizabeth Romero, Director of the Division of Substance Abuse and Mental Health (DSAMH). With me today is Susan Holloway, Deputy Director and Dr. Clarence Watson, Medical Director.

Thank you for the opportunity to speak with you today and present our accomplishments and Fiscal Year (FY) 2019 Governor's Recommended Budget.

DIVISION OVERVIEW

DSAMH Mission:

To promote health and recovery by ensuring that Delawareans have access to quality prevention and treatment for mental health, substance use and gambling conditions.



DSAMH's mission is to promote health and recovery by ensuring that Delawareans have access to quality prevention and treatment for mental health, substance use and gambling conditions.

Overall, DSAMH seeks to:

- Prevent behavioral health conditions individually and in the community;
- Refer and assess Delawareans to ensure they obtain access to appropriate levels of care;
- Treat and intervene based on client's needs; and
- Connect clients back to their communities with adequate supports and resources.

Our agency engages in continuous quality improvement through evaluation strategies developed with assistance from our academic partners.

DIVISION OVERVIEW



DSAMH Provides:

- Mental Health Acute Care Hospitalization
- 24/7 Community-based Mobile Crisis Intervention Services
- Community-Based Mental Health Treatment, Counseling and Support Services
- Residential and Community- Based Treatment of Drug and Alcohol addictions
- Safe Housing and Wraparound Supports for Persons in Recovery
- The Establishment of Regulations and Standards for Treatment and Service Programs
- Assessment and Case Management Services for Clients Sentenced by Specialty Courts
- A Broad Range of Community and Provider Education and Trainings Opportunities



DSAMH provides:

- Mental Health Services that include: prevention, acute care hospitalization, statewide 24/7 crisis intervention services, community-based treatment, counseling and support services, as well as referral sources to engage and treat individuals with co-occurring mental illness and substance use disorders.
- Substance Use Services that include the provision of treatment for individuals with drug and alcohol addictions, safe housing and wraparound supports for persons in recovery and the establishment of regulations and standards to guide safe and effective treatment and service practices.
- Assessment and case management services for clients sentenced by the specialty courts such as Drug Court, Mental Health Court and DUI Court, as well as support clients from the Department of Correction.
- Adult acute care at the Delaware Psychiatric Center.
- A broad range of community and provider education and trainings.

ACCOMPLISHMENTS

Governor's Action Plan:

- Develop a mechanism to increase evaluation and measure effectiveness of treatment programs.
- Employ the Risk Needs Responsivity model for offenders in the Drug Court program.
- Work with partners to build a system that ensures the safety and well-being of substance exposed infants.



DSAMH is supporting the Governor's Action Plan in the following ways:

- Developing a mechanism to increase evaluation and measure effectiveness of treatment programs through partnership with the University of Delaware.
- Employing the Risk Needs Responsivity model for offenders in the Drug Court program through a partnership with George Mason University.
- Working with community partners to build a system that ensures the safety and well-being of substance exposed infants.

ACCOMPLISHMENTS

Additional accomplishments:

- Increasing the supply of detox, treatment, and recovery beds
- Supporting those with Severe and Persistent Mental Illness
- Working with partners across agencies
- Funding naloxone distribution and community education classes
- Leverage opportunities to increase the number of mental health and substance use clinicians in Delaware.



Additional accomplishments include:

- Increasing detox, treatment and recovery beds, such as: increasing residential treatment capacity at 4 locations; adding young adult opiate residential treatment; and doubling the capacity of sober living beds and outpatient treatment.
- Continuing our Department of Justice Settlement efforts. DSAMH has supported over 2,200 Delawareans with Severe and Persistent Mental Illness (SPMI) to live in their communities.
- Utilizing the Mobile Crisis Unit to 28,238 Delawareans in need of mental health and substance use intervention.
- Offering community-based and provider trainings on mental illness, substance use conditions and gambling-related problems.
- Funding naloxone distribution, a potentially life-saving opioid overdose reversal drug, and community education classes.
- Leveraging federal dollars to recruit and retain mental health and substance use practitioners and mid-level clinicians to Delaware. Clinicians who have been through the DPC residency program currently represent 10% of all psychiatrists in DE.
- Working with statewide partners to:
 - Support the Lieutenant Governor's Behavioral Health Consortium;
 - Provide clinical expertise, such as Geriatric-Psychiatry Rotations for the Division of Services for Aging & Adults with Physical Disabilities;
 - Provide court-ordered Forensic Psychiatric Evaluations for the Delaware Court System; and
 - Train and support for members of Law Enforcement.

LOOKING AHEAD

- Improve access to DSAMH's behavioral health system with enhancing our award winning Help is Here website.
- Implementation of the Centers of Excellence model to improve the substance use system of care with the Division of Public Health
 - Increasing access treatment through a “warm handoff” using the 24/7 crisis line and community providers, along with changes to the Help is Here website and campaign.
 - Providing 24/7 connections to treatment statewide and access to Peer Recovery Coaches.
 - Improving infrastructure for co-occurring substance use and mental health disorders.



Looking towards next fiscal year:

- We seek to improve access to DSAMH's behavioral health system including enhancing our award winning Help is Here website (<http://www.helpisherede.com/>).
- Continue plans to implement the Centers of Excellence model to improve the substance use system of care with the Division of Public Health. This includes:
 - Increasing access to treatment through a “warm handoff” using the 24/7 crisis line and community providers, along with changes to the Help is Here website and campaign;
 - Providing 24/7 connections to treatment statewide and access to Peer Recovery Coaches; and
 - Improving infrastructure for co-occurring substance use and mental health disorders.

FY 2019 GOVERNOR'S RECOMMENDED BUDGET

FY 2019 Governor's Recommended Budget (\$ in thousands)

	GF	ASF	NSF	Total
FTEs	622.7	1.0	3.0	626.7
Dollars (\$)	\$111,973.2	\$5,696.2	\$12,984.6	\$130,654.0



NOTE: Dollars may not add due to rounding

The slide above shows the budget included in the FY 2019 Governor's Recommended Budget (GRB)

Our Division's GRB is:

- \$111,973.2 [One hundred eleven million, nine hundred seventy three thousand dollars] in General Funds (GF);
- \$5,696.2 [Five million, six hundred ninety six thousand dollars] in Appropriated Special Fund (ASF) spending authority; and
- \$12,984.6 [Twelve million, nine hundred eighty four thousand dollars] in Non-Appropriated Special Funds (NSF).

FY 2019 GOVERNOR'S RECOMMENDED BUDGET :

FY 2019 BASE, STRUCTURAL AND INFLATION/VOLUME ADJUSTMENTS

BASE ADJUSTMENTS	AMOUNT
DSAMH: Community Housing Supports	\$720.0

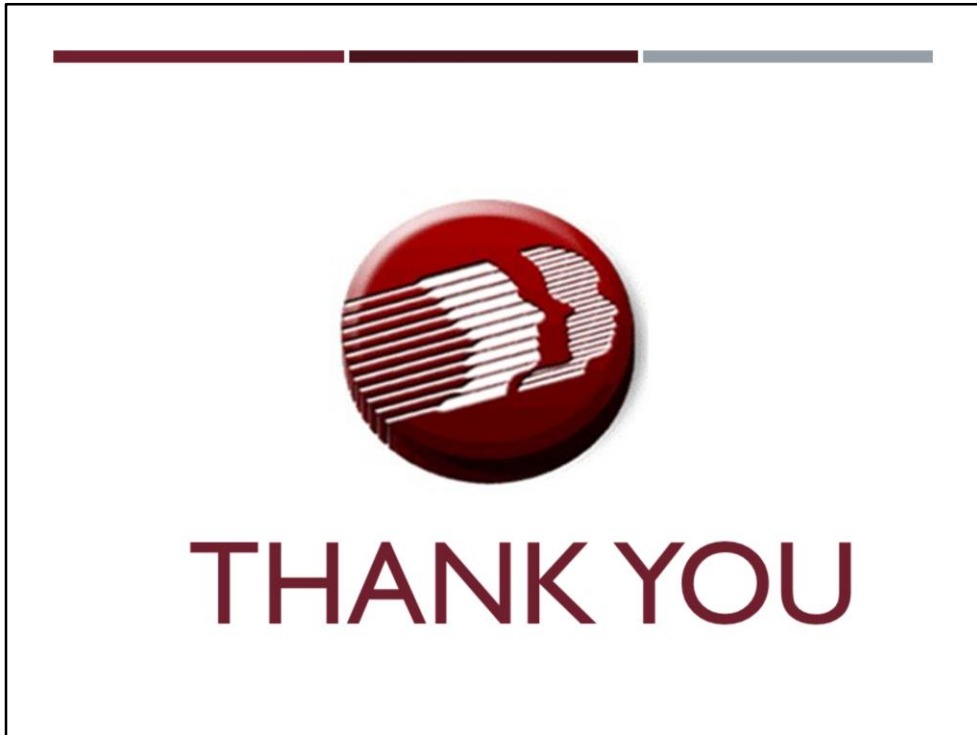
FY 2019 NEW/EXPANDED PROGRAMS

NEW/EXPANDED PROGRAMS	AMOUNT
DSAMH: 20 Additional Sober Living Beds	\$328.5
DSAMH: Substance Use Assessments/Emergency Room Consultation	\$990.0



The FY 2019 Governor's Recommended Budget (GRB) includes:

- **\$720,000** to switch fund **Community Housing Supports** from one-time special funds back to General Funds. DSAMH uses these funds to coordinate with the Delaware State Housing Authority in providing State Rental Assistance Program (SRAP) vouchers to clients with SPMI. The FY 2019 funding will allow DSAMH to continue to provide the current level of service to clients. Currently, there are 347 units leased to DSAMH clients through SRAP. These services allow Delawareans with SPMI to live independently, receive services in the community, and prevent institutionalization or homelessness.
- **\$328,500 for 20 additional Sober Living Beds.** Sober Living Beds provide a critical layer of service in addressing substance use disorder. They have replaced the halfway house model, and provide safe, secure, drug & alcohol free housing as clients continue their recovery. DSAMH currently has 120 Sober Living Beds, and this additional funding will limit the use of waiting lists for sober living beds and prevent longer stays in residential treatment.
- **\$990,000 for Emergency Room Consultations.** This is a new initiative that will assist in the implementation of the improved substance use system of care that supports that warm hand off between emergent crisis points towards treatment.



Thank you for the opportunity to share with you the challenges and opportunities facing the Division of Substance Abuse and Mental Health. I look forward to your questions.