Delaware Health and Social Services
Division of Developmental Disabilities Services
Community Services

<u>Healthcare Provider's Diet Order</u>

The IDDSI Framework provides a common terminology to describe food textures and drink thickness. IDDSI tests are intended to confirm the flow or textural characteristics of a particular product at the time of testing. Testing should be done on foods and drinks under the intended serving conditions (especially temperature). The clinician has the responsibility to make recommendations for foods or drinks for a particular person based on their comprehensive clinical assessment.

Name: _____   MCI#: _____   Date of Birth: _____

Nutrition Therapy Diet (Choose all that apply)	
☐ Regular	☐ High Fiber
☐ Low Fat	☐ Low Fiber
☐ Low Carb	☐ Calorie Count: _____
☐ Low Cholesterol	☐ Other Instructions:
☐ Low Sodium	_____

Food Texture (Choose one)		**Liquid Consistency (Choose one)**	
☐	IDD7 Regular	☐	IDD0 Thin
☐	IDD6 Soft and Bite Sized	☐	IDD1 Slightly Thick
☐	IDD5 Minced and Moist	☐	IDD2 Mildly Thick
☐	IDD4 Pureed	☐	IDD3 Moderately Thick
☐	IDD3 Liquidized	☐	IDD4 Extremely Thick

Food Allergies (List all Allergies)		
_____	_____	_____
_____	_____	_____
_____	_____	_____

Additional Recommendations:

_____

_____

_____

This diet supersedes all previous diet orders (Boxes not checked defaults to Regular Diet/Thin Liquids).

_____   _____
Healthcare Provider's Signature   Date

Diet orders expire 1 (one) year from the Healthcare Provider's order date.

6/2023