

DIVISION OF MEDICAID & MEDICAL ASSISTANCE



TOWN HALL:

SELF DIRECTED ATTENDANT CARE FOR CHILDREN

MEDICAID RESPITE FOR CHILDREN

MARCH 6, 2024

Division of Medicaid & Medical Assistance (DMMA)
Department of Health and Social Services

AGENDA

1. **Introductions**
2. **Overview of Self-Directed Attendant Care for Children**
3. **Overview of Medicaid Pediatric Respite**
4. **Question and Answer Period**





SELF-DIRECTED ATTENDANT CARE FOR CHILDREN

SELF DIRECTED ATTENDANT CARE FOR CHILDREN

- Effective January 1, 2023, Delaware Medicaid began providing coverage of Self-Directed Attendant Care (SDAC) for children receiving personal care services.
- SDAC includes assistance with Activities of Daily Living (ADLs) and Instrumental Activities of Daily Living (IADLs).
- Self-direction allows a parent/guardian or other representative designated by the parent/guardian to direct this service on behalf of their child.
- To qualify for SDAC, a child must have a complex medical condition, Intellectual/Developmental Disability, or a behavioral health condition.
 - The condition must result in the need for assistance with ADLs and IADLs.



SDAC (CONTINUED)

- A legally responsible family member, family member, neighbor, or friend can be hired to provide personal care services.
- The family can choose the service provider as long as the individual meets all employee qualifications.
- Legally responsible family members who provide SDAC must designate another family member/representative to be responsible for directing care and approving time sheets.
- Legally responsible family members are limited to providing 40 hours a week of care.





MEDICAID PEDIATRIC RESPITE

RESPIRE FOR CHILDREN

- The Medicaid Pediatric Respite benefit is for individuals up to age 21 who are not receiving respite through PROMISE or the Lifespan 1915c waiver (i.e., Division of Developmental Disabilities Services [DDDS]).
 - As of January 1, 2023, the Delaware Department of Education no longer provides these respite services.
 - Children eligible for DDDS respite (i.e., not Lifespan) and Medicaid respite must get respite through Medicaid.
- Respite services are on a short-term basis to allow temporary relief from caretaking duties for the child's primary unpaid caregiver, parent, court-appointed guardian, or foster parent.
- Medicaid pediatric respite is for caregivers of children and adolescents who have a physical health or behavioral health condition, including Autism Spectrum Disorder or an Intellectual Disability.
- Families have the option to self-direct Medicaid respite services.
- Children must be enrolled in Medicaid and with a managed care organization (MCO) to receive Medicaid pediatric respite services.
- Families interested in Medicaid respite should talk with their MCO care coordinator.



RESPIRE (CONTINUED)

- Types of Medicaid Respite:
 - In-home unskilled respite
 - In-home skilled respite
 - Out-of-home respite
 - Emergency respite
- Medicaid Respite for children is limited to 15 days or 285 hours per waiver year (emergency respite is not included in the benefit limit).
- Respite providers must meet minimum qualifications.
- Families should communicate with their MCO care coordinator regarding approval for Medicaid respite and tracking respite hours.





QUESTIONS AND ANSWERS



ADDITIONAL INFORMATION

ADDITIONAL INFORMATION

1. SDAC:
 - A. SDAC Provider Qualifications
2. Respite:
 - A. Types of Medicaid Pediatric Respite
 - B. Medicaid Pediatric Respite Provider Qualifications
 - C. Additional Medicaid Respite Resources



SDAC PROVIDER QUALIFICATIONS

- SDAC providers must meet all qualifications as verified by the MCO:
 - Be at least 18 years old.
 - Have the skills necessary to perform the required service.
 - Have a valid social security number.
 - Be willing to complete a criminal record check.



Types of Medicaid Pediatric Respite

	In-Home Unskilled Respite	In-Home Skilled Respite	Out-of-Home Respite	Emergency Respite
Scope	Unskilled support provided in a child's place of residence, in the home of a respite provider, or in the home of a friend or family member for children with unskilled care needs	Skilled support provided in a child's place of residence or home of a friend or family member for children with ongoing skilled medical and behavioral health needs that can only be provided by licensed or certified provider	Skilled and unskilled support provided in a community setting or licensed facility	Short-term service for children necessitated by an unplanned and unavoidable circumstance, such as a family emergency
Provider Type(s)	Individual providers	Licensed/certified providers	<ul style="list-style-type: none"> • Individual providers • Licensed/certified providers • Agencies/facilities 	<ul style="list-style-type: none"> • Individual providers • Licensed/certified providers • Agencies/facilities
Prior Approval Required	Yes	Yes	Yes	No
Service Limits	285 hours per waiver year	285 hours per waiver year	15 days per waiver year	72 hours per episode

MEDICAID PEDIATRIC RESPITE PROVIDER QUALIFICATIONS

Provider Type	Qualifications
Individual Providers	<ul style="list-style-type: none"> • At least 18 years of age • Training specific to address the child's needs • Valid driver license (as needed) • Criminal background check
Licensed/Certified Providers	<ul style="list-style-type: none"> • Registered Nurse • Licensed Practical Nurse • Board Certified Behavior Analyst • Board Certified Assistant Behavior Analyst • Registered Behavior Technician
Agencies and Facilities	<ul style="list-style-type: none"> • Community Mental Health Agencies • Community Mental Health Facilities • Community Foster Care Agencies • Home Health Agencies • Licensed Residential Treatment Facilities • Nursing Facilities • Hospitals • Home Health Agencies • Residential Care Facilities • Group Homes • Licensed Foster Home • Prescribed Pediatric Extended Care



ADDITIONAL MEDICAID RESPITE RESOURCES

- [May 2023 Medicaid Respite for Children Presentation](#)
- [2023 Respite Family Stakeholder Q&A](#)
- [2023 Respite Provider Stakeholder Q&A](#)

